

West Valley

VOL. 24 No. 1
SEPTEMBER 2018

Central School

SCHOOL AND COMMUNITY WORKING TOGETHER



Congratulations
SEN18RS

Read more
inside about
West Valley
Alumni doing
great things...



Superintendent's Corner

September 2018

Mr. Eric Lawton

Welcome back to the 2018-19 school year! We are looking forward to seeing all of the enthusiastic students returning to our school. It has been pretty quiet during the summer except for the sounds of cleaning and repairing and getting the school ready for another exciting year.

We have an updated code of conduct that we will be sharing with students and staff along with an adjusted school safety plan. Our bell schedule has been adjusted to allow more time for students to use their lockers during passing time. One other change this year is a grant that we received that will provide a free breakfast and lunch to every student at West Valley.

We have also had some staff changes over the summer. Ms. Butler retired and Mrs. Roland will be moving into her classroom. With Mrs. Martin moving to Clarence High School, we welcome Mrs. Budde to our English department. We also welcome Mr. Gelen who will be replacing Mr. Winchip in the physical education department and as our athletic director.

We are continuing with our technology plan. Students will have one to one technology. This means every student in grades 5-12 will have a lap top computer. We have Interactive Clear Touch boards in over 80% of the classrooms. We are converting to a new copy machine printing that will remove expensive classroom printers and go to more centrally located machines that will drastically decrease the cost per page for printing.

We still offer 56 college credits for our high school students. 53 of these credits will be taught by our teachers and one 3 credit course is available through distance learning. We are continuing with our clubs and afterschool activities including mentoring, girls on the right track, boys on the run, chess club, art club, NHS, NJHS, Student Council, Jr. Musical, Spanish Club, SADD, Academic Challenge, Tech. Ed Club, Lego League, K-3 Steam, Ski Club, Trap Club, Jazz Band, Marching Band, Library Club, and Safety Patrol. We continue to offer athletics through Ellicottville and Franklinville.

Our Board of Education held a community workshop on August 14th to allow members of the community to voice their opinions on the school and the future of our community. We will hold a follow-up workshop to provide answers to the questions posed. We will send out a flyer with the date for our next meeting.

I am looking forward to seeing you all in September, until then I wish you a safe, happy and healthy rest of the summer.

ALL meals for ALL students will be provided at no charge should students choose to eat breakfast and/or lunch at school. More information on page 12.



***Principal's Corner
September 2018
Mr. Daniel Amodeo***

Welcome back students, parents, staff, and community members! It is with great excitement that we await the start of a new school year and another opportunity to help our students reach their highest potential and realize their dreams. I am looking forward to students filling our hallways and classrooms on **Wednesday, September 5th**, our first student day. I am truly excited about this upcoming school year.

Throughout the summer, we have worked diligently to prepare for another successful school year. We have adjusted our student bell schedule to increase the amount of passing time between classes to three minutes from two minutes. This additional time will provide more time for teachers in the elementary to travel with students when they are changing classes. Additionally, this additional minute will allow 7-12 students additional time to utilize their lockers. In an effort to improve safety and student mobility, students in grades 7-12 will not be permitted to carry their book bags throughout the day.

For this school year we will continue to offer students a wide range of opportunities at all levels. Outside of the core requirements secondary students will have access to 56 college credit bearing classes, Career and Technical Education, and a variety of electives. Elementary students will continue to enjoy a well-rounded education that includes instruction in the Arts, Physical Education, Library, and Computers.

All of our extra-curricular activities seek to provide enrichment opportunities that are available to all of our students and build upon the learning that occurs during the regular school day. We will continue to have our Lego League program, Mentoring Program, Girls on the Run, Boys on the Right Track, Academic Challenge, SADD, Student Council, Trap Club, Athletics, and many more opportunities for students to participate in outside of the school day.

I am very excited about the opportunities for our students in the upcoming school year and we will continue to work with the school community to offer our current and future students nothing but the best. I look forward to seeing students, staff, parents, and community members at our Open House on September 12th (Elementary PK-6: 5:45-6:45pm, Secondary 7-12: 7:00-8:00pm). I hope that everyone has enjoyed their summer and I look forward to the 1st day of students on **Wednesday, September 5th**.

Class of 2018 Award Winners

Valedictorian	Cody Keller
Salutatorian	Sarah Sheffield
Academic Excellence	Cody Keller/Sarah Sheffield
Bette Aldrow Medical Award	Ashley Laudisio
Irwin Ahrens Memorial	EJ Thiel
Alumni Association Award	Erika Seltzer
American Legion Award	Cheyenne Folts
American Red Cross Scholarship	Ashley Laudisio
Art Award	Julianna Noto
Ashford Snowmobile Club Award	Cheyenne Folts/RJ Alvarez
Louis Armstrong Award	Cody Keller

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Business First Community All Start	EJ Thiel
CANY Scholastic Recognition	Cody Keller
CCB Academic Scholarship	Cody Keller
Catt. Co. Youth Citizenship Award	Haven Ford/Ashley Frank/Erika Seltzer/ Sarah Sheffield
Community Service Award	Haven Ford
Douglas Ford Memorial	EJ Thiel
Elmira College Key Award	Erika Seltzer/Sarah Sheffield
English Award	Cody Keller
God and Country Award	EJ Thiel
Heart and Hustle Award	Lauren Olejniczak (12 th), Matt Grigsby (12 th) Sarah Sheffield (11 th), EJ Thiel (11 th)
Kristen Hintz Memorial Track Award	EJ Thiel/Cheyenne Folts
Theron Hotaling Memorial	Cheyenne Folts
Instrumental Music	Lauren Olejniczak
JBC Academic Progress Award	Stephanie Delano (11 th), Ashley Frank (12 th), Erika Seltzer (11 th)
JBC Scholar of Excellence	Lauren Olejniczak (12 th)
JCC Coll. Connections Student of the Year	Cody Keller
Language Award	Cody Keller
Barb Nagel Memorial	Haven Ford
NHS Outstanding Member	EJ Thiel
NHS Distinguished Service	Erika Seltzer
NHS Scholastic Excellence	Sarah Sheffield
ONO Craft Group	Lauren Olejniczak
Outstanding Vo-Tech Student	EJ Thiel
Penn York Excellence in Chemistry	EJ Thiel
President's Award for Achievement	Ashley Laudisio/Erika Seltzer
President's Award for Excellence	Cody Keller/Sarah Sheffield
James Proctor Memorial	Matt Grigsby
Rensselaer Medal	Cody Keller
RIT Computing Medal	Lauren Olejniczak/Cody Keller
RIT Innovation and Creativity	Sarah Sheffield/EJ Thiel
Russell Sage College Award	Erika Seltzer/Lauren Olejniczak
Pete Scherer Memorial	RJ Alvarez
Anna Schroeder Memorial	Erika Seltzer
John Phillip Sousa Award	Sarah Sheffield
State of NY Comptroller Award	Haven Ford/Sarah Sheffield/Cody Keller/EJ Thiel
Superintendent Award for Attendance	Cheyenne Folts
Triple C Awards	EJ Thiel/Lauren Olejniczak
U of R Bausch & Lomb Science Award	Ashley Laudisio
U of R Fred. Douglas/Susan B. Anthony	Sarah Sheffield
U of R George Eastman Young Leader	Lauren Olejniczak
U of R Xerox Award for Innovation	Cody Keller
US Marine Corp. Distinguished Athlete	EJ Thiel/Lauren Olejniczak
US Marine Corp. Scholastic Excellence	Sarah Sheffield
US Marine Corp. Semper Fidelis	Cody Keller

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Wells College 21 st Century Leadership	Erika Seltzer/Lauren Olejniczak
Liz Wiley Memorial Award	Ashley Laudio
Keith Young Memorial Award	RJ Alvarez
Leo Bernhoft Memorial Scholarship	Matt Grigsby
Al Engels Memorial Scholarship	Erika Seltzer
Elisa B. Hughey Arts Scholarship	Julianna Noto
Janda Lee Hunt Memorial	Ashley Laudio
Jack Nuthall Memorial	Sarah Sheffield
Delmont K. Pfeffer Memorial	Cody Keller/Lauren Olejniczak
Obidah Ramadhan Memorial	EJ Thiel
Gilbert Snyder Memorial	Cody Keller
WVTA Scholarships	Haven Ford/Ashley Laudio/Erika Seltzer
CH2MHill B& W BWXT West Valley, LLC	
Science/Engineering Awards	Stephanie Delano/Haven Ford/

Required Notification Regarding the Release of Student Information

According to Board of Education policy #7540, the District shall publish an annual public notice informing parents of eligible students of their right to refuse the release of student information. Following such public notice "...the District may release such information to an outside group without individual consent."

Such information includes name, address, telephone listing and birth date. The only groups that request information are the armed service recruiters. These are the only groups to whom the District would send information upon request. Federal Law requires school districts release student directory information to the armed services (Army, Navy, Marines, etc.) unless parents specifically refuse the release under the terms of this Board policy.

If you do **not** want the school to release directory information to outside groups during the 2018-2019 school year, please complete the form below and return it to Mrs. Dana Westfall no later than September 7, 2018.

Name of Student(s)/Grade(s): _____

Home Address: _____

Telephone Number: _____

In accordance with the Board of Education Policy #7540, I do not grant permission for the West Valley School District to release directory information concerning my child(ren) to outside groups during the 2018-19 school year.

Authorized Signature by Parent/Guardian: _____

Date: _____

WEST VALLEY, NY – West Valley Central School Principal, Daniel Amodeo, announced the following students in grades 7-12 have been named to the honor roll for the fourth quarter.

High Honor Roll

- Grade 7 – Benjamin Fisher, Kasper Heitman
- Grade 9 – Chloe Chai, Makenze Hurtubise
- Grade 10 – Caitlyn Cizdziel
- Grade 12 – Cody Keller, Lauren Olejniczak, Sarah Sheffield, Edward Thiel

Honor Roll

- Grade 7 – Christopher Amodeo, Tristan Ehnes, Lauren Frascella Nolan Spencer, Samantha Stock, Zachary Westfall
- Grade 8 – Nathan Niesyty, Lucas Proseus
- Grade 9 – Isabella Draine-Soto, Leah Seltzer
- Grade 10 – Sylvia Ford-Grover, Sandra Hebdon, Allison Przywara
- Grade 11 – Travis Dusterhus, Rachel Frascella, Lillian Shanley, Madison Shanley
- Grade 12 – Stephanie Delano, Cheyanne Folts, Haven Ford, Matthew Grigsby

Merit Roll

- Grade 7 – Janay Ghani, Samantha Herbst, Gabrielle Hickey, Colleen Keller, Zander Smith
- Grade 9 – Samantha Fedeson, Kyle Hickey, Aaron Ignatowski, Alyssa Smith
- Grade 11 – Brandon Blackmon, Michael Boberg, Nathan Dash, Samuel Klahn, Delaney Neuman, Brian Reed, Aaron Schenne, Becca Smith
- Grade 12 – Ashley Frank, Henry Heim, Ashley Laudisio, Julianna Noto, Erika Seltzer

YEARBOOK SALES

The 2018 -19 Vallian Yearbook is now on sale. Students who purchase a yearbook before December 1, 2018 will be entered into a drawing for a free yearbook. Winner will be announced on December 7, 2018.

**The last day to order a yearbook will be March 1, 2019
There will be only a few extras ordered so please get yours soon.**

The cost of this year's FULL COLOR yearbook is \$50.00. A deposit of \$25.00 will hold your yearbook. The final payment of \$25.00 will be due by March 1, 2019.

Name of Student _____

Homeroom _____

Amount paid _____

Date Ordered _____

Orders should be given to Mrs. Mumbach or Mrs. Kazmierczak.

Yearbook Personal Ads

Place a personal ad in the yearbook for one of our seniors!

Making your ad is simple. Just fill out the form, include any pictures you'd like us to use, and attach payment. Return this form along with your pictures, to the office or to Mrs. Mumbach or Mrs. Kazmierczak by February 15, 2018.

Prices: ½ page (8 ½" x 5 ½")	\$50.00	¼ page (4 ¼" X 5 ½")	\$35.00
Full page (8 ½" x 11")	\$100.00	1/8 page (2" x 3")	\$20.00

These ads can include pictures and text or just text. They can be hand-written or emailed. All work will be recreated AS IT WAS WRITTEN. Photos may be digital or actual photos. Photos will be returned. If photo is scanned please make sure the resolution is at least 300 dpi. Ad size may limit space.

Name _____ Phone Number _____

Number of Photos included for this Ad _____ (please put your name on the back of all photos)

Text wanted in the ad: (ie, "We love you Suzy! ") Write it below or attach a typed version or email to jmumbach@wvalley.wnyric.org

Payment options:

Bring your payment with this form to the front office in an envelope with your name on it, send it with your student or mail it to WVCS 5359 School St. West Valley, NY 14171 ATTN: J. Mumbach (checks payable to WVCS Yearbook)

Type of ad (ie, full page ad) _____ amount: Price Paid \$ _____

_____ Cash \$ _____

_____ Check \$ _____

Check # _____



****Please do not create your own ad-it may not be compatible with our software.**

Julianna Noto, class of 2018, was selected to participate in the School of Visual Arts of the New York State Summer School of the Arts Program held at SUNY Fredonia. Julianna thoroughly enjoyed this experience and recommends that other students with a passion for art to apply.

The New York State Summer School of the Arts (NYSSSA), School of Visual Arts, is a 4-week residential arts program for high school students of New York State and is administered by the New York State Education Department. Under the artistic direction of Professor Yayoi Asoma, approximately ninety students with exceptional talent in the Visual Arts are selected each year through a rigorous statewide screening process to participate in the School of Visual Arts of the New York State Summer School of the Arts. This program is held at the State University of New York at Fredonia.

During this four-week summer program all students work intensively in two areas of study, including drawing & painting, landscape drawing & painting, figure studies, printmaking, sculpture studies, and mixed media and for a total of five hours daily, five days each week. In addition, students have the opportunity to work in open studios in the evenings during the four-week program. A number of visiting artists spend several days as artists-in-residence for the program. These artists present and discuss their work, critique student efforts, and involve students in creative group activities. Students are required to attend visiting artists' lecture/discussions, as well as lectures presented by members of the faculty, in addition to a field trip to the Albright Knox Art Gallery in Buffalo.

Part of the funding for this four week summer program came from the Elisa B. Hughey Scholarship for the Arts. The scholarship providers are willing to offer finances again to a West Valley high school student who is accepted into the NYSSSA Program. Anyone interested in this opportunity for the summer of 2019 please see Mr. LaBrake.



Being accepted into the ***New Vision Program*** was one of my greatest accomplishments of my high school career. It was such a great opportunity and I am so proud to represent my school. I am so lucky to have participated in such a great program. New Vision gave me a head start and an advantage above others in my situation. I have gained so much knowledge and great memories I will never forget. Before I started the program, I was very nervous about attending a new program and meeting new people from different schools. I am so grateful that I met some great people and made even better friends. I was able to spend time with new people who had the same interest as I did. This program helped me step out of my comfort zone and open up to new people. My favorite part of the program was the clinical rotations. During clinical, I got to experience a variety of

different areas in the medical field. Before I started, I knew I wanted to pursue a career in the medical field but I was not sure what area I wanted to enter. Rotations helped me determine what area I have a passionate interest in. Also, throughout the year I learned how to study for the difficult exams and how to succeed at them. I would highly recommend the New Visions program. It is a great opportunity for high school students to gain college credits and clinical experience. The New Visions program has helped me prepare for college and has shaped me into the person I am today. I am very honored and proud to say I was accepted and participated in the New Visions: Health Professions program. Ashley will be attending the University at Brockport, majoring in Biology.

Class of 2018 already making their mark on the world...congratulations to our graduates!

West Valley Alumni Shares Successes through her Hardships

By: Meghan George-Baker, Science Teacher



I had an opportunity to connect with Ms. Courtney Walters, West Valley graduate from 2014, and discuss how she started her career as a published writer. Courtney published her first work of literature in July 2018, *Human Frescoes*, a book of poetry.

How would you describe your book and where is it available?

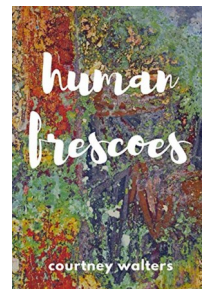
“*Human Frescoes* is a small book of poetry, taking a look at different ways we perceive the people around us. I’m hoping that, despite the personal nature of the poems, the reader can still find themselves and the people in their lives between the words – and from that, can gain a new understanding of the many layers that one person can hold. It is currently available on Amazon – in both paperback and eBook form.”

What inspired you to write these poems?

“Poetry has always been cathartic for me. When looking at moving on from my abusive childhood, finding myself as a queer Christian, and celebrating the fact that I can still have a heart of love after a major heartbreak... poetry seemed like the only way to do that. My roots at West Valley definitely inspired me to keep believing in myself, the teachers there were one of a kind. I was very blessed.”

What advice do you have for other young adults who find themselves experiencing hardships?

“As cliché and cheesy as it sounds, never give up hope. And if you can’t find that hope externally... create it yourself. Find something that you can make or do that brings you joy and a reason to keep getting up in the morning and wrestling with this beast called ‘life’.”



Courtney graduated from Houghton College in 2017 with a Bachelor degree in Communication and a minor in writing. She is currently substitute teaching and writing her first novel. She hopes to continue writing and become a journalist in the future.



Several staff members attended a three-day workshop that emphasized Fostering Resilient Learners: Strategies for Creating a Trauma-Sensitive Classroom. We bonded, learned, laughed and worked together for ourselves, our students, our staff, our school and our community. Woot woot! Go team!



**FALL 2018 WESTERN NEW YORK COLLEGE
CONSORTIUM OF HIGHER EDUCATION**

On Thursday, October 4, 2018, in the Auditorium, from **10:00 am to 10:45 am**, the Western New York Consortium of Higher Education (which consists of **20 colleges**) will visit West Valley Central School. The colleges that will be in attendance are two and four-year, private or public institutions. The college representatives will talk with our students regarding future academic opportunities. This is an excellent chance for 10th - 12th grade students to either begin thinking about "higher" education (i.e. gathering lots of free materials and asking questions), or confirming their choices of what college they wish to attend next fall. The colleges attending are: Alfred State College, Alfred University, Bryant and Stratton College, Buffalo State College, Canisius College, Daemen College, D'Youville College, Erie Community College, Fredonia State College, Genesee Community College, Hilbert College, Houghton College, Jamestown Community College, Medaille College, Niagara County Community College, Niagara University, Saint Bonaventure University, Trocaire College, University at Buffalo, and Villa Maria College.

2018 PSAT/NMSQT REGISTRATION ANNOUNCEMENT

On Wednesday, October 10, 2018, our school will administer the PSAT/NMSQT (Preliminary Scholastic Aptitude Test/ National Merit Scholarship Qualifying Test) for 10th and 11th graders. The cost per student is **\$16.00**, and checks are to be made payable to WEST VALLEY CENTRAL SCHOOL. The **deadline** to sign up and pay for the test is **Friday, October 5, 2018** in the Guidance Office. Even if your child is not considering college at this time, he or she should take this test. Just taking it can encourage a student to start thinking seriously about life after high school, goals, and the education necessary to reach those goals.

- It measures the reading, math, and writing skills needed for college (and for success in most jobs and careers in today's world). After the test, a score report will show the students' results in each of the sections. It will also target areas that need improvement before re-taking/taking the PSAT/SAT standardized tests.
- This test gives students a chance to see how their skills compare with those of other students who will apply to college.
- For 11th graders only, it is the first step in entering the National Merit Scholarship Corporation competitions for scholarships and recognition.
- The Student Search Service gives PSAT/NMSQT test takers the option to voluntarily place their names and addresses in a pool of college-bound students interested in receiving admission and financial aid information from certified colleges, universities, and scholarship agencies.
- Lastly, it provides practice for the SAT exams, which most juniors take for the first time in the spring.

Please encourage your son or daughter to sign up for the PSAT/NMSQT.
The time to start thinking about further education beyond high school is **now!**

The 20th Annual Financial Aid Night In OCTOBER!!!

Please attend the "20th Annual Financial Aid Night" at West Valley Central School. At 6:00 p.m. on Wednesday, October 17, 2018, in the cafeteria, Michelle Schram (Assistant Director of Financial Aid from Saint Bonaventure University) will provide information for 11th and 12th graders and their parents on the financial aid process including; completion of the FAFSA (Free Application for Federal Student Aid) forms, grants, scholarships, and various student and parent loans.

Financial aid is money that comes in many forms. It generally consists of a combination of grants (actual cash that you do not have to pay back), scholarships (actual cash awarded for academic achievement), and loans (must be paid back). These types of aid come from a variety of sources: the college itself, individual states, private donors, and the Federal Government (by far the largest source of aid). Once you've filled out the Free Application for Federal Student Aid (FAFSA) via the internet (<http://www.fafsa.ed.gov/>) colleges will extend to you the types of aid for which you are eligible.

SAT / ACT Schedule and Information

CEEB Code: 335-920

2018-2019 SAT/Subject Tests Dates

<u>Tests Dates</u>	<u>Registration Deadlines</u>	<u>Late Registration Deadlines</u>
August 25	July 27	August 15
October 6	September 7	September 26
November 3	October 5	October 24
December 1	November 2	November 20
March 9 (SAT only)	February 8	February 27
May 4	April 5	April 24
June 1	May 3	May 22

The SAT with Essay costs **\$64.50** for the regular registration deadline. Late registration deadlines cost an additional **\$29.00**. Other "SAT Fee" information (i.e. SAT Subject Tests, scores by phone, extra score reports to a college, test center and date changes...etc.) is available at <http://sat.collegeboard.org/register/sat-fees>.

In order to register for the SAT Exam use the following website: www.sat.org/register. It is very important that when a student applies for the SAT's online that they write down all their passwords, and print a copy of the confirmation page (last page); this is the admission ticket for the day of the test. If a student has test modifications and/or thinks they qualify for a fee-waiver please see Mr. LaBrake before applying for the SAT's.

Select which scores you want to send to your score recipients on-line through the following website: <http://sat.collegeboard.org/register/sat-score-choice>. Score Choice gives you the option gives you the option to choose which scores (by test date for the SAT and by individual test for SAT Subject Tests™) you send to colleges — in accordance with an institution's stated score-use practice. If you decide not to use Score Choice, all of your scores will be sent to your recipients. Students should still feel comfortable sending all scores, since most colleges consider a student's best score.

(Continued on the following page...)

You must provide a photo with your registration, which will become part of your Admission Ticket. If you are not easily recognizable in your photo, you will not be admitted to the test center: <http://sat.collegeboard.org/register/photo-requirements> .

Any seniors interested in attending a college (**fall of 2019**) that requires the SAT's who have not tested, or wish to test again, should test either the **August 25th** or **October 6th**.

Information about the SAT's are available in the Guidance Office. See Mr. LaBrake for assistance with registering for the SAT's.

2018-2019 ACT Dates

<u>Tests Dates</u>	<u>Registration Deadlines</u>	<u>Late Registration Deadlines</u>
September 8	August 10	August 26
October 27	September 28	October 14
December 8	November 2	November 19
April 13	March 8	March 25
June 8	May 3	May 20

ACT with Writing costs \$62.50 and the late fee is \$29.50. Students must check with individual colleges to see if they will accept the ACT "No Writing" exam for \$46.00. Other "ACT Fee" information (i.e. refunds, test center and date changes...etc.) is available at www.actstudent.org/regist/actfees.html. To register online for the ACT, go to www.actstudent.org.

No test centers are scheduled in New York for February 9th and July 13th of 2019.

You will need a credit card to register online. If a student has test modifications and/or thinks they might qualify for a fee-waiver see Mr. LaBrake before applying for the ACT's.

As part of ACT's test security requirements, you must now provide a recent photo of yourself in order to complete your test registration. This photo will be used for identification and test security purposes. This photo will print on your ticket and on the score report that is automatically sent to your high school. Photos are valid for two years: <http://www.actstudent.org/regist/add-photo.html> .

With online registration you:

- Register for the ACT 24/7
- Know immediately whether your preferred test center has space for you to test
- View your scores at no charge
- Print your admission ticket



Fifth and Sixth grade students wrote Children's Books in Writing Class. Pictured (L to R) are Devon Dearmyer, Nick Peters, Constable Cummings and Logan Mitchum. Logan wrote his book based on a true story when he and his friends played football one afternoon when Constable Cummings stopped to connect with these students. Building relationships is key to School Safety and we thank Constable Cummings for his efforts to connect with our students and keep us all safe!

Free Lunch and Breakfast for All Students

Beginning with the 2018-2019 through the 2021-2022 school year all West Valley students will be eligible for free lunch and breakfast regardless of income. This has been made possible through the Community Eligibility Program (CEP). CEP is a federal program that operates throughout the United States and is meant to provide opportunities for schools in areas that have higher rates of poverty. One goal of the CEP program is to increase participation in schools' lunch and breakfast programs. The District was notified by the New York State Education Department this past Spring that it was eligible to apply for the program.

As part of this program free and reduced applications will no longer be collected. However, the District will be collecting income information for programs such as the holiday baskets, warm the children, trading post programs, summer camps that participate in the child nutrition program, PSAT and advanced placement program fee waivers, GED program applications, and local education programs held at BOCES. Applications for these programs will be going out in the mail to parents.

Please cut Box Tops and send them in with your child.

He/she can give them to
homeroom teachers.



St. John the Baptist Church has a *Free Community Clothes Closet* located behind the church in Bingham Hall from 1-4pm every Wednesday or by appointment.

- **Clothing, shoes, bedding, household items and books are available for Cattaraugus County residents.**
- **Donations of gently worn, clean seasonal items are always welcome.**

**If you have any questions or would like to make an appointment
please call Jacque Conrad at 942-3836.**

Thank you very much for the continued support.


West Valley Food Pantry (located at the Ashford Town Barns on Fox Valley Road)

- **The pantry is located at the Ashford Town Barns on Fox Valley Road.**
- **It serves the families of the Town of Ashford and the West Valley School District.**
- **If West Valley Central School closes due to inclement weather, the food pantry will close.**
- **It is open the 2nd and 4th Wednesday of each month from 1-4pm.**
- **For emergency needs, call Kris Aldrow at 942-6690 or Corky Miller at 716-257-3651.**
- **Donations are always welcome. The following items are regularly needed; juice, cereal, macaroni, toilet paper and paper towels.**

West Valley CS

Pre K - 8 September Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 10 Cheeseburger On A Bun Or Chicken Salad <i>Sandwich</i> ----- Fries	4 Superintendent Day	5 Chicken & Gravy W/ Noodles ----- Ham & Cheese Sub ----- Broccoli Corn	6 Cheese & Pepperoni Pizza Or Turkey & Cheese Sub ----- 1 Cup Romaine Salad $\frac{1}{2}$ c w/Chi Chi Beans $\frac{3}{4}$ c Seasoned Tomatoes	7 Grilled Cheese Sandwich & Tomato Soup ----- Carrots $\frac{3}{4}$ cup Green Beans
11 Soft Shell Tacos w/Rice OR Turkey & Cheese Sand- wich ----- Corn	12 Italian Dippers W/Pizza Dipping Sauce OR Ham & Cheese Sub ----- Broccoli	13 Cheese & Pepperoni Pizza Or Turkey & Cheese Sub ----- Carrots $\frac{3}{4}$ c	14 Hot Dog On A Bun Or Ham & Cheese <i>Sandwich</i> ----- Baked Beans	
17 Cheese Burger On A Bun Or Chicken Salad <i>Sandwich</i> ----- Carrots $\frac{3}{4}$ c	18 Taco In A Bag W/Rice Or Turkey & Cheese Sand- wich ----- Corn	19 French Toast Sticks w/ Syrup & 2 Sausage Pat- ties Or Ham & Cheese Sub ----- Tater Tots	20 Cheese & Pepperoni Pizza Or Turkey & Cheese Sub ----- 1 cup Romaine = $\frac{1}{2}$ cup	21 Meatball Sub Or Ham & Cheese Sub ----- Baked Beans
24 Cheeseburger On A Bun Or Chicken Salad <i>Sub</i> ----- Baked Beans	25 Ultimate Nachos Made W/Tostitos & Rice Or Turkey & Cheese Sub ----- Corn	26 Spaghetti & Meatballs W/Warm Dinner Roll OR Ham & Cheese Sub ----- 1 cup Romaine = $\frac{1}{2}$ cup	27 Cheese & Pepperoni Pizza Or Turkey & Cheese Sub ----- Green Beans	28 Grilled Cheese Sandwich & Tomato Soup ----- Carrots $\frac{3}{4}$ cup

Offered daily
with all School Lunches:
Fresh or Prepared Fruit
*(Must take $\frac{1}{2}$ cup of Fruit or Vegetable -
 may take up to 1 cup)*

**Non or Low Fat White or
 Non Fat Chocolate Milk**
 available daily

In addition to the
Entrée of the Day, we also
serve the following items

Daily:

PB&J Sandwich

Julienne Salad W/Dinner Roll

Start with a:

- **Vegetable**
- **Fruit** (or take both)
- **Choose whole grains**
- **Pick a lean protein**
- **Add serving of milk**

Take at least 3



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 Sausage, Egg & Cheese Breakfast Sandwich Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	Superintendent Day Apple Frudel Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	Sausage, Egg & Cheese Breakfast Sandwich Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	Breakfast Burrito Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	Mini French Toast Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk
10 Sausage, Egg & Cheese Breakfast Sandwich Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	11 Apple Frudel Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	12 Sausage, Egg & Cheese Breakfast Sandwich Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	13 Breakfast Pizza Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	14 Apple or Cherry Frudel Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk
17 Sausage, Egg & Cheese Breakfast Sandwich Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	18 Cinni- Minis Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	19 Sausage, Egg & Cheese Breakfast Sandwich Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	20 Breakfast Burrito Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	21 Mini French Toast Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk
24 Sausage, Egg & Cheese Breakfast Sandwich Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	25 Apple Frudel Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	26 Sausage, Egg & Cheese Breakfast Sandwich Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	27 Breakfast Pizza Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk	28 Apple or Cherry Frudel Or Cereal w/ $\frac{1}{2}$ a Bagel Chilled 100% Juice Cup Fresh or Prepared Fruit Non or Low Fat Milk

Attention Parents!!!

Breakfast is the most important meal of the day and provides the necessary energy to start a day of learning and achievement.

Children who eat breakfast at school:

- ◆ Score better on Standardized Tests
- ◆ Have Fewer Health Issues
- ◆ Behave Better in Class

Take the worry out of paying for Breakfasts:

Prepay for your child with cash, check or money order.

Make checks and/or money orders payable to West Valley Central

School or pay online at myschoolbucks.com



Menu is subject to change.

West Valley Central School

5359 School Street

West Valley, NY 14171

(716) 942-3100

Board of Education

Timothy Ploetz, President

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PERMIT NO. 5West Valley, NY
14171**POSTAL PATRON LOCAL***Or Current Resident***Administration**

Mr. Eric Lawton, Superintendent

Mr. Daniel Amodeo, Pre-K-12 Principal and
District Curriculum Coordinator**WVCS Calendar of Events**

September 5th	First Day of School
September 8th	ACT Exam 8am
September 10th	BOE Meeting 7pm Library Conference Room
September 12th	Open House for Elementary 5:45-6:45pm
	Open House for Secondary 7-8pm
September 14th	Individual School Picture Day 8am-2pm AUD

Attention Community Members:

If you would like to receive robo-calls from WVCS for any of the reasons listed below for the 2018-19 school year, please either fill out and return the form to Mrs. Dana Westfall or call her at 942-3100 ext. 4111 to be added to the system. Please mark which calls you would like to receive. Thank you.

Name: _____ Phone Number: _____

*If a cell phone, please indicate if you would like voice or text messages.

- ◇ BOE Meetings and Information
- ◇ Changes/Updates to Scheduled Events
- ◇ All information that goes out to student homes

Please send all newsletter articles to: lpfeffer@wvalley.org. Articles should be in MS Word or MS Publisher or saved as a JPEG.

The deadline for the October Newsletter is September 15, 2018 at 3 PM.

******PLEASE DO NOT INCLUDE GRAPHICS IN YOUR ARTICLES-THANK YOU!******