



# WEST VALLEY CENTRAL SCHOOL

*School and Community Working Together*

VOLUME 30, No. 2

AUGUST/SEPTEMBER 2023

## SEPTEMBER CALENDAR OF EVENTS

SEPT 6. | FIRST DAY OF CLASSES

SEPT 6. | PRE-K ORIENTATION

SEPT. 15 | PICTURE DAY

SEPT. 19 | AUDIT COMMITTEE MEETING

SEPT. 19 | BOE MEETING

SEPT. 20 | ELEMENTARY OPEN HOUSE  
(5:45-6:45 PM)

SEPT. 20 | SECONDARY OPEN HOUSE  
(7:00-8:00 PM)

SEPT. 22 | SENIOR PICTURE DAY

SEPT. 25-30 | HOMECOMING WEEK

SEPT. 29 | FALL FEST

## ELEMENTARY SUMMER ENRICHMENT

This summer has been a blast! Our elementary students have had the opportunity to participate in a Summer Enrichment program at WVCS.

Students could come Monday through Thursday, or could choose a Monday/Wednesday schedule, or a Tuesday/Thursday schedule. While at Enrichment, students participated in a variety of hands-on activities. Kindergarteners and first graders built windmills and made bird feeders after discussing different bird habitats and what birds eat. Second graders learned how to be an engineer and then designed and built walls that they later tested for strength. Then they applied their engineering skills to making a blanket fort during a camping themed day. They also reviewed their math skills while making a variety of projects. Third and fourth graders read the book *The Dot* and then built a tower using only index cards, dots, and scissors. Then they reflected on what they could do to make the tower taller, incorporating growth mindset and its school applications. They also used Plus-Plus Blocks and playing cards to practice multiplication. The fifth and sixth grade class engaged in many different activities including a States project, Decimal Fish, Canvas Art, and Fraction Name projects.

We tried our best to tailor the activities to the interests of the kids we had! In addition to all of this, students had the opportunity to go to PE every other day and a STEAM class every other day. They played new and exciting games with our gym teachers and conquered STEAM challenges with Mrs. Theil! They even made solar ovens and cooked s'mores in them. All in all, it has been a great summer!



ADDITIONAL PHOTOS ON PAGE 7.

# MESSAGE FROM THE SUPERINTENDENT

By DR. TAWEEPON FARRAR

Welcome back, students and staff, to an exciting new school year! As we embark on this journey of learning and growth, let's embrace the opportunities that lie ahead. Whether you're returning or joining us for the first time, know that this year holds immense potential for each of you.

## SUMMERTIME

There were a couple school programs over the summer that were engaging and interactive for our students. Our teachers have been eagerly preparing their classrooms and finalizing their lesson plans for our upcoming school year. Our buildings and grounds department has been working exceptionally hard to deep clean the district in addition to accomplishing projects to continue the branding throughout our halls. There is no doubt our students will see a difference once they walk through the halls in September. I hope everyone had an opportunity to enjoy their summer and took the time to spend with family and friends while enjoying the weather.



## NEW STAFF

We did have a few staff members leave during the summer. We also had a few teachers (Technology, Art, Fourth Grade, Spanish, and Phys. Ed) leave to take positions closer to their homes or begin a different career journey. We do hope that we will start the year off with these teaching positions filled. We will introduce you to our new hires in the next newsletter. We are excited to welcome everyone to the West Valley family and these new staff members will be great additions to our district.

## SAFETY

Safety continues to be our number one priority. Our new full-time School Resource Officer will begin on the first day of school. This collaboration with the Cattaraugus County Sheriff's Department will provide mentoring, teaching, and a valuable resource for our students, staff, and families. We will also be implementing an additional check-in measure for visitors that come inside the building during school hours. There is more information in the newsletter about this additional safety protocol.

## HAPPY NEW YEAR!

Our school is not just a place of education, but a community that thrives on collaboration, creativity, and curiosity. Let's support one another in our pursuits, celebrate our achievements, and face challenges with determination. Remember, each new day is a chance to learn, to inspire, and to make a difference. As we come together once again, let's create a welcoming and inclusive environment where everyone feels valued and empowered. I wish you all a fantastic new school year filled with discoveries, friendships, and accomplishments.

# #WEAREWESTVALLEY



## REMOTE AREA MEDICAL

FREE, FIRST COME, FIRST SERVED, NO ID REQUIRED!

**DENTAL**

- Cleanings
- Fillings
- Extractions
- X-rays

**VISION**

- Complete Eye Exams
- Eye Health Evaluations
- Prescription glasses made on site!

**MEDICAL**

- Physical Exams
- RX Consultations
- Women's Health Exams & more!

**Olean, NY**  
September 9-10, 2023  
Olean YMCA  
1101 Wayne Street  
Olean, NY 14760

JCC JAMESTOWN COMMUNITY COLLEGE SUNY

BONA RESPONSE

the Y

FOR MORE INFO: RAMUSA.ORG | 865.579.1530

OLIAN CITY SCHOOL DISTRICT

## ENHANCED SAFETY AND VISITOR CHECK-IN PROCEDURES FOR 2023-24

The safety of all students, staff and visitors who work and learn at West Valley are our priority. We are excited to take next steps in ensuring a safe working and learning experience. Here are some highlights of our new visitor management system:

- Each visitor's government-issued ID card will be screened against the sex offender registries in all 50 states as well as an unlimited number of custom databases.
- When a visitor is flagged, staff can review the visitor's information side-by-side with the offender's information immediately while notifications are sent to administrative and security personnel.
- Visitors to the school will be issued a temporary badge that shows their role, name, destination, date and time of entry, and photograph.



## PREPARING FOR SUCCESS!

BY MR. AMODEO, PRINCIPAL/  
CURRICULUM COORDINATOR

A new school year is set to begin in just a couple of weeks. From the work of our Buildings and Grounds department to our teachers, we have been preparing for the first day of students on **Wednesday, September 6.**

Whether it is a clean classroom, fresh coat of paint, or new lessons and curriculum, the purpose of these preparations is to always create strong foundations for our students to realize their full potential.

Our teachers have been working throughout the summer to further develop their

curriculums and instructional strategies. Specifically, we have completed our 3rd summer of ELA curriculum work. This summer has been devoted to assessing our students, collecting data, and adjusting our instruction based upon a variety of student measures. Similarly, in Math we have begun our 2nd year of curriculum alignment and will be specifically focusing on mathematical vocabulary and student assessment. Although the last few years we have focused on ELA and Math, this summer our teachers also began their work on aligning the Next Generation Science standards and how to adjust our instruction to meet the standard expectations.

While our teachers have been preparing throughout the

summer, we have also planned for two student-parent orientation events prior to the start of the school year. The purpose of these orientations is to communicate important information related to our Code of Conduct, Technology Acceptable Use Policy, and to distribute student devices. These orientations are on **Tuesday, August 29 for 7th Grade only and Wednesday, August 30th for students in grades 8 through 12.**

We are asking that all students and their parent(s)/guardian(s) attend in order to participate in extra-curricular activities for the 2023-24 school year. All students are currently eligible to participate in athletic practices that begin before these orientations. Ultimately, we

believe that these orientations will help us to have a common understanding of what is needed for our students to realize their full potential at West Valley Central School.

In closing, although the summer is almost over, it is exciting to know that our students will be filling our hallways in a few weeks, catching up with friends, settling into a routine, and learning! Our 2023-24 student Bell Schedule has remained essentially the same with a minor adjustment to the morning homeroom times; see a copy in this newsletter. Please enjoy the rest of your summer and I look forward to seeing everyone after Labor Day!

**#WeAreWestValley!**

## FREE COMMUNITY

### CLOTHES CLOSET

St. John the Baptist Church  
Location: behind the church in Bingham Hall  
Wednesday from 1-4:00 p.m. (or by appointment)

Besides clothing and shoes, we accept bedding, kitchen and household items, and books for Cattaraugus County residents.

Donations of gently worn undamaged, clean, and seasonal items are welcome. Upon request, can fulfill a need of furniture items.

For questions or to make an appointment, please call Jacque Conrad at 716-942-3836.

## NEW DIGITAL FORMAT PSAT/NMSQT OCTOBER 18

This fall the PSAT/NMSQT (Preliminary Scholastic Aptitude Test/National Merit Scholarship Qualifying Test) will be **administered in a new digital format** that will provide an overall easier testing experience for students. On Wednesday, October 18, our school will administer the PSAT/NMSQT for 10th and 11th graders using their own school-issued device or a device provided to them that day. The cost per student is **\$18.00**, and checks should be made payable to WEST VALLEY CENTRAL SCHOOL. The **deadline** to sign up and pay for the test is **Tuesday, October 10**, in the Guidance Office or with Mrs. Westfall. Even if your child is not considering college now, they should take the PSAT/NMQST. Just taking it can encourage a student to start thinking seriously about life after high school, goals, and the education necessary to achieve those goals.

1. The PSAT measures the reading, math, and writing skills needed for college (and for success in most jobs and careers in today's world). After the test, a score report will show a student's results in each of the sections. It will also target areas that need improvement before re-taking/taking the PSAT/SAT.
2. This test gives students a chance to see how their skills compare with those of other students who will apply to college.
3. For 11th graders only, it is the first step in entering the National Merit Scholarship Corporation competitions for scholarships and recognition.
4. The Student Search Service gives PSAT/NMSQT test takers the option to voluntarily place their names and addresses in a pool of college-bound students interested in receiving admission and financial aid information from certified colleges, universities, and scholarship agencies.
5. Lastly, it provides practice for the SAT exams, which most juniors take for the first time in the spring.

## WNY CONSORTIUM OF HIGHER EDUCATION COMMON RECRUITMENT OCT. 4 • 10:15-11:00

The WNY Consortium Common Recruitment Committee is excited to visit and meet with our students this fall. The WNY Consortium is comprised of 20 colleges and universities across the Western New York region. On Wednesday, October 4, from 10:15-11:00 a.m. the WNY Consortium will be in the Aud. This is a free event and will target grades 10-12.



# Mission Statement

The West Valley Central School District supports and empowers all students to realize their full potential by preparing them to become lifelong learners and leaders in our society.

## Vision

West Valley Central School will become an exemplary learning community in our region, leading with pride and positivity, striving for excellence in and outside the classroom, moving forward for our students.

## Guiding Principles/ Core Beliefs

We believe that all individuals can learn and that learning is a lifelong process. Our responsibility is to:

- Create an educational atmosphere conducive to all learners focusing on the New York State Education Learning Standards and social - emotional learning while providing a positive and inclusive environment.
- Hold ourselves accountable with the highest expectations in providing support to all students in all facets of learning.
- Foster collaboration and communication between students, parents, the community, and the school.



# #WeAreWestValley

## 4TH QUARTER HONOR ROLL

WEST VALLEY, NY – West Valley Central School Principal, Daniel Amodeo, announced the following students in grades 7-12 have been named to the honor roll for the fourth quarter of the 2022-23 school year.

### High Honor Roll

- Gr. 8 – Isabella Mitchell
- Gr. 10 – Magdalena Parish

### Honor Roll

- Gr. 7 – Sebastian Froland, Karly Otto
- Gr. 8 – Samantha Fisher, Noah Klahn
- Gr. 9 – Ruth Letson
- Gr. 10 – Isabella Gibson, Eve Niesyty
- Gr. 11 – Nadia Tucker
- Gr. 12 – Benjamin Fisher, Kasper Heitman, Gabrielle Hickey, Samantha Kowalski

### Merit Roll

- Gr. 8 – Eva Barnes, Calvin Keller, Elizabeth Winsor
- Gr. 9 – Payton Ehnes, Olivia Harmony, Liliana Toms
- Gr. 10 – Walker Herbert, Justis Kapp, Victoria Parish, Hailey Robbins, Jack Tharnish, Madelynn Winsor
- Gr. 11 – Nicholas Peters
- Gr. 12 – Nicole Blackwell, Lauren Frascella, Nolan Spencer

Friday, Sept. 15, 2023  
Picture Day Schedule  
(In Aud)

8:00	Boces/Prek
8:20	Kindergarten
8:40	1st grade
9:00	2nd grade
9:20	3rd grade
9:40	4th grade
10:00	5th grade
10:20	6th grade
10:40	Seniors
11:00	11th grade
11:20	10th grade
11:40	9th grade
12:00	8th grade
12:15	7th grade



## SAT INFORMATION (2023-24)

2023-24 School Year Test Dates		
SAT Test Date*	Registration Deadline	Deadling for Changes, Regular Cancellation, and Late Registration
August 26, 2023	July 28, 2023 Register: <a href="https://mysat.collegeboard.org/login">https://mysat.collegeboard.org/login</a>	August 15, 2023
October 7, 2023	September 7, 2023 Register: <a href="https://mysat.collegeboard.org/login">https://mysat.collegeboard.org/login</a>	September 26, 2023
November 4, 2023	October 5, 2023 Register: <a href="https://mysat.collegeboard.org/login">https://mysat.collegeboard.org/login</a>	October 24, 2023
December 2, 2023	November 2, 2023 Register: <a href="https://mysat.collegeboard.org/login">https://mysat.collegeboard.org/login</a>	November 21, 2023
March 9, 2023 (Digital)**	February 23, 2024	Coming Soon
May 4, 2023 (Digital)**	April 19, 2024	Coming Soon
June 1, 2023 (Digital)**	May 17, 2024	Coming Soon
<p>*Your registration options will be limited if you are not taking the SAT for one of its main purposes. Registration for the spring 2024 test dates will be available at a later time and are subject to change.</p> <p>** Students taking the digital SAT who need to borrow a device from College Board will need to register and request their device earlier than the registration deadline — at least 30 days before test day.</p>		

## ACT INFORMATION (2023-24)

Test Dates - United States, US Territories, and Puerto Rico			
Test Dates	Regular Registration Deadline	Late Registration Deadline	Photo Upload and Standby Deadline
September 9, 2023	August 4, 2023	August 18, 2023	September 1, 2023
October 28, 2023	September 22, 2023	October 6, 2023	October 20, 2023
December 9, 2023	November 3, 2023	November 17, 2023	December 1, 2023
February 10, 2024	January 5, 2024	January 19, 2024	February 2, 2023
April 13, 2024	March 8, 2024	March 22, 2024	April 5, 2024
June 8, 2024	May 3, 2024	May 17, 2024	May 31, 2024
July 13, 2024*	June 7, 2024	June 21, 2024	July 5, 2024
<p>*No test centers are scheduled in New York for the July test date.</p> <p>Test Information Release for the 2023-2024 testing year will occur in September, April, and June. See <a href="http://www.act.org/the-act/tir">www.act.org/the-act/tir</a> for more information.</p>			





## HEALTHY KIDS PROGRAMS

Providing care for over 15 years with over 100 locations in four states & growing!

# Healthy Kids Programs @ West Valley Central School



Healthy Kids is excited to announce our new partnership with the West Valley Central School District for the 2023-24 school year!

For over 15 years, Healthy Kids Programs has been providing Before and After School, Summer Camp and Early Learning Programs with over 100 locations throughout the North East.

## After School

Coming Fall 2023!  
Registration Now Open

Ages: Kindergarten-12 Years

After School: Pick up as late as 6:00pm

## Pre-K 3

Drop off: as early as 7:45am

Pick up: as late as 6:00pm

## Join Us For A Virtual Open House!

We will go over who we are, and what our Before & After School Programs offer, tuition assistance qualifications & how to apply, and then open it up to any questions families may have.

July 18th  
Aug 15th  
Aug 22nd

Aug 29th  
Sept 7th  
Sept 12th

Reach out or visit our website for more info!



healthykidsprograms.com



shantelle@healthykidsprograms.com



845-330-0200



AWARD WINNING PROVIDER OFFERING CARE FOR 16 YEARS  
WITH OVER 100 LOCATIONS IN FOUR STATES & GROWING!

# FREE CHILDCARE

Healthy Kids offers up to 4 weeks of FREE CHILDCARE while you apply for childcare tuition assistance through New York State's Childcare Assistance Program.

## Childcare Assistance Program

The NYS Child Care Assistance Program helps eligible families with some or all of the cost of child care and more families are qualifying due to an increase in income levels!

### How to Qualify

Families may qualify based on income, reasons for needing day care, and a child's age or individual needs.

#### Family Size

#### Max Yearly Income to Qualify

Family of 2	\$59,160
Family of 3	\$74,580
Family of 4	\$90,000
Family of 5	\$105,420

### How to Apply

- 1 Submit an application form to your local county unit
- 2 Start 4 weeks of free childcare
- 3 Provide additional information to your caseworker
- 4 Get your approval!

## Taylor Mahoney

Subsidy Specialist

subsidy@healthykidsprograms.com

845-330-0200



## Questions, need support?

Reach out to Taylor our Subsidy Specialist.



# ASVAB CAREER EXPLORATION PROGRAM FOR 10TH-12TH GRADERS WEDNESDAY, DECEMBER 6

West Valley Central School will be administering the ASVAB assessment instrument, which is part of the ASVAB Career Exploration Program (CEP), to any **interested** students in grades 10-12 on **Wednesday, December 6, from 8:00 to 11:00 a.m.** Please have your son/daughter sign up in the Guidance Office with Mr. LaBrake by Friday, November 17. This test is an invaluable tool to help your child with his/her future educational and career plans.

The ASVAB CEP will help your students:

- To learn more about themselves and the world of work
- Explore occupations in line with their interests and skills
- Develop an effective strategy to realize their career and education goals

One of the scores on the ASVAB is the military services' entrance score, which may be used by your child to explore career options in the military. Your child's name and ASVAB CEP Scores will be released to the military unless you choose not to have their name released. Even if your child's name is released to the military, by no means is your child obligated to military service. The ASVAB CEP's website ([www.asvabprogram.com](http://www.asvabprogram.com)) offers useful information regarding the program and includes a brief video summary explaining the process and benefits of the program. Please call me with additional questions at 716-942-3100, extension 4148.

**If you would rather not have your child's test scores released to the military, please sign, and complete the information below and return to the Guidance Office.**

I, (Parent/Guardian Name) \_\_\_\_\_

request that (student's name) \_\_\_\_\_

ASVAB CEP results not be released to the military recruiting services.

Signature of Parent/Guardian \_\_\_\_\_

Date \_\_\_\_\_



# ELEMENTARY SUMMER ENRICHMENT



# BELL SCHEDULE



## Sport Schedules

### GIRLS JV & VARSITY VOLLEYBALL

Date/Time		Opponent
Thu Aug 31 1:30 PM	vs	Panama
Tue Sep 12 5:00 PM	@	Cattaraugus Little Valley (JV only)
Fri Sep 15 5:00 PM	vs	North Collins (Varsity only)
Wed Sep 20 6:30 PM	vs	Ellicottville
Sat Sep 23 1:00 PM	@	Noth Collins
Mon Sep 25 6:30 PM	@	Cattaraugus Little Valley
Thu Sep 28 6:30 PM	vs	Brocton
Sat Sep 30 9:00 AM	@	Clymer (Varsity only)
Sat Oct 7 8:00 AM	@	Allegheny-Limestone (Varsity only)
Tue Oct 10 6:30 PM	@	Brocton
Thu Oct 12 6:30 PM	@	Ellicottville
Sat Oct 21 9:00 AM	@	Panama (Varsity only)

### GIRLS MODIFIED VOLLEYBALL

Date/Time		Opponent
Fri Sep 15 5:00 PM	@	Cattaraugus Little Valley
Sat Sep 23 11:00 AM	@	North Collins
Fri Oct 6 5:00 PM	vs	North Collins
Thu Oct 12 5:00 PM	vs	Cattaraugus Little Valley
Wed Oct 18 5:00 PM	@	Gowanda
Tues Oct 24 5:00 PM	vs	Gowanda

### CROSS COUNTRY

Date/Time		Opponent
Tue Sep 12 4:30 PM	@	Gowanda Central High School
Tue Sep 19 4:30 PM	@	Dunkirk High School
Tue Sep 26 4:30 PM	@	Olean High School
Tue Oct 10 4:30 PM	@	Falconer High School
Sat Oct 14 10:00 AM	@	Alden High School
Tue Oct 17 4:30 PM	vs	West Valley Central High School
Fri Oct 27 3:00 PM	@	League Meet in Bemus Point

### GIRLS VARSITY SWIMMING & DIVING (SGI)

Date/Time		Opponent
Thu Aug 31 11:00 AM	vs	Pioneer High School
Fri Sep 8 5:00 PM	@	Depew High School
Tue Sep 12 5:00 PM	vs	Tonawanda High School
Tue Sep 19 5:00 PM	@	Cleveland Hill High School
Fri Sep 22 5:00 PM	@	Alden High School
Thu Sep 28 5:00 PM	vs	Eden High School
Tue Oct 3 5:00 PM	vs	Iroquois High School
Fri Oct 13 5:00 PM	@	East Aurora High School

Dates and time are subject to change.  
Check our website for the most up to date schedules:  
[www.wvalley.org/athletics](http://www.wvalley.org/athletics)

**7-12 Students off Bus: 7:35**  
**Homeroom: 7:36-7:43**

**Teacher Day: 7:30-2:43**  
**Student Day: 7:36-2:41**

	K-6	7-12	BOCES AM
1	7:45-8:25	7:45-8:25	Departure: 8:30
2	8:28-9:08	8:28-9:08	
3	9:11-9:51	9:11-9:51	BOCES AM
4	9:54-10:34	9:54-10:34	Pick-up: 11:05
5	10:37-11:17	10:37-11:17	
6	11:20-11:50(L)	11:20-12:00	BOCES PM
7	11:52-12:32	12:02-12:32(L)	Departure: 11:35
8	12:35-1:15	12:35-1:15	
9	1:18-1:58	1:18-1:58	BOCES PM
10	2:01-2:41	2:01-2:41	Pick-up: 1:50



## WEST VALLEY FOOD PANTRY

Location: Ashford Town Barn, Fox Valley Rd. Open by appointment only.

If you are need of food, please call Kris Aldrow at 716-942-6690  
or Amy Frank at 716-942-6657 to set up a time/day.

Most orders will be filled on normal food bank days:  
the 2nd and 4th Wednesday of each month (1-4:00 p.m.)

If you need emergency food please call and we will arrange a pickup or delivery time.

If WVCS is closed for weather the food pantry will also be closed.

### FOOD PANTRY NEEDS:

Canned fruit  
Soup  
Side rice/noodle dishes

Spaghetti sauce  
Salad dressing  
Paper towels

Toilet paper



# MEET THE COACHES



**BRYAN  
HANSEN**

ATHLETIC DIRECTOR

Questions about  
West Valley Athletics?

716-942-3100, ext. 4108  
bhansen@wvalley.org

## Fall Sports

**Cross Country  
(at West Valley)**

**Girls Volleyball  
(at West Valley with  
Franklinville)  
Varsity, JV, Modified**

**Girls Varsity  
Swimming & Diving  
(at Springville-  
Griffith)**



**ALLISON  
FOX**

GIRLS JV VOLLEYBALL

"I'm looking forward to bringing volleyball back to West Valley! It's just a joy to get to be immersed in the sport again and share that with WV and Franklinville students. My number one goal is that my players work as a team both on and off the court, but I also hope we have a ton of fun, and that everyone feels a personal sense of improvement by the end of the season."



**EMILY  
KAZMIERCZAK**

GIRLS VARSITY  
VOLLEYBALL

"I am beyond excited to have this opportunity to coach varsity volleyball and to take my love of this game and pass it on to my athletes! I also am looking forward to hosting a Dig Pink game to raise some money for cancer research. My goals for this season are to constantly keep learning and improving. I want to work as a team on and off the court and have fun while doing so. I hope that each athlete on my team feels a sense of achievement or accomplishes a goal they set! Let's go Wildcats!"



**DANA  
LEMBKE**

CROSS COUNTRY

"This will be the third year of West Valley's blossoming Cross Country program. We are a growing program both in athletes and abilities. The varsity boys have a solid core group and the varsity girls have a lot of experience on their side. We have some new athletes this year to build out our modified team. This year our focus will be on attending some new invitationals, winning a meet for the boys team, honing our home course, and breaking PR's."



**AMANDA  
URMSON**

GIRLS MODIFIED  
VOLLEYBALL

"I'm looking forward to learning volleyball together as a team and seeing how much each player improves by the end of the season. My goal for the team is to become united as one Wildcats team. Being from two districts, I really want the girls to feel like they are one team. I want them to play as a team, learn as a team, and support their teammates no matter which school they are from."

## RICHARD DEKAY SECTION VI HALL OF FAME

Congratulations to Richard DeKay, former athletic director, coach, and teacher at West Valley, on his upcoming induction into the Section VI Hall of Fame. During his 34 years at WVCS, he coached baseball, basketball, football, and track & field. Coach DeKay retired from West Valley in 2010 and was inducted into the WVCS Athletic Hall of Fame in 2012. The Section VI induction ceremony will take place on December 1st.



1977



2010

**WEST VALLEY  
CENTRAL SCHOOL**  
SPORTSMANSHIP CREED



AT WEST VALLEY, SPORTSMANSHIP  
IS AN EXPECTATION!

LET THE PLAYERS PLAY  
LET THE COACHES COACH  
LET THE OFFICIALS OFFICIATE  
AND MAY THE SPECTATORS ALWAYS BE POSITIVE



West Valley Central School  
2023-2024 school calendar



Student Attendance Days 180  
Teacher Days 184

SEPTEMBER <i>Days 19</i>						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
OCTOBER <i>Days 21</i>						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				
NOVEMBER <i>Days 18</i>						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		
DECEMBER <i>Days 15</i>						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						
JANUARY <i>Days 21</i>						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

**Key:**

- School not in session
- School and offices closed
- Supt. Day - no students

Sept. 4 - Labor Day  
 Sept. 5 - Supt. Day - Staff Only  
 Sept. 6 - PreK - 12 first day/  
 PreK orientation  
 Sept. 20 - Open House  
 Oct. 9 - Columbus Day  
 Nov. 1 - Supt. Day - Staff Only  
 Nov. 9 - end of 1st quarter  
 Nov. 10 - Veterans Day  
 Nov. 20 & 21 - 1/2 day for  
 students/full day teachers &  
 staff/parent conferences  
 Nov. 22-24-Thanksgiving Break  
 Dec. 22-School & Offices closed  
 Dec. 25-School & Offices closed  
 Dec. 25-Jan. 1-Early Winter Break  
 Jan. 1-School & Offices closed  
 Jan. 15 - Martin Luther King Day  
 Jan. 26 - end of 2nd quarter/  
 rating day, 1/2 day for students  
 , full day for teachers/staff  
 Feb. 19 - President's Day  
 Feb. 19-23 - Mid-Winter Break  
 March 8 - Supt. Day - Staff Only  
 March 29-April 8 - Spring Break  
 April 19 - end of 3rd quarter  
 May 24-27 - Memorial Day  
 June 13-last reg. day for gr. 7-12  
 June 4 and 14-26 Regents Exams  
 June 19 - Juneteenth Day  
 June 24&25 1/2 day elementary/  
 full day for teachers and staff  
 June 25 - end of 4th quarter/  
 last reg day for PreK-6 students  
 June 26 - rating day/  
 last day for teachers  
 June 28 - Graduation Day

last day of reg. classes  
 Open House  
 Parent Conferences

FEBRUARY <i>Days 16</i>						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		
MARCH <i>Days 20</i>						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						
APRIL <i>Days 16</i>						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				
MAY <i>Days 21</i>						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	
JUNE <i>Days 17</i>						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

1/2 day elem/full day teachers/staff  
 PreK orientation  
 1/2 day for students/full day  
 teachers/staff



## SEPTEMBER 2023 - GRADES PREK-12 - BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
LABOR DAY NO SCHOOL 4	SUPERINTENDENT'S DAY NO SCHOOL 5	Croissant Breakfast Sandwich w/Sausage ----- 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup, Milk -8oz 6	Bagel w/Assorted Toppings ----- 100% Fruit Juice ½ Cup or Prepared Fruit ½ Cup, Milk-8 Oz 7	Pancakes w/Syrup ----- 100% Fruit Juice ½ Cup or Prepared Fruit ½ Cup, Milk-8 Oz 8
8" Breakfast Wrap w/Sausage ----- 100% Fruit Juice ½ Cup or Prepared Fruit ½ Cup, Milk-8oz 11	Chocolate Chip Muffin w/4oz Assorted Yogurt ----- 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup, Milk-8oz 12	Pillsbury Cinni Mini ----- 100% Fruit Juice ½ Cup or Prepared Fruit ½ Cup, Milk-8oz 13	Croissant Breakfast Sandwich w/Sausage ----- 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup, Milk -8oz 14	Donut w/Frosting ----- 100% Fruit Juice ½ Cup or Prepared Fruit ½ Cup, Milk-8oz 15
Bagel w/Assorted Toppings ----- 100% fruit Juice ½ Cup or Prepared Fruit, Milk- 8 oz. 18	Breakfast Pizza w/Sausage ----- 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup, Milk-8oz 19	Blueberry Muffin w/4oz Assorted Yogurt ----- 100% Fruit Juice ½ Cup or Prepared Fruit ½ Cup, Milk-8oz 20	French Toast Sticks w/Syrup ----- 100% Fruit Juice ½ Cup or Prepared Fruit ½ Cup, Milk-8oz 21	Croissant Breakfast Sandwich w/Sausage ----- 100% fruit Juice ½ Cup or Prepared Fruit ½ Cup, Milk -8oz 22
Pillsbury Cinni Mini ----- 100% fruit Juice ½ Cup or Prepared Fruit, Milk- 8 oz. 25	8" Breakfast Wrap w/Sausage ----- 100% Fruit Juice ½ Cup or Prepared Fruit ½ Cup, Milk-8oz 26	Pancakes w/Syrup ----- 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup, Milk -8oz 27	Assorted Muffins w/4oz Assorted Yogurt ----- 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup, Milk -8oz 28	Bagel Breakfast Sandwich w/Sausage ----- 100% Fruit Juice ½ Cup or Fresh Fruit ½ Cup, Milk -8oz 29

## SEPTEMBER 2023 - GRADES K-6 - LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
LABOR DAY NO SCHOOL 4	SUPERINTENDENT'S DAY NO SCHOOL 5	Chicken Patty on a Bun w/Assorted Toppings ----- Carrots 3/4C, NY sliced Cucumbers 1/2C, NYS Watermelon 1/2C, Milk-8oz 6	Cheese and Pepperoni Pizza ----- 1C Romaine Salad= 1/2C, NYS Seasoned Zucchini & Summer Squash 1/2C, Fruit 1/2C, Milk-8oz 7	BBQ Pulled Pork on a Hamburger Bun ----- Steamed Broccoli 1/2C, Fresh Baby Carrots 1/2C, NYS Apple-1Piece, Milk-8oz 8
Baked Chicken w/Warm Dinner Roll ----- Baked Beans 1/2C, Mashed Potatoes 1/2C, NYS Peaches- 1Piece, Milk-8oz 11	Twin Taco's w/Meat, Cheese, Lettuce and Salsa ----- NYS Diced Tomatoes 3/4C, Corn 1/2C, Fruit 1/2C, Milk-8oz 12	Chicken Tenders ----- 1C Romaine Salad=1/2C w/ NYS Cucum- bers & Tomatoes, Peas 1/2C Fresh Fruit 1/2C, Milk-8oz 13	Cheese Pizza ----- Roasted Cauliflower1/2C, Fresh Baby Carrots 1/2C, Fruit 1/2C, Milk -8oz 14	Chicken Broccoli Alfredo Over Seasoned Pasta ----- Green Beans 1/2C, Steamed Broccoli 1/2C, NYS Apple-1piece, Milk-8oz 15
Chicken Nuggets ----- Steamed Broccoli 1/2C, Sweet Potatoes 3/4C, Fruit 1/2C, Milk -8oz 18	Taco in a Bag w/Nacho Doritos, Meat, Cheese, Lettuce and Salsa ----- Bean Salad 3/4C, Corn 1/2C, NYS Apple-1Piece, Milk- 8oz 19	Chicken Patty on a Bun w/Lettuce, and Tomato ----- NYS Fresh sliced Peppers 3/4C, Green Beans 1/2C, Fresh Fruit-1Piece, Milk-8oz 20	Cheese and Pepperoni Pizza ----- Fresh Baby Carrots 1/2C, Mixed Veg- etables 1/2C, NYS Nectarines 1-piece, Milk-8oz 21	Grilled Cheese Sandwich ----- 1C Romaine Salad=1/2C w/ NYS Cucum- bers & Tomatoes, Peas 1/2C Fruit 1/2C, Milk-8oz 22
Popcorn Chicken ----- Baked Beans 1/2C, Maple glazed Carrots 3/4C, NYS Peaches-1Piece, Milk-8oz 25	Nacho Grande w/Tostitos Chips, Meat, Cheese, Let-tuce and Salsa ----- Corn 1/2C, NYS Diced Tomatoes 3/4C, NYS Apples – 1 Piece, Milk-8oz 26	Mozzarella Sticks w/Spaghetti Sauce ----- Steamed Broccoli 1/2C, NYS sliced Cucumbers 1/2C, Fresh Fruit - 1Piece, Milk-8oz 27	Cheese Pizza ----- Green Beans 1/2C, NYS Sliced Peppers 1/2C, Fruit 1/2C, Milk-8oz 28	Chicken Tenders ----- 1C Romaine Salad=1/2C w/ NYS Cucum- bers & Tomatoes, Fresh Carrot & Celery, Sticks 1/2C, Fruit 1/2C, Milk-8oz 29

## SEPTEMBER 2023 - GRADES 7-12 - LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
LABOR DAY NO SCHOOL 4	SUPERINTENDENT'S DAY NO SCHOOL 5	Chicken Patty on a Bun w/Assorted Toppings ----- Carrots 3/4C, NY sliced Cucumbers 1/2C, NYS Watermelon 1/2C, Milk-8oz 6	Cheese and Pepperoni Pizza ----- 1C Romaine Salad= 1/2C, NYS Seasoned Zucchini & Summer Squash 1/2C, Fruit 1/2C, Milk-8oz 7	BBQ Pulled Pork on a Hamburger Bun ----- Steamed Broccoli 1/2C, Fresh Baby Carrots 1/2C, NYS Apple-1Piece, Milk-8oz 8
Baked Chicken w/Seasoned Rotini and a Warm Dinner Roll ----- Baked Beans 1/2C, Mashed Potatoes 1/2C, NYS Peaches- 1Piece, Milk-8oz 11	Twin Taco's w/Meat, Cheese, Lettuce and Salsa and Seasoned Rice ----- NYS Diced Tomatoes 3/4C, Corn 1/2C, Fruit 1/2C, Milk-8oz 12	Chicken Tenders ----- 1C Romaine Salad=1/2C w/ NYS Cucum- bers & Tomatoes, Peas 1/2C, Fresh Fruit 1/2C, Milk-8oz 13	Cheese Pizza ----- Roasted Cauliflower1/2C, Fresh Baby Carrots 1/2C, Fruit 1/2C, Milk -8oz 14	Chicken Broccoli Alfredo Over Seasoned Pasta and a Warm Dinner Roll ----- Green Beans 1/2C, Steamed Broccoli 1/2C, NYS Apple- 1piece, Milk-8oz 15
Chicken Nuggets w/Macaroni Salad ----- Steamed Broccoli 1/2C, Sweet Potatoes 3/4C, Fruit 1/2C, Milk -8oz 18	Taco in a Bag w/Nacho Doritos, Meat, Cheese, Lettuce and Salsa and Sea- soned Rice ----- Bean Salad 3/4C, Corn 1/2C, NYS, Apple-1Piece, Milk- 8oz 19	Chicken Patty on a Bun w/Lettuce, and Tomato ----- NYS Fresh sliced Peppers 3/4C, Green Beans 1/2C, Fresh Fruit-1Piece, Milk-8oz 20	Cheese and Pepperoni Pizza ----- Fresh Baby Carrots 1/2C, Mixed Veg- etables 1/2C, NYS Nectarines 1-piece, Milk-8oz 21	Grilled Cheese Sandwich ----- 1C Romaine Salad=1/2C w/ NYS Cucum- bers & Tomatoes, Peas 1/2C Fruit 1/2C, Milk-8oz 22
Popcorn Chicken ----- Baked Beans 1/2C, Maple glazed Carrots 3/4C, NYS Peaches-1Piece, Milk-8oz 25	Nacho Grande w/Tostitos Chips, Meat, Cheese, Let-tuce and Salsa and Sea- soned Rice ----- Corn 1/2C, NYS Diced Tomatoes 3/4C NYS Apples – 1 Piece, Milk-8oz 26	Mozzarella Sticks w/Spaghetti Sauce ----- Steamed Broccoli 1/2C, NYS sliced Cucumbers 1/2C, Fresh Fruit - 1Piece, Milk-8oz 27	Cheese Pizza ----- Green Beans 1/2C, NYS Sliced Peppers 1/2C, Fruit 1/2C, Milk-8oz 28	Chicken Tenders ----- 1C Romaine Salad=1/2C w/ NYS Cucum- bers & Tomatoes, Fresh Carrot & Celery, Sticks 1/2C, Fruit 1/2C, Milk-8oz 29

**MENUS SUBJECT TO CHANGES**

**REMEMBER, if you are approved for free Lunch, you are automatically approved for Breakfast!**



## WEST VALLEY CENTRAL SCHOOL

5359 School St.  
West Valley, NY 14171  
(716) 942-3100

NON PROFIT  
ORGANIZATION  
U.S. POSTAGE PAID  
Permit No. 5  
West Valley, NY

### BOARD OF EDUCATION

Heather Klahn, President  
Charlie Davis, Vice President  
Jonathan Boberg  
Tracy Chai  
Adam Fisher  
George Kazmierczak  
Gary Niesyty

**OR CURRENT RESIDENT**

**POSTAL PATRON LOCAL**

### ADMINISTRATION

**Dr. Taweepon Farrar**, Superintendent  
**Barbara Sporyz**, Business Administrator  
**Daniel Amodeo**, Pre-K-12 Principal  
**Danielle Behringer**, Assistant Principal, CSE/CPSE Chairperson

## FEEDMORE WNY WEEKEND BACKPACK PROGRAM

If any family wishes to participate in our **Weekend Backpack Program**, please contact Mr. LaBrake anytime during the school year. The goal of the Weekend Backpack Program is to provide nutritious and easy-to-prepare meals for children to take home on weekends. This program is provided to you **completely free of charge!**

Each week your child will be provided with a bag of nutritious, non-perishable food to be eaten over the weekend. The food will be placed in your child's backpack at the end of the school day, and it is intended to be opened once your child is home. The program will

continue throughout the 2023-24 school year. Participation in the Weekend Backpack Program **will not affect your family's eligibility for other food assistance programs (such as SNAP, WIC, or food pantry access).**

**To enroll your child/children in the program, complete the paperwork sent home in July and/or contact Mr. LaBrake.** Please call with any questions at 716-942-3100 extension 4148 or send an email to [mlabrake@wvalley.org](mailto:mlabrake@wvalley.org). **The Weekend Backpack Program will start Friday, September 29th.**

### Place A Personal Yearbook Ad For Your Senior

Name of senior \_\_\_\_\_ Ad size \_\_\_\_\_

Phone # in case of questions \_\_\_\_\_ # of photos to include in ad \_\_\_\_\_

(Please put your name on the back of all photos. Digital photos at least 300 DPI)

Ad Text: (ex. We love you, Suzy!) Write your message below/attach it or email it to [jmumbach@wvalley.org](mailto:jmumbach@wvalley.org), mail it to 5359 School St. West Valley, NY 14171 or send with student.

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**Ad sizes & prices:**    ¼ page-\$25                      ½ page-\$50                      Full page- \$100

**\*\* Please do not create your own ad as it may not be compatible with our software.**

**DEADLINE IS JANUARY 15, 2024**