

FIELD TRIP: The great Pumpkin farm

On October 15th PreK-2nd Grade took a field trip to The Great Pumpkin Farm in Clarence, NY. The students enjoyed themselves and were able to learn about the joys of the fall season by participating in several different activities. They had the opportunity to go on a hayride which took them through the pumpkin farm. The students were also able to pick their own pumpkin in the pumpkin patch. Then they walked through a hay maze and had fun jumping in the haystacks. The students also visited the animals where they had the opportunity to feed them. Throughout the farm there were several pumpkins of all shapes, sizes and colors for the students to view. The students were also given apple cider along with a coloring book and crayons. Overall, the trip to The Great Pumpkin Farm was a huge hit; the students had a lot of fun and memories were made.



Starting December 1, 2021 the new address for the West Valley Central School website will be www.wvalley.org. At this time, you'll want to update any bookmarks you have to direct you to the new website address.

MESSAGE FROM THE SUPERINTENDENT

BY DR. TAWEEPON FARRAR

It's hard to believe that we are almost a quarter of the way through the school year. While we still are required to follow COVID safety protocols, we are trying to bring back as many events and experiences for our students. I am proud to say that we have been able to do just that. Our students and staff are fully engaged in



all aspects of the school community such as learning in the classroom, field trips, sports, and extracurricular activities.

Safety/Campus Improvements

Safety is always our number one priority. We have practiced some of our mandated drills and will continue to practice them throughout the school year. The New York State Education Department requires eight fire drills and four lockdown drills, eight of which are to be done before December 31 and four after January 1. In addition, we have been continuing the work on planning for the Capital Improvement Project, Smart Schools Bond Project, and Capital Outlay Projects. All of these projects include facets related to the safety of our students, including a new secured entryway and security cameras. Enclosed in this newsletter you will find pictures of proposed renderings from our architects, Young and Wright, as well as a project timeline. We are still on schedule for most of the work to occur over the summer of 2022. Part of the American Rescue Plan Act Grant will provide us the opportunity to replace some of the windows in the secondary building. This work would also occur during the summer of 2022.

Veterans Day

With Veterans Day approaching soon, the school would like to invite our veterans to breakfast. Please join us on Tuesday, November 9 at 8:45 a.m. in the school cafeteria. This will provide us the opportunity to honor veterans from our community. The breakfast is open to all veterans of the West Valley Central School District, so help us spread the word. Please call the office at 942-3100, extension 4102 to let us know if you can attend. As a veteran myself, I look forward to spending this morning with fellow veterans. As a reminder, the school is closed on Veterans Day, November 11.

Parent/Teacher Conferences

This is the opportunity to meet with your student's teachers. Please take advantage of these conferences by calling the main office to set up times. Parent/Teacher conferences are important to learn about the academic progress and growth of your student as well as be better informed about their needs and strengths.

Giving Gratitude

Most importantly, November reminds us all to give thanks and to be grateful. As I finish up my seventh month as West Valley's Superintendent, I am truly thankful for all the work of our students, the dedication of our staff, and the support from our community. There is so much positivity within this community, coupled with an eagerness to do more and better for our students. I encourage each of us to take time to reflect and express gratitude.

We have much to appreciate now and so much to look forward to.

SCHOOL BOARD CORNER

Just as a community looks to its school board for wise decisions, firm commitments and steady achievements, board members look to their president for strong leadership. Effective board presidents understand the responsibilities of the position and their role on the governance team.

A school board is required by law to elect a president and may elect a vice president at its discretion. Elections occur at the annual organizational meeting, and normally include a nomination process. Your school board procedures will indicate the process for nominating and electing the board president and vice president.

The board president's authority is essentially no greater than that of any other board member. The president will still participate in all board actions as a regular voting member. The

board president does not lose the ability to vote and is expected to vote on every matter before the board.

The responsibilities of the **school board president** require this individual to be organized, decisive and an effective communicator. The president must listen with an open mind, delegate responsibilities to foster board engagement and act with a clean focus on the district's vision and mission. The



Heather Klahn, President

board president's responsibilities typically include:

- The voice of the board
- Mediate conflict
- Create meeting agenda in consultation with the superintendent
- Signing the necessary instruments, acts and orders
- Ensure compliance with the open meetings law

The **school vice president** has the power to exercise the duties of the president should the president be absent due to illness, work or family commitments or a vacancy in the position. Expectations of this position typically include:

- A key part of the leadership teamStay informed & abreast of all
- communication
- Participate in agenda setting
- Help manage the business meetingRemain in the loop between the board
- Remain in the loop between the board president and superintendent
 Carry out duties without interruption if
- president is unable to do so.

Source: nyssba.org



Charlie Davis, Vice President

CREATING A POSITIVE SCHOOL Climate and culture

By Mr. Amodeo, Principal/Curriculum Coordinator

Decades of research have revealed that students' academic achievement benefits from having a learning environment that is positive, safe, and supportive. When we all work together, we can create a kinder classroom, a kinder workplace, and a kinder world. West Valley Central School is committed to creating a positive school climate and culture and we continue to work towards improving on where we are.

The foundation of a positive school climate and culture starts with the relationships that are developed between all members of the school community. For us, this starts every morning with our Advisory groups. Students in grades 7-12 are divided into small grade level groups for about 15 minutes in the morning. Teachers facilitate a morning check-in with students on how they are doing and what their goals are for the day. This time is also used for students to get to know more about each other and for teachers to get to know more about their students.

Building on the Advisory period, all students are provided with instruction on Social Emotional Learning (SEL) throughout the school year. These lessons include topics such as relationships, social awareness, responsible decision making, active listening, self-awareness, and self-management. Additionally, over the years we have developed a system throughout the Elementary that recognizes and acknowledges students for demonstrating desired positive behaviors. Our Elementary students know this best as "ROARS" (Respect, Ownership, Attitude, Responsibility, Safety). This system is based on the principles of Positive Behavioral Interventions and Supports (PBIS). This school year we are expanding these principles into grades 7-12 with our West Valley "REPS" expectations: Respect, Engaged, Prepared, Safe. Shifting from a focus on negative behaviors to emphasizing and acknowledging the positive behaviors of students has been shown to build a positive school climate and culture.

As relationships are the foundation of building a school climate and culture that is positive, we also value the diversity

EMERGENCY SCHOOL CLOSINGS

West Valley Central School District uses the Blackboard Connect system to send an automated message regarding school closings and cancellations of after school activities. The message is sent to your household phone number and to the emergency contacts that you listed at the beginning of this school year. If this information has changed or you would like to verify what is on file, please call Dana Westfall at 942-3100 extension 4111. The District also contacts the following radio and television stations:

Channel 2	Channel 7	WPIG 95.7 fm
Channel 4	WBEN 930 am	WYRK 106.5 fm

of people. The New York State Education Department (NYSED) has emphasized and required this throughout many of our standards across all subjects. To this end, West Valley implements curriculum that provides students perspectives from a variety of sources and backgrounds. Furthermore, through the Dignity for All Students Act (DASA) we are tasked with ensuring all students can come to school without the fear of harassment, intimidation, or bullying.

I am West Valley's Dignity Act Coordinator and regularly work with students through the conflicts they may have with other students. Our general process when a potential situation arises is to interview students, talk with parents, and decide what steps to take next. Most often, what is determined is that students are having conflict with each other as opposed to a repeated pattern of harassment that involves some type of power dynamic (bullying). Through our use of Restorative Practices and SEL, we work with students on putting themselves in the other person's shoes (empathy) to build a culture of acceptance and respect.

Creating and sustaining a positive school climate is work that never ends. It involves being intentional and implementing practices for students and staff daily. The time that we spend on creating the positive culture we want for our students at West Valley assists our students with achieving their highest potential, as well as academic success for the whole school.



NOVEMBER 2021



Close Up Washington West Valley Central School October 17 – October 20, 2021

CLOSE UP

Community Library is Back

The school library will be open to the community one Wednesday a month.

Community members may check out books, DVDs, and use the library's resources

Dates: 11/3/21 and 12/1/21 Time: 6:00 p.m. - 7:30 p.m.

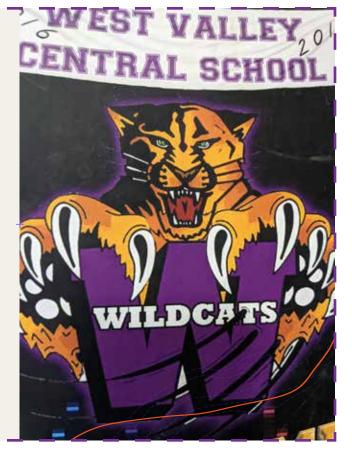
It's time to order your yearbook! \$45.00 (pay half now and half in March if you want.)

Name

HR teacher_____

Grade___

Please send to the main office





CREATING A POSITIVE SCHOOL Climate and culture

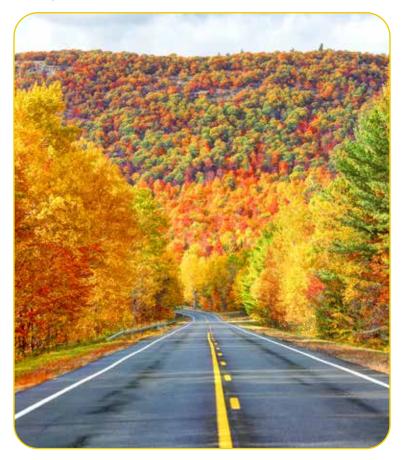
BY MRS. BEHRINGER, ASSISTANT PRINCIPAL/CSE & CPSE CHAIRPERSON

At the end of September, all students in grades K-12 were administered an English Language Arts and math assessment through NWEA. This is a research-based tool that gathers information about a student's academic performance in relation to their peers. Specifically, it identifies a student's strengths and weaknesses in ELA and math. The information is used by teachers and staff to identify what areas may require extra attention or which students would benefit from extra support. This helps us take a proactive approach to instruction so that all students can be supported and find success.

On October 4th, your child may have started receiving an Academic Intervention Service (AIS) in English Language Arts or math. If they are getting this support, progress is being monitored closely and reviewed regularly to ensure the intervention is having a positive impact. At the elementary level (K-6), this time is built into each grade level's day, so students do not miss any classroom instruction or engagement. At the secondary level (7-12) these periods are in place of a study hall.

Notification of your child's inclusion in AIS should have been received in the mail. If you have not received this communication or have more questions about these services, please feel free to contact the office and speak with me or your child's teacher at any time.

I hope you are all enjoying the beautiful fall weather and scenery!



WEST VALLEY FOOD PANTRY

West Valley Food Pantry Ashford Town Barn Fox Valley Rd.

The West Valley Food Pantry will be open by appointment only until further notice. To make an appointment call Kris Aldrow at 942-6690 or Amy Frank at 942-6657.

December date changes

Christmas boxes will be given out: Saturday, December 18 from 10:30-noon Monday, December 20 from 1:00-3:00

The only regular food bank will be: December 29 from 1:00-4:00 p.m.

The food bank will not be open November 24th

Remember the blessing box located at St. Paul's United Methodist Church in West Valley is available and open all day and evenings. The blessing box has many non-perishable items.

> The food pantry is in need of the following items: Canned fruit Noodles/rice sides dishes Canned vegetables Soups Salad dressing including mayonnaise Paper towels Toilet paper Laundry detergent

CLOTHES CLOSET

St. John the Baptist Church has a Free Community Clothes Closet located behind the church in Bingham Hall every Wednesday from 1:00-4:00 p.m. or by appointment.

Accepting Fall/Winter clothing and shoes, bedding, kitchen and household items and books for Cattaraugus County residents. Donations of gently worn, undamaged, clean, and seasonal items are welcome.

Upon request, we have access to fulfill a need of furniture items.

If you have any questions or would like to make an appointment, please call Jacque Conrad at 942-3836.

Thank you very much for the continued support and a successful year.





VETERANS DAY WALL

Dear West Valley Families,

In preparation for Veterans Day, we plan to assemble a Hero Wall with pictures of military veterans related to West Valley students and staff. We hope that families are willing to send in pictures of relatives in uniform to be added to our Hero Wall. This will be an excellent way to show our support and honor those who have served our country as well as those who are currently serving.

If you are sending in pictures, we ask that it be a **copy** of the original. We don't want an original photo to be lost or damaged. If you don't have access to a copier, we can copy the picture here. Also, **please label the back of the picture** with the name of the veteran, the name of the West Valley student(s), and their teacher. Please have all pictures in by Friday, November 5th. If you have sent in a picture previously it will be used again; there is no need to send in again. Thank you for your support and thank you to all our veterans!





716-942-3100 ext. 4102 | RSVP by November 4th, 2021 Made with PosterMyWall.com

10 DIGIT DIALING FOR 716 AREA CODE

Effective October 24, 2021, MANDATORY 10-digit local dialing is required for all customers in the New York 516, 607, 716, 845 and 914 Area Codes

Why is 10-digit dialing going to be required in this area code?

The FCC ordered that any area code that has the 988 prefix and has 7-digit local dialing be transitioned to 10-digit local dialing to ensure everyone is able to reach the National Suicide Prevention Lifeline using the 3-digit 988 code.

What will be the new dialing procedure?

To complete local calls, the new dialing procedure requires callers to dial the area code + telephone number. This means that all local calls in the entire 516, 607, 716, 845 and 914 area codes that are currently dialed with 7 digits will need to be dialed using the area code + telephone number.

WREATH AND POINSETTIA FUNDRAISER

The Senior Class will be running a Holiday Wreath and Poinsettia sale. All Wreaths and Poinsettias come from Jake's Greenhouse located in Springville, NY. The sale will run throughout November with a delivery date of December 8th. Help support a great local business as well as the Senior Class. Please see a senior or feel free to ask Mr. Lembke (716) 942-3100 x4120 or Mrs. Mazzuto x4119 if interested. Thanks for your support!

~Class of 2022





ASVAB Career Exploration Program for 10th-12th Graders Wednesday, December 1, 2021

Dear Parents/Guardians,

West Valley Central School will be administering the ASVAB assessment instrument, which is part of the ASVAB Career Exploration Program (CEP), to any **interested** students in grades 10-12 on **Wednesday, December 1, 2021 from 8:00 to 11:00 a.m.** Please have your son/daughter sign up in the Guidance Office with Mr. LaBrake by **Friday, November 19**. This test is in an invaluable tool to help your child with his/her future educational and career plans.

The ASVAB CEP will help your student:

- To learn more about themselves and the world of work
- Explore occupations in line with their interests and skills
- Develop an effective strategy to realize their career and education goals

One of the scores of the ASVAB is the military services' entrance score which may be used by your child to explore career options in the military. Your child's name and ASVAB CEP Scores will be released to the military unless you choose not to have their name released. Even if your child's name is released to the military, by no means is your child obligated to the military service.

The ASVAB CEP's website: <u>www.asvabprogram.com</u> offers great information regarding the program including a brief video summary explaining the process and benefits of the program. Please call me with additional questions at 716-942-3100, extension 4148. Thank you.

If you would rather not have your child's test scores released to the military, please sign, complete the information below, and return to the Guidance Office.

I, (Parent/Guardian Name)	request that (student's name)
name and A	AB CEP results not be released to the military
recruiting services.	

Signature of Parent/Guardian _____ Date _____

Sincerely,

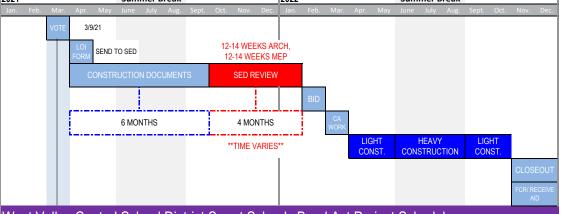
Matthew LaBrake School Counselor



CAPITAL IMPROVEMENT PROJECT UPDATES

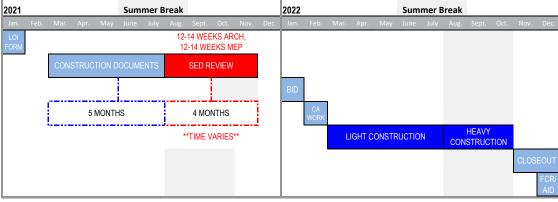
Project Timeline

West Valley Central School District Capital Improvement Project 2021 Schedule 2021 Summer Break 2022 Summer Break



West Valley Central School District Smart Schools Bond Act Project Schedule

SED Facilities Planning Schedule



Proposed Secure Entry Vestibule

Project Scope

Educational Building

- Playground replacement
- Ceiling replacements
- Locker replacements
- Lighting upgrades
- Flooring upgrades
- Plumbing fixture replacements
- Weight room ventilation
- Library air conditioning
- Fire alarm upgrades
- Health office renovation
- Classroom renovation
- Main office renovations
- Chalkboard/tackboard upgrades
- Secure entry upgrades
- Server room renovations

Bus Garage

- Masonry renovations
- Door replacement
- Roof replacement
- Roof ladder upgrades





Proposed Secure Entry Vestibule



Proposed Secure Entry Vestibule





CAPITAL IMPROVEMENT PROJECT UPDATES

Proposed Secure Entry Vestibule





PRELIMINARY RENDERING

Capital Outlay Projects

<u>2020-2021</u>

- Budget: \$100,000
- Masonry restoration and sill replacement
- Dust collection enclosure
- Punchlist items are being completed

2021-2022

- Budget: \$100,000
- Interior corridor door replacements
- Construction documents are currently being reviewed by SED

Smart Schools Bond Act Project

- Budget: \$436,946
- Network operation center upgrades
- Wiring replacement
- Building access
 controls
- Camera replacement
- District SSIP has been approved by SED
- Construction will take place with Capital Improvement Project



HEART BEAT

The art room has been filled with creative energy! Our preschoolers have been learning about shapes and colors while making self-portraits. Our first graders have been busy working on torn paper pumpkins and fall trees. Second and third graders are also following the pumpkin trend by drawing and painting their own pumpkins. They've been learning about shape, form, and shading. Our fifth graders have been making beautiful sunflower paintings while our sixth graders are working on radial designs. Eighth graders have been diligently working on plaster jack-o'-lanterns, as we've discussed the differences between making two-dimensional art vs. three-dimensional art.

Studio in Art class learned about their second element of shape while studying the work of Wassily Kandinsky. Our graphic design students created portrait avatars of themselves, and they look fantastic! Our students in ceramics just finished their own jack-o'-lanterns as well and are now working on making frames for mirrors. Their themes have been so creative—we can't wait to see how they turn out.

This month's Celebrity Artist is junior Collen Keller. Her favorite subjects are art and history, and she loves the book "Maximum Ride." She is an avid softball player and plays for the Eden Raiders. Her favorite summer memory was playing in a tournament in Syracuse. After high school, Colleen plans on continuing her studies to become a pharmaceutical technician. Awesome job, Colleen!

















FIRE SAFETY

Kindergarten and first grade have been learning about fire safety throughout the month of October. On Friday, October 8th the local fire department visited our school to give demonstrations to students in grades Kindergarten through 8th grade. Our primary classes got to see the ambulance and learn how to call 911. They also learned how to keep a home safe from fire and what to do with a kitchen fire. Third through fifth graders participated in an equipment relay and sixth through eighth graders learned how to operate a low-pressure hose. A fun time was had by all!

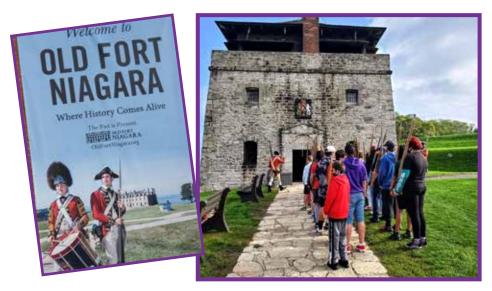






OLD FORT NIAGARA

Seventh and eighth grade students attended a field trip to Old Fort Niagara in Youngstown, NY. Students rotated through interactive stations learning about a range of 18th century topics. Students encountered Haudenosaunee people, as well as French, British and American soldiers, including craftsmen demonstrating their trades. Students witnessed musket and artillery firing demonstrations, laundresses cleaning uniforms, what it was like to be a guard at the fort, and a tour of the gunpowder room.









NOVEMBER 2021 – GRADES PREK-12 – BREAKFAST MENU				
Monday	Tuesday	Wednesday	Thursday	Friday
Assorted Muffins or 1 Cereal w/ 1/2 Bagel	Pancakes or 2 Cereal w/1/2 Bagel	French Toast Sticks w/Syrup 3 or Cereal w/ 1/2 Bagel	Bagel or 4 Cereal w/ 1/2 Bagel	Sausage Croissant Breakfast 5 Sandwich or Cereal w/ 1/2 Bagel
Juice, Fresh or Prepared Fruit	Juice, Fresh or Prepared Fruit	Juice, Fresh orPrepared Fruit	Juice, Fresh or Prepared Fruit	Juice, Fresh or Prepared Fruit
Non or Low Fat Milk	Non or Low Fat Milk	Non or Low Fat Milk	Non or Low Fat Milk	Non or Low Fat Milk
Breakfast Burrito 8 or Cereal w/ 1/2 Bagel	Assorted Muffins 9 or Cereal w/ 1/2 Bagel	Pillsbury Cinnaminis 10 or Cereal w/ 1/2 Bagel	11	Pillsbury Waffles 12 or Cereal w/ 1/2 Bagel
Juice, Fresh Or Prepared Fruit	Juice, Fresh or Prepared Fruit	Juice, Fresh or Prepared Fruit		Juice, Fresh or Prepared Fruit
Non or Low Fat Milk	Non or Low Fat Milk	Non or Low Fat Milk	NO SCHOOL	Non or Low Fat Milk
Baked Frudel 15 or Cereal w/ 1/2 Bagel	Egg & Cheese Breakfast 16 Sandwich or Cereal w/ 1/2 Bagel	Breakfast Burrito 17 or Cereal w/ 1/2 Bagel	WG Cinnamon Sweet Roll or Cereal w/ 1/2 Bagel	Bagel or 19 Cereal w/ 1/2 Bagel
Juice, Fresh or Prepared Fruit	Juice, Fresh or Prepared Fruit	Juice, Fresh or Prepared Fruit	Juice, Fresh or Prepared Fruit	Juice, Fresh or Prepared Fruit
Non or Low Fat Milk	Non or Low Fat Milk	Non or Low Fat Milk	Non or Low Fat Milk	Non or Low Fat Milk
Bagels or 22 Cereal w/ 1/2 Bagel	Breakfast Pizza or Cereal w/ 1/2 Bagel	24	25	26
Juice, Fresh or Prepared Fruit	Juice, Fresh or Prepared Fruit			
Non or Low Fat Milk	Non or Low Fat Milk	NO SCHOOL	NO SCHOOL	NO SCHOOL
Breakfast Burrito or Cereal w/ 29 1/2 Bagel	Assorted Muffins or Cereal 30 w/ 1/2 Bagel			
Juice, Fresh or Prepared Fruit	Juice, Fresh or Prepared Fruit			
Non or Low Fat Milk	Non or Low Fat Milk			

MENU SUBJECT TO CHANGES

REMEMBER, if you are approved for free Lunch, you are automatically approved for Breakfast!

NOVEMBER 2021 - GRADES PREK-12 - LUNCH MENU				
Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicken & Gravy or Chicken Salad Wrap Mashed Potatoes Peas	2 Taco in a Bag or Ham & Cheese Sub Corn Salsa	3 Cheeseburger/Bun or Turkey & Cheese Sandwich Baked Beans French Fries	4 Cheese & Pepperoni Pizza or Egg Salad Sandwich Green Beans	5 Chicken Patty/Roll w/lettuce & tomato or Ham Sandwich Carrot Sticks w/Ranch Dip
8 Pulled Pork on Bun or BLT Sandwich Cole Slaw BBQ Baked Beans	9 Sweet & Sour Chicken or Burger on Bun Rice Broccoli	10 Chicken Parmesan Sandwich or Turkey/Bacon Wrap Cauliflower	11 NO SCHOOL	12 Cheese & Pepperoni Pizza or Buffalo Chicken Sub Green Beans
15 Nacho Grande or Turkey Sandwich Corn	16 Chicken Patty/Roll or Ham Sandwich Baby Carrots Pasta Salad	17 Cheese & Pepperoni Pizza or Chicken Finger Wrap Tossed Salad	18 Cheeseburger w/lettuce & tomato or Chicken Salad Sub French Fries	19 Oven Roasted Chicken or Turkey/Bacon Wrap Sweet Potatoes Broccoli
22 1/2 Day NO LUNCH	23 1/2 Day NO LUNCH	24 NO SCHOOL	25 NO SCHOOL	26 NO SCHOOL
29 Twin Beef Tacos or Ham & Cheese Sandwich Corn	30 Chicken Fajitas or Egg Salad Sandwich Steamed Rice Carrots			

MENU SUBJECT TO CHANGES





HOMECOMING WEEK

October 12th through 15th was Homecoming Week at WVCS. The whole school showed their school spirit by dressing up for spirit week, from pajama day and Hawaiian day to class colors and school colors. Grades 9-12 decorated the hallways all week, competing for a prize of cider and donuts. Seniors won with their "out of this world" decorations!

On Friday night, high school students dressed up to dance "under the stars." The WVCS Homecoming Court was crowned on stage during the dance. Lucas Proseus and Kayleann Kowalski were crowned Homecoming King and Queen; Prince and Princess were Ben Fisher and Lauren Frascella; Lord and Lady were Nick Peters and Mara Swan; and Duke and Duchess were Josh Kowalski and Isabella Gibson.















WINTER ATHLETICS

We are excited to offer basketball, indoor track, and bowling to West Valley students this winter!

- Boys' and Girls' Modified Basketball at West Valley
- Varsity Bowling at West Valley
- Boys' and Girls' JV and Varsity Basketball at Springville-Griffith
- Indoor Track at Springville-Griffith

We're excited to bring more sports back to West Valley. As we continue to grow our athletic program, we are pleased to welcome basketball back to the West Valley gymnasium. Boys' and girls' modified basketball will be coached by Alex Marino. The girls' season begins on Friday, November 12 and the boys' season tips off on January 13, 2022.

Varsity bowling will also be offered at West Valley coached by Mr. Hansen. A full schedule will be posted to the WVCS website.

JV and Varsity Basketball as well as Indoor Track will also be offered this winter in conjunction with Springville-Griffith Institute.

COME OUT AND SUPPORT YOUR WILDCATS!



BRYAN HANSEN

HEAD VARSITY BOWLING COACH

Years at WV: 15

Job title at WV: Technology Coordinator/Computer Teacher Coaching experience: 15 years Favorite coach: Tony LaRussa Favorite athlete: Yadier Molina Favorite sports movie: The Rookie



"Today I will do what others won't, so tomorrow I can accomplish what others can't." — Jerry Rice

Goals for the team: To be a competitive, positive, and exciting team that works hard and pushes themselves and each other to be the best they can be every day and for years to come!

ALEX MARINO

HEAD MODIFIED BASKETBALL COACH

Years at WV: 1

Job title at WV: Physical Education Teacher Coaching experience: 4 years Favorite coach: Sean McDermott Favorite athlete: Josh Allen Favorite sports movie: Miracle



"It isn't the mountains ahead to climb that wear you out; it's the pebble in your shoe." — Muhammad Ali

Goals for the team: To challenge individuals to constantly improve on skills and concepts, bring a positive attitude, and be the best teammates possible.

CROSS COUNTRY

The West Valley Cross Country team attended Alden's **Bulldog Stampede Invitational** on Saturday 10/9/2021. Jack Tharnish smashed his personal best time finishing his 5k in 18:53.39. Olivia Harmony finished 3rd of 88 Modified girls with an impressive time of 12:39.04 on the 1.8-mile course. Victoria Parish, Josh Kowalski, and Slater Smith also attended and posted strong times. The team has a few meets before sectionals at Knox Farm on November 5th. Go Wildcats!









WEST VALLEY CENTRAL SCHOOL

5359 School St. West Valley, NY 14171 (716) 942-3100

BOARD OF EDUCATION

Heather Klahn, President Charlie Davis, Vice President Tracy Chai Michael Harmony Carla Heitman Gary Niesyty Jordan Robbins NON PROFIT ORGANIZATION

U.S. POSTAGE PAID

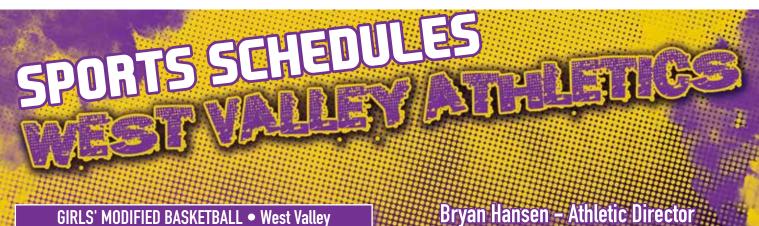
Permit No. 5 West Valley, NY

OR CURRENT RESIDENT

POSTAL PATRON LOCAL

ADMINISTRATION

Dr. Taweepon Farrar, Superintendent **Daniel Amodeo**, Pre-K–12 Principal **Ann O'Brien**, Business Administrator **Danielle Behringer**, Assistant Principal, CSE/CPSE Chairperson



B	UIRLO MUDIFIED DAOREIDALL • WEST VALLEY		
-	DATE	TIME	LOCATION
l	11/12/2021	5:00 p.m.	@ Allegany-Limestone
1	11/16/2021	5:00 p.m.	vs. North Collins
ł	11/19/2021	5:00 p.m.	@ Ellicottville
Ï	11/22/2021	5:00 p.m.	@ Franklinville
	12/3/2021	5:00 p.m.	vs. Randolph
	12/6/2021	5:00 p.m.	vs. Salamanca
3	12/8/2021	5:00 p.m.	vs. Allegany-Limestone
P	12/10/2021	5:00 p.m.	@ North Collins
	12/13/2021	5:00 p.m.	vs. Ellicottville
	12/15/2021	5:00 p.m.	vs. Franklinville
	12/20/2021	5:00 p.m.	@ Randolph
	12/22/2021	5:00 p.m.	@ Salamanca

BOYS' MODIFIED BASKETBALL • West Valley

The first game is scheduled for January 13, 2022. A full game schedule will be included in the December newsletter.

Bryan Hansen – Athletic Director VARSITY BOWLING • West Valley

Check the West Valley website after November 1 for the full bowling schedule.



For the most up to date schedules, look at the WVCS Athletics website! WWW.WValley.wnyric.org