## KASD High School Breakfast Menu

## **NOVEMBER**

School Breakfast - FREE We look forward to serving you!

Monday	Tuesday	Wednesday	Thursday	Friday
This institution is an equal opportunity employer and provider.  Menu subject to change without notice.	A total of 3 to 4 items must be taken to make a complete meal  One of the items must be a fruit or 100% fruit juice	Bring a friend to breakfast!!		Warm Cinnamon Roll 1 Egg & Cheese Bagel Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk
Warm Mini Cinnis 4 Egg & Cheese on English Muffin Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk	French Toast Sticks 5 Sausage, Egg & Cheese Bagel Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk	WG Blueberry Donut Holes 6 Egg & Cheese Croissant Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk	Sausage, Egg & Cheese Pizza 7 Warm Cinnamon Roll Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk	Make your own Parfait 8 Ham, Egg & Cheese Bagel Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk
Assorted Breakfast Muffins 11 Bacon & Egg Croissant Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk	Ham, Egg & Cheese Bagel 12 Pancakes & Sausage Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk	Apple OR Cherry Frudel 13 Sausage, Egg & Cheese Burrito Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk	Ham, Egg & Cheese Croissant 14 PB Banana w/ Granola Bar Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk	Warm Cinnamon Roll 15 Egg & Cheese Bagel Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk
Warm Mini Cinnis 18 Egg & Cheese on English Muffin Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk	French Toast Sticks 19 Sausage, Egg & Cheese Bagel Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk	WG Blueberry Donut Holes 20 Egg & Cheese Croissant Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk	Sausage, Egg & Cheese Pizza 21 Warm Cinnamon Roll Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk	Make your own Parfait 22 Ham, Egg & Cheese Bagel Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk
Assorted Breakfast Muffins 25 Bacon & Egg Croissant Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk	Ham, Egg & Cheese Bagel 26 Pancakes & Sausage Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk	Apple OR Cherry Frudel 27 Sausage, Egg & Cheese Burrito Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk	School Closed	School Closed