

Item Name	Portion Size	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Includes Added Su	Protein (g)	Vitamin A IU (IU)	Vitamin A RE (RE)	Vitamin C (mg)	Vitamin D (mg)	Calcium (mg)	Potassium (mg)	Iron (mg)	Special Meal Accommodations
100% Fruit Juice (15)		60	0	0	0	0	5	15	0	11		0	500		60		20		0	
Assorted Cereals																				
Assorted Muffins (42)	1 package	254	6.7	1	0	33.4	13...	44.5	3.5	20.6		4.3	52.3		0.3		3.9		1.2	
Bagel (34)	2.24 oz 2.24oz	163	0.6				1.8	33.5	3.3	3		5.9					6.3		1.8	
Chocolate(41) or Powdered(43)																				
Chorizo Breakfast Burrito (36)	1 each	315	13.3	4	0	119	510	36	3.5	0.9		12.3	144		0		0		0	
Cinnamon Roll (45)	1 Each	25...	5	1	0	0	25...	45.3	4	8		6.1	3.5		1.3		22.2		1.5	
Cream Cheese (1)	1	70	7	4	0	20	115	1		1							30			
Egg, Hashbrown, Cheese & Gr	1 each	431	20	7	0	232	734	47	4	1	0	14.8								
Fresh Fruit																				
Pork Sausage & Cheese Biscu	1 1	335	17g	9	0	37.5	865	31	3.2	2.5		13.5	539		4.4		418		0.7	
WG Honey Bun (39)	1 1Package	230	7	2	0	0	340	39	3	10		6	200		0		80		2.7	
Yogurt Parfait(74)	1 345 gm	406	8.7	1.4	0	5	186	73.6	4.2	41		10.3	1036		2		226		1.2	