

Bronxville Union Free School District Food and Nutrition News

Fall 2024

Welcome Back!

Welcome to your Food and Nutrition newsletter! We are excited to share our story with you. The Bronxville team is thrilled to be back for the 2024-2025 school year to serve up happy and healthy meals throughout the district with delicious menu offerings and a variety of activities and programs.

We are pleased to announce that our Café continues to expand as we continue to cook up student favorites for a tasty, satisfying lunch. Menu offerings are rich in student favorites which feature top-tier products, local and/or organic produce when available, local bakery items, and a variety of classic and high-end beverages and snack items to keep our students powered up throughout the day. Stay tuned for ongoing newsletters for Café updates, pictures, and nutrition tips.

Keep reading for pictures of recent food offerings and activities!



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Nutrislice Menu Viewing and Ordering

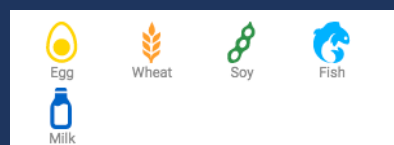
Menus are available to view and pre-order from at:

<https://bronxvilleschool.nutrislice.com/>

Elementary Schools- meals must be pre-ordered up to 5 days prior until the cut-off time of 9:00am the morning of service. Please manually update the allergies & teacher field in the account to be up to date. *Now serving Kindergarten*

Middle & High School- Pre-ordering is available for each week and recommended to avoid waiting in line at the serving area. Order up to 5 days in advance up until 9am the day of service on the app.

Check your online payment portal at At www.MYSCHOOLBUCKS.com. Parents may also drop off completed enrollment forms with check attached. Please make checks payable to "The Bronxville School Lunch Fund". Cash payments can be processed in person, when visiting the café.



← *please check for allergens in Nutrislice before ordering.

*If you have a food allergy or questions, please reach out to us!

We are Team Bronxville!

At the heart of Chartwells is a strong team of motivated, caring and conscientious individuals who are dedicated to ensuring Bronxville's students leave the cafeteria happier and healthier than they came in. **We all have the same goal –delivering the best foodservice possible.** Some food and events pictured below.



Top left to right : Bronco Homecoming BBQ, Pulled Pork Sandwiches, General Tso's Chicken

Left: Our daily salad bar and smoothie/acai station full of fresh ingredients

Right: Quesadilla Bar

Below: Homemade Lasagna & Chicken Meatball with Squash Noodles ES meal



Each month, we introduce a new Discovery Kitchen theme featuring Café events and culinary demonstrations. These themes are designed to bring a fun and inspiring sense of food discovery to our students and school communities.

October is *Seed to Table* month in the Café where we offered a meal with locally sourced butternut squash noodles.

Seed to Table is a celebration of fresh, seasonal, and local foods with an exploration of how students and families can have fun growing their own vegetables and herbs.



All students were offered [a recipe card](#) and activity sheet to take home.



Reasons to buy locally sourced foods:

- Support local farmers
- Obtain produce at its freshest quality & in season
 - Get the most nutrients from your produce
- Did you know? The Vitamin C content in produce will decrease the longer it 'sits out' meaning the farther it travels to you the less Vitamin C content it can have

***A few items that Bronxville's Café has purchased locally recently this fall includes but is not limited to carrots, pumpkin, parsley, apples, and apple cider.**