

NOVEMBER 2024

LUNCH



This lunch menu is for students who attend **Middle Schools.**
Cherokee, Gillespie, Sennet, Sherman, Spring Harbor, Wright



Every day the garden bar will feature **lightly dressed romaine lettuce as a delicious base to create your own salads.**

Odd Dates: Caesar Dressing (contains Fish), Parmesan, Croutons

Even Dates: Ranch Dressing, Cheddar, Croutons

MONDAY

Choice of Milk available daily:

1% White Milk
Skim White Milk
Skim Chocolate Milk

A la carte milk is \$0.50

TUESDAY



WEDNESDAY

THURSDAY

FRIDAY

Cheese Pizza
Chicken Caesar Salad
Corn Dog w/ Tater Tots
Traditional Ham & Cheese Sub

4

Strawberries, Craisins,
Cauliflower, Broccoli

No School

5

Buffalo Boneless Wings w/ Roll
Chicken Caesar Salad
Chicken Sandwich on a Bun
Cheese Pizza
Turkey and Cheese Sub

6

Strawberries, Applesauce
Chickpeas, Baby Carrots

Orange Chicken Lo Mein
Buffalo Chicken Salad
Chicken Strips and Biscuit
Bosco Sticks w/ Marinara
Turkey-Ham and Cheese Sub

7

Blueberries, Bananas
Celery, Broccoli

Pepperoni Pizza
Chicken Caesar Salad
Chicken Sandwich on a Bun
Green Chile Quesadilla
Turkey and Cheese Sub

8

Strawberries, Applesauce
Corn, Green Peas

Hot Dog with Tater Tots
Chicken Caesar Salad
Cheese Pizza
Bean and Cheese Burrito
Turkey and Cheese Sub

11

Blueberries, Craisins
Baby Carrots, Cauliflower

Meatloaf & Seasoned Potatoes with Dinner Roll
Buffalo Chicken Salad
Three Cheese Calzone
Bosco Sticks w/ Marinara
Turkey-Ham and Cheese Sub

12

Strawberries, Apple Slices
Grape Tomatoes, Cauliflower

BBQ Boneless Wings w/ Roll
Chicken Caesar Salad
Chicken Sandwich on a Bun
Cheese Pizza
Turkey and Cheese Sub

13

Blueberries, Applesauce
Broccoli, Chickpeas

Chicken Alfredo w/ Dinner Roll
Buffalo Chicken Salad
Chicken Strips and Biscuit
Bosco Sticks w/ Marinara
Turkey-Ham and Cheese Sub

14

Strawberries, Bananas
Celery, Green Peas

Pepperoni Pizza
Chicken Caesar Salad
Chicken Sandwich on a Bun
Green Chile Quesadilla
Turkey and Cheese Sub

15

Blueberries, Applesauce
Corn, Baby Carrots

Corn Dog with Tater Tots
Chicken Caesar Salad
Cheese Pizza
Bean and Cheese Burrito
Turkey and Cheese Sub

18

Strawberries, Craisins
Grape Tomatoes, Broccoli

Cheeseburger and Waffle Fries
Buffalo Chicken Salad
Quesadilla Taco Bites
Bosco Sticks w/ Marinara
Turkey-Ham and Cheese Sub

19

Blueberries, Apple Slices
Pickles, Bean Salsa

Buffalo Boneless Wings w/ Roll
Chicken Caesar Salad
Chicken Sandwich on a Bun
Cheese Pizza
Turkey and Cheese Sub

20

Strawberries, Applesauce
Corn, Celery Sticks

Chana Masala over Rice
Buffalo Chicken Salad
Chicken Strips and Biscuit
Bosco Sticks w/ Marinara
Turkey-Ham and Cheese Sub

21

Blueberries, Bananas
Zucchini, Edamame

No School for Middle Schools

22

Hot Dog with Tater Tots
Chicken Caesar Salad
Cheese Pizza
Bean and Cheese Burrito
Turkey and Cheese Sub

25

Blueberries, Craisins
Baby Carrots, Cauliflower

Diced Turkey and Gravy
Mashed Potatoes & Corn
Dinner Roll & Cranberry Sauce

26

Buffalo Chicken Salad
Bosco Sticks w/ Marinara
Turkey-Ham and Cheese Sub

No School

27

No School

28

No School

29

KAUM IB HLIS 2024

PLUAS SU



Ntawm nov yog daim ntawv qhia pluas su rau cov me nyuam kawm ntawv uas kawm cov **Tsev Kawm Phaj Nrab**.

Cherokee, Gillespie, Sennet, Sherman, Spring Harbor, Wright



Txhua hnuv qhov chaw nqa zaub noj yuav muaj zaub romaine los npaj ua nej cov zaub sam lav.

Cov Hnuv Khib: Kua Rau Xam Lav Caesar (muaj Ntses), Parmesan, Croutons
Cov Hnuv Khub: Kua Rau Xam Lav Ranch, Cheddar, Croutons

MONDAY

Muaj Xaiv Hom Mis Nyuj Txhua
Hnuv:
Mis Nyuj 1%
Mis Nyuj Tsis Muaj Roj
Mis Nyuj Chocolate Tsis Muaj Roj
Yuav ib poom mis nyuj yog
\$0.50

Cheese Pizza
Chicken Caesar Salad
Corn Dog w/ Tater Tots
Traditional Ham & Cheese Sub
Txiv Pos Nphuab, Craisins,
Zaub Paj Dawb, Zaub Broccoli

4

TUESDAY



Tsis Muaj Kawm Ntawv

5

WEDNESDAY

Buffalo Boneless Wings
Chicken Caesar Salad
Chicken Sandwich on a Bun
Cheese Pizza
Turkey and Cheese Sub
Txiv Pos Nphuab, Txiv Apple
Zom
Noob Chickpeas

6

Zaub Ntug Hauv Paus Daj Mos
BBQ Boneless Wings w/ Roll
Chicken Caesar Salad
Chicken Sandwich on a Bun
Cheese Pizza
Turkey and Cheese Sub
Txiv Blueberries, Txiv Apple
Zom
Zaub Broccoli, Noob Chickpeas

13

Buffalo Boneless Wings
Chicken Caesar Salad
Chicken Sandwich on a Bun
Cheese Pizza
Turkey and Cheese Sub
Txiv Pos Nphuab, Txiv Apple
Zom
Pob Kws, Celery Sticks

20

27

Tsis Muaj Kawm Ntawv

THURSDAY

Orange Chicken Lo Mein
Buffalo Chicken Salad
Chicken Strips and Biscuit
Bosco Sticks w/ Marinara
Turkey-Ham and Cheese Sub
Txiv Blueberries, Txiv Tsawb
Celery, Zaub Broccoli

7

Chicken Alfredo w/ Roll
Buffalo Chicken Salad
Chicken Strips and Biscuit
Bosco Sticks w/ Marinara
Turkey-Ham and Cheese Sub
Txiv Pos Nphuab, Txiv Tsawb
Celery, Noob Taum Mog

14

Chana Masala over Rice
Buffalo Chicken Salad
Chicken Strips and Biscuit
Bosco Sticks w/ Marinara
Turkey-Ham and Cheese Sub
Txiv Blueberries, Txiv Tsawb
Zucchini, Noob Edamame

21

28

Txiv Muaj Kawm ntawv

FRIDAY

Pepperoni Pizza
Chicken Caesar Salad
Chicken Sandwich on a Bun
Bean and Cheese Burrito
Turkey and Cheese Sub
Txiv Blueberries, Txiv Apple Zom
Celery, Qos Yaj Ywm Qab Zib Ua
Tug

1

Pepperoni Pizza
Chicken Caesar Salad
Chicken Sandwich on a Bun
Green Chile Quesadilla
Turkey and Cheese Sub
Txiv Pos Nphuab, Txiv Apple Zom
Pob Kws, Noob Taum Mog

8

Pepperoni Pizza
Chicken Caesar Salad
Chicken Sandwich on a Bun
Green Chile Quesadilla
Turkey and Cheese Sub
Txiv Blueberries, Txiv Apple Zom
Zaub Ntug Hauv Paus Daj Mos
Pob Kws

15

Pepperoni Pizza
Chicken Caesar Salad
Chicken Sandwich on a Bun
Green Chile Quesadilla
Turkey and Cheese Sub
Txiv Pos Nphuab, Txiv Apple Zom
Txiv Lws Suav Me, Noob Taum Mog

22

Txiv Muaj Kawm Ntawv

29

Hot Dog with Tater Tots
Chicken Caesar Salad
Cheese Pizza
Bean and Cheese Burrito
Turkey and Cheese Sub
Txiv Blueberries, Craisins
Zaub Ntug Hauv Paus Daj Mos
Zaub Paj Dawb

11

Corn Dog with Tater Tots
Chicken Caesar Salad
Cheese Pizza
Bean and Cheese Burrito
Turkey and Cheese Sub
Txiv Pos Nphuab, Craisins
Txiv Lws Suav Me, Zaub Broccoli

18

Hot Dog with Tater Tots
Chicken Caesar Salad
Cheese Pizza
Bean and Cheese Burrito
Turkey and Cheese Sub
Txiv Blueberries, Craisins
Zaub Ntug Hauv Paus Daj Mos
Zaub Paj Dawb

25

Meatloaf & Potatoes w/ Roll
Buffalo Chicken Salad
Three Cheese Calzone
Bosco Sticks w/ Marinara
Turkey-Ham and Cheese Sub
Txiv Pos Nphuab, Txiv Apple Ua
Nplais
Txiv Lws Suav Me, Dib Qaub
Pickles

12

Cheeseburger and Fries
Buffalo Chicken Salad
Quesadilla Taco Bites
Bosco Sticks w/ Marinara
Turkey-Ham and Cheese Sub
Txiv Blueberries, Txiv Apple Ua
Nplais
Zaub Paj Dawb, Salsa Noob
Taum

19

26

Diced Turkey and Gravy Mashed Potatoes & Corn
Dinner Roll & Cranberry Sauce
Buffalo Chicken Salad
Bosco Sticks w/ Marinara
Turkey-Ham and Cheese Sub