



MOFFAT'S MONTHLY NEWSPAPER

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Monthly Recap

Mr. Torrez held a community night on Oct. 23rd to discuss how substance abuse affects families. Thank you to the community members that joined us. Red Ribbon Week started on Oct. 23rd, and on Oct. 24th, Ms. DeLeon and Mr. D. Schouweiler held an assembly to inform the whole school about the dangers of drugs and alcohol.

On Oct. 25th, the Junior class hosted a haunted hallway fundraiser. The hallway was a haunted hospital theme. There was chili and Halloween movies. The Juniors came in at 11 AM and went home at 9 PM and had an all together spooky time. Read more about it on the next page!





OCT-29 OCT. 501 Garfield Ave.

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HAPPY HALLOWEEN

Haunted Hallway

On October 25th, the Junior Class hosted a Haunted Hallway! Movies were played along with food and snacks. The Junior class is working towards their senior trip and helping with our fundraisers can help us do more fun activities at the school!!













Parent Teacher Conferences

Parents teacher conferences were held on October 15th and the 16th from 4pm - 8pm. Students and parents met with teachers. Teachers look forward to the next PTC in the spring semester. Food was also served, and we appreciate Ms. Haven for cooking and the custodial staff for set up and take down.

Fire Safety Fun

The Moffat Fire Department gave a "hands on" presentation about fire safety. Our students were engaged and eager to learn more. Thank you to our volunteer firemen!







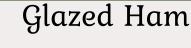


Cowboy Cuisine

SOME OF OUR FAVORITE RECIPES

Every month, we bring a splash of flavor and a pinch of inspiration right to your kitchen!







- 10 Oz unsweetened pineapple rings
- 10 whole cloves garlic
- 3 Tbsp Dijon or spicy brown mustard
- 1 smoked ham butt, any size
- 1 Cup brown sugar
- ¼ Cup honey

2 Tbsp milk

1 Cup w sugar

3 Tbsp cinnamon

2 Tbsp butter(melted)

- ¼ Teaspoon of each: ground cinnamon, ground cloves & ground ginger
- ½ teaspoon freshly grated nutmeg & paprika

Steps:

- in small saucepan over medium heat, add pineapple juice & mustard, brown sugar, honey and spices. Stir over medium heat until slightly thickened.
- 2. Line deep baking dish with parchment paper (or not if you like scrubbing dishes). Place ham, flat side down in baking dish. Arrange pineapple rings on top of ham using cloves to secure pineapple to ham. Drizzle a few spoonfuls of glaze on top of ham.
- 3. Preheat oven to 325°F. Drizzle a few spoonsful of glaze on top of ham. Bake according to package directions (my 7 lb. smoked ham cooked 15 minutes per pound) Baste ham with remaining glaze every 20-30 minutes during cooking. Remove ham from oven and pineapple from ham, discarding whole cloves. Slice ham, drizzle glaze on top. Serve remaining glaze on the side.

Ingredients:

- 11/2 Cups milk
- 1 Cup warm water
- 2 Packages yeast,
- 3 Eggs
- 1/2 Cup b sugar
- T/Z Cup b sugai
- 1 Tsp salt
- 1/2 Cup butter(softened)
- 1 Cup raisins
- 8 Cups flour

Cinnamon Raisin Rolls

- Bloom yeast with brown sugar: Mix in eggs, soft butter, salt, raisins, white sugar, slowly add milk
- 2. Add flour gradually for dough, knead until smooth, place in buttered bowl and rise till doubled(rise again before baking
- 3. Roll on floured surface until 1/2 inch thick, moisten with milk, roll tightly longways, mix cinnamon, cut and bake





Ingredients:

- 15 Oz pumpkin puree
- 12 Fl Oz evaporated milk
- 11/2 cups w sugar
- 4 Lrg eggs
- 2 Tsp pumpkin pie spice
- 1 Tsp salt
- 15 Oz yellow cake mix
- 1 Cup chopped pecans
- 1 Cup butter (melted)
- 8 Oz frozen whipped topping (thawed)

Steps

- 1. Preheat oven to 350 F, lightly grease one 9x13 inch baking pan
- Combine pumpkin, evaporated milk, sugar, eggs, pumpkin pie spice, and salt in large bowl; mix well, spread batter into pan
- 3. Sprinkle cake mix over batter and pat down gently, sprinkle pecans evenly then drizzle with melted butter
- 4. Bake in oven until a toothpick inserted into the center comes out clean, 60-80 min, serve with whipped topping











Counselor's Corner

Resources:



- --Mr. Dylan Schouweiler, Family Liaison
- --Ms. Sarah DeLeon, Counselor

NURSE'S NICHE

Thank you Julie Nutter, RDH/Oral Health Director at Chaffee County Public Health, and her team for providing oral health at Moffat. They provided screening, cleaning, fluoride treatment, sealants, and/or silver diamine fluoride (per parents' permission) to 52 students. Based on Medicaid rates, that equates to approximately \$12,700 in services completed. Free toothbrushes and small toothpastes have been provided to our school by Chaffee County Public Health. "Cavities remain the number one chronic disease in children, with potential developmental, economic, and social ramifications" (Oral Health in Colorado by the numbers). A special thank you to all the parents who allowed their child(ren) to participate this year!

-Nurse Elchos



Upcoming Events:

- Kindness Week, Nov. 11th 14th
- Career Fair 9th-12th grades, November 13th
- Creede Theater Performance, Nov. 19th; 1:00pm
- Thanksgiving Staff Potluck, Nov. 20th
- Pie 3 Teachers Day, Nov. 21st 12th grade
- PLEASE CHECK ATHLETIC SCHEDULES FOR UPCOMING COMPETITIONS!







Horsin' Around





Volleyball

High School

High school volleyball finished Oct 25th. The team consisted of 14 girls, 4 of which are Moffat athletes.

Middle School

Middle school volleyball had their EOY tournament October 11th. During their season, they beat Del Norte, Centauri and Antonito. They lost in the first round of the tournament. Salaura,

Aurora, and Hadley represented

Moffat.

National Coach's Day

National Coach's Day fell on October 6th. Moffat has some great athletic coaches! Pictured below are Sara McFarland, Megan Shellabarger, and Marie Pollard. Between coaching, scheduling, reviewing film, and teaching, they stay busy. We appreciate all they do for our athletes and athletic program!





High School

Football

Sangre has one more game left in the season, They'll play the Custer County Bobcats. Chase Shellabarger represents Moffat.

Middle School

Football

Middle school had an undefeated season, finishing 5-0! Their final game was October 25th against the Cotopaxi Pirates. Tanner Shellabarger and Lane Collins represented Moffat.

Basketball

Middle school boys began October 28th. Their first game will be at the Cotopaxi tournament. They'll play the Cripple Creek Pioneers. Middle school boys basketball will be coached by Megan Shellabarger and Sara McFarland. And, as a reminder to any middle school boy looking to play, your physical must be turned in and up to date. Your forms and rules have to be signed and turned in before you can play in a game.



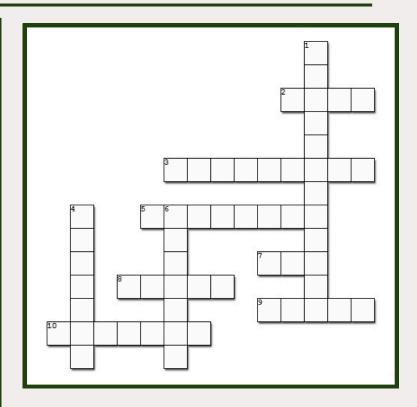
Western Spook-sy

CROSSWORDS, COMICS, AND COWBOY CLUBS

What the Club?

- The JV Knowledge Bowl team won third placed in the 1A category. The JV team this month is Shuana Pollard. Kandra Pollard. Shotaro Saigo, and Kaidence Alwin. Good job. Cowboys!
- The Vice President of Key Club, Lexi, attended a Key Leaders meeting in Estes Park. She learned more about leadership skills. She's been to almost every meet.
- The Student Council is currently in the process of getting a second microwave for the lunch room!





Across

- 2. The 3rd season of the year
- 3. The holiday that's on the 31st of October
- 5. What people use to dress up for Halloween
- 7. A baked pastry (usually made with pumpkins)
- 8. The soul of a dead person
- 9. What people get on Halloween
- 10. People that fly on brooms

Down

- 1. The person who came back to life
- 4. A winter squash that is harvested in October
- 6. The 10th month of the year





Cowboy Extras

EXCITING EXPERIENCES IN AND OUT OF THE CLASSROOM

Amazing Archery

Orianna and Sean have both hit a perfect 50 in Archery!! This requires incredible precision and consistency. Please be sure to congratulate them!





National Custodian's Day



Pictured from left: Zach, Lexy, Elaine
National Custodian's Day was October 2nd.
Thank you to our amazing custodians for all
you do for our school!



National Instructional Coach's Day



Pictured: Ms. Crowder National Instructional Coach's Day was October 6th. Thank you for all you do for our school!

National Boss's Day





Pictured: Ms. Garcia
Not Pictured: Mr. Torrez
National Boss's Day was October 16th. Thank you to
Ms. Garcia and Mr. Torrez!