KASD Elementary Breakfast Menu

NOVEMBER

School Breakfast - FREE We look forward to serving you!

Monday	Tuesday	Wednesday	Thursday	Friday
A total of 3 to 4 items must be taken to make a complete meal One of the items must be a fruit or 100% fruit juice	Bring a friend to breakfast!!!			Cinnamon Stuffed Bagels 1 Assorted Breakfast Muffins Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk
Warm Mini Cinnis 4 Cinnamon or Caramel Assorted Cereals w/ Yogurt Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk	Assorted Breakfast Muffins 5 Assorted Cereals w/ Yogurt Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk	Sausage, Egg & Cheese Pizza 6 Assorted Cereals w/ Yogurt Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk	WG Blueberry Donut Holes 7 Assorted Cereals w/ Yogurt Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk	Waffles w/ Sausage 8 Assorted Cereals w/ Yogurt Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk
Apple OR Cherry Frudel Assorted Breakfast Muffins Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk	French Toast Sticks 12 Assorted Breakfast Muffins Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk	Warm Cinnamon Roll 13 Assorted Breakfast Muffins Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk	Egg & Cheese English Muffin 14 Assorted Breakfast Muffins Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk	Cinnamon Stuffed Bagels 15 Assorted Breakfast Muffins Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk
Warm Mini Cinnis 18 Cinnamon or Caramel Assorted Cereals w/ Yogurt Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk	Assorted Breakfast Muffins Assorted Cereals w/ Yogurt Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk	Sausage, Egg & Cheese Pizza Assorted Cereals w/ Yogurt Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk	WG Blueberry Donut Holes Assorted Cereals w/ Yogurt Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk	Waffles w/ Sausage Assorted Cereals w/ Yogurt Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk
Apple OR Cherry Frudel 25 Assorted Breakfast Muffins Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk	French Toast Sticks 26 Assorted Breakfast Muffins Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk	Warm Cinnamon Roll 27 Assorted Breakfast Muffins Assorted Fresh Fruit Assorted Fruit Juice Choice of White Milk or Chocolate Milk	School Closed	School Closed

Breakfast is free every day!!

All breakfasts consist of whole grains, fruits, 100% fruit juice and choice of milk

This institution is an equal opportunity employer and provider. Menu subject to change without notice.