

Item Name	Portion Size	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Includes Added Su	Protein (g)	Vitamin A IU (IU)	Vitamin A RE (RE)	Vitamin C (mg)	Vitamin D (mg)	Calcium (mg)	Potassium (mg)	Iron (mg)	Special Meal Accommodations
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(2) Birria n Cheese Pupusa (58)	2 each																				
2 Taco Crispups(24) w/ Fixings																					
BLT & Avocado Wrap (40)	1 each	52...	29	7.9	0	73.9	15...	39.6	4.2	8		28.4	33...		12.2		16...		2.6		
Baby Carrots(8)	1 3.0	35	0	0	0	0	65	8	2	5		1	120		0		0		0.4		
Beef Cheeseburger (31)	1	348	13	5	0	63	869	30	2	3.7		25	150		9		247		3		
Beef Taco Salad(8) with Tortilla	1 serving	48...	22.6	7.4	0.6	49.8	70...	47.9	10.4	5.7		16.9	49...		4.1		14...		2.4		
Big Funyuns (24)	Serving .75 oz	180	8	1	0	0	350	24	1	1		2					10		0.7		
Broccoli Buds(3)	1 3 oz package	16	0	0		0	0	3	1	1		1	80%		36%		20%		3%		
Chicken Lo Mein(59) w Fortune	1 Serving	54...	16.6	2.9	0	52.9	67...	67.4	4	14		17	54...		6		20.1		2.1		
Chicken Teriyaki & Rice Bowl (342.268 gram...	342	7.3	2	0	84	1031	59	2	9		25	0.1		18		6		1.3		
Chile Jicama(5)	1	22.6	0.1	0.1	0	0	15.7	4.7	2.6	1.1		0.5	13.6		12.1		7.1		0.4		
Chocolate Chip Cookie(27)	1 each	160	6	1.5	0	10	90	27	1	15		2	0		0		0		1.1		
Cucumber Coins(3)	1 bag	11	0	0	0	0	0	3	0	1		1	1%		4%		2%				
Domino's Cheese Pizza(38)	1 Serving (8 cut)	290	9	3.5	0	15	560	38	4	3		23	0		0		545		2		
Domino's Pepperoni Pizza(38)	1 Serving (8 cut)	310	10	4	0	20	590	38	4	4		22	0		0		485		2		
Edamame(9)	1 each	110	4	0.5	0	0	5	9	4	1		10	100		7.8		70		4.5		
Famous Chicken Bowl (54) & F	Serving 478.2...	65...	23.3	6.4	0	98.6	17...	88.4	11.2	9.1		31.3	53...		15		96		3.9		

Fortune Cookie(8)	9 grams	35	0	0	0	0	5	8	0	4		0	0	0	0	0		
Homemade Hummus Meal w/E	1 Serving	42...	22.2	2.4	0	0	56...	59.9	8.7	3.7		11.6	10,...	8.7	79.7	5.1		
Marinara Dipping Cup(7)	1 2.5 oz cup	40	0	0	0	0	200	7	0	4		1			2%			
Nacho Cheese Doritos(10)	1 15.9 grams	80	4.5	0.5	0	0	105	10	0	0		1	0	0	0	0		
Nacho Meal w/ Fresh Pico de C	1 1	659	34	10	0	30	972	64.5	12	16		19	590	13	428	0.4		
Orange Chicken Bowl(51)w/Gc	1 Serving	39...	7.4	1.2	0	40	51...	64.8	3.2	12.4		17		23.6	42.1	1.9		
Paradise Punch(23)	1 6.75 fl oz	90	0	0	0	0	10	23	0	21		0	0	90	0	0		
Plant-Based Buffalo Wings(22)	1 5 each	380	10	1	0	0	560	56	9	5		19		4.8	40	3.9		
Polish Dog on WG Bun (29)	1 Each	330	18	6	0	40	990	29	2	5		16	0	6	60	3		
Popcorn Chicken(16) W/Mac N	1 serving	58...	33	12	0	13...	13...	38.2	4.7	2.3		33.9	89...	0.1	40...	2.8		
Rice Krispy Treat(9)	1	50	1	0	0	0	45	9	0	3		0	0	0	0	0.4		
Rich-Fil-Yay Chicken Sandwich	1 175.235 gra...	371	10.5	2	0	53	639	43	4	1		25		9	50	2.9		
Rich-Fil-Yay Spicy Chicken Sa	1 177.5 grams	362	10	2.1	0	52	640	42	4	3		26	100	9	60	2.6		
Side Salad (10)	1 serving	63.9	2.4	0.1	0	0	13...	10.4	3.5	3.4		2	12...	15.3	45	1.2		
Spaghetti w/ Beef Sauce(31) &	1 cup	441	10	2	0	44...	826	65	9	10		25	546	11	44	5		
Spicy Chicken Wrap (56)	1 each	670	38	10	0	47	1370	56	6	6		24	430	1	312	3.9		
TINGAdilla(39)	1 each	47...	22.4	10.1	0	61.6	94...	39.2	3	2	0	28	21...	0	0	610	50	2.2
Turkey Chipotle Crunch Wrap (1 serving	56...	33.4	7.5	0.1	63	14...	44.8	5.6	9.3		22.4	59...	14.7	14...	2.7		
Vegetable Medley	1 1Each	15...	7.7	1.4	0	8.4	27...	18.3	3.9	5.6		5.5	15...	86.9	14...	1.3		
WG Bean & Cheese Burrito (4)	1 1 Serving	320	8.8	3.6	0	15	475	44	8	1.8		16.7	56	1.7	0.6	171	3.9	
WG Cheese Crunchers(41)	4 Pieces	420	20	9	0	30	790	41	5	3		20	480	1.9	426	2.2		
WG Chicken Corn Dog(30)	1	240	8	2.5	0	40	390	30	5	5		9	0	0	80	1.8		

WG Grilled Cheese(31)	1 Serving	280	10	6	0	32	580	31	3	6		19	393	0	466	1.6	
WG Multi-Cheese French Brea																	
Yogurt Parfait(74)	1 345 gm	406	8.7	1.4	0	5	186	73.6	4.2	41		10.3	1036	2	226	1.2	
with Artisan Roll(34)	1 serving	80	1	0	0	0	140	15	1	1		3	0	0	5.5	0.9	
with Fresh Pico de Gallo(5)	1/2 cup	20	0.5	0.3	0		82	5	1	3		0.8	590	13	12	0.2	