



**MONDAY 11/11/2024**

**Soup**

Sweet potato cream

**Main**

Roasted Turkey Breast w/ Yogurt Sauce

**International**

Codfish à Brás

**Vegetarian**

Vegetables à Brás

**Sides**

Carrot rice Peas  
Steamed cauliflower

**Dessert**

Fruit Pot

FOR ALLERGEN INFORMATION PLEASE SPEAK TO A MEMBER OF THE TEAM.



MONDAY 11/11/2024

**Compound Salads**

Tomato, Feta and Red Onion

Pasta salad

**Raw Salads**

Sweet corn

Cucumber

Carrot

Tomato

Red Onion

Mixed Sheets

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**TUESDAY 12/11/2024**

**Soup**

Chicken Noodles Soup

**Main**

Roasted Perch in Gravy  
tomato

**International**

Teriyaki Chicken Thighs

**Vegetarian**

Risotto w/ Mushrooms & Seitan

**Sides**

Baked potato slices  
Rice  
Carrots

**Dessert**

Fruit Pot

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**TUESDAY 12/11/2024**

**Compound Salads**

Quinoa & roasted vegetables

Mediterranean Greek Salad

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**Raw Salads**

Sweet corn

Cucumber

Carrot

Tomato

Red Onion

Mixed Sheets

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**WEDNESDAY 13/11/2024**

**Soup**  
Courgette

**Main**  
Chicken Strogonoff

**International**  
Mac n Cheese

**Vegetarian**  
Bean and tofu stew

**Sides**  
Rice  
Courgette  
Peas

**Dessert**  
Fruit Pot

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WEDNESDAY 13/11/2024

**Compound Salads**

Pasta with broccoli, apple, yogurt and raisins

Rainbow Salad

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**Raw Salads**

Sweet corn

Cucumber

Carrot

Tomato

Red Onion

Mixed Sheets

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**THURSDAY 14/11/2024**

**Soup**

Roasted carrots

**Main**

Fish Moqueca

**International**

Turkey meatballs in gravy  
Tomato

**Vegetarian**

Vegetarian Meatballs

**Sides**

Roasted sweet potatoes  
Rice  
Vegetable Mix

**Dessert**

Fruit Pot

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**THURSDAY | 4/11/2024**

**Compound Salad**

Cous-cous w/ Mushrooms & Herbs

Pasta Salad Oriental

**Raw Salads**

Sweet corn

Cucumber

Carrot

Tomato

Red Onion

Mixed Sheets

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**FRIDAY 15/11/2024**

**Soup**  
Broccoli

**Main**  
Chicken Milanese

**International**  
Beef Pizza

**Vegetarian**  
Vegetarian Pizza

**Sides**  
  
Fusilli  
Broccoli  
Sweet corn

**Dessert**  
Chocolate Mousse

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FRIDAY 15/11/2024

**Compound Salads**

Green Salad with roasted peppers and olives

Watermelon, Cucumber and Mint

**Raw Salads**

Sweet corn

Cucumber

Carrot

Tomato

Red Onion

Mixed Sheets

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