

# **NOVEMBER**CALENDAR OF EVENTS

NOV. 1 | SUPERINTENDENT'S CONFERENCE DAY - STAFF ONLY

NOV. 7 | FALL SPORTS AWARDS NIGHT (6:30 P.M.)

NOV. 8 | VETERANS DAY BREAKFAST (8:30-10:00 A.M.)

NOV. 8 | COMMUNITY LIBRARY (6:00-7:30 P.M.)

NOV. 9 | END OF FIRST QUARTER

NOV. 10 | VETERANS DAY SCHOOL CLOSED

NOV. 14 | BOARD OF EDUCATION MEETING (6:00 P.M.)

NOV. 20-21 | EARLY DISMISSAL

NOV. 20-21 | PARENT/TEACHER CONFERENCES

NOV. 22-24 | THANKSGIVING BREAK

# A Walk Down Memory Lane at West Valley Central School

West Valley Central School has been a hub of memories for countless students, and a recent visit by five brothers brought a wave of nostalgia to the halls of WVCS. Hailing from the Ellis family, former residents of West Valley, the brothers relived moments that shaped their school days during the 1960s and 70s.

The brothers explored the familiar grounds of West Valley, recalling memories as they passed through each hallway. They recalled the construction of the gym in 1968 and the square dancing lessons and rollerskating that took place there after its completion.

Roger Ellis shared his pride as the manager of the West Valley football team during the undefeated season of 1972. He presented his trophy from that historic season to West Valley's athletic director, Bryan Hansen.



# MESSAGE FROM THE SUPERINTENDENT

BY DR. TAWEEPON FARRAR

It's hard to believe that we are almost a quarter of the way through the school year. Our students and staff are fully engaged in all aspects of the school community—learning in the classroom, field trips, sports, and extracurricular activities.

#### **VETERANS DAY**

With Veterans Day approaching soon, the school would like to invite our veterans to breakfast. Please join us on Wednesday, November 8 from 8:30 a.m. until 10:00 a.m. in the school cafeteria. This will provide us the opportunity to honor veterans from our community. The breakfast is open to all veterans of the West Valley Central School District, so help us spread the word. Please call the office at 942-3100, extension 4102 to let us know if you can attend. As a veteran myself, I look forward to spending this morning with fellow veterans. As a reminder, the

school is closed on November 10 for observance of Veterans Day.

### PARENT/TEACHER CONFERENCES

This is an opportunity to meet with your student's teachers. Parent/Teacher conferences are important to learn about the academic progress and growth of your student as well as be better informed about their needs and strengths. Please take advantage of these conferences by calling the main office to set up times.

#### **GIVING GRATITUDE**

Most importantly, November reminds us all to give thanks and to be grateful. I am truly thankful for all the students, the dedication of our staff, and the support from our community. There is so much positivity within this community, coupled with an eagerness to do more and be better for our students. I encourage each of us to take time to reflect and express gratitude.

We have much to appreciate now and so much to look forward to.

# **#WEAREWESTVALLEY**





BY JODY THIEL, WVCS LIBRARIAN

Dear Families:

Get ready! The Scholastic Book Fair is coming our way (YAY!). Choosing their own books empowers kids and inspires them on their journey to becoming lifelong readers. AND—as always—every purchase at the Fair benefits our school.

Here's what you need to know about the big event, which will take place from November 13th – 21st in the Library. Students will be able to shop during their library class that week. Parents may shop during parent-teacher conferences on November 20th and 21st.

Say goodbye to cash and hello to **eWallet**—your child's digital payment account. Before the Fair, set up eWallet for worry-free, cashfree purchases. Anyone can contribute! Share each child's eWallet so friends and family can add funds and give your kids more books to enjoy.

If you can't make it to the Fair, then **shop at our school's Book Fair online.** All orders ship directly to your home, and shipping is free for book orders over \$25. Every online purchase will also benefit our school.

Visit our Book Fair homepage to learn more and get started with eWallet and online shopping:

https://www.scholastic.com/bf/westvalleycentralschool

The countdown to more Bookjoy is on! Catch you at the Fair!

#### Happy reading!

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# **WELCOME NOVEMBER!**

BY MR. AMODEO, PRINCIPAL/CURRICULUM COORDINATOR

I would like to congratulate our fall athletes and coaches while thanking chaperones, parents, our transportation department, and all others who helped to make our fall sports season a success. Our fall athletes will be recognized for their



accomplishments on November 7 at our Fall Sports Awards. Our Winter season kicks off on November 1st and will continue offering basketball for both boys and girls, cheerleading, indoor track, and bowling. If your child wishes to participate in the winter athletic season there is still time. Please contact Mr. Bryan Hansen with questions.

Thursday, November 9 will mark the end of the 1st quarter. We will be holding Parent-Teacher Conferences on November 20 and November 21. On these days, students will have a half-day of school and will be released at 11:17 a.m. During Open House parents had an opportunity to sign up for a parent conference. If you were not able to sign up for a conference at that time, please contact Mrs. Dana Westfall to schedule a conference for your child.

Throughout November we will continue to provide opportunities for our students, teachers, and community. November 1 will be a professional development day for all staff. Students will not attend school on this day. The focus of this professional development will be on safety. Training will be provided on everything from CPR to our emergency offsite evacuation and reunification procedures.

We will be inviting all our Veterans to breakfast on November 8. This is a great way to show our appreciation of the sacrifices made by those who have served our country. Most importantly, it provides us with an opportunity to show and share the value of service with our students. Continuing with the theme of service, our National Honor Society will be sponsoring a food drive during November. The donations collected will be delivered to the West Valley Food Pantry.

Finally, our 5th grade students will participate in a Rev Theater performance here at West Valley on November 14 and students in Pre-K through 1st grade will attend a performance of Pete the Cat at SUNY Fredonia. In closing, I could not be more thankful to work with the students and community of West Valley. I wish everyone a Happy Thanksgiving!





## **BOARD CORNER**

Just as a community looks to its school board for wise decisions, firm commitments, and steady achievements, board members look to their president for strong leadership. Effective board presidents understand the responsibilities of the position and their role on the governance team.

A school board is required by law to elect a president and may elect a vice president at its discretion. Elections occur at the annual organizational meeting, and normally include a nomination process. Your school board procedures will indicate the process for nominating and electing the board president and vice president.

The board president's authority is essentially no greater than that of any other board member. The president will still participate in all board actions as a regular voting member. The board president does not lose the ability to vote and is expected to vote on every matter before the board.

The responsibilities of **the school board president** require this individual to be organized, decisive and an effective communicator. The president must listen with an open mind, delegate responsibilities to foster board engagement, and act with a clear focus on the district's vision and mission. The board president's

responsibilities typically include:

- Serving as the voice of the board
- Mediating conflict
- Creating a meeting agenda in consultation with the superintendent
- Signing the necessary instruments, acts, and orders
- Ensuring compliance with the open meetings law

The **school vice president** has the power to exercise the duties of the president should the president be absent due to illness, work, family commitments, or a vacancy in the position. Expectations of this position typically include:

- Being a key part of the leadership team
- Staying informed & abreast of all communication
- Participating in agenda setting
- Helping manage the business meeting
- Remaining in the loop between the board president and superintendent
- Carrying out duties without interruption if president is unable to do so

Source: nyssba.org

# WEST VALLEY BOARD/ADMINISTRATION/STAFF

# BOARD OF EDUCATION MEETS 3<sup>RD</sup> TUESDAY AT 6:00 P.M.

President:	Heather Klahn
Vice President:	
District Clerk:	Carolyn Boberg
Members/Term:	Jonathan Boberg (2026)
	Tracy Chai (2024)
	Charles Davis (2025)
	Adam Fisher (2028)
	George Kazmierczak (2027)
	Heather Klahn (2025)
	Gary Niesyty (2028)

#### **ADMINISTRATION**

Dr. Taweepon Farrar,
Superintendent/District Data Coordinator

tfarrar@wvalley.org

Carolyn Boberg, Superintendent Secretary

Mrs. Barbara Sporyz, Business Administrator TBD, Treasurer Jennifer Seltzer, Account Clerk/Central Treasurer

Daniel Amodeo, PK-12 Principal/District Curriculum Coordinator Dana Westfall, Principal Secretary/Central Registrar

Danielle Behringer, Assistant Principal/CSE Chairperson Ashley Foster, Assistant Principal Secretary/CSE Secretary

#### STAFF ASSIGNMENTS

Agro, Alyssa	Music
Birt, Matthew	

Blasz, Clayton	Long Term Substitute Technology 7-12
Butcher, Loreen	Teacher Assistant
Clouse, Kathryn	Grade 1
Collura, Kristen	Elementary Special Education
Dash, Nathan	Art
Ford, Jeanne	Teacher Assistant
Fox, Allison	Mathematics 7-12
	Grade 5 & 6 ELA/Social Studies
	ong Term Substitute Elementary Spec. Ed.
	Grade 2
	Science 7-12
	MS/HS Special Ed.
Hansen, Bryan	Educational Tech Mgr./Athletic Director
Hess, Bonnie	Aide
Isaacs, Elizabeth	English 7-12
Kazmierczak, Connie Jo	Teacher Assistant
Kazmierczak, Emily	Grade 4
Keller, Melissa	School Nurse
Kennedy-Flickinger, Chloe.	MS/HS Special Ed.
Kenworthy, Steven	Mathematics 7-12/Social Studies
Kowalski, Patricia	Aide
LaBrake, Mathew	Guidance Counselor
	Art
Lembke, Dana	Social Studies 7-12/HS Special Ed.
Lewis, Kimberly	Computer Literacy/Spanish
Locke, Alison	Social Worker
Marino, Alexander	Health/Physical Education
	Grade 5 & 6 Math/Science
Mumbach, Jackie	Teacher Assistant
Pemberton, Kaelyn*	Occupational Therapist
	Pre-K
Pfeffer, Michelle	Aide
Ramsdell, Julia	English 7-12
Roland, Rebecca	Reading
	Spanish
Shaw, Elizabeth	Science 7-12



Continued on Page 5.

Shelley, Lindsey	Kindergarten
Simon, Ilene	Speech
Slavinski, Claire*	Physical Therapist
Speidel, Shawn*	School Psychologist
Thiel, Jody	Library Media Specialist
Venitelli, Vincent	Instrumental Music
Westfall, Diane	Grade 3

\*BOCES - Cattaraugus-Allegany-Erie-Wyoming

# MAINTENANCE: MECHANIC Zachary Schoepflin

GROUNDSKEEPER Barry Mahnk

## LABORER:

Mike Kawka, Sam Klahn

#### **CLEANERS**

Colleen Fuller, Theresa Nowak, Joseph Papp, Matt Trimm, Diane Perkins

#### **TRANSPORTATION**

Beau Dorman, Cheryl Gentner, Gary Feldman, Connie Zybert, Jay Kupka

### **CAFETERIA**

Patricia Belscher, Maureen Petruno, Cassandra Kawka

## **Board Meeting Notice**

The November Board Meeting has been changed from November 21st to November 14th at 6:00 p.m.

# **EMERGENCY SCHOOL CLOSINGS**

West Valley Central School District uses the Blackboard Connect system to send an automated message regarding school closings and cancellations of after school activities. The message is sent to your household phone number and to the emergency contacts that you listed at the beginning of this school year. If this information has changed or you would like to verify what is on file, please call Dana Westfall at 716-942-3100, extension 4170. The district also contacts the following radio and television stations:

Channel 2 WBEN 930 AM Channel 4 WPIG 95.7 FM Channel 7 WYRK 106.5 FM







# WHO DO I SEE FOR? (MIDDLE/HIGH SCHOOL, GRADES 6-12)

Athletics	Mr. Bryan Hansen
Attendance	Mrs. Dana Westfall
Bus/Transportation	Mrs. Cheryl Gentner
Computers/Laptops	Mr. Bryan Hansen
Conduct Student	Mr. Daniel Amodeo/
	Mrs. Danielle Behringer
Curriculum Concerns	Mr. Daniel Amodeo
Detention	Mr. Daniel Amodeo
Extra-Curricular Activities	Mr. Daniel Amodeo
Health Concerns	Mrs. Melissa Keller

Help with a Personal Problem	Mr. Matthew LaBrake/
	Mrs. Alison Locke
Late to Class	Mrs. Dana Westfall
Library	Mrs. Jody Thiel
Locker Problem	Main Office
Lost/Stolen Articles	Main Office
Scheduling/Course Issues	Mr. Matthew LaBrake
Special Education	Mrs. Danielle Behringer
Student/Teacher Concern	Mr. Daniel Amodeo
Use of Building	District Office



# Collecting Can Tabs

To benefit Ronald McDonald House Charities

Please send to WVCS Attention: Mrs. Ford





#### TRANSPORTATION UPDATES

It's that time of year again! Parents/Guardians, with the approach of winter we encourage you to remind your student about the rules of ridership as well as winter bus safety. Remember, riding the school bus is a privilege! Rules for student behavior apply the same on the bus as in the classroom. Students may be denied transportation if they violate the code of conduct. Let's all work together to keep our students safe.

#### **Transportation Procedures:**

- Wait until the bus comes to a full stop before attempting to get on or off.
- Go immediately to your seat (which may be assigned) and remain seated until the bus comes to a complete stop at your destination.
- Help keep the bus clean!
- Do not destroy property.
- Keep arms, hands and your head inside the bus at all times.
- Do not distract the driver while the bus is in motion.
- Be kind...and a responsible passenger.

Please note: Parents must drive their students to school if they miss the bus.

#### **Winter Reminders!**

**Don't Rush to Catch the Bus:** When roads and walkways are slippery, rushing to catch the bus can have disastrous results. Students need extra time to get to the bus stop in cold, windy, or snowy conditions. Encouraging them to leave a few minutes early and take their time can reduce the number of falls on slick pavement.

**Bundle Up:** Students need to keep warm while waiting for their bus, but they also must still be able to see and hear what's going on around them. When bundling up your student in the morning, make sure your student still has an adequate line of sight and can hear traffic and other noises.

Put Down the Phone: When walking on snow or ice covered surfaces, watch where you are walking, take shorter, more deliberate steps or do the "penguin shuffle."

**Get a Grip:** Wear footwear appropriate for winter conditions. Avoid footwear with slick (no-tread) soles when walking on wet surfaces, snow or ice.

Just a Little Patience: School bus drivers are very well trained on driving in inclement weather; however, snow and icy roads can slow down even the most experienced driver. Safety is each driver's top priority and extra time may be needed to get from stop to stop.

**Use the Handrails:** The seemingly simple task of getting on and off the bus can be taken for granted. Always use the handrails!

Pay Attention to Weather Alerts and School Messages: Parents/ Guardians, be aware of weather alerts and school cancellations or delays. Bad weather also can lead to early dismissals or a change in bus routes.

### **ATTENTION Parents:**

If you need to make a last minute change to your child's pickup schedule or bus, please call the main office at extension 4111 so your request is sure to be received. Thank you!





Scan the QR Code to purchase a Tuesday Night Pass Username: MWWESTVA Password: ski

Or go to https://www.wvalley.org/skiclub

- . 8 TUESDAY NIGHTS WITH BUS RIDES
- PASS IS GOOD FOR ANY TUESDAY
- . 8 LESSONS INCLUDED
- SEE MR. LEMBKE (ADVISOR) FOR HELP



\$165 Pass or \$294 with Ski/Snowboard Rental Included Student Night Season Pass \$350 or Regular Season \$472

\*\*\*Community members can also use the link to purchase any discounted pass



## PRE-K SCHOOL SPIRIT



## CHILD FIND NOTICE

Notice is hereby given to all district residents with children between birth and age 21: If your child is disabled or you suspect s/he may be disabled, you may be entitled to special education and related services, without cost to you. Please contact the Special Education office at 942-3100, extension 4149 to register your child or obtain further information.

Notice is in compliance with IDEA "Child Find" requirements Education Law 4402(I)(a).



The CTE Center at Ellicottville is hosting an open house event. We cordially invite local unions, trade schools, and technical institutions to participate. Your presence will provide an excellent opportunity to educate our parents and guests about the exciting futures available for our students.

#### **OPEN HOUSE ACTIVITIES:**

- Tour our building and wander our halls to meet the LOCAL Unions, Trade Schools & Technical Institutes
- Take out Spaghetti Dinner Prepared by our Culinary Program Students & Chef Martinelli
- Special Guest Speakers:
   Meet Tim Coleman, trade leader from local 669 Sprinkler Fitters who will take you on a tour through the world of Local Unions.
  - Get some insider knowledge from the pros at County of Catt. IDA, Olean Business Development, and JCC Workforce Development.
- ✓ Fund Raising for SkillsUSA, FFA & NTHS
- Student Showcase & Program Tours

PLEASE RSVP USING OR CODE ->



CA BOCES CTE Center at Ellicottville 5550 NY-242 Ellicottville, NY 14731

CABOCES.org



8:30 a.m.- 10 a.m. | School Cafeteria

716-942-3100 ext. 4102 | RSVP by October 30th, 2023







# WEST VALLEY FOOD PANTRY

Location: Ashford Town Barn, Fox Valley Rd. Open by appointment only.

If you are need of food, please call Kris Aldrow at 716-942-6690 or Amy Frank at 716-942-6657 to set up a time/day.

Because of the Thanksgiving Holiday we will be open on:

Wednesday, November 8 from 1-4:00 p.m. Saturday, November 18 from 10:30-noon Monday, November 20 from 4:30-6:00 p.m.

Produce boxes will be available on Wednesday, November 29 from 1-2:30 p.m.

## **FOOD PANTRY NEEDS:**

Paper towels Shampoo Deodorant Laundry soap Toothpaste Toilet paper

Juice Peanut butter Salad dressing

Date

# ASVAB CAREER EXPLORATION PROGRAM FOR 11<sup>TH</sup> & 12<sup>TH</sup> GRADERS WEDNESDAY, DECEMBER 6

West Valley Central School will be administering the ASVAB assessment instrument, which is part of the ASVAB Career Exploration Program (CEP), to any <u>interested</u> students in grades 11-12 on **Wednesday, December 6,** from 8:00 to 11:00 a.m. Please have your son/daughter sign up in the Guidance Office with Mr. LaBrake by Friday, **November 17.** This test is an invaluable tool to help your child with his/her future educational and career plans.

The ASVAB CEP will help your students:

- To learn more about themselves and the world of work
- Explore occupations in line with their interests and skills
- Develop an effective strategy to realize their career and education goals

One of the scores on the ASVAB is the military services' entrance score, which may be used by your child to explore career options in the military. Your child's name and ASVAB CEP Scores will be released to the military unless you choose not to have their name released. Even if your child's name is released to the military, by no means is your child obligated to military service. The ASVAB CEP's website (<a href="https://www.asvabprogram.com">www.asvabprogram.com</a>) offers useful information regarding the program and includes a brief video summary explaining the process and benefits of the program. Please call Mr. LaBrake with additional questions at 716-942-3100, extension 4148.

If you would rather not have your child's test scores released to the military, please sign, and complete the information below and return

I, (Parent/Guardian Name)

request that (student's name)

ASVAB CEP results not be released to the military recruiting services.

Signature of Parent/Guardian



# FEEDMORE WNY WEEKEND BACKPACK PROGRAM

If any family wishes to participate in our **Weekend Backpack Program**, please contact Mr. LaBrake anytime during the school year. The goal of the Weekend Backpack Program is to provide nutritious and easy-to-prepare meals for children to take home on the weekends. This program is provided to you **completely free of charge!** 

Each week your child will be provided with a bag of nutritious, non-perishable food to be eaten over the weekend. The food will be placed in your child's backpack at the end of the school day, and it is intended to be opened once your child is home. The program will continue throughout the 2023-24 school year. Participation in the Weekend Backpack Program will not affect your family's eligibility for other food assistance programs (such as SNAP, WIC, or food pantry access).

To enroll your child/children in the program, contact Mr. LaBrake. Please call me with any questions at 716-942-3100 extension 4148 or send an email to <a href="mailto:mlabrake@wvalley.org">mlabrake@wvalley.org</a>.

# SAFETY PATROL

Introducing the 2023-24 WVCS Safety Patrol! This year's Safety Patrol is ready to rock and roll. These students are constantly demonstrating ROARS on and off the job. From arrival to dismissal, they are eager to keep our elementary kiddos safe in the halls and common areas. Their helpfulness to those around them has been noticed by several adults in the building and we are already so proud at the job they are doing!



# **FOURTH GRADE SCIENCE**

Miss. Kaz's fourth grade completed their first unit on the scientific process. Students learned about the steps in the scientific process and how to successfully carry out an experiment. Then they started their own experiment and completed each of the steps

in the experiment. They tested gummy worms and submerged them in water for 24 hours to see what would happen. The students were so excited about it, they decided to test sour gummy worms and soak those in orange juice for 24 hours. The results were crazy,

and the class decided they wanted to keep the experiment going. We now have a gummy worm that has been soaking in water for a week. They want to see what will happen after a month!







# **OLD FORT NIAGARA**

Students in grades 4, 7, and 8 attended a field trip at Old Fort Niagara. They experienced Fall Frontier Days—an interactive educational program geared toward 4th-8th graders. Focusing on the years

1726-1815, the program allows students to compare and contrast living conditions for Native Americans, French, British, and American soldiers who garrisoned the Fort over almost 100 years. Students learned about

Native American history and culture, life at an 18th century fort, 18th century foodways, artisans, military music, architecture, engineering, and commerce.

















# **ART CORNER**

This month in Mr. Dash's room, ceramics, digital art, studio in art, and photography students are working diligently on their projects. Photography students recently completed modules focusing on nature/landscape photography as well one based on candids. In ceramics, students' first

two projects were to create a personal artifact as well as a dream or worry vessel of their choosing. Studio in Art have recently moved from a printmaking project into creating typographic portraits of someone that they admire utilizing text and layering to learn about form and value. Lastly, students in

digital art recently finished their "Me Ad" project and are adding finishing touches to their card design project where they are prompted to create a playing, trading, or tarot card of their choosing.





Two Photographs by Maggie

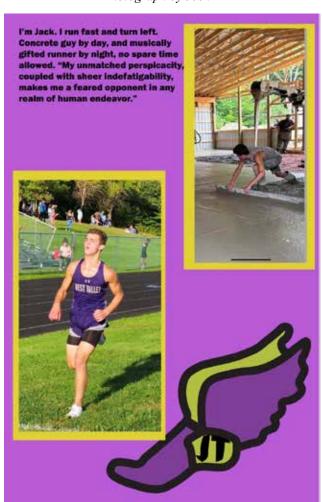




Artwork by Ryann



Photograph by Josh K

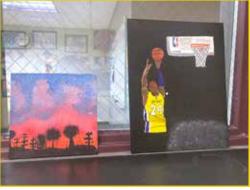


Artwork by Jack T

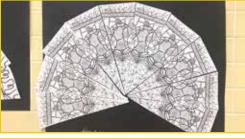


# **ART CORNER**















# **WEST VALLEY MENUS**

NOVEMBER 2023 - GRADES PREK-12 - BREAKFAST MENU						
Monday	Tuesday	Wednesday	Thursday	Friday		
		APPLE CINN MUFFIN W/4OZ YOGURT	SAUSAGE,EGG CHEESE ON BAGEL	PILLSBURY CINNI MINNI		
		100% fruit juice ½ cup Or Fresh fruit ½ cup; Milk -8oz 1	100% fruit juice ½ cup Or Fresh fruit ½ cup; Milk -8oz 2	100% fruit juice ½ cup Or Fresh fruit ½ cup; Milk -8oz 3		
BAGEL W/ ASSORTED TOPPINGS	FRENCH TOAST STICKS W/ SYRUP	CHOC.FUDGE POP TART	APPLE CINN. MUFFIN W/ YOGURT			
100% Fruit Juice ½ Cup Or Fresh Fruit ½ Cup; Milk-8oz 6	100% Fruit Juice ½ Cup Or Fresh Fruit ½ Cup; Milk-8oz 7	100% Fruit Juice ½ Cup Or Fresh Fruit ½ Cup; Milk -8oz	100% Fruit Juice ½ Cup Or prepared Fruit ½ Cup; Milk-8oz 9	Veterans Day No School 10		
PILLSBURY CINNI.MINNI	CHOC.FUDGE POP TART	8"BREAKFAST WRAP	BLUEBERRY MUFFIN W/ YOGURT	CINNAMON ROLL		
100% Fruit Juice ½ Cup Or prepared Fruit ½ Cup; Milk-8oz 13	100% Fruit Juice ½ Cup Or prepared Fruit ½ Cup; Milk-8oz 14	100% Fruit Juice ½ Cup Or prepared Fruit ½ Cup; Milk-8oz 15	100% Fruit Juice ½ Cup Or prepared Fruit ½ Cup; Milk-8oz 16	100% Fruit Juice ½ Cup Or prepared Fruit ½ Cup; Milk-8oz 17		
BAGEL W/ ASSORTED TOPPINGS	FALL FROSTED DONUT					
100% Fruit Juice ½ Cup Or prepared Fruit ½ Cup; Milk-8oz 20	100% Fruit Juice ½ Cup Or prepared Fruit ½ Cup; Milk-8oz 21	Thanksgiving Break No School 22	Thanksgiving Break No School 23	Thanksgiving Break No School 24		
CHOC. CHIP MUFFIN W/ YOGURT	BREAKFAST PIZZA	BAGEL W/ ASSORTED TOPPINGS	CHOC.FUDGE POP TART			
100% Fruit Juice ½ Cup Or prepared Fruit ½ Cup; Milk-8oz 27	100% Fruit Juice ½ Cup Or prepared Fruit ½ Cup; Milk-8oz 28	100% Fruit Juice ½ Cup Or prepared Fruit ½ Cup; Milk-8oz 29	100% Fruit Juice ½ Cup Or prepared Fruit ½ Cup; Milk-8oz 30			

MENUS SUBJECT TO CHANGES

REMEMBER, if you are approved for free Lunch, you are automatically approved for Breakfast!



NOVEMBER 2023 - GRADES K-6 - LUNCH MENU					
Monday	Tuesday	Wednesday	Thursday	Friday	
		Sloppy Joe On A Bun, Ham Sandwich 	Chicken Tenders W/ Tator Tots, Turkey Sandwich Baked beans 1/2c, Peas 1/2c, NYS	Hamburger / Cheeseburger On A Bun, Egg Salad Sandwich NYS cauliflower 3/4c, Fruit 1/2c,	
		toes 1/2c, Fruit 1/2c, Milk-8oz	apple-1 piece, Milk-8oz	Milk-8oz 3	
Meat Ball Sub, Buffalo Chicken Wrap	Nacho Grande W/ Chips,Meat,Let- tuce Tomato,Salsa, Turkey Sandwich	Hot Dog On A Bun, Ham Sandwich	Cheese & Cheese & Pepperoni Pizza, Egg Salad Wrap		
Green Beans – 3/4C, Fresh Fruit -1 piece, Milk-8oz 6	Corn 3/4C, Fruit 1/2c, Milk -8oz 7	Steamed Broccoli 3/4c, NYS Apple-1Piece, Milk-8oz	Baked Beans 1/2c, NYS Winter Squash 3/4c, Fruit 1/2c, Milk-8oz 9	Veterans Day No School 10	
National Chicken Nugget Day, Chicken nuggets w/Seasoned pasta	Twin Meat Taco's Cheese,Lettuce, Tomato, Salsa, Sour Cream, Ham Sandwich	Grilled Cheese Sandwich, Chicken Salad Wrap	Chicken Alfredo Over Noodles, Turkey Wrap	Sloppy Joe On A Bun, Ham Sandwich	
Maple Glazed Carrots 3/4c, Fruit 1/2C, Milk-8oz 13	Black Bean Salad ¾ c, NYS Apple -1 Piece, Milk-8oz	Corn 3/4C, Fresh Fruit 1 piece, Milk-8oz	NYS Roasted Brussel Sprouts 3/4c, NYS Pear-1 Piece, Milk -8oz 16	Steamed Broccoli 3/4c, Fruit 1/2c, Milk-8oz	
000		Thanksgiving Break	Thanksgiving Break	Thanksgiving Break	
Early Dismissal 20	Early Dismissal 21	No School 22	No School 23	No School 24	
Chicken Nuggets W/ Baked Fries, Egg Salad Sandwich	Taco In A Bag, Chicken Salad Wrap	Assorted Pizza Day, Turkey Sandwich	Chicken Patty On A Bun W/ Lettuce, Tomato, Ham Sandwich		
Maple glazed Carrots 1/2C, Peas 1/2C, NYS Fresh Apple-1 Piece, Milk-8oz 27	Corn 3/4 C, Fruit 1/2c, Milk-8oz 28	Broccoli 1/2C, Green Beans 1/2C, Fresh Fruit 1/2c, Milk 8oz 29	Baked Beans 1/2c, NYS Winter Squash 1/2c, Fruit 1/2c, Milk-8oz 30		

## MENUS SUBJECT TO CHANGES

REMEMBER, if you are approved for free Lunch, you are automatically approved for Breakfast!

NOVEMBER 2023 - GRADES 7-12 - LUNCH MENU					
Monday	Tuesday	Wednesday	Thursday	Friday	
		Sloppy Joe On A Bun, Ham Sandwich 	Chicken Tenders W/ Tator Tots, Turkey Sandwich Baked beans 1/2c, Peas 1/2c, NYS apple-1 piece, Milk-8oz	Hamburger / Cheeseburger On A Bun, Egg Salad Sandwich NYS cauliflower 3/4c, Fruit 1/2c, Milk-8oz 3	
Meat Ball Sub, Buffalo Chicken Wrap 	Nacho Grande W/ Chips,Meat, Lettuce,Tomato Salsa,Seasoned Rice, Turkey Sandwich 	Hot Dog On A Bun, Ham Sandwich Steamed Broccoli 3/4c, NYS Apple-1Piece, Milk-8oz	Cheese & Cheese & Pepperoni Pizza, Egg Salad Wrap  Baked Beans 1/2c, NYS Winter Squash 3/4c, Fruit 1/2c, Milk-8oz	Veterans Day No School 10	
National Chicken Nugget Day Chicken nuggets w/Seasoned pasta  Maple Glazed Carrots 3/4c, Fruit	Twin Meat Taco's Cheese, Lettuce, Tomato Salsa, Sour Cream, Seasoned Rice, Ham Sandwich Black Bean Salad ¾ c, NYS Apple -1	Grilled Cheese Sandwich, Chicken Salad Wrap 	Chicken Alfredo Over Noodles, Turkey Wrap 	Sloppy Joe On A Bun, Ham Sandwich Steamed Broccoli 3/4c, Fruit 1/2c, Milk-Roz	
1/2C, Milk-8oz 13	Piece, Milk-8oz 14	Milk-8oz 15	NYS Pear-1 Piece, Milk -8oz 16	Milk-8oz 17	
Early Dismissal 20	Early Dismissal 21	Thanksgiving Break No School 22	Thanksgiving Break No School 23	Thanksgiving Break No School 24	
Chicken Nuggets W/ Baked Fries Egg Salad Sandwich 	Taco In A Bag Seasoned Rice, Chicken Salad Wrap Corn 3/4 C, Fruit 1/2c, Milk-8oz 28	Assorted Pizza Day, Turkey Sandwich Broccoli 1/2C, Green Beans 1/2C, Fresh Fruit 1/2c, Milk 8oz	Chicken Patty On A Bun W/ Lettuce,Tomato, Ham Sandwich Baked Beans 1/2c, NYS Winter Squash 1/2c, Fruit 1/2c, Milk-8oz 30		



# **Congratulations to Our Senior Fall Athletes!**



Ronni DuFrane West Valley/Franklinville Volleyball



Nick Peters West Valley Cross Country



Mara Swan
SGI/West Valley
Swimming



Isabella Thomson West Valley/Franklinville Volleyball

# **Fall Sports Recap**

















#### WEST VALLEY CENTRAL SCHOOL

5359 School St.• West Valley, NY 14171 (716) 942-3100

#### **BOARD OF EDUCATION**

Heather Klahn, President Charlie Davis, Vice President Jonathan Boberg Tracy Chai Adam Fisher George Kazmierczak Gary Niesyty

#### **ADMINISTRATION**

Dr. Taweepon Farrar, Superintendent
Barbara Sporyz, Business Administrator
Daniel Amodeo, Pre-K-12 Principal
Danielle Behringer, Assistant Principal, CSE/CPSE Chairperson

NON PROFIT ORGANIZATION

**U.S. POSTAGE PAID** 

Permit No. 5 West Valley, NY

#### OR CURRENT RESIDENT

#### POSTAL PATRON LOCAL

# **Sport Schedules**

GIRLS MODIFIED BASKETBALL			
Date/Time	me Opponent		
Thurs. Nov 9, 5:00 PM	vs	Olean	
Mon. Nov. 13, 5:00 PM	@	Franklinville	
Thurs. Nov. 16, 5:00 PM	vs	Allegany-Limestone	
Mon. Nov. 20, 5:00 PM	@	Salamanca (Located at Prospect Elementary)	
Mon. Nov. 27, 5:00 PM	@	Portville	
Thurs. Nov. 30, 5:00 PM	vs	Randolph	

Dates and time are subject to change.

Check our website for the most up to date schedules:

www.wvalley.org/athletics





PI ACF A	PFRSONAL	YFARROOK	AD FOR	YNIIR	SFNIOR

Name of senior		
Ad size		
1/4 Page - \$25	1/2 Page - \$50	Full Page - \$100
Phone # in case of questions		
# of photos to include in ad		
(Please put your name on t	the back of all photos. Dig	rital photos at least 300 DPI)
		below/attach it or email it to St., West Valley, NY 14171

\*\*Please do not create your own ad as it may not be compatible with our software.

**DEADLINE IS JANUARY 15, 2024**