



WEST VALLEY CENTRAL SCHOOL

School and Community Working Together

VOLUME 30, No. 8

MARCH 2024

MARCH CALENDAR OF EVENTS

MAR. 5 | WINTER SPORTS AWARDS

MAR. 6 | COMMUNITY LIBRARY DAY

MAR. 8
SUPERINTENDENT'S DAY (STAFF ONLY)

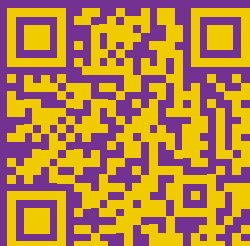
MAR. 13 | NHS/NJHS INDUCTION

MAR. 15 | SPRING PICTURE DAY (PK-6)

MAR. 19 - BOARD OF EDUCATION MTG.
6:00 PM

MAR. 29 - APR. 8
SPRING BREAK

SCAN TO VIEW
EVENT CALENDAR



SKI CLUB

Ski Club has been making the best of this turbulent winter. The club goes to Holiday Valley on Tuesdays and spends the evening exploring the slopes. With conditions being unseasonably warm, club members have had spring like conditions more days than not. Nonetheless, Holiday Valley has a substantial base keeping nearly all the runs open. The club members have thoroughly enjoyed getting in some turns and hitting the park features.



MESSAGE FROM THE SUPERINTENDENT

BY DR. TAWEEPON FARRAR

A solar eclipse will be visible in New York State on the afternoon of April 8, 2024. New York will be one of eleven contiguous U.S. states situated within the path of totality for the total solar eclipse. Several regions of the state will be in the direct path of totality. Other parts will be able to view a partial solar eclipse. This presents a unique educational opportunity for students to learn about this exciting astronomical event, and an ideal teachable moment for teachers to delve into the wonders of the cosmos. The next total solar eclipse will not happen in New York again until 2079.



Although our students are not in school on this day, we believe this experience will be exciting for our community. Please use caution when viewing the eclipse with the naked eye and take all precautions. We are thankful to Cattaraugus-Allegany BOCES for providing our students with eclipse glasses. We will be sending these glasses home with our students at the end of March, right before our Spring Break begins on March 29th.



This composite image of eleven pictures shows the progression of a total solar eclipse over Madras, Oregon, on Aug. 21, 2017. NASA/Aubrey Gemignani

We hope that our students and families have clear skies to witness this incredible wonder of nature.

For resources about the eclipse:



#WEAREWESTVALLEY



PREPARING FOR NYS ASSESSMENTS

BY MR. AMODEO, PRINCIPAL/CURRICULUM COORDINATOR

The month of March begins one of the longer uninterrupted stretches of the school year.

We are excited for the opportunity to have our students demonstrate their growth when the NYS 3-8 ELA, Math, and Science assessments will be given in early April and May, respectively. For the 2024 spring administration of these assessments, all students in grades 5-8 will be taking them on a computer (Computer Based Testing: CBT). This is a state-mandated transition required for grades 5 and 8, but we have elected for grades 6 and 7 to also test on computer. Grades 3 and 4 will continue to test on paper for this year.



In the 2022-23 school year West Valley was designated as a school in good standing across all student groups. One of the keys that allows us to be a school in good standing is our NYS 3-8 Assessment participation rate (the number of students who take the assessments).

Over the last two years we have had 100% and 99% of our students take the assessments. The data from assessments has been helpful in determining our professional development focus for the upcoming year. We recently used the last few years of assessment data to focus on specific skills and concepts in English Language Arts and Math. It continues to be critical that all of our students participate in state assessments to allow us the best opportunity to adjust to meet student needs.

The science assessments in 5th and 8th grade are new this year and have been aligned to the NYS Science Learning Standards. In preparation, students have been completing required Science Investigations (mini labs) in grades 3 through 8. The change to the science assessments will continue into high school level Earth Science and Biology in the 2024-25 school year.

If you have any questions regarding the administration of the NYS 3-8 assessments or the state testing program, feel free to contact me at damodeo@wvalley.org or at (716) 942-3100.

FEEDMORE WNY WEEKEND BACKPACK PROGRAM

If any family wishes to participate in our **Weekend Backpack Program**, please contact Mr. LaBrake anytime during the school year. The goal of the Weekend Backpack Program is to provide nutritious and easy-to-prepare meals for children to take home on weekends. This program is provided to you **completely free of charge!**

Each week your child will be provided with a bag of nutritious, non-perishable food to be eaten over the weekend. The food will be placed in your child's backpack at the end of the school day, and it is intended to be opened once your child is home. The program will continue throughout the 2023-24 school year. Participation in the

Weekend Backpack Program will not affect your family's eligibility for other food assistance programs (such as SNAP, WIC, or food pantry access).



To enroll your child/children in the program, contact Mr. LaBrake. Please call with any questions at 716-942-3100 extension 4148 or send an email to mlabrake@wvalley.org.



ARE YOU INTERESTED IN RUNNING FOR THE BOARD OF EDUCATION?

Petitions to be a candidate for a board of education seat are available beginning March 19 in the district office from 8:00 a.m. to 4:00 p.m., Monday through Friday, except holidays.

There is one (1) seat open for election to the Board of Education, a **Five-year term**, currently held by Tracy Chai (term expires on June 30, 2024). If elected to this seat your term will start July 1, 2024.

The petition requires signatures and residences of at least 25 qualified voters. On the petition the candidate's name and residence should be on each page of the petition.

Signed petitions must be filed with Carolyn Boberg, District Clerk, by 5:00 p.m. on April 22, 2024.

To qualify to be a board candidate you must meet the following criteria:

- A citizen of the United States,
- Eighteen (18) years of age or older,
- Able to read and write,
- A legal resident of the district for a continuous and uninterrupted period of at least one (1) year prior to the election,
- Cannot be an employee of the West Valley Central School District,
- The only member of his/her family (that is, cannot be a member of the same household) on the West Valley Central School District Board,
- May not simultaneously hold another incompatible public office, including, but not limited to Superintendent, clerk, tax collector, treasurer or librarian, or an employee of the Board. In union free and central school districts, however, a Board member may be appointed clerk of the board and of the district.
- Must not have been removed from a school district office within one (1) year preceding the date of appointment or election to the Board.

SCHOOL DISTRICT TAX CODE NUMBER

The New York State resident income tax returns (IT-200 and IT-201) require you to enter the name and code number of the public school district where you were a resident as of December 31 for the tax year 2023. The school district name and code for entry on state income tax forms are:

District Name: **West Valley Central School District**
District Code: **690**

It is important to put this number on your tax return because it helps determine the amount of State Aid we receive for the school district.

West Valley Central School 2024-2025 Budget Development Calendar

March 1, 2024	Property Tax Cap Submission due to the NYS Comptroller's Office
March 19, 2024	6:00 p.m. - Meeting of the BOE to include Budget Discussion
March 19, 2024	Petitions available for Board of Education Candidates from District Clerk
April 5, 2024	1st Publication of Legal Notice for Budget Hearing, Vote, & Election (Subsequent publications on April 19 th , May 3 rd , and May 17 th)
April 16, 2024	6:00 p.m. - Meeting of the BOE. Review of recommended budget. Budget Adoption, Property Tax Report Card, & Adoption of the BOCES Administrative Budget.
April 17, 2024	Submission of Property Tax Report Card to SED (by the end of the business day following budget adoption and not later than April 29, 2024). Submission of Property Tax Report Card to local newspaper.
April 22, 2024	Board Candidate Petitions due to the District Clerk by 5:00 p.m.
May 7 - May 21, 2024	Copies of the budget must be available to the residents upon request.
May 7, 2024	Voter Registration Day 3:00 - 7:00 p.m., District Office
May 14, 2024	Annual Budget Public Hearing at 6:00 p.m. BOE meeting following hearing.
May 15, 2024	Budget Notice mailed to district residents.
May 21, 2024	Annual Budget vote and Board of Education Election from 12:00 - 9:00 p.m. BOE Meeting 9:00 p.m.



FREE COMMUNITY

CLOTHES CLOSET

St. John the Baptist Church
Location: behind the church in Bingham Hall
Wednesday from 1-4:00 p.m.
(or by appointment)

Besides clothing and shoes, we accept bedding, kitchen and household items, and books for Cattaraugus County residents. Donations of gently worn undamaged, clean, and seasonal items are welcome. Upon request, can fulfill a need of furniture items.

For questions or to make an appointment, please call Jacque Conrad at 716-942-3836.

WVCS HEALTH CORNER

MARCH: NATIONAL NUTRITION MONTH

Good Nutrition: This is something that sounds so easy to do but at times feels so difficult to achieve. Today's world does not always support or even provide us with good nutritional options. It is important to understand the value of proper nutrition and why what we eat is crucial.

So, what is nutrition? To put it straight, it is the process of providing our bodies with food for health and growth. The "nutrients" in our food are what give our bodies energy and help us heal. It is essential for good health and is the critical part of how well our body functions. Better nutrition is related to improved infant, child and maternal development, as well as a stronger immune system; it also lowers the risk of non-communicable diseases (such as diabetes and heart disease). Plus, it promotes life longevity.

Here are five easy ways to eat healthy this month:

1. **Water** – Drinking the recommended amount of water per day is tough. Electrolyte additives offer the same, if not better benefits than drinking six or more glasses of water a day would.
2. **Choose food over supplements** – Most nutrients our bodies need come from food, not store-bought supplements. Research shows that certain supplements haven't been tested to meet many purity and safety standards, making them an unreliable source of nutrition. However, there are some people who truly lack certain vitamins and minerals that cannot be achieved through diet alone.
3. **Add color** – Natural color, such as bright greens from crunchy vegetables or vibrant reds from tangy fruits, will not only make your meal picture-worthy, but they will also give you a healthy boost.
4. **Pack your lunch** – Packing your lunch daily helps to prevent buying restaurant or fast-food loaded with grease. Even more important is the ability to control portion sizes when you pack your own lunch.
5. **Shop Smart** – When shopping at the supermarket stick to the outside aisles. This ensures that you are getting healthy alternatives to processed foods like produce, meat, and dairy. When you move inward, most, if not all the products contain unnecessary additives and sugar.



WEST VALLEY FOOD PANTRY

Location: Ashford Town Barn, Fox Valley Rd. Open by appointment only.

If you are need of food, please call Kris Aldrow at 716-942-6690 or Amy Frank at 716-942-6657 to set up a time/day.

Most orders will be filled on normal food bank days: the 2nd and 4th Wednesday of each month (1-4:00 p.m.)

If you need emergency food please call and we will arrange a pickup or delivery time.

If WVCS is closed for weather the food pantry will also be closed.

FOOD PANTRY NEEDS:

Canned fruit
Soup
Side Rice

Noodle dishes
Spaghetti sauce
Salad dressing

Paper towels
Toilet paper



2024 PTO PLANT SALE

Name _____ Phone Number _____

Students will also be bringing order forms home before break

**Plants may be picked up at Fox Valley Greenhouse (942-3710)
on Wednesday May 22 or Thursday May 23 between 3:00 and 7:00 p.m.** We will have other items available for sale, depending on our inventory at that time.

**Please mail order forms and payment (checks payable to West Valley PTO)
by April 12, 2024.**

**West Valley PTO
c/o Amy Butler
5378 Williams Ave
West Valley, NY 14171**

Or give to a PTO member or WVCS teacher

Please note if you'd like a WVCS student to receive credit for your purchase; prizes will be awarded to the top 5 sellers in the school!

Important Notes:

Fox Valley Greenhouse reserves the right to substitute herbs and mixed annuals based on the growing season.

Mixed flowering annuals (48 plants total): 6 plants of each such as zinnia, snapdragon, pansy, marigold, wax begonia, petunia, impatiens, coleus, dusty miller, and portulaca (substitutions and additions may be made)

*Vegetables include: 4 cucumbers, 4 winter squash, 2 zucchini, 2 summer squash, 4 hot peppers, 4 sweet peppers, 4 cherry tomatoes, 4 cabbage, 4 tomato, 4 lettuce, 4 broccoli, 4 cauliflower, 4 sweet banana peppers

*Herbs include: 48 plants, 4 of each of the 12 herbs: thyme, oregano, lavender, basil, flat parsley, curly parsley, rosemary, dill, cilantro, lemon balm, chives, sage, sweet marjoram, & kale

*Mixed hanging basket (5 varieties/colors minimum): lobularia, bacopa, verbena, calibrochoa, hanging petunia, sweet potato vine, etc.

*14" patio pot is mixed plant material and colors and comes in a 14" terra cotta pot.

If you have any special ordering questions, contact the Coutures at the Greenhouse. (716-942-3710)

Thank you for your support!





PTO PLANT SALE 2024 ORDER FORM



Color Codes:

W - White

Pk - Pink

R - Red

M - Mix

greenhouse pickup only

[illegible]

Join Us for a **PASTA DINNER**

To help fundraise for the
8th Grade Washington D.C. Trip

Friday, March 15, 2024

4:30 - 6:30 PM or until Sold Out

\$7 Ticket Includes:

Pasta, Salad, Roll, Drink

Desserts available for purchase

Gluten Free/Meatless Sauce Available

Take Out Available

Please see a 7th or 8th Grader
for Tickets

Mr. Lembke/Ms. Shaw Advisors



WVCS COMMUNITY LIBRARY

The school library is open
to the WV Community one
Wednesday per month.
Community members are able
to use the libraries STEM Lab
and check out books.

The library is open 6-7:30 p.m.
on the following dates:

MAR. 6, 2024

APR. 10, 2024

MAY 1, 2024

JUN. 5, 2024

REMINDERS FOR PARENTS OF HOME INSTRUCTED STUDENTS

- ✓ Submit a quarterly report for your children.
- ✓ Annual Assessments should be sent to the school with fourth-quarter reports.
- ✓ If you intend to homeschool your child/ren for the 2024-25 school year, send a letter of intent to Dr. Taweepon Farrar, Superintendent by July 1st annually.

EMERGENCY SCHOOL CLOSINGS

West Valley Central School District uses the Blackboard Connect system to send an automated message regarding school closings and cancellations of after school activities. The message is sent to your household phone number and to the emergency contacts that you listed at the beginning of this school year. If this information has changed or you would like to verify what is on file, please call Dana Westfall at 716-942-3100 extension 4111. The district also contacts the following radio and television stations:

Channel 2
WBEN 930 am

Channel 4
WPIG 95.7 fm

Channel 7

TRANSPORTATION REQUESTS

The deadline for transportation requests to a non-public school for your student(s) outside of the West Valley Central School District is **April 1, 2024**. Parents are reminded that written transportation requests for non-public schools must be received by **April 1, 2024**, to be eligible for the 2024-2025 school year.

Send requests to:

Mrs. Barbara Sporyz, Business Administrator
West Valley Central School
5359 School Street
West Valley, New York 14171

CHILD FIND NOTICE

Notice is hereby given to all district residents with children between birth and age 21: If your child is disabled or you suspect s/he may be disabled, you may be entitled to special education and related services, without cost to you. Please contact the Special Education office at 942-3100 extension 4149 to register your child or obtain further information.

Notice is in compliance with IDEA "Child Find" requirements Education Law 4402(1)(a).



100TH DAY AT WVCS AND PROJECT BASED LEARNING

Our first grade class celebrated the 100th day of school in a big way this year! We began our day with completing hands-on tubs in our classroom. These are various activities that are in shoe boxes that are used to build our fine motor skills.

Our first grade students once again created 100 day projects that were displayed in the auditorium for all to see. Mr. Amodeo interviewed each child about their project. These projects were created at home with parent help, allowing children to practice their counting and skip-counting skills. We had a wide variety of creative projects on display for all to see. We once again displayed animal projects with our 100 Day projects.

This year, instead of a written report, students used voice-to-text to record their report. Then we added a picture and printed them. We also built our animals out of clay and painted them; we also drew and colored a picture of our animal in its habitat in Art class. The children had a blast showing off their work.

Finally, we held our 100 Lick Challenge in combination with the kindergarten class. This year none of us were able to get to the tootsie roll center in 100 licks. We watched a movie in the Auditorium with kindergarten to celebrate the end of our Project Based Learning days this week. All in all, it was one of our most memorable 100th days of school!

WATCH THE 100 DAY STUDENT PRESENTATIONS



WATCH OUR 100 LICK CHALLENGE VIDEO



100TH DAY AT WVCS AND PROJECT BASED LEARNING



WEST VALLEY IS SPREADING KINDNESS

West Valley students and staff celebrated Kindness Week February 12th through the 16th. It all started with Kindness Club, which was held once a week for three weeks afterschool. During Kindness Club 4th – 12th graders helped prep for Kindness Week by writing thank you cards, starting a kindness paperchain link to spread around school, creating murals, and creating cutout hearts with the name of each student at the school.

This kindness kept spreading throughout the week, as more students added to our kindness paperchain links making them

spread down many hallways and hundreds of feet.

During Kindness Week, 6th grader KylieAnne Fleming wrote a skit about bullying and how to stand up for yourself. The skit was rehearsed and performed by some of our 6th grade students for elementary students. They did an amazing job!

To continue spreading kindness, West Valley borrowed a “blender bike” from Creating Healthy Schools. Students who wrote a kindness card to another student or staff member could ride the bike during lunch

and blend their very own strawberry banana smoothie!

Students were also encouraged to dress up and complete a challenge each day in support of kindness week. We donated gently used clothes to the clothing closet and had students read kindness quotes on the morning announcements.

We hope that EVERYONE felt the positive effects of kindness throughout the week!



ART CORNER

Congratulations to Abby Tucker, Madison Lawrence, and Ryley Foster. Their artwork was selected as part of the 2024 Middle School Juried Art Show at the Regina A. Quick Center for the Arts at St. Bonaventure University.

The art show opened on February 13 with a reception for students, families, and friends.

The art show will be on display through Sunday March 17 on the mezzanine level of the Quick Center for the Arts. Congratulations!



WNY GIRLS IN SPORTS

On Saturday, February 3rd we took 14 girls to Fredonia University to participate in WNY Girls in Sports Day.

This day was established in 2006 by Mary Wilson to promote sports and fitness to adolescent girls while enriching their lives through sports.

The day consisted of 6 different stations that the girls got to participate in and try, including volleyball, tennis, cheerleading, soccer, softball and lacrosse. We were provided with a great lunch and got to see Fredonia's athletic facilities and campus.

You could just see the joy and happinesses on the faces of each young athlete as they tried and completed a new skill. The phrases, "This was the best day ever," "wow, that was awesome," and "this is so cool" were very common throughout the day. This was an amazing day and we can't wait to attend again!



Sport Schedules

Dates and times are subject to change.

Scan the QR Code below for the most up to date schedules:

VARSITY SOFTBALL		
Date/Time		Opponent
3/26/24, 5:00 PM	@	CLYMER-SHERMAN
3/28/24, 5:00 PM	@	JFK



Save the Date!
Winter Sports Awards Night:
March 5 at 6:30 p.m.




West Valley Central School

SPORTSMANSHIP CREED




At West Valley,
Sportsmanship is an Expectation!

LET THE PLAYERS PLAY
LET THE COACHES COACH
LET THE OFFICIALS OFFICIATE
AND MAY THE SPECTATORS ALWAYS BE POSITIVE



8:30 - Pre-K
8:50 - Kindergarten
9:10 - 1st Grade
9:30 - 2nd Grade
9:50 - 3rd Grade
10:10 - 4th Grade
10:30 - 5th Grade
10:50 - 6th Grade

11:10 - anyone who may have come in late and missed their picture time

All students are to be photographed. Parents can pre-order, order once they receive the proof card, or order online before or after picture day.

#WeAreWestValley

WEST VALLEY MENUS				
MARCH 2024 - GRADES PREK-12 - BREAKFAST MENU				
Monday	Tuesday	Wednesday	Thursday	Friday
				Muffin w/ 4oz Yogurt ----- 100% Fruit Juice 1/2 C or Prepared Fruit 1/2 C, Milk 8 oz. 1
Fresh Baked Muffin Top Blueberry or Chocolate Chip ----- 100% Fruit Juice 1/2 C or Prepared Fruit 1/2 C, Milk 8 oz. 4	Strawberry Yogurt Parfait w/ Goldfish Crackers ----- 100% Fruit Juice 1/2 C or Prepared Fruit 1/2 C, Milk 8 oz. 5	Breakfast Pizza ----- 100% Fruit Juice 1/2 C or Prepared Fruit 1/2 C, Milk 8 oz. 6	Blueberry Yogurt Parfait w/ Belly Bear Crackers ----- 100% Fruit Juice 1/2 C or Prepared Fruit 1/2 C, Milk 8 oz. 7	Superintendent's Day No School 8
Bagel w/ Assorted Toppings ----- 100% Fruit Juice 1/2 C or Prepared Fruit 1/2 C, Milk 8 oz. 11	Frudel ----- 100% Fruit Juice 1/2 C or Prepared Fruit 1/2 C, Milk 8 oz. 12	Croissant Breakfast Sandwich ----- 100% Fruit Juice 1/2 C or Prepared Fruit 1/2 C, Milk 8 oz. 13	Cinni Mini ----- 100% Fruit Juice 1/2 C or Prepared Fruit 1/2 C, Milk 8 oz. 14	Frosted Strawberry Pop Tart ----- 100% Fruit Juice 1/2 C or Prepared Fruit 1/2 C, Milk 8 oz. 15
Frudel ----- 100% Fruit Juice 1/2 C or Prepared Fruit 1/2 C, Milk 8 oz. 18	French Toast Cinni Mini ----- 100% Fruit Juice 1/2 C or Prepared Fruit 1/2 C, Milk 8 oz. 19	Bagel Breakfast Sandwich ----- 100% Fruit Juice 1/2 C or Prepared Fruit 1/2 C, Milk 8 oz. 20	Cinnamon Roll ----- 100% Fruit Juice 1/2 C or Prepared Fruit 1/2 C, Milk 8 oz. 21	Muffin w/ 4oz Yogurt ----- 100% Fruit Juice 1/2 C or Prepared Fruit 1/2 C, Milk 8 oz. 22
Dinnamon Sugar Donut ----- 100% Fruit Juice 1/2 C or Prepared Fruit 1/2 C, Milk 8 oz. 25	Frudel ----- 100% Fruit Juice 1/2 C or Prepared Fruit 1/2 C, Milk 8 oz. 26	Breakfast Wrap ----- 100% Fruit Juice 1/2 C or Prepared Fruit 1/2 C, Milk 8 oz. 27	Chocolate Pop Tart ----- 100% Fruit Juice 1/2 C or Prepared Fruit 1/2 C, Milk 8 oz. 28	Spring Break No School 29
<div> <div>MENUS SUBJECT TO CHANGES</div> <div>REMEMBER, if you are approved for free Lunch, you are automatically approved for Breakfast! If your child has a food allergy, please notify us at 716-257-3483, ext. 5950.</div> <div> <div>WEST VALLEY CENTRAL SCHOOL</div> <div>13</div> <div>MARCH 2024</div> </div> </div>				

MARCH 2024 - GRADES K-6 - LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
				Dr. Suess Day - Green Eggs and Ham on a Bagel ----- Truffula Trees-Broccoli 1/2 C, Fox in Sox-Peas 1/2 C, Lorax Oranges 1 Piece, One Fish, Two Fish, Graham Cracker Fish, Milk 8 oz. 1
Hamburger or Cheeseburger, Turkey Wrap ----- Baked Beans 1/2 C, Green Beans 1/2 C, Fresh Fruit 1 Piece, Milk 8 oz. 4	Meat Tacos w/ Cheese, Lettuce, Tomato, or Ham Sandwich ----- Corn 1/2 C, Sliced Carrots 3/4 C, Fruit 1/2 C, Milk 8 oz. 5	Cheese Pizza, or Buffalo Chicken Wrap ----- Steamed Broccoli 1/2 C, Mashed Potatoes 1/2 C, NYS Apple 1 Piece, Milk 8 oz. 6	Popcorn Chicken or Turkey Sandwich ----- NYS Cole Slaw 1/2 C, Romaine Salad 1 C, Fruit 1/2 C, Milk 8 oz. 7	Superintendent's Day No School 8
5 Chicken Nuggets, or Chicken Salad Sandwich ----- Maple Glazed Carrots 3/4 C, Broccoli 1/2 C, Fruit 1/2 C, Milk 8 oz 11	Nacho Grande or Ham Sandwich ----- Black Bean Salad 1/2 C, Corn 1/2 C, NYS Apple 1 Piece, Milk 8 oz. 12	Meat Lovers Pizza, or Turkey Sandwich ----- Peas 1/2 C, Tator Tots 1/2 C, Fruit 1/2 C, Milk 8 oz. 13	Hamburger or Cheeseburger, or Chicken Wrap ----- Green Beans 1/2 C, Sliced Cucumbers 1/2 C, Fresh Fruit 1 Piece, Milk 8 oz. 14	Mozzarella Sticks w/ Sauce, or Egg Salad Sandwich ----- Baby Carrots 1/2 C, Mixed Vegetables 1/2 C, Fruit 1/2 C, Milk 8 oz. 15
Cheese & Pepperoni Pizza, or Ham Sandwich ----- Green Beans 1/2 C, Baked Beans 1/2 C, Fresh Fruit 1 Piece, Milk 8 oz. 18	Taco in a Bag, or Turkey Wrap ----- Corn 1/2 C, Sliced Peppers 1/2 C, Fruit 1/2 C, Milk 8 oz. 19	5 Chicken Nuggets, or Tuna Salad Wrap ----- Maple Glazed Carrots 3/4 C, Cauliflower 1/2 C, Fruit 1/2 C, Milk 8 oz. 20	Fresh Toast Sticks w/ Sausage, or Ham Sandwich ----- Steamed Broccoli 1/2 C, Peas 1/2 C, NYS Apple 1 Piece, Milk 8 oz. 21	Mac & Cheese, or Egg Salad ----- Sweet Potatoes 1/2 C, Romaine Salad 1 C, Fresh Fruit 1 Piece, Milk 8 oz. 22
5 Chicken Nuggets, or Turkey Sandwich ----- French Fries 1/2 C, Carrots 3/4 C, Fruit 1/2 C, Milk 8 oz. 25	Meat Taco w/ Cheese, Lettuce, Tomato, or Buffalo Chicken Wrap ----- Corn 1/2 C, Black Bean Salad 1/2 C, Fresh Fruit 1 Piece, Milk 8 oz. 26	Cheese Pizza, Pepperoni Pizza, or Egg Salad Sandwich ----- Baby Carrots 1/2 C, Green Beans 1/2 C, Fruit 1/2 C, Milk 8 oz. 27	Wildcat Basket (3 Mozz Sticks, 3 Nuggets), or Chicken Salad Wrap ----- NYS Cole Slaw 1/2 C, Broccoli 1/2 C, NYS Apple 1 Piece, Milk 8 oz 28	Spring Break No School 29

MENUS SUBJECT TO CHANGES

REMEMBER, if you are approved for free Lunch, you are automatically approved for Breakfast!
If your child has a food allergy, please notify us at 716-257-3483, ext. 5950.

MARCH 2024 - GRADES 7-12 - LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
				Dr. Suess Day - Green Eggs and Ham on a Bagel ----- Truffula Trees-Broccoli 1/2 C, Fox in Sox-Peas 1/2 C, Lorax Oranges 1 Piece, One Fish, Two Fish, Graham Cracker Fish, Milk 8 oz. 1
Hamburger or Cheeseburger, or Turkey Wrap ----- Baked Beans 1/2 C, Green Beans 1/2 C, Fresh Fruit 1 Piece, Milk 8 oz. 4	Meat Tacos w/ Cheese, Lettuce, Tomato, Rice, or Ham Sandwich ----- Corn 1/2 C, Sliced Carrots 3/4 C, Fruit 1/2 C, Milk 8 oz. 5	Spaghetti and Meatballs, or Buffalo Chicken Wrap ----- Steamed Broccoli 1/2 C, Mashed Potatoes 1/2 C, NYS Apple 1 Piece, Milk 8 oz. 6	Popcorn Chicken, or Turkey Sandwich ----- NYS Cole Slaw 1/2 C, Romaine Salad 1/2 C, Fruit 1/2 C, Milk 8 oz. 7	Superintendent's Day No School 8
5 Chicken Nuggets w/ Buttered Noodles, or Chicken Salad Sandwich ----- Maple Glazed Carrots 3/4 C, Broccoli 1/2 C, Fruit 1/2 C, Milk 8 oz. 11	Nacho Grande, or Ham Sandwich ----- Black Bean Salad 1/2 C, Corn 1/2 C, NYS Apple 1 Piece, Milk 8 oz. 12	Chicken Patty on a Bun, or Turkey Sandwich ----- Peas 1/2 C, Tator Tots 1/2 C, Fruit 1/2 C, Milk 8 oz. 13	Hamburger or Cheeseburger, or Chicken Wrap ----- Green Beans 1/2 C, Sliced Cucumbers 1/2 C, Fresh Fruit 1 Piece, Milk 8 oz. 14	Mozzarella Sticks w/ Cheese, or Egg Salad Sandwich ----- Baby Carrots 1/2 C, Mixed Vegetables 1/2 C, Fruit 1/2 C, Milk 8 oz. 15
Sloppy Joe on a Bun w/ Fries, or Ham Sandwich ----- Green Beans 1/2 C, Baked Beans 1/2 C, Fresh Fruit 1 Piece, Milk 8 oz. 18	Taco in a Bag, or Turkey Wrap ----- Corn 1/2 C, Sliced Peppers 1/2 C, Fruit 1/2 C, Milk 8 oz. 19	5 Chicken Nuggets w/ Rice, or Buffalo Chicken Wrap ----- Maple Glazed Carrots 3/4 C, Cauliflower 1/2 C, Fruit 1/2 C, Milk 8 oz. 20	French Toast Sticks w/ 2 Sausage, or Ham Sandwich ----- Steamed Broccoli 1/2 C, Peas 1/2 C, NYS Apple 1 Piece, Milk 8 oz. 21	Mac & Cheese, or Egg Salad Wrap ----- Sweet Potatoes 1/2 C, Romaine Salad 1/2 C, Fresh Fruit 1 Piece, Milk 8 oz. 22
5 Chicken Nuggets w/ Rice, or Turkey Sandwich ----- French Fries 1/2 C, Carrots 3/4 C, Fruit 1/2 C, Milk 8 oz. 25	Meat Taco w/ Cheese, Lettuce, Tomato, Rice, or Buffalo, Chicken Wrap ----- Corn 1/2 C, Black Bean Salad 1/2 C, Fresh Fruit 1 Piece, Milk 8 oz. 26	Hamburger or Cheeseburger, or Egg Salad Sandwich ----- Baby Carrots 1/2 C, Green Beans 1/2 C, Fruit 1/2 C, Milk 8 oz. 27	Wildcat Basket (3 Mozz Sticks, 3 Nuggets), Rice, or Chicken Salad Wrap ----- NYS Cole Slaw 1/2 C, Broccoli 1/2 C, NYS Apple 1 Piece, Milk 8 oz. 28	Spring Break No School 29





West Valley Central School District School Calendar 2024-2025

JULY 2024						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

AUGUST 2024						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

SEPTEMBER 2024						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

OCTOBER 2024						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

NOVEMBER 2024						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

DECEMBER 2024						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

September

- 2 Labor Day Observance
3 Staff Development Day
4 First Day for ALL Students (UPK-12)

October

- 14 Columbus Day

November

- 1 Staff Development Day-No Students
11 Veteran's Day
25 Half-Day AM for Students (Parent Teacher Conferences 12 p.m.-7:00 p.m.)
26 No Students (Parent Teacher Conferences 7:45 a.m.-11:15 a.m.)
27-29 Thanksgiving Recess

December

- 23-31 Winter Recess

January

- 1 New Year's Holiday
2-3 Winter Recess Continues
6 School Resumes
20 M. L. King Jr. Day
29 Lunar New Year

February

- 17-21 Mid-Winter Recess

March

- 7 Staff Development Day-No Students

April

- 14-21 Spring Recess

May

- 26 Memorial Day

June

- 13 Last Day of Regular Classes for 7-12 Students
Local Exams and Regents Review Classes for 7-12 Students
17-25 Regents Exams
19 Juneteenth
23-25 Half-Days AM for Elementary Students
25 Last Day for Elementary Students
26-27 Rating Days
27 Closing Day (LAST STAFF DAY)
27 Graduation

JANUARY 2025						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

FEBRUARY 2025						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

MARCH 2025						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

APRIL 2025						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

MAY 2025						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

JUNE 2025						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

Revised 2/9/2024

Total Teacher Days=184
Total Student Days=180

#WeAreWestValley



WEST VALLEY CENTRAL SCHOOL

5359 School St. • West Valley, NY 14171
(716) 942-3100

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ORGANIZATION

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West Valley, NY

OR CURRENT RESIDENT

POSTAL PATRON LOCAL

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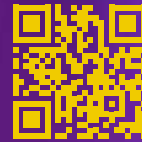
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IT'S TIME TO ORDER YOUR YEARBOOK!

\$50.00

(PAY HALF NOW AND HALF IN MARCH IF YOU WANT.)

NAME _____

HR TEACHER _____

GRADE _____

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