



# October 2024

## WMCTC

### LUNCH MENU

LTO of the month:

Cheesy Chorizo Enchilada Bake

All Lunches Must Include Choice of: Fruits and/or Vegetable And May Include: 1% Low-Fat Milk

Powering potential.™

MON	TUES	WED	THURS	FRI
<b>Pancakes &amp; Sausage</b> <u>VEG Of The Day</u> Hashbrowns Fruit of the Day Mixed Fruit	<b>Walking Taco</b> <sup>1</sup> <u>VEG Of The Day</u> Carrots Fruit of the Day Diced Pears	<b>Bean &amp; Cheese Burrito</b> <sup>2</sup> <u>VEG Of The Day</u> Broccoli Fruit of the Day Diced Peaches	<b>Chicken Tacos</b> <sup>3</sup> <u>VEG Of The Day</u> Green Beans Fruit of the Day Applesauce	<b>Beef Nachos</b> <sup>4</sup> <u>VEG Of The Day</u> Peas Fruit of the Day Oranges
<b>Waffles &amp; Sausage</b> <sup>7</sup> <u>VEG Of The Day</u> Hashbrowns Fruit of the Day Mixed Fruit	<b>Teriyaki Chicken &amp; Rice</b> <sup>8</sup> <u>VEG Of The Day</u> Carrots Fruit of the Day Diced Pears	<b>Egg Roll &amp; Rice</b> <sup>9</sup> <u>VEG Of The Day</u> Broccoli Fruit of the Day Diced Peaches	<b>General Tso's Chicken &amp; Rice</b> <sup>10</sup> <u>VEG Of The Day</u> Green Beans Fruit of the Day Applesauce	<b>Orange Beef &amp; Rice</b> <u>VEG Of The Day</u> Peas Fruit of the Day Oranges
<b>French Toast &amp; Sausage</b> <sup>14</sup> <u>VEG Of The Day</u> Hashbrowns Fruit of the Day Mixed Fruit	<b>Bosco Sticks</b> <sup>15</sup> <u>VEG Of The Day</u> Carrots Fruit of the Day Diced Pears	<b>Spaghetti &amp; Meatballs</b> <sup>16</sup> <u>VEG Of The Day</u> Broccoli Fruit of the Day Diced Peaches	<b>Chicken Alfredo</b> <sup>17</sup> <u>VEG Of The Day</u> Green Beans Fruit of the Day Applesauce	<b>Meatball Sandwich</b> <sup>18</sup> <u>VEG Of The Day</u> Peas Fruit of the Day Oranges
<b>Pancakes &amp; Sausage</b> <sup>21</sup> <u>VEG Of The Day</u> Hashbrowns Fruit of the Day Mixed Fruit	<b>Walking Taco</b> <sup>23</sup> <u>VEG Of The Day</u> Carrots Fruit of the Day Diced Pears	<b>Cheesy Chorizo Enchilada Bake</b> <sup>27</sup> <u>VEG Of The Day</u> Broccoli Fruit of the Day Diced Peaches	<b>Chicken Tacos</b> <sup>24</sup> <u>VEG Of The Day</u> Green Beans Fruit of the Day Applesauce	<b>Beef Nachos</b> <sup>25</sup> <u>VEG Of The Day</u> Peas Fruit of the Day Oranges
<b>Waffles &amp; Sausage</b> <sup>28</sup> <u>VEG Of The Day</u> Hashbrowns Fruit of the Day Mixed Fruit	<b>Teriyaki Chicken &amp; Rice</b> <sup>29</sup> <u>VEG Of The Day</u> Carrots Fruit of the Day Diced Pears	<b>Egg Roll &amp; Rice</b> <sup>30</sup> <u>VEG Of The Day</u> Broccoli Fruit of the Day Diced Peaches	<b>General Tso's Chicken &amp; Rice</b> <u>VEG Of The Day</u> Green Beans Fruit of the Day Applesauce	

Menus are subject to change.



**Available Daily:**  
Cheeseburger/Hamburger  
Grilled Cheese  
Pepperoni Pizza/Cheese Pizza  
Popcorn Chicken Spicy/Plain  
Mini Corn Dogs  
Pizza Crunchers

**aramark**  
STUDENT  
NUTRITION

This institution is an equal opportunity provider.