

WEST VALLEY CENTRAL SCHOOL

School and Community Working Together



Volume 25, No. 4

December 2019

ARTIST OF THE MONTH

Elizabeth Winsor is the Celebrity Artist of this month. She is currently in 5th grade. Her passion in art class is to create with watercolor or make objects using clay. Her favorite things are breakfast pizza, the color teal, Stuart Little movie and the book "The BFG by Roald Dahl". Elizabeth has an older sister and a younger brother. I asked her what she wanted to do when she graduated school. Her response was to work at Julies Restaurant in Springville. One thing that she is known for at school is being a kind person and an amazing helper.



ARTIST CORNER

Hard to believe that the first quarter of school is over. Some of the things the elementary students have been focused on is Native Americans and their culture. Students have been working hard in the younger grades to make wall hangings. Other students in the upper elementary are working on shields and dream catchers. They have worked so hard to learn about the culture and recreate the style.

- **Painting and Drawing** - students are currently working on their 50 Objects Project.
- **Studio Art** - Valued Words. Pencil values, emphasis on learning how to shade.
- **Ceramics** - finished up their coil pots, nature vessels, and ceramic masks. Coil pots, learned the basics of putting layers onto each other to form the pot. Nature vessels, inspired by nature, students made vessels that reflected their inspiration. Ceramic masks - students learned how to utilize a mold and carve clay to reflect their decisions.
- **6th, 7th, and 8th grade** just finished up silhouette trees. Anyone who visited during the Halloween parade would have seen the craftsmanship that students put into their projects.



West Valley Central Presents – HOLIDAY SHOW 2019

Friday, December 20, 2019, 1:00 – 2:15pm in the WVCS Auditorium for Students in Grades PreK–6th

SUPERINTENDENT'S CORNER

The beginning of the holiday season brings reflection on the successes of the past year and a new resolve in setting goals for the upcoming year. Keep in mind, these should not be confused with those New Year's Resolutions that are so often made and forgotten. The goals are for a shared vision of success for our students and growth as an organization.



What better way than to have a top ten list of educational goals:

- Continue to promote and model respect in our building
- Continue to instill a sense of responsibility in our children
- Work toward incremental improvement on state and local test results
- Promote the importance of being a life-long learner
- Explore many methodologies of teaching and learning to reach every child
- Provide multiple opportunities for success
- Make each child feel welcome and appreciated in our school
- Tie new learning experiences to previous knowledge
- Celebrate our successes
- Always remember that learning is fun

We will continue to work on these goals as if our future depends on it...because it does.

Our Board of Education has selected a firm to perform an efficiency study. They will be looking at a wide variety of services that we provide and try to find ways to be as efficient as possible while keeping our vision and mission in mind. The firm will be reporting back to our board in March and we will then plan for our future.

I encourage you to take some time to celebrate with our students at one or more of our holiday events. Between concerts, conferences, and the holiday show we have something for everyone.

Happy Holidays

Eric Lawton

Eric Lawton
Superintendent

PRINCIPAL'S CORNER

Congratulations are in order to all of our Merit, Honor Roll, and High Honor Roll achievers from the 1st Quarter. On Thursday, November 21st students in grades 4th-6th were honored with a hot breakfast and awards ceremony for their efforts during the 1st quarter. Students in grades 7-12 were acknowledged for their hard work during the 1st Quarter as staff created a "Friendsgiving" themed celebration for the students on Friday, November 22nd. Thank you to the teachers, students, and parents for laying the foundations for a successful school year.



Beginning of November and continuing through the Winter season, we are providing many after-school intramural programs for our students. Boys and girls in grades 4-6 will be participating in an intramural basketball program, while students in grades 7-12 can participate in a structured Fitness Program on Tuesday's and Thursday's. Additionally, we will have open gym Monday's with various activities planned for students in grades 7-12.

In addition to the after-school intramural programs, our after-school Elementary program is in full swing. Students in grades 1-6 may stay after-school to complete their homework and then socialize with their peers in a structured environment. Mrs. Thiel is also facilitating our K-3 STEAM program on various days throughout the year.

As we enter the month of December, we look forward to opportunities that further display our students' achievements. Our Winter Chorus concert will be held on Monday, December 16th followed by our Winter Band Concert on December 18th. To cap off the holiday season the annual Elementary Holiday Show will be held on Friday, December 20th. We look forward to these opportunities during the season of joy and wish you and yours a Happy Holidays.

Dan Amodeo

Dan Amodeo
Principal

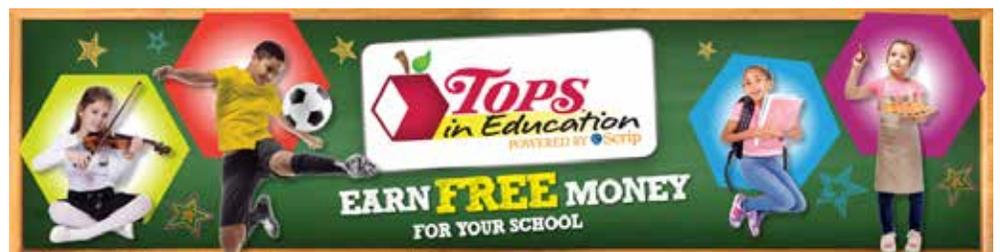


TOPS IN EDUCATION

At Tops Friendly Markets, we are committed to helping the communities we serve. Schools are a big part of those communities. Did you know that Tops has donated more than 1 **MILLION DOLLARS** to local schools over the past 7 years through Tops in Education? Tops in Education is a program that makes it easier to get additional money for school improvements and programs.

Here's how it works:

1. **Register** your Tops BonusPlus®.
2. Select your school(s) of choice (grades K-12) from the list of schools that have registered (you may select up to three schools).
3. Purchase participating TOPS Brand, Full Circle™, TopCare®, Tippy Toes, Paws™, Pure Harmony™, Simply Done™, Culinary Tours™, That's Smart, and Best Yet® products with your Tops BonusPlus® throughout the 2019-2020 Tops in Education program year.
4. Tops contributes up to 5% of your purchase to the school(s) you have chosen. The more you shop, the higher percentage we donate!



YEARBOOK PERSONAL ADS

Place a personal ad in the yearbook for one of our seniors!

Deadline: January 31, 2020

- 1/4 page: \$25.00
- Full page: \$100.00
- 1/2 page: \$50.00
- Short Text Only Message (Limit 50 words): \$20.00

All ads can include photos and text or just text (unless stated otherwise). They can be handwritten or emailed. All work will be recreated AS WRITTEN. Photos may be digital or actual photos. Photos will be returned. If photo is scanned, please make sure the resolution is at least 300 dpi. Ad size may limit space.

Name: _____

Phone: _____

Number of photos included for Ad _____

(please put your name on back of all photos).

Text wanted in the ad: (ie, "We love you, Suzy!")
Write text below or attach a typed version or email to: jmumbach@wvvalley.org. Please make sure the text is exactly the way you want it. It will be made as written.

Payment options:

Bring your payment with this form to the front office in an envelope with your name on it. Send it with a student, mail to WVCS 5359 School Street, West Valley, NY 14171
Attn: J. Mumbach (checks payable to WVCS Yearbook)

Size of Ad:

Amount Paid: Check _____ Check # _____

Cash _____

*****Please do not create your own ad - it may not be compatible with our software*****

TREE LIGHTING

The 4th annual Town of Ashford Christmas tree lighting will be at 6pm on December 6, 2019, at the Ashford Community Center.

There will be Christmas songs, a speaker, refreshments and, of course, the lighting of the tree.



YEARBOOK SALES

The 2019-20 Vallian Yearbook is now on sale. Students who purchase a yearbook before December 1, 2019 will be entered into a drawing for a free yearbook. Winner will be announced on December 6, 2019.

The last day to order a yearbook will be March 1, 2020. There will be only a few extras ordered so please get yours soon.

The cost of this year's FULL COLOR yearbook is \$50.00. A deposit of \$25.00 will hold your yearbook. The final payment of \$25.00 will be due by March 1, 2020.

Name of Student _____

Homeroom _____

Amount paid _____

Date Ordered _____

Orders should be given to Mrs. Mumbach or Mrs. Kazmierczak



AUDITIONS!

Tuesday, 12/3

Thursday, 12/5

Monday, 12/9

Tuesday, 12/10

Please sign up for an audition time, and pick up an audition form and sheet music outside Mr. Cole's room.

AUDITION REQUIREMENTS:

1. Memorized monologue - from any dramatic production - between 30-60 seconds
2. Prepare a song from Mary Poppins, Jr. (two choices - pick up sheet music to practice with when signing up for an audition)
3. Cold reading - will be provided for you at the audition
4. Vocalize with Mr. Cole to show range

You are auditioning to be a part of the WV school musical. If chosen, you will be assigned a role that best suits your skills, and the needs of the production overall.

"There are no small parts... only small actors" - please only audition if you are willing to play ANY role.

All students who audition must be willing and able to come to ALL rehearsals for scenes they are a part of, and **must be available** for the dress rehearsal Tuesday, March 10 at 3:30pm, and for the performances, Friday and Saturday, March 13 and 14 at 7:00pm.





BREAKFAST FACT

Children who eat breakfast show an increased ability to learn, exhibit better academic performance and may have decreased risk of being overweight.

Offered Daily:

- NYS apples from LynOaken Farms
- Fresh or Prepared Fruit
- All juice served is 100% juicie
- Skim, Low Fat White, or Low Fat Chocolate NYS Milk from Upstate farms

Start with:

- One Entree
- Fruit (may choose 2 different)
- One 4 oz. juice cup
- Add serving of milk

Take at least 3!

LUNCH FACT

My Plate Recommends: Choose vegetables rich in color. Brighten your plate with Red, Orange, or Dark Green. *USDA*: <http://www.myplate.gov>

Offered Daily with all School Lunches:

- Fresh NYS apples from LynOaken Farms
- Fresh or prepared fruit (served by the 1/2 cup portion)
- Vegetables (served by the 3/4 cup unless otherwise noted)
- Must take 1/2 cup of Fruit OR Vegetable (may take 1 cup)
- Skim, Low Fat White, or Low Fat Chocolate NYS Milk from Upstate Farms

In Addition to the Entree of the Day, we offer:

- Peanut Butter & Jelly Sandwich (2M & 2G)
- Julienne Salad
- Yogurt Parfait made with NYS Upstate Farms Yogurt

Start with:

- Vegetable
- Fruit (or take both)
- Choose whole grains
- Pick a lean protein
- Add serving of milk

Take at least 3!

DECEMBER 2019 GRADES PREK-12 BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
2 Ham, Egg & Cheese Breakfast Sandwich Non or Low Fat Milk	3 Cinni- Minis Non or Low Fat Milk	4 WG RASPBERRY CHURRO Non or Low Fat Milk	5 Breakfast Pizza Non or Low Fat Milk	6 Mini French toast Non or Low Fat Milk
9 Bacon, Egg & Cheese On A Biscuit Non or Low Fat Milk	10 Apple or Cherry Frudel Non or Low Fat Milk	11 RICH'S WG DONUT Non or Low Fat Milk	12 Breakfast Burrito Non or Low Fat Milk	13 French Toast Sticks Non or Low Fat Milk
16 Ham, Egg & Cheese Breakfast Sandwich Non or Low Fat Milk	17 Cinni- Minis Non or Low Fat Milk	18 WG RASPBERRY CHURRO Non or Low Fat Milk	19 Breakfast Pizza Non or Low Fat Milk	20 Mini French toast Non or Low Fat Milk
23 Early Winter Break NO SCHOOL	24 Early Winter Break NO SCHOOL	25 Early Winter Break NO SCHOOL	26 Early Winter Break NO SCHOOL	27 Early Winter Break NO SCHOOL
30 Winter Break NO SCHOOL	31 Winter Break NO SCHOOL			

MENU SUBJECT TO CHANGES



DECEMBER 2019 GRADES K-8 LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Bacon Burger On A Bun Or BLT Sandwich ----- Baked Beans	Nacho Grande W/Tostito Chips Or Turkey & Cheese Sandwich ----- Corn, Salsa ¼ cup	Sweet & Sour Turkey W/Rice Or Ham & Cheese Sandwich ----- Carrots	Cheese & Pepperoni Pizza Or Turkey & Cheese Sub ----- Romaine Salad, Green Beans	BBQ Meatballs & Rice Or Ham & Cheese Sandwich ----- Baked Beans
Crispy Chicken Patty On A Bun Or BLT Sandwich ----- French Fries	Nacho Grande W/Tostito Chips Or Turkey & Cheese Sandwich ----- Corn, Salsa ¼ cup	Turkey & Gravy W/Mashed Potatoes Or Ham & Cheese Sandwich ----- Sweet Carrots	Cheese & Pepperoni Pizza Or Turkey & Cheese Sub ----- Romaine Salad	Mozzarella Sticks W/Dipping Sauce Or Ham & Cheese Sandwich ----- Baked Beans
Hot Open Face Turkey Sandwich Or BLT Sandwich ----- Tater Tots	Taco In A Bag Made with Nacho Doritos Or Turkey & Cheese Sandwich ----- Corn	Spaghetti & Meatsauce W/Garlic Dinner Roll Or Ham & Cheese Sandwich ----- Romaine Salad	Cheese & Pepperoni Pizza Or Turkey & Cheese Sub ----- Sweet Carrots	Grilled Cheese & Tomato Soup Or Ham & Cheese Sandwich ----- Baked Beans
23	24	25	26	27
Early Winter Break NO SCHOOL	Early Winter Break NO SCHOOL	Early Winter Break NO SCHOOL	Early Winter Break NO SCHOOL	Early Winter Break NO SCHOOL
30	31			
Winter Break NO SCHOOL	Winter Break NO SCHOOL			

MENU SUBJECT TO CHANGES

DECEMBER 2019 GRADES 9-12 LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Bacon Burger On A Bun Or BLT Sandwich ----- Baked Beans	Nacho Grande W/Tostito Chips Or Turkey & Cheese Sandwich ----- Corn, Salsa ¼ cup	Sweet & Sour Turkey W/Rice Or Ham & Cheese Sandwich ----- Broccoli, Carrots	Cheese & Pepperoni Pizza Or Turkey & Cheese Sub ----- Romaine Salad, Green Beans	BBQ Meatballs & Rice Or Ham & Cheese Sandwich ----- Peas, Seasoned Tomatoes
Crispy Chicken Patty On A Bun Or BLT Sandwich ----- French Fries	Nacho Grande W/Tostito Chips Or Turkey & Cheese Sandwich ----- Corn, Salsa ¼ cup	Turkey & Gravy W/Mashed Potatoes Or Ham & Cheese Sandwich ----- Peas, Sweet Carrots	Cheese & Pepperoni Pizza Or Turkey & Cheese Sub ----- Romaine Salad, Green Beans	Mozzarella Sticks W/Dipping Sauce Or Ham & Cheese Sandwich ----- Baked Beans, Mixed Vegetables
Hot Open Face Turkey Sandwich Or BLT Sandwich ----- Tater Tots	Taco In A Bag Made with Nacho Doritos Or Turkey & Cheese Sandwich ----- Corn, Bean Salad	Spaghetti & Meatsauce W/Garlic Dinner Roll Or Ham & Cheese Sandwich ----- Romaine Salad, Mixed Vegetables	Cheese & Pepperoni Pizza Or Turkey & Cheese Sub ----- Broccoli, Sweet Carrots	Grilled Cheese & Tomato Soup Or Ham & Cheese Sandwich ----- Peas, Seasoned Tomatoes
23	24	25	26	27
Early Winter Break NO SCHOOL	Early Winter Break NO SCHOOL	Early Winter Break NO SCHOOL	Early Winter Break NO SCHOOL	Early Winter Break NO SCHOOL
30	31			
Winter Break NO SCHOOL	Winter Break NO SCHOOL			

MENU SUBJECT TO CHANGES



MIDDLE SCHOOL TRIP TO PUMPKINVILLE

On October 17th West Valley 7th and 8th grade students braved the cold, rainy weather to take an after school “field trip” to Pumpkinville. Students enjoyed picking their own pumpkins, homemade cider and donuts, and of course all the activities Pumpkinville has to offer.



Students enjoy the ride to the pumpkin patch. Left to right: Jordan Manaher, Nick Peters, Onnalee Caswell, Bethany Stanier, Devon Dearnmyer and Eve Niesyty.



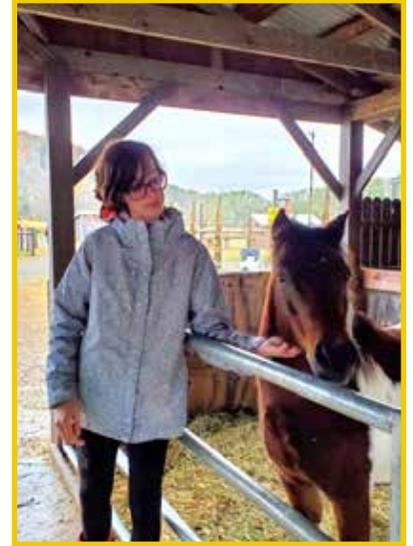
Trying to keep warm Eve Niesyty, Ronni DuFrane and Mara Swan.



Warming up with some hot chocolate on the train. Left to right Tyler Trimm, Justis Kapp, Hailey Robbins, Emily Quinn, Addison Smith, Isabella Gibson.



A pumpkin hitched a ride in Emily Quinn's hood!



Bethany Stanier made a new friend!

FAMILY READING NIGHT

Our first Family Reading Night was held in the auditorium where we had a crazy Monster Mash. We crafted a mish-mash of Halloween projects. The kids were so creative, and some even wore their creepy costumes! We enjoyed Halloween cookies while the head witches read two fun stories. Books and prizes were handed out to all the kids. Thanks to all the families who attended and made it a fun evening.



FREE COMMUNITY CLOTHES CLOSET

St. John the Baptist Church has a Free Community Clothes Closet located behind the church in Bingham Hall from 1-4pm every Wednesday or by appointment.

Clothing, shoes, bedding, household items and books are available for Cattaraugus County residents.

Donations of gently worn, clean seasonal items are always welcome. If you have any questions or would like to make an appointment please call Jacque Conrad at 942-3836.

Thank you very much for the continued support and a successful year.

BLESSING BOX

There is a blessing box located in the coat room entrance of St. Paul's Methodist Church. It is a box (cabinet) of food for people in immediate need. It is in addition to the food pantry and not intended to take its place. It services the families of the Town of Ashford and the West Valley Central School District. The items in the blessing box are free. Stop in and take what you need.

We will always welcome donations and they can be dropped off at the same location but next to the blessing box (cabinet). Any questions call Kris Aldrow at 942-6690 or Jean Bond at 942-6570

Thank you in advance.

WEST VALLEY FOOD PANTRY

The pantry is located at the Ashford Town Barns on Fox Valley Road.

Date changes for December

- Wednesday December 4th
REGULAR FOOD BANK 1-4pm
- Wednesday December 18th CHRISTMAS BASKET PICK UP 2:30-4:30pm
- Saturday December 21st 10:30am -NOON

SERVING THE TOWN OF ASHFORD AND THE WEST VALLEY SCHOOL DISTRICT

We continue to support our community providing meals each month for approximately 62 women, men, and children!

VOLUNTEERS NEEDED!

**CLOSED FOR WEATHER
WHEN WVCS IS CLOSED**

Fight Flu

health.ny.gov/flu

at Home and School



**Flu, or influenza, spreads easily and can make people very sick, especially kids.
You can help stop flu!**

Flu symptoms include:

Fever or chills, body aches, cough, sore throat, headache, runny or stuffy nose, feeling very tired. Some people, especially children, may have stomach problems and diarrhea. Unlike a cold, the flu comes on very suddenly.

Prevent flu!

- Flu vaccine is the best protection against the flu. It is recommended every year for everyone 6 months and older.
- Get the flu vaccine for you and your children every year! It helps make flu sickness milder or prevents it all together.
- Getting the vaccine early in the fall means you and your children will be protected when flu season starts.
- Ask people close to your children, like babysitters and relatives, to get the vaccine, too.
- The vaccine is especially important for people with certain health conditions, like asthma, diabetes, heart or lung conditions because the flu can make them even sicker.

If your child gets the flu:

- Your child will need plenty of rest and lots of fluids.
- Keep your child home from school for at least 24 hours after their fever is gone without using fever-control medicine. This helps avoid giving the flu to others.
- Talk with your child's health care provider before giving a child any over-the-counter medicine.
- Never give your child or teenager aspirin or any medicine that has aspirin in it. Aspirin can cause serious problems.
- If your child gets flu symptoms and is younger than 5 or has a medical condition like asthma, diabetes, or heart or lung disease, call their health care provider. Young children and those with certain medical conditions are at greater risk for getting seriously ill from the flu. Ask their health care provider if they recommend an antiviral drug.
- If you are worried about your child, call their health care provider.

Don't spread flu!

- Wash hands often with soap and water for at least 20 seconds.
- If soap and water aren't handy, use an alcohol-based hand rub.
- Cough or sneeze into a tissue or your elbow, not your hands. Put used tissues in the trash.
- Avoid touching your eyes, nose, and mouth. That's how germs spread.
- Stay away from people who are sick.



WEST VALLEY CENTRAL SCHOOL

5359 School St.
West Valley, NY 14171
(716) 942-3100

NON PROFIT
ORGANIZATION
U.S. POSTAGE PAID
Permit No. 5
West Valley, NY

BOARD OF EDUCATION

Timothy Ploetz, President
Kim Cizdziel, Vice-President
Michael Harmony
Darla Kent
Stephen Kowalski
Gary Niesyty
Dawn Samborski

ADMINISTRATION

Mr. Eric Lawton, Superintendent
Mr. Daniel Amodeo, Pre-K-12 Principal and
District Curriculum Coordinator

OR CURRENT RESIDENT

POSTAL PATRON LOCAL

WWW.WVALLEY.WNYRIC.ORG

Turn Markers Into Energy!



I'm excited to tell you about a very special program I'm coordinating at our school in conjunction with Crayola. It's called Crayola ColorCycle – an amazing program devised to repurpose used markers rather than sending them to landfills!



The ColorCycle program has repurposed more than 70 tons of expended markers in the United States and Canada since 2013 and uses the most advanced plastic conversion technologies available today to make wax compounds for asphalt and roofing shingles as well as to generate electricity that can be used to heat homes, cook food, and power vehicles.

All around West Valley Central School, students and teachers are collecting used markers that are ready to be discarded. Please help support our efforts by sending your kids in with any used markers you may have around the house- even non-Crayola brands! Highlighters and dry erase markers can also be included. Drop-off boxes will be located around the school for your child to deposit the markers.

Thank you in advance for participating! With the help of parents like you across the country, the Crayola ColorCycle program can continue to keep tons of plastic out of landfills each year.

Remember, don't throw out that used marker—*ColorCycle it!*
Questions? Call Jackie Mumbach 716 942 3100 ext 4140 or email jmumbach@wvalley.org.

WEST VALLEY CALENDAR OF EVENTS

Dec. 2	Men's basketball 6-8pm gymnasium
Dec. 3	Wreath/Poinsettia Delivery starting at 2:35pm auditorium
Dec. 4	Varsity Bowling Match at Springville Lanes 3:30-5:30pm
Dec. 6	Ashford Community Center Christmas Tree Lighting Celebration at 6pm
Dec. 9	Varsity Bowling Match at Good Times Lanes 3:30-5:30pm BOE Meeting 7-9pm Library Conference Room Men's basketball 6-8pm gymnasium
Dec. 10	Varsity Bowling Match at Springville Lanes 3:30-5:30pm
Dec. 11	Family Reading Night 6:30-7:30pm auditorium
Dec. 15	Class of 2020 Breakfast with Santa 8am-Noon Bingham Hall
Dec. 16	Class of 2020 Spaghetti Dinner 4:30-6:45pm cafeteria Holiday Chorus Concert 7-8pm auditorium Men's basketball 6-8pm gymnasium
Dec. 18	Winter Band Concert 7-8pm auditorium
Dec. 19	Varsity Bowling Match at Springville Lanes 3:30-5:30pm
Dec. 20	PreK-6th Grade Holiday Show 1-2:15pm auditorium

Dec. 23 - Jan. 3rd: Early Winter Break - School Closed

EMERGENCY SCHOOL CLOSINGS

West Valley Central School District uses the Blackboard Connect system to send an automated message regarding school closings and cancellations of after school activities. The message is sent to your household phone number and to the emergency contacts that you listed at the beginning of this school year. If this information has changed or you would like to verify what is on file, please call Dana Westfall at 942-3100 extension 4111. The District also contacts the following radio and television stations:

Channel 2
WBEN 930 am

Channel 4
WPIG 95.7 fm

Channel 7
WYRK 106.5 fm