



# GREAT FALLS HIGH WEEKLY NEWSLETTER

Week of 11/4/24 - 11/9/24

- TREAT OTHERS THE WAY YOU WANT TO BE TREATED!
- DO WHAT'S RIGHT!
- DO THE BEST YOU CAN!

These are more than just rules for us, they are the fabric of our culture.

## PRINCIPAL'S MESSAGE

1.

## 2. OFFICE INFO

### Remind messages:

Parents/guardians, please know that there is no one at GFH that monitors replies on Remind. With over 4,000 people included in messages, unfortunately we do not have the staffing to monitor all of the replies to Remind that come in. If you have questions or concerns about anything GFH related please call the appropriate GFH office.

- Main Office: 268-5250
- Attendance Office: 268-6251
- Counseling Office: 268-6330

### Start of Quarter 2:

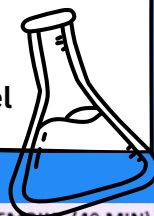
We are officially kicking off our second quarter of academics, extra-curriculars, and co-curriculars. Fall athletics and activities are over and we will be headed into our winter activities prior to Thanksgiving break. This week is our first GFH Theater production of the year. Come over and enjoy Guys and Dolls!

### Bison In Good Standing:

Parents and guardians, please check out our qualifications to what it means to be a Bison In Good Standing. You can see that on our GFH website here: <https://gfhs.gfps.k12.mt.us/announcements>

GO BISON!

Sincerely,  
Principal Habel



## GFH Bell Schedule

| REGULAR |       |       | PLCT   |       |       | EARLY OUT |       |       | ASSEMBLY (40 MIN) |       |       |
|---------|-------|-------|--------|-------|-------|-----------|-------|-------|-------------------|-------|-------|
| PERIOD  | START | END   | PERIOD | START | END   | PERIOD    | START | END   | PERIOD            | START | END   |
| 0       | 7:00  | 7:54  | 0      | 7:07  | 7:54  | 0         | 7:24  | 7:55  | 0                 | 7:05  | 7:55  |
| 1       | 8:00  | 8:53  | 1      | 8:00  | 8:47  | 1         | 8:00  | 8:31  | 1                 | 8:00  | 8:48  |
| 2       | 8:59  | 9:52  | 2      | 8:53  | 9:40  | 2         | 8:36  | 9:07  | 2                 | 8:53  | 9:41  |
| 3       | 9:58  | 10:51 | 3      | 9:46  | 10:43 | 3         | 9:12  | 9:43  | ASSEMBLY          | 9:46  | 10:26 |
| 4       | 10:56 | 11:49 | 4      | 10:49 | 11:36 | 4         | 9:48  | 10:19 | 3                 | 10:31 | 11:18 |
| LUNCH   | 11:49 | 12:19 | LUNCH  | 11:36 | 12:06 | 5         | 10:24 | 10:56 | 4                 | 11:23 | 12:10 |
| 5       | 12:25 | 1:18  | 5      | 12:12 | 12:59 | 6         | 11:01 | 11:33 | LUNCH             | 12:10 | 12:40 |
| 6       | 1:24  | 2:17  | 6      | 1:05  | 1:52  | 7         | 11:38 | 12:10 | 5                 | 12:45 | 1:32  |
| 7       | 2:23  | 3:15  | 7      | 1:58  | 2:45  |           |       |       | 6                 | 1:37  | 2:24  |
|         |       |       |        |       |       |           |       |       | 7                 | 2:29  | 3:15  |



# ATHLETIC ACTIVITIES

# 3.

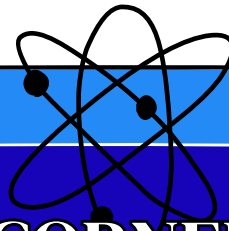
## NONE THIS WEEK

## SCHOOL ACTIVITIES

|                            |           |         |            |                  |
|----------------------------|-----------|---------|------------|------------------|
| GOLDEN AGE TAILGATE PARTY  | WEDNESDAY | 11/6/24 | HUB        | 5:30-7:00 PM     |
| GUYS AND DOLLS PERFORMANCE | THURSDAY  | 11/7/24 | AUDITORIUM | 7:30-9:30 PM     |
| GUEST SPEAKER U.M. PRE-MED | FRIDAY    | 11/8/24 | AUDITORIUM | 1:15 PM- 3:15 PM |
| GUYS AND DOLLS PERFORMANCE | FRIDAY    | 11/8/24 | AUDITORIUM | 7:30-9:30 PM     |
| GUYS AND DOLLS PERFORMANCE | SATURDAY  | 11/9/24 | AUDITORIUM | 2:00-4 PM        |



# 4.



## COUNSELOR'S CORNER



### Parents and Students:

The first Wednesday of November is **National Stress Awareness Day** and was established to bring an awareness about stress and its impact on our health.

Feeling stressed? Here are some coping tips:

- Take a walk or spend some time outside
- Get a good night's sleep
- Put away electronic devices
- Talk with friends or family about your stress
- Listen to relaxing music

### Contact us for support:

- Attendance: 406-268-6251
- Main Office: 406-268-6250
- Counseling Office: 406-268-6330
- FAX: 406-268-6256



### Social Media

- GFH Website: <https://gfhs.gfps.k12.mt.us/>
- Instagram: @greatfallshighbison
- Facebook: @GFHBISON