



**Meal Price:**  
**Students – No cost**  
**Adults \$5.05 + tax**

# November 2024





## SECONDARY SCHOOL | LUNCH MENU

**Daily Lunch Offerings:**

- Nacho Bar
- Hummus w/pita & fresh veggies
- Yogurt Parfait w/ Granola & Fruit
- Cheese, Ham(P), Turkey or Tuna Sandwich/Wrap
- Bagel w /2 String Cheese& Yogurt
- Entrée salads served with a WG roll
- Cheese(V), Pepperoni(P) or Specialty Pizza
- Hamburger/Cheeseburger
- Spicy Chicken Sandwich
- Crispy Chicken Sandwich

Powering potential.



MON	TUES	WED	THURS	FRI
 <b>**Limited Time Offer** December 12<sup>th</sup>-14<sup>th</sup></b>				Chicken Meatball <sup>1</sup> Pizza Sub Garden Salad Fresh Whole Apple
Homemade Mac & Cheese* <b>V</b> <sup>4</sup> Steamed Carrots Fresh Cantaloupe	 <b>Election Day Schools Closed</b> <sup>5</sup>	Chicken Philly Cheesesteak <sup>6</sup> Baked French Fries Fresh Strawberry	Roasted BBQ Chicken* <sup>7</sup> Roasted Squash Ripe Banana	Cheesy Stuffed Breadsticks with Dipping Sauce <b>V</b> <sup>8</sup> Roasted Green Beans Fresh Pears
<b>Veterans Day Schools Closed</b> <sup>11</sup>	Orange Chicken over Brown Rice <sup>12</sup> Vegetarian Beans Fresh Cantaloupe	Cheesy Baked Penne Pasta <sup>13</sup> Romaine Salad Fresh Apple	French Toast sticks w/ Chicken Sausage <sup>14</sup> Roasted Cauliflower Fresh Strawberries	Tater Tots Beef <sup>15</sup> Nachos Steamed Corn Dried Fruit
Turkey Chorizo Quesadilla w/ Salsa <sup>18</sup> Red Peppers Fresh Orange	Cheesy Stuffed Breadsticks with Dipping Sauce <b>V</b> <sup>19</sup> Roasted Green Beans Fresh Pears	Country Popcorn <sup>20</sup> Chicken Bowl Steamed Corn Fresh Grapes	Jerk Chicken & Cheddar Wrap <sup>21</sup> Black Beans Fresh Apple	Homemade Mac & Cheese* <b>V</b> <sup>22</sup> Steamed Carrots Ripe Banana
Fish Taco w/ Cheese & Cream Siracha <sup>25</sup> Coleslaw Red Peppers Fresh Pear	<u>Friendsgiving Meal</u> <sup>26</sup> Roast Turkey w/ Mashed Sweet Potatoes, Stuffing & Gravy Seasoned Green Beans Cranberry Sauce	<b>Thanksgiving Recess Schools Closed</b> <sup>27</sup>	<b>Thanksgiving Recess Schools Closed</b> <sup>28</sup>	<b>Thanksgiving Recess Schools Closed</b> <sup>29</sup>

Menus are subject to change.

**Daily Milk Offerings:**

\*1% White Milk, Fat Free Chocolate & Fat free White Milk

**Daily Fruit & Vegetable:** Apple, orange, seasonal fruit, baby carrots, celery sticks

**Please Note:** (WG) denotes whole grain, (P) denotes item may contain pork, (V) denotes vegetarian option. (\*) denotes item offered with WG dinner roll)

All Meals Must Include Choice of:  
 Fruits and/or Vegetable  
 And May Include:  
 1% Low-Fat Milk



This institution is an equal opportunity provider.