



Chloe Chai
Valedictorian

Chloe Chai, daughter of Tracy and Gordon Chai, is the Valedictorian for 2021 with a weighted average of 100.27%. In addition to her regular coursework at WVCS, Chloe has completed the following college courses: English Writing and Literature, US History, Personal Finance, Elementary Statistics, Pre-Calculus, Algebra and Trigonometry, Physics, and Biology. Chloe has been a member of the National Honor Society for three years. She has been a member of the WVCS Band for nine years and marching band for five. Chloe has participated in Academic Challenge for three years and was a team captain for two. She has been in yearbook club, art club, and student council from her freshman to senior year. During her senior year, Chloe served as her class's secretary. Through NHS, Chloe has volunteered at several American Red Cross Blood Drives and in other volunteer opportunities. After graduation, Chloe is planning to attend Denison University to major in Studio Art and Education.



Isabella Mia Draine-Soto
Salutatorian

Isabella Mia Draine-Soto, daughter of Yaritza and Geoffrey Draine-Soto, is the Salutatorian for 2021 with a weighted average of 93.32%. Isabella has taken college classes throughout her high school career from Syracuse University (5 courses), JCC (4 courses) and Houghton College (2 courses). In total she has earned 37 college credits in courses such as Pre-Calculus, Physics, Economics, Biology, American History, Literature, and more. During her time at WVCS, Isabella has also participated in clubs and activities such as WVCS Band, NYS Mentoring Program her sophomore year, SADD Reality Check, Yearbook Club, Volleyball, Cheerleading, and has been a member of National Honor Society where she currently serves as the President. She has volunteered for Toys for Tots and Red Cross Blood Drives. Isabella plans to attend SUNY Fredonia in the fall and has been accepted into the Honors Program. She plans to major in Computer Information Systems.

June 18, 2021 – Students and Staff Off to Observe Juneteenth Day
June 24, 2021 – 1/2 Day for PreK – 6th Grade Students

Top 5 Academic Achievers Continued



Leah Seltzer

Leah Seltzer, daughter of Tom and Jenn Seltzer, is third in her class with a weighted average of 93.14%. Throughout high school, she has completed multiple sequences in Math, English, and Spanish. Leah has taken college level courses from various colleges including, Economics of Personal Finance, US History 101 and 102, Houghton College English, and JCC Statistics. Leah attended the Ellicottville Career and Technical Center for two years where she took Cosmetology. At the CTE Center she was also a member of the Skills USA program and competed at the state level her senior year. Leah has been a member of National Honor Society for three years, serving as vice president for her senior year. Leah has been a member of yearbook club for three years as well. She has also participated in athletics, playing one year of varsity softball, two years of varsity volleyball, and three years of varsity bowling. She was a team captain for her senior year of varsity softball. Leah has volunteered her time at American Red Cross Blood Drives, mentoring programs, and Toys for Tots. In the fall, Leah is planning to attend JCC.



Aaron Ignatowski

Aaron Ignatowski, son of Amy and Chris Ignatowski, finished 4th in the graduating class of 2021 with a weighted average of 91.18%. Some of Aaron's out of school interests are video games, playing Basketball, and sandblasting. Aaron plans to go straight into factory work after High School.



Kyle Hickey

Kyle Hickey, son of Corey and Nikki Hickey, finished 5th in the senior class of 2021 with a weighted average of 89.97%. He has participated in many college courses such as SUPA U.S. History, JCC Physics, JCC Algebra 2/Trigonometry, JCC Pre-Calculus, Houghton College English, Houghton College Writing, SUPA Personal Finance and JCC Statistics. He also took SUPA Biology without getting the credits just for fun. His extracurricular participation included Ski Club and modified Soccer. After graduation, Kyle will attend Alfred University in the fall majoring in Computer Science.

Class of 2021 Post Secondary Plans

Julianna Belz	Undecided
Rodney Boberg	Attend Alfred State College <u>Major:</u> Motorcycle and Powersports Technology
Fern Calkins	Attend Jamestown Community College <u>Major:</u> General Studies
Chloe Chai	Attend Denison University <u>Major:</u> Studio Art
Luke Defoe	Seek Employment
Isabella Draine-Soto	Attend SUNY Fredonia <u>Major:</u> Computer Information Systems
Alexander Fisher	Attend SUNY Fredonia <u>Major:</u> Undecided
Elijah Heitman	Seek Employment
Kyle Hickey	Attend Alfred State College <u>Major:</u> Computer Science
Aaron Ignatowski	Seek Employment
Grace Keller	Attend Genesee Community College <u>Major:</u> General Studies
Yvonne Kneis	Attend Genesee Community College <u>Major:</u> Criminal Justice: Forensics
Kaley McCracken	Attend Eastern Gateway Community College <u>Major:</u> Business Management
Zachary Schoepflin	Attend Jamestown Business College <u>Major:</u> Business
Leah Seltzer	Attend Jamestown Community College <u>Major:</u> Homeland Security
Alyssa Smith	Attend Daemen College <u>Major:</u> Psychology
Bane Smith	Seek Employment

MESSAGE FROM THE SUPERINTENDENT

BY DR. TAWEEPON FARRAR



It's hard to believe the end of the school year is here. There is much to celebrate as the school year comes to an end.

1. Students were in-person ALL year long every day (minus a few instances of quarantine). This is a huge accomplishment given the pandemic restrictions.
2. We had 100% participation in the ELA and Math 3-8 assessments. This is pivotal as we now can begin to use the data from these assessments to improve our instruction.
3. Softball and Track & Field are back!!!! The pride from the athletes who are wearing the WV uniform is exciting. The support from other students, staff, friends, and family is energizing to see in the halls and out on the fields.
4. The end of the year celebrations are on the calendar for our students. From prom, to field trips, to graduations for the PreK/Kindergarteners and the seniors!

While there have been many successes, the federal government did recognize that students were impacted by the pandemic in a variety of ways. So, the American Rescue Plan Act of 2021 was passed and allocated funds to schools to be used for very specific reasons. These funds can only be used to address learning loss through the implementation of evidence-based interventions such as summer learning or summer enrichment, extended day, and afterschool programs. The funds can also be used for maintaining the safety of schools, purchasing educational technology, and providing mental health services and supports. Specific guidelines have just been released for schools this past week so we will begin looking at how we can provide more to our students in these areas this summer and into the next school year.

Finally, I want to thank each and every one of you who took time out of your day to come to the school and vote or sent in an absentee ballot to help pass our 2021-2022 budget and transportation proposition. We are working very hard to be fiscally responsible while increasing our academic programming and expanding opportunities for our students.

CELEBRATION AND REFLECTION IN JUNE

MR. DANIEL AMODEO, PRE-K-12 PRINCIPAL/
CURRICULUM COORDINATOR

The month of June is a time for celebration and reflection. While the school year is not quite over and students are preparing for Regents exams and other final assessments, I would like to congratulate our seniors on their upcoming Graduation and all their accomplishments during their time at West Valley Central School. They have persisted through another uncommon school year to achieve this milestone. I am proud of all of you and wish you all the best in your futures. Congratulations to our Pre-Kindergarten and Kindergarten students on their graduation. They have shown much growth and flexibility in adjusting to the changes throughout the school year. I look forward to their futures as West Valley students and all their successes.

Although this school year may have been different, as a school community we were able to come together to make it a success. It has not been easy on students, families, and teachers dealing with the unknowns of COVID, but the sacrifices that have been made to be in-person since the beginning of the school year have been well worth it. The opportunities we have been able to provide from regular in-person learning, to extra-curricular events, and bringing back athletics to West Valley are truly amazing.

No matter what next school year may look like, we will continue working to provide the best opportunities and access to those opportunities for all our students. We have been planning summer opportunities for students, teacher Professional Development, next school year's Professional Development, and additional opportunities for students. In closing this school year, I again want to say thank you to our students, families, teachers, Board of Education, administration, support staff, and our entire community for coming together to make the best of this school year.

LET'S SLOW-ROLL



CONNECTING GENERATIONS ONE RIDE AT A TIME.
BEGINNING MONDAY, JUNE 7TH @ 6PM.
STARTING AT ST. PAUL'S UNITED METHODIST CHURCH.





EMERGENCY BROADBAND BENEFIT

HELPING HOUSEHOLDS CONNECT DURING THE PANDEMIC

What is it?

A temporary FCC program to help households struggling to afford internet service during the pandemic.

The benefit provides:

- Up to \$50/month discount for broadband service;
- Up to \$75/month discount for households on qualifying Tribal lands; and
- A one-time discount of up to \$100 for a laptop, desktop computer, or tablet purchased through a participating provider.



Who is eligible?

A household is eligible if one member of the household:

- Has an income that is at or below 135% of the Federal Poverty Guidelines or participates in certain government assistance programs;
- Receives benefits under the free and reduced-price school lunch or breakfast program;
- Received a Federal Pell Grant during the current award year;
- Experienced a substantial loss of income due to job loss or furlough since February 29, 2020; or
- Meets the eligibility criteria for a participating provider's existing low-income or COVID-19 program.

THREE WAYS TO APPLY

1

Contact your Preferred Participating Provider Directly

Ask your provider if they participate in the EBB, or use our online tool to find a participating company near you.



2

Online

Use the online application at [GetEmergencyBroadband.org](https://www.fcc.gov/emergencybroadbandbenefit)

3

By Mail

Print an application in English or Spanish. Complete the application and send with proof of eligibility to:

Emergency Broadband Support Center
P.O. Box 7081
London, KY 40742



For additional information, Call 833-511-0311, or visit [fcc.gov/broadbandbenefit](https://www.fcc.gov/broadbandbenefit)

SPECIAL EDUCATION NEWS

MRS. SHAWNA GUGINO, CSE DIRECTOR

Greetings West Valley Families & Community!

We are almost there! The 2020-21 school year is in the books! Thank you all for your support and collaboration this year.

Over the summer, students can experience regression—the loss of skills or information that was learned during the school year. Some regression is typical for all students regardless of their learning styles. As we approach June, here are a few ideas to support continued learning and skill development. These are activities and ideas to keep in mind to minimize the impact of regression and support a strong start in September:

1. Have your child read daily for 20 minutes. If your child is not a reader, you can read with your child. Reading is a skill and is strongest when practiced.
2. Incorporate math into life. Have your child help you with household activities—helping to count money for paying at the store, telling time, using measuring cups for baking, etc.
3. Encourage journaling, writing, or drawing as a weekly activity. Your child can draw or write how they are feeling, an experience they enjoyed, or an idea they have.
4. Whole language activities. Have your child participate in activities in your home or through functional tasks such as household chores, shopping, banking, or outings in the community including parks and libraries.

Most importantly, children learn through doing. Exposure is key to brain development and helps students to remember what they have acquired.

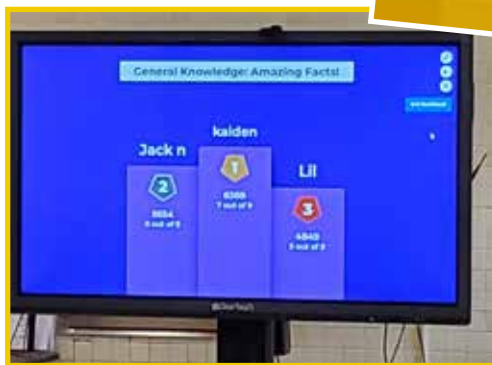
Our Special Education department staff will be available throughout the summer. You may call 716-942-3293, ext. 4150 or ext. 4149 and leave a message at any time or email any member of our team on the department webpage. Messages and emails will be checked daily, and you can expect a response within 2 days. We are able to conduct CSE meetings, if needed, during the summer. If you have questions or concerns, please feel free to reach out.

Enjoy your Summer!




ACADEMIC ACHIEVEMENT FOR 3RD QUARTER

Students in grades 7-12 who earned High Honor, Honor, or Merit Roll status in the 3rd Quarter were invited to celebrate their achievement by playing Kahoot! in the cafeteria to compete for prizes, sponsored by the WVTA. All students enjoyed snacks and water or juice, while winning students walked away with gift cards and candy prizes! Several remote students joined in on the fun as well. Game categories included Do You Know Your Celebrities?, Famous Movie Quotes, 2019 in Music, and General Knowledge: Amazing Facts. Congratulations to these hard-working students on their achievement from all of us in the WVTA!



June 2021 Regents Examination Schedule

Wednesday June 16	Thursday June 17	Friday June 18	Monday June 21	Tuesday June 22	Wednesday June 23	Thursday June 24	Friday June 25
	7:45-10:45		7:45-10:45	7:45-10:45	7:45-10:45	7:45-10:45	Rating Day
Regular School Day PK-12	ELA	NO SCHOOL Observance of Juneteenth	Spanish 8: Checkpoint A 7th Science	Living Environment	Algebra I 7th Social Studies 8th Science	Earth Science 8th Social Studies	
	11:45-2:45		11:45-2:45	11:45-2:45	11:45-2:45	11:45-2:45	
	No Exams		Spanish 3: Checkpoint B	No Exams	No Exams	No Exams	
Important Info 	Transportation: A.M. Testers ride regular A.M. Bus.		P.M. Testers ride Mid-Day Bus	P.M. Bus Leaves at regular time	Uniform Admission Deadlines	Morning Examinations 10:00 a.m.	Afternoon Examinations 2:00 p.m.



DRIVE YOUR TRACTOR/LAWNMOWER TO SCHOOL DAY

Drive Your Tractor/Lawnmower to School Day will be held on June 3rd. If interested, sign up in the main office and pick up a permission slip that needs to be signed by your parent/guardian. Students MUST be 14 years of age or older and in good academic standing to participate.



BOWLING ALL-STAR

West Valley Wildcat Colleen Keller was named a Second Team All-Star by the Chautauqua Cattaraugus Athletic Association. Colleen placed in the top 10 for Varsity Girls Bowling this season.

COLLECTING CAN TABS

To benefit Ronald McDonald House Charities



Please send to WVCS
Attention: Mrs. Ford

KINDERGARTEN STUDENTS LEARNING TO READ

Kindergarten students in Mrs. Roland's reading groups have worked hard all year learning the letters and letter sounds. They're now blending those sounds and learning about word families. These students are on their way to becoming awesome readers! Keep up the good work!



KINDERGARTEN INTERVIEWS

As we end our year in Kindergarten, the students reflected on a few questions. Please enjoy our responses!

1. What is one thing that you learned in Kindergarten this year?
2. What are you looking forward to doing over the summer?
3. What are you looking forward to learning in first grade?



Mila Georgic

1. I learned if you do good, you get good
2. I am looking forward to going to my Aunt Karen's and swimming in her pool this summer.
3. I am looking forward to reading harder words in first grade.



Allyson Heineman

1. I learned sight words.
2. I am looking forward to going to my Grandma's this summer.
3. I am looking forward to learning first grade sight words next year.



Levi Hebdon

1. I learned to build math number bonds
2. I am looking forward to playing video games this summer.
3. I am looking forward to doing more math in first grade.



Riley Jankowski

1. I learned to add numbers.
2. I am looking forward to running around my back yard and jumping on my trampoline this summer.
3. I am looking forward to learning to add higher numbers in first grade.



Kallie Korzeniewski

1. I learned how to write words.
2. I am looking forward to going to a hotel and water park this summer.
3. I am looking forward to learning how to read harder words in first grade.



Aubree Myers

1. I learned how to write all of my letters.
2. I am looking forward to riding my new scooter this summer.
3. I am looking forward to learning how to be a good writer in first grade.



Gabby Samborski

1. I learned all of the letter sounds in the alphabet.
2. I am looking forward to playing in my swimming pool this summer.
3. I am looking forward to subtracting bigger numbers and learning more about number bonds in first grade.



Jenelle Senall

1. I learned all of my letters
2. I am looking forward to playing in my pool this summer.
3. I am looking forward to learning more about animals in first grade.



Taryn Soderlund

1. I learned how to find the answers in math problems.
2. I am looking forward to swimming this summer.
3. I am looking forward to reading harder words in first grade.



Lailah Tirado

1. I learned about the lives of real Kings and Queens.
2. I am looking forward to playing outside, drawing, and riding my 4 wheeler this summer.
3. I am looking forward to learning how to write harder words in first grade.

Continued on Page 8.

KINDERGARTEN INTERVIEWS (CONT'D)



Kenzie Turner

1. I learned all about animals.
2. I am looking forward to swimming lessons at Early Bird this summer.
3. I am looking forward to learning to count to 100,000 in first grade.



Emmitt Winsor

1. I learned how to "stretch" words to read.
2. I am looking forward to going to the beach this summer.
3. I am looking forward to learning how to read long books in first grade.

Congratulations to the Kindergarten class of 2021! What a year it has been! Have a safe and wonderful summer! See you in First Grade!



**PLAY
LEARN
REPEAT**

PLAY, LEARN, REPEAT...

MISS PFEFFER, PREK TEACHER

What a wonderful first year we have had in PRE-K! Not only was it my first year, it was Mrs. Proctor's first year AND the first year for our students too!

Our theme has been Play, Learn, Repeat! Our best learning takes place through play. We learn how to take turns, how to share and to work together to have fun! This week we got to play with nature. Miss Pfeffer brought in the leftover flowers from her son's wedding! We practiced our fine motor skills through play by cutting, making letters and stirring our flower stew! We even got out the magnifying glasses to find different parts of the flowers. Check out our creations in the pictures!



Town of Ashford Summer Recreation 2021



Welcome Summer! Now is the time to register children ages 6-12 for this year's fun and activities with the Town of Ashford Summer Recreation program. Once again, the West Valley Central School District has agreed to allow us to use the grounds and facilities. Due to COVID-19 restrictions, there will be **no swimming or field trips this year**.

The program, which includes outdoor and indoor physical activities, as well as fun crafts, will run at the school 5 days a week from July 6 to August 13 from 9:00 a.m. – 12:00 p.m.

We will also participate in the nutritious free lunch program sponsored by Community Action as we have in years past. Please be aware that at this time we do not serve any special dietary needs and there are no restrictions on what is served. You may choose to opt out and/or send a lunch with your child instead. Please be aware that at this time we are waiting for updated COVID-19 day camp guidance from NYS on whether we will be allowed to eat lunches during recreation hours or if the lunches will be sent home with children.

Since we will not be able to have field trips due to the COVID-19 pandemic, we will host **Fun Friday activities**. Keep an eye on our social media, remind app, and town website for calendar updates on these events. You won't want to miss them!

We will be inside the gym and outdoors as weather allows. Please make sure your child wears **sneakers each day**. They will not be permitted to participate without proper footwear. No flip flops or sandals!

COVID-19 has brought many changes to our daily routines, including daily screenings and temperature checks. Please do not send your child to recreation activities if they have any symptoms of illness or COVID-19. They will not be allowed to stay. Temperatures will be taken upon arrival. Anyone with a temperature above 100 will not be allowed to participate in rec activities for the day.

There will be a daily cap of 30 children, first come first serve by 9:00 a.m. There will be 2 groups daily of no more than 15 children. This is to make for a safer environment and easier 6-foot distancing as necessary as well as contact tracing should we need to. Masks will be required by staff and children, especially when physical distancing cannot be maintained.

You will find a registration form attached and a photo release form. Each child needs a separate registration. You may return it to school to Nurse Lindsey or bring it on the first day that they attend.

If you have any questions regarding the Summer Recreation Program, please contact (Nurse) Lindsey Drozd @ 942-3100, ext. 4123 or 716-866-4321.

Please join us on social media and remind for up-to-date info and an easy way to communicate. We look forward to a great summer!

Summer Rec Director: Lindsey Drozd 716-866-4321



Facebook: Ashford Summer Recreation



Remind App: Ashford Summer Recreation 21 or send text "@ashfordsum" to 81010



Town of Ashford Summer Youth Recreation Program

Registration Form

An individual form must be completed for each child attending the Summer Youth Recreation Program before they participate.

Name: _____ DOB: _____

Address: _____

Phone _____ Text: Y / N

Parent/ Guardian: _____

Emergency Contact/ Relation: _____ Phone: _____

Please list any other person(s) that are authorized by you to pick up your child at the conclusion of the program each day.

My child is allowed to walk home by him/herself: Yes / No

Lunches do not comply with dietary restrictions. Check here if you wish to opt out of the lunch program.

☐ opt out

Medical Information

Please list any allergies or medical conditions staff should be aware of:*(this information is not pertaining to the lunch program, is confidential/need to know basis among staff)

In case of Emergency, does the Town of Ashford Summer Youth Recreation Program have permission to seek medical treatment if unable to reach parents guardians? Yes/ No

Since we are using the school building and equipment, all the rules of the school handbook apply. Please remind your child of these rules. If your child consistently violates the rules, he or she may be asked to leave the program.

I agree to not hold the Town of Ashford or Summer Recreation Program liable for accident or injury occurring during the participation of my child in any program or activity. I hereby consent to my child participating in the Town of Ashford Summer Recreation subject to all the foregoing rules and regulations.

Parent/Guardian: _____

JULY 2021

ASHFORD SUMMER RECREATION CALENDAR OF EVENTS



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4 Independence Day 	5 NO REC TODAY!	6 FIRST DAY SUMMER REC 9am-12pm	7	8	9 FUN- FRIDAY  MOVIE DAY	10
11	12	13	14	15	16 FUN- FRIDAY TBD	17
18	19	20	21	22	23 FUN- FRIDAY  MINECRAFT	24
25	26	27	28	29	30 FUN-FRIDAY  WATER WARS	31

Please note*

Fun Friday Activities may be swapped due to weather conditions



AUGUST 2021

ASHFORD SUMMER RECREATION CALENDAR OF EVENTS



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6 FUN- FRIDAY TBD	7
8	9	10	11	12	13 LAST DAY PICNIC IN THE GROVE 	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

DATE TBD BIKE RODEO

**Fun Friday Activities may be swapped due to weather conditions



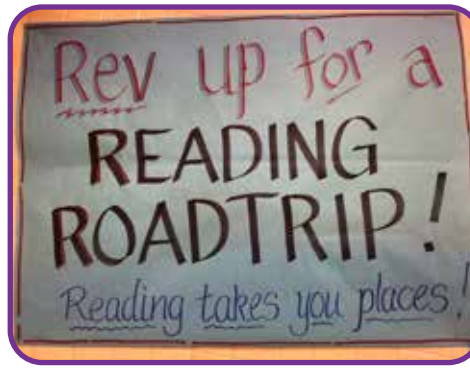
PARP 2021

For this year's Parents As Reading Partners program, our theme was "Reading Road Trip." Due to the many COVID restrictions throughout the last year, we decided we could all use a road trip get away. So, we traveled across the United States of America.

Students were given a reading passport to fill out by reading for 20 minutes for 9 days. Each morning they visited the travel agency where they went through a security checkpoint and got their passport stamped. During the two weeks of PARP each student in Pre-K through 5th grade received a new book and a bag of fresh popped popcorn for a snack. We also had 9 days of dressing up according to the state we visited that day. We tracked our trip with a huge map in the hallway with all kinds of interesting facts about the state we were traveling to. We even had our teachers and staff on display driving the many modes of transportation we could use to travel. We ended on our last day by celebrating America and proudly wearing our red, white, and blue. The students who had their passports filled with stamps received a bag filled with many prizes for the great job of reading they did. Students were also able to purchase new great books to keep up their reading during the Scholastic Book Fair.

Thanks to all the teachers, students, staff, parents, and families for all your support! We truly appreciate it and look forward to another great adventure next year.

Your friendly travel agents Mrs. Butcher and Mrs. Pfeffer



NURSE LINDSEY'S NEWS

The Buzz on Energy Drinks

We have seen an uptick in the consumption of energy drinks amongst our secondary grade students. This has been very concerning! The consumption of energy drinks during class time is not in line with the WVCS Wellness Policy and the "Smart Snacks in School" nutrition guidelines. Even if your child is not bringing these drinks from home, they could be getting them from friends at school. I ask you to please review the information below which is straight from the CDC and to please have a conversation about the dangers of energy drinks with your child.

What Is an Energy Drink?

- A beverage that typically contains large amounts of caffeine, added sugars, other additives, and legal stimulants such as guarana, taurine, and L-carnitine. These legal stimulants can increase alertness, attention, energy, as well as increase blood pressure, heart rate, and breathing.
- These drinks are often used by students to provide an extra boost in energy. However, the stimulants in these drinks can have a harmful effect on the nervous system.

The Potential Dangers of Energy Drinks

In 2011, 1,499 adolescents aged 12 to 17 years went to the emergency room for an energy drink related emergency!

Some of the dangers of energy drinks include:

- Dehydration (not enough water in your body)
- Heart complications (such as irregular heartbeat and heart failure)
- Anxiety (feeling nervous and jittery)
- Insomnia (unable to sleep)

So, How Much Caffeine Is Okay?

- The American Academy of Pediatrics states that caffeine and other stimulant substances contained in energy drinks have no place in the diet of children and adolescents.

energy drinks
CAUSE & EFFECT

SHORT-TERM EFFECTS

- Brain**
Impaired motor skills, short-term memory loss, headaches
- Psychological**
Major mood swings, violent behavior, anxiety, insomnia
- Vision**
Dizziness, blurred vision
- Heart**
Increased heart rate & blood pressure, chest pains
- Stomach**
Nausea, vomiting, diarrhea, indigestion
- Bladder**
Increased urination
- Physical**
Dehydration, tingling of the skin, tremors, shaking

LONG-TERM EFFECTS

- Brain**
Long-term memory loss
- Psychological**
Depression, Addiction, withdrawal symptoms
- Teeth**
Cavities, tooth loss
- Heart**
High blood pressure, diabetes, heart palpitations
- Kidneys**
Kidney failure
- Physical**
Weight gain, numbing of the skin, overdose, death

Refusal Tips
Most people believe that energy drinks are harmless, but that's simply not true. Energy drinks can be very dangerous, especially when they are mixed with alcohol. If someone offers you an energy drink, just say "No", or try one of these:

- "No thanks that stuff gives me headaches."
- "I'm just not in the mood to feel jittery tonight."
- "I hear that alcohol and caffeine can really mess you up."

© 2015 PRIMO PREVENTION, LLC • PO Box 371 • Reserve, LA 70854 • www.primeprevention.com • PS4-0A POST-0513

Energy Drink Recommendations for Adolescents

- The American Academy of Pediatrics recommends that adolescents do not consume energy drinks, yet between 30–50% reported consuming energy drinks.
- The National Federation of State High School Associations recommends that young athletes should not use energy drinks for hydration, and information about the potential risk should be widely distributed to young athletes.

Nurse Lindsey's News Continued on Page 12.

CARDS FOR NURSES

I cannot believe that our “Cards for Nurses” project turned out even more wonderful than last year! The students really impressed me with their enthusiasm and excitement towards making lovely cards for nurses all over the region. Many students were able to make a card for a nurse that they know personally, even family members. We talked about the importance of thanking nurses and all healthcare workers for their hard work and dedication to keeping us healthy and safe, especially during the

pandemic. Almost every single student had a story to share or a suggestion of a place to deliver the cards, which really warmed my fuzzy nurse heart! We ended up delivering cards and gifts to Bertrand Chaffee Hospital, Olean General Hospital, Springville Pediatrics, and Well Now Urgent Care.

Nurse’s week is traditionally celebrated May 6-12 and in the spirit of celebrating them I was excited to stay after school with 35 students and design all kinds of “Thank You” messages for our beloved nurses! My pal Everett, who is in first grade at WVCS, and I were

greeted by Kelly Campbell at Bertrand Chaffee Hospital to hand out the cards made by our WVCS family! We also added in some gifts for the nurses, purchased locally from Plantables and Paper in Collins, NY, kindly donated by the PTO! (check out their Etsy site @ [plantablesandpaper.etsy.com](https://www.etsy.com/shop/plantablesandpaper))

I am so proud of our students and teachers and their contribution to this project makes me even more happy to be a Wildcat! Thank you to everyone in the WVCS family for your help and thank you to our Health Care Heroes!



CHALKFEST



DRIVER EDUCATION

Will be offered at West Valley Central School from
June 30 - July 23, 2021, 7:00 a.m. - 8:30 a.m.
(Possible make-up date of July 26)

West Valley Students:

Course will be credit bearing and at no cost.
Students who have already signed up will receive
additional information from Ms. Kyle Woodin.

Students not attending West Valley
(if space is available):

There will be a fee of \$300 and it will be non-credit
bearing. If interested, please call Carolyn Boberg
at 942-3100 extension 4102 by June 4.

Due to COVID restrictions only classroom
instruction will occur. Currently NYS DMV and
NYSED prohibit behind the wheel instruction.

7-12 HONOR ROLL - 3RD QUARTER

West Valley Central School Principal, Daniel Amodeo, announced
the following students in grades 7-12 have been named to the honor
roll for the third quarter.

High Honor Roll

- Grade 7 – Presley Soderlund
- Grade 8 – Maggie Parish, Jack Tharnish
- Grade 10 – Chris Amodeo, Kasper Heitman, Nolan Spencer
- Grade 12 – Chloe Chai, Aaron Ignatowski

Honor Roll

- Grade 7 – William St. Clair, Liliana Toms, Kaiden Troutman, Dylan Tucker
- Grade 8 – Bella Gibson, Eve Niesyty
- Grade 9 – Samantha Kowalski
- Grade 10 – Jacob Coluci, Ben Fisher, Zander Smith, Zach Westfall
- Grade 11 – Kayleann Kowalski
- Grade 12 – Rod Boberg, Leah Seltzer

Merit Roll

- Grade 7 – Henry Frank, Olivia Harmony, Jack Niesyty, Brandon Nye
- Grade 8 – Walker Herbert, Victoria Parish, Hailey Robbins
- Grade 9 – Nick Peters
- Grade 10 – Lauren Frascella, Gabby Hickey
- Grade 11 – Janette Calkins
- Grade 12 – Alex Fisher, Kyle Hickey

West Valley
St. Paul's United Methodist with
St. John's Catholic Church
invites you to
VACATION BIBLE SCHOOL



June 28, 2021 to July 2, 2021

9:00 – 11:45

3 years old to 6th grade

Masks required

For more information please contact
Krista 716-512-3420 or Alice 716-942-6511

TENURE AND RETIREMENT RECOGNITION

Congratulations to the following staff that were granted tenure (or who are scheduled to receive it by the end of the year):



Alicia Dix

Elementary Education



Jody Thiel

School Media Specialist



Antonette Backert

School Psychologist



Dana Lembke

Social Studies



Julie Baren

Special Education



Deborah Brown

Congratulations to our retiree Deborah Brown, who is retiring from her typist position after 32 years. Enjoy your retirement. You will be missed!

HEARTBEAT

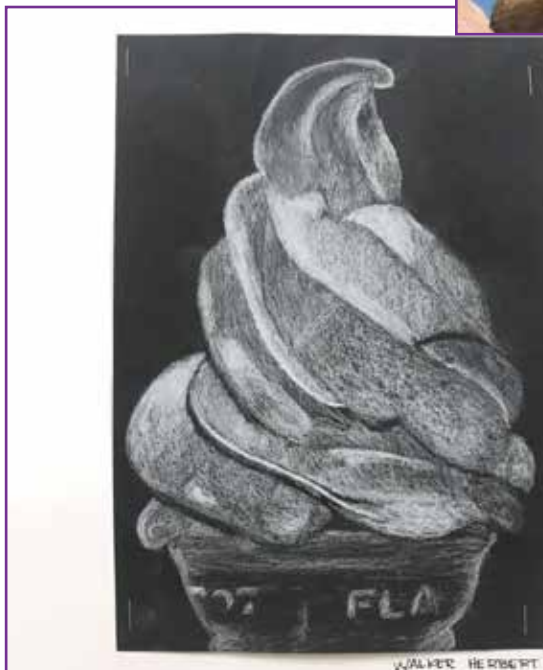
It's hard to believe it's the end of the year! We have been so fortunate to be able to create in person this year and are wrapping up the school year with some fun projects. In the elementary art room, we celebrated Earth Day. Fourth and fifth graders were studying warm and cool colors and created beautiful flowers. Kindergarten through second grade learned about writer and illustrator Eric Carle and made some adorable hungry caterpillars. Eighth graders worked very hard on exploring tone and value, creating realistic ice cream drawings.

Sculpture students took a field trip to Griffis Sculpture Park to explore the amazing local art right here in our backyard. The weather was perfect, and the exploration was even more

fun. Painting and Drawing students selected faculty and staff members to create their portrait in a style of their choice. They were proudly displayed in the hall, representing West Valley love. All of Mrs. Mazzuto's students, from sixth to twelfth grade, participated in a collaborative ceramic poppy display in honor of Memorial Day. They were inspired by the Tower of London ceramic poppy display and created and assembled around 200 ceramic poppies. The community was welcomed to come and "pick a poppy" after Memorial Day. The art department received a grant from the Cattaraugus Region Community Foundation which paid for the materials. Inigo DeOrbe, owner of Aardvark in Elicottville, provided the wooden dowels for the poppies. A huge thank you to CRCF and Inigo for their contributions and supporting the West Valley arts.

Our final Artist of the Month for the 2020-2021 school year is freshman Emma Smith. Emma has really accelerated her effort in Studio in Art the last quarter and it is an honor to recognize her this month. She plays for the West Valley varsity softball team and states that the highlight of this school year was playing their first softball game. She plans to hopefully do some traveling this summer, either to the Adirondacks, Kentucky, or Tennessee. Her favorites include the book "PS I Love You," the movie "The Other Woman," and colors pink, blue, and green. She aspires to be a pre-school teacher one day and her favorite quote is, "You are your own worst memory."

The art department wishes everyone a very safe and fun summer. We encourage you to do something creative every day, and we'll see you next year!



OUTDOOR RECREATION CLUB

On Wednesday, May 19 the Outdoor Recreation Club went on a fishing excursion to Harwood Lake in Farmersville, NY. Mr. Kenworthy joined Nolan Spencer, Henry Frank and Mr. Lembke on the outing. Henry had the catch of the day with a 200 lb. Bull Shark while Nolan Spencer and Mr. Kenworthy were able to land some largemouth bass. Mr. Lembke also hooked into one yearling rainbow trout. Keep an eye out for some flyers about our final outing in June.



ART CLUB

The West Valley Art Club participated in some creative and unique projects this year! Students started off creating their own fabric design and editing it using Adobe Illustrator. The design was then sent to a fabric printer where the students will receive their fabric with their own design printed right on it! Our artists also created beautiful macrame hanging planters. It was a simple and affordable craft, with a practical and purposeful use. We really love how they turned out. West Valley Art Club hosted a Chalk Fest and Ice Cream Social after school on May 18, which was sponsored by the WVTA. Students decorated our sidewalks with bright and colorful pictures while enjoying the perfect weather and eating ice cream. Next up, we plan on designing t-shirts using a “reverse tie dye” effect. We can’t wait to see how they turn out. We’ve had such a fabulous experience, and although we started half-way through the school year, we can’t wait to hit the ground running next year!



SOFTBALL IS BACK



WILDCAT SOFTBALL

West Valley Softball is back! The season started off slow but we are growing and learning with every pitch, day by day. We're practicing and playing hard, trying to be the toughest, hardest working team on the field. Even though the outcomes so far have not been in our favor, we are still winning every day with our positive outlook and team-first spirit. Coach Hansen commented: "Thank you to the community, parents, students, and fans for their dedication and support of the team this year!"



TRACK & FIELD

Track & Field made their debut at Cattaraugus Little/Valley on May 22. The Wildcats were led by Sophomore Janay Ghani, who won the 100-meter dash with a time of 12.8, setting a West Valley school record that hasn't been broken since 1995. Janay also won the 200-meter dash with a time of 26.3, setting a West Valley school record that has stood since 1982. Eighth Grader Onnalee Caswell won the 100-meter hurdle with a time of 19.9. Eighth grader Jack Tharnish won the 3200-meter run with a time of 11:53. Seventh grader Olivia Harmony

won the 3000-meter run with a time of 13:45 and won the 1500-meter run with a time of 5:58. Ben Fisher placed second in the 400-meter run and Jacob Coluci finished in a close third place. Senior Zachary Schoepflin won the shot put and Sophomore Nolan Spencer won the discus. Senior Rodney Boberg won the 100-meter dash with a time of 12.4 and the 200-meter run with a time of 25.8.

On May 25th the track team took on Chautauqua Lake. Janay Ghani broke her own 100-meter dash record with a time of 12.6 and also won the 200-meter dash. Onnalee Caswell finished second in both her hurdle events and third in

the 200-meter dash. Chris Amodeo won the 100-meter dash, 200-meter dash, 400-meter dash and placed second in long jump. Nolan Spencer finished second out of 11 throwers in shot put and discus. Olivia Harmony finished second in the 1500-meter run and third in the 3000-meter run. Ben Fisher placed third and Jack Tharnish second in the 1600-meter run. Great job Wildcats!

The Wildcats travel to Portville on 6/1 @4:30, Cattaraugus L/V on 6/5 and Silver Creek/Forestville (Dunkirk HS track) on 6/8.



WVCS ART CLUB

REVERSE TIE DYE



June 8
After School

OPEN TO ELIGIBLE
STUDENTS IN GRADES
7-12

**STUDENTS NEED TO
RSVP BY JUNE 3**

Unlike traditional tie-dye, reverse tie-dye removes the color of your garment to reveal a unique, high-contrast pattern



JUNE 2021 - GRADES PREK-12 - BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Pillsbury Frudel, Cereal or Bagel ----- Juice, Fruit, Non- /Low-Fat Milk	Mini French Toast, Cereal or Bagel ----- Juice, Fruit, Non- /Low-Fat Milk	Sausage, Egg, & Cheese Breakfast Sandwich, Cereal or Bagel ----- Juice, Fruit, Non- /Low-Fat Milk	Raspberry Churros, Cereal or Bagel ----- Juice, Fruit, Non- /Low-Fat Milk
7	8	9	10	11
Pillsbury Cinni Mini, Cereal or Bagel ----- Juice, Fruit, Non- /Low-Fat Milk	Assorted Muffins, Cereal or Bagel ----- Juice, Fruit, Non- /Low-Fat Milk	Sausage, Egg, & Cheese Breakfast Sandwich, Cereal or Bagel ----- Juice, Fruit, Non- /Low-Fat Milk	Raspberry Churros, Cereal or Bagel ----- Juice, Fruit, Non- /Low-Fat Milk	Pillsbury Frudel, Cereal or Bagel ----- Juice, Fruit, Non- or Low-Fat Milk
14	15	16	17	18
Assorted Muffins, Cereal or Bagel ----- Juice, Fruit, Non- /Low-Fat Milk	Sausage, Egg, & Cheese Breakfast Sandwich, Cereal or Bagel ----- Juice, Fruit, Non- /Low-Fat Milk	Mini French Toast, Cereal or Bagel ----- Juice, Fruit, Non- or Low-Fat Milk	Donut, Cereal or Bagel ----- Juice, Fruit, Non- or Low-Fat Milk	NO SCHOOL JUNETEENTH
21	22	23	24	
Assorted Breakfast	Assorted Breakfast	Assorted Breakfast	Assorted Breakfast	

MENU SUBJECT TO CHANGES

REMEMBER, if you are approved for free Lunch, you are automatically approved for Breakfast!

JUNE 2021 - GRADES PREK-12 - LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Chicken Fingers OR BLT Sandwich ----- Buffalo Chicken Salad, Fries	Taco in a Bag (lettuce, tomatoes, onion) OR Ham & Cheese Sandwich ----- Corn	Pizza OR Chicken Patty/Bun ----- Tossed Salad	Rotini w/Sauce, Meatballs, Roll OR Turkey/Cheese Sandwich ----- Buttered Green Beans
7	8	9	10	11
Chicken Patty/Bun w/ Lettuce, Tomato OR Ham Sandwich ----- Peas	Wildcat Burger OR Turkey/ Cheese Wrap ----- Corn, Mac & Cheese	Sweet-n-Sour Chicken OR Chicken Finger Wrap ----- Buttered Carrots, Rice	Loaded Nacho Fries w/Taco Meat & Cheese Sauce OR Cheese Burger ----- Green Beans	Pizza-n-Chicken Fingers OR Ham/Cheese Sandwich ----- Carrot Sticks/Dip
14	15	16	17	18
Lazy Chicken Alfredo w/Warm Dinner Roll OR BBQ Chicken Patty/Bun ----- Candied Carrots	Hamburger/Bun OR Egg Salad Sandwich ----- Baked Beans, Fries (Last Day for Soup)	Salisbury Steak OR Ham/ Cheese Sandwich ----- Green Beans, Mashed Potatoes	Pizza OR Chicken Salad Wrap ----- Tossed Salad	NO SCHOOL JUNETEENTH
21	22	23	24	
Chicken Patty w/Lettuce & Tomato OR Hamburger on Bun ----- Assorted Veggies	Nacho Grande OR Ham/Cheese Sandwich ----- Assorted Veggies, Rice	Chicken Nuggets OR Turkey Sandwich ----- Assorted Veggies	HALF DAY NO LUNCH	

MENU SUBJECT TO CHANGES



WEST VALLEY CENTRAL SCHOOL

5359 School St.
West Valley, NY 14171
(716) 942-3100

NON PROFIT
ORGANIZATION

U.S. POSTAGE PAID

Permit No. 5
West Valley, NY

BOARD OF EDUCATION

Timothy Ploetz, President
Charlie Davis, Vice-President
Tracy Chai
Michael Harmony
Carla Heitman
Heather Klahn
Gary Niesyty

OR CURRENT RESIDENT

POSTAL PATRON LOCAL

ADMINISTRATION

Dr. Taweepon Farrar, District Superintendent
Daniel Amodeo, Pre-K–12 Principal
Ann O'Brien, Business Official
Shawna Gugino, Director of Special Education

ATTENTION PARENTS OF WVCS STUDENTS

Please remember that all West Valley owned devices need to be returned to the district prior to the last day of school.

This includes the following:

iPad & Charger - \$200
Laptop & Charger - \$450
Extra Charger - \$25
Stylus – \$20
Kajeet Hot Spot - \$200

If any of the items are not returned, you may be subject to a fee to replace the item(s).

WV PTO NEWS

Thank to everyone that participated in our annual WV PTO Plant Sale. This was our best year ever! We appreciate your support of our West Valley students.

Congratulations to our Top 5 Sellers!

1. Nick Peters, Madison Lawrence, and Brody Lawrence
2. Cullen Shaw
3. Lorelai Fish
4. Dominic Fuller
5. Avery Tharnish

Join us for **F³** Family Fun with Food!



6-7:15 PM Wednesdays
beginning July 7

St. Paul's United Methodist
Church West Valley, Rt. 240

Any adult or caregiver of children in Kindergarten through 12th grade is welcome to join the EFNEP program and West Valley community for a series of **FREE** hands-on nutrition education classes that teach healthy meal planning, budgeting the food dollar, becoming more physically active and so much more!

Weekly Giveaway • Fun Activities • Taste Testing

Space is limited to **15 Families** Registration Deadline July 1

Call/Text Nutrition Educator Leann: **716-864-1627**



COVID-19 safety precautions and safe distancing will apply

Cornell Cooperative Extension
Cattaraugus County

Cornell Cooperative Extension is an equal opportunity, affirmative action educator and employer.