



November 1, 2024

**Congratulations!!!!
Athletes for this week!**

Volleyball-Vanessa Mujica

Soccer-Ariana Araiza

Cross Country- Elsa Emmans

Football- Julian Loza

Cheer- Brittany Mannin

Drill- April Toledo

SPORTS



And they said it couldn't be done NOT just once but twice

Highland 5 LaSalle 1

They play Saturday @ Grandview @ 4PM for the League Championship against Cle Elum.

Highlights of yesterday's game: Anahi Lamas scored not 1,2,3,or 4 BUT 5 goals....Valeria Machorro had 4 assists. The defense was lead by Aylin Aguilera, Maddy Ceja, Susy Ayala, Ariana Ariza, Bianca Contreras and Leslie Barragan..

The entire team played with "grit" and "determination" to make it to State....

MORE INFO COMING CONCERNING NEXT WEEKS GAME/TIME



"Basketball is just around the corner. Open gym sessions will start Monday November 4 from 4-5 and continue until the start of the season on November 18. These are open to all Highland students. See Mr. Sleater if you have any questions."

Lunch Today:

Corn Dog
Shoestring Fries
Salad
Fruit
Milk

Thought of the week:

"Instruction does much, but encouragement does everything."

-Johann Wolfgang von Goethe-