





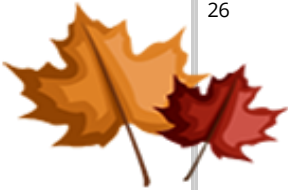



Breakfast Menu, Grades 1-8

November 2024



**Yreka Union
School District**

Monday		Tuesday		Wednesday		Thursday		Friday	
Menu Subject to Change This institution is an equal opportunity provider.									
4 Cold Cereal String Cheese Stick		5 Hashbrown Patty Sausage Links English Muffin		6 Biscuits and Gravy Fruit Juice		7 Strawberry Cream Cheese Mini Bagels Orange Smoothie		1 No School! 	
								8 Chocolate Chip Muffin Double Chocolate Muffin Danimals Yogurt Cup	
11 No School! 		12 Cold Cereal String Cheese Stick		13 Biscuits and Gravy Fruit Juice		14 Mini Cinnamon Buns Orange Smoothie		15 Chocolate Chip Muffin Double Chocolate Muffin Danimals Yogurt Cup	
18 Cold Cereal String Cheese Stick		19 Scrambled Eggs Waffles Strawberry Cup Whipped Cream		20 Biscuits and Gravy Fruit Juice		21 Pumpkin Spice Bread Orange Smoothie		22 Chocolate Chip Muffin Double Chocolate Muffin Danimals Yogurt Cup	
									
25 		26		27		28		29 	
Thanksgiving Break									

Did You Know?

Eggs contain 6 grams of protein! Protein is a part of a healthy diet and allows us to grow and build muscle.



Our menu features reduced sugar and increased protein.

Choice of Calcium & Vitamin D milks offered daily with each meal.

Choice of fruits offered daily at breakfast.

All grains offered on menu are whole grain rich.