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KASD Middle School Breakfast

NOVEMBER

School Breakfast - FREE
We look forward to serving you!

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| <p>A total of 3 to 4 items must be taken to make a complete meal</p> <p>One of the items must be a fruit or 100% fruit juice</p> | <p>Bring a friend to breakfast!!</p> | | | <p>Cinnamon Stuffed Bagels 1 Assorted Breakfast Muffins Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk</p> |
| <p>Warm Mini Cinnis 4 Cinnamon or Caramel Assorted Cereals w/ Yogurt Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk</p> | <p>Assorted Breakfast Muffins 5 Assorted Cereals w/ Yogurt Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk</p> | <p>Sausage, Egg & Cheese Pizza 6 Assorted Cereals w/ Yogurt Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk</p> | <p>WG Blueberry Donut Holes 7 Assorted Cereals w/ Yogurt Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk</p> | <p>Waffles w/ Sausage 8 Assorted Cereals w/ Yogurt Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk</p> |
| <p>Apple OR Cherry Frudel 11 Assorted Breakfast Muffins Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk</p> | <p>French Toast Sticks 12 Assorted Breakfast Muffins Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk</p> | <p>Warm Cinnamon Roll 13 Assorted Breakfast Muffins Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk</p> | <p>Egg & Cheese English Muffin 14 Assorted Breakfast Muffins Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk</p> | <p>Cinnamon Stuffed Bagels 15 Assorted Breakfast Muffins Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk</p> |
| <p>Warm Mini Cinnis 18 Cinnamon or Caramel Assorted Cereals w/ Yogurt Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk</p> | <p>Assorted Breakfast Muffins 19 Assorted Cereals w/ Yogurt Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk</p> | <p>Sausage, Egg & Cheese Pizza 20 Assorted Cereals w/ Yogurt Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk</p> | <p>WG Blueberry Donut Holes 21 Assorted Cereals w/ Yogurt Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk</p> | <p>Waffles w/ Sausage 22 Assorted Cereals w/ Yogurt Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk</p> |
| <p>Apple OR Cherry Frudel 25 Assorted Breakfast Muffins Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk</p> | <p>French Toast Sticks 26 Assorted Breakfast Muffins Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk</p> | <p>Warm Cinnamon Roll 27 Assorted Breakfast Muffins Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk</p> | <p>School Closed</p> | <p>School Closed</p> |

Breakfast is free every day!!

All breakfasts consist of whole grains, fruits, 100% fruit juice and choice of milk

This institution is an equal opportunity employer and provider. Menu subject to change without notice.