

Transition

What is transition?

Secondary transition is the process of preparing students for adult life after they graduate from high school.

Transition planning is a process to help students with an Individualized Education Program (IEP) decide what they want to do after high school. It also helps them figure out how to get there. The purpose is to help teens prepare to be independent young adults.

Transition planning begins at age 14, when students are in middle school or early high school. Students begin to explore and consider their goals for the time after graduation via a variety of career awareness and exploration activities. The transition process continues through high school as academic instruction and community experiences help to clarify outcomes and support student goals. The transition process is based on individual student needs, and takes into account each student's individual strengths, preferences and interests.

Transition planning may include input from the students, families, educators, school service providers, post-secondary service and program providers and community members. Effective transition entails recognizing student strengths, interests, preferences and needs, and identifying what services and supports a student could benefit from to help ensure post secondary success.