



**Meet Your Nutritious Friend:
Cran "Bogger"**

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
				<p>1</p> <p>A. Chocolate Chip French Toast</p> <p>B. Mini Waffles</p> <p>C. Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p>What is a Meal?</p> <p>Students must choose at least 3 of the 4 components available for the school breakfast price.</p> <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Protein - Choice of Fruit - Choice of Milk <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.</p> <p>Whole Grain Cereals (served with toast)</p> <p>Cinnamon Toast Crunch, Trix, Cocoa Puffs, Fruity Cheerios, Rice Crunch, Kix, Cheerios, Froot Loops, Frosted Flakes</p> <p>Choice of Fruit</p> <p>Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p>Choice of Milk</p> <p>1% white, fat-free white, chocolate, vanilla, and strawberry</p> <p>(V) Vegetarian</p> <p><i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i></p> <p>(VG) Vegan</p> <p><i>These items do not contain any animal products</i></p>
<p>4</p> <p>A. Cinnamini's</p> <p>B. Apple Frudel</p> <p>C. Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p>5</p> <p>A. Mini Maple Pancakes</p> <p>B. Mini Funfetti Pacakes</p> <p>C. Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p>6</p> <p>A. Breakfast Burrito Egg Cheese and Turkey Sausage</p> <p>B. Mini Waffles</p> <p>C. Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p>7</p> <p>NJEA CONVENTION</p>	<p>8</p> <p>NJEA CONVENTION</p>	
<p>11</p> <p>A. Cinnamini's</p> <p>B. Apple Frudel</p> <p>C. Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p>12</p> <p>A. Mini Maple Pancakes</p> <p>B. Mini French Toast</p> <p>C. Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p>13</p> <p>A. Egg & Cheese</p> <p>B. Mini Waffles</p> <p>C. Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p>14</p> <p>A. Cinnamini's</p> <p>B. Apple Frudel</p> <p>C. Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p>15</p> <p>A. Chocolate Chip French Toast</p> <p>B. Mini Funfetti Pancakes</p> <p>C. Assorted Cereals or Cereal Bar with Graham Crackers</p>	
<p>18</p> <p>A. Cinnamini's</p> <p>B. Apple Frudel</p> <p>C. Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p>19</p> <p>A. Mini Maple Pancakes</p> <p>B. Mini Maple Waffles</p> <p>C. Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p>20</p> <p>A. Bacon Egg & Cheese</p> <p>B. Mini French Toast</p> <p>C. Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p>21</p> <p>A. Cinnamini's</p> <p>B. Apple Frudel</p> <p>C. Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p>22</p> <p>A. Chocolate Chip French Toast</p> <p>B. Mini Funfetti Pancakes</p> <p>C. Assorted Cereals or Cereal Bar with Graham Crackers</p>	
<p>25</p> <p>A. Cinnamini's</p> <p>B. Apple Frudel</p> <p>C. Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p>26</p> <p>A. Mini Maple Pancakes</p> <p>B. Mini Funfetti Pancakes</p> <p>C. Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p>27</p> <p>A. Egg & Cheese Croissant</p> <p>B. Mini French Toast</p> <p>C. Assorted Cereals or Cereal Bar with Graham Crackers</p>	<p>28</p> <p>HAPPY THANKSGIVING</p>	<p>29</p> <p>HAPPY THANKSGIVING</p>	

Berlin Community School
Annamarie Kaelin, Food Service Director
 856-767-0129 ext 157
ma1505@metzcorp.com

Meal Prices

Student Breakfast	\$1.25
Faculty Breakfast	\$1.75



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.



**Meet Your Nutritious Friend:
Cran "Bogger"**

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
				A. Angelo's Pizza ¹ B. Garden Salad w/ Chicken C. Italian Wrap FEATURED VEGGIES Carrot Sticks Side Caesar Salad	What is a Meal? Students must choose at least 3 of the 5 components available for the school lunch price. - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch. Choice of Vegetable Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Choice of Milk 1% white, fat-free white, chocolate, vanilla, and strawberry
A. Cheeseburger on a Bun ⁴ B. Chicken Caesar Salad C. Ham & Cheese Sandwich FEATURED VEGGIES Peas	A. Chicken & Cheese Quesadilla ⁵ B. Chicken Caesar Salad C. Ham & Cheese Sandwich FEATURED VEGGIES Golden Corn	A. Tullia's Pizza ⁶ B. Chicken Caesar Salad C. Ham & Cheese Sandwich FEATURED VEGGIES Side Garden Salad	NJEA Convention ⁷	NJEA Convention ⁸	
A. Chicken Nuggets w/ Dinner Roll ¹¹ B. Tuna Sandwich C. Garden Salad w/ Egg FEATURED VEGGIES Sweet Potato Fries Baby Carrots	A. Turkey Meat Tacos ¹² B. Tuna Sandwich C. Garden Salad w/ Egg FEATURED VEGGIES Golden Corn	A. Pizza Crunchers ¹³ B. Tuna Sandwich C. Garden Salad w/ Egg FEATURED VEGGIES Side Garden Salad	A. Chicken Cheese Steak on a Torpedo Roll ¹⁴ B. Tuna Sandwich C. Garden Salad w/ Egg FEATURED VEGGIES Peppers & Onions	A. Angelos Pizza ¹⁵ B. Tuna Sandwich C. Garden Salad w/ Egg FEATURED VEGGIES Side Caesar Salad	Daily Alternates Fresh Entree Salad of the Week Craveables Weekly Cold Cut Sandwiches or Wraps
A. Italian Meatballs & Cheese on a Roll ¹⁸ B. Turkey & Cheese Sandwich C. Chef Salad FEATURED VEGGIES Steamed Broccoli	A. Fish Taco's ¹⁹ B. Turkey & Cheese Sandwich C. Chef Salad FEATURED VEGGIES Golden Corn	A. Hot Dog on a Roll ²⁰ B. Turkey & Cheese Sandwich C. Chef Salad FEATURED VEGGIES French Fries	A. Mini Corn Dogs ²¹ B. Turkey & Cheese Sandwich C. Chef Salad FEATURED VEGGIES Carrots	A. Tullia's Pizza ²² B. Turkey & Cheese Sandwich C. Chef Salad FEATURED VEGGIES Side Garden Salad	
A. Mozzarella Sticks ²⁵ B. Egg Salad on a Crossiant C. Chicken Fajita Salad FEATURED VEGGIES Green Beans	A. Hot Ham & Cheese ²⁶ B. Egg Salad on a Crossiant C. Chicken Fajita Salad FEATURED VEGGIES Baked Beans	A. Angelo's Pizza ²⁷ B. Egg Salad on a Crossiant C. Chicken Fajita Salad FEATURED VEGGIES Steamed Broccoli	Happy Thanksgiving ²⁸	Happy Thanksgiving ²⁹	(V) Vegetarian These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg (VG) Vegan These items do not contain any animal products

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Meal Prices
 Student Lunch \$3.20
 Faculty Lunch \$4.50



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