



THANKFUL, BLESSED, AND MASHED POTATO OBSESSED

Spartan Students and Staff Keep Their Eyes on the Pies

GOOD NEWS

- ★ Desmond Beasley has been named Scholar-Athlete of the Week by Friday Night Football. Desmond Beasley was honored for his achievements both on the football field and in the classroom as a team captain and All-District performer for the football team with a 4.39 GPA and 28 on the ACT. He was also the 2024 Homecoming King.
- ★ For the second time, the Allstate Sugar Bowl announced that Markel Keyes was recognized as a Manning Award “Futures” for his outstanding performance in football.
- ★ The cross country team competed at St Thomas Aquinas in Hammond. The following runners achieved a personal best: Noah Hendricks, Taji Parker, Adam Juneau, Johann Robinson, Andray Smith, and Camilla Veloz.
- ★ The Spartan basketball team will live out their NBA dreams by playing a game at the Smoothie King Center on January 3rd at 12:30pm, followed by Pelicans facing off against the Wizards.

Blood Drive - It's Time for Spartans to Save Some Lives

BY ALLI DOMINIQUE

Give blood Spartan Fam! You have plenty to share! Our Spartans soccer teams are hosting a blood drive as a fundraiser. This not only helps the soccer teams, but it helps our community. People are able to use your blood if they need it. For each person that donates, the soccer team receives a payment. Let's reach a goal of 100 students and teachers signed up that are going to donate blood! This event will be held on November 7th, in the Aux Gym. See



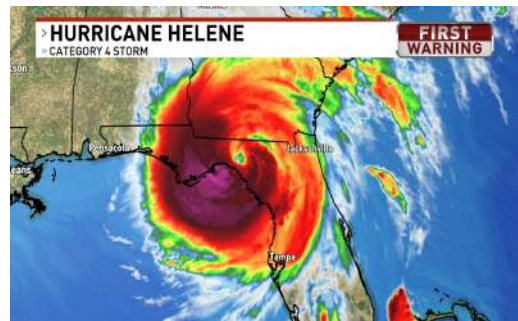
Coach Fritscher or Coach Marlborough in the concession stand for the paperwork. Must be 16 or older. If you are 16 you have to get two papers, one being a conscience form from a parent. Attention Seniors! If you're a senior, and you can donate blood twice within your senior year, you will receive a red cord for graduation. Come out and help not only the community but also your Spartan soccer teams! Don't be shy, you have plenty of blood to spare!



Nathan's Weather Corner

BY NATHAN MEUNIER

Hello Spartans! Can you feel that? It's that winter chill finally starting to creep its way in. With the warmer months coming to an end, it's time to gear up for less sweat and more cozy warmth! November is going to be a chilly month with a small amount of rain, so for those who want a TLDR, you should bring a decent jacket and prepare for some crisp, chilly mornings. As for those of you who want the whole breakdown, let's jump right into some juicy November weather stats!



The weather for November is looking chilly! The temperatures will be 68°F at the lowest and 79°F on the highest, making for an average of around 63°F. With the weather being a bit colder, everyone should make sure to bring a good jacket or coat to keep warm!

The rain chances for November are looking small with only about three days of rain that amount to just under two inches of rain, so be sure to take a look at your daily forecast before you start your day. As of writing this, there aren't any notable storms or other weather happening in November.

Since October has ended and November has started, storms have been running rampant and demolishing the landscape. Hurricane Helene was an already record-breaking storm that tore through the lower parts of the US and, unknown to us, was only the first part of the tragedies that the hurricanes would bring. Only a few weeks after Helene struck and caused monumental damage, another hurricane formed, Hurricane Milton. Before even hitting land, Milton was

UPCOMING EVENTS

- | | |
|---|---|
| ★ November 1:
Football vs Hammond
7:00 PM | ★ November 9:
Saturday Detention &
Seat Time
8:00 AM-12 Noon |
| ★ November 2:
-State Raider Meet
@ Bogalusa
-Saturday Detention &
Seat Time
8:00 AM-12 Noon
-Slidell City Cleanup | ★ November 11:
JROTC Veterans Day
Program |
| ★ November 5:
Election Day - No School | ★ November 14:
Girls Soccer vs Academy
of Our Lady
5:30 PM |
| ★ November 6:
Freshmen Parent Meeting
6:00 PM | ★ November 15:
College Acceptance
Recognition Lunch |
| ★ November 7:
-Boys Basketball
IDEA Bridge Scrimmage
6:30 PM
-Club Day
-Senior Trip 2nd
Payment Due
-Blood Drive
8:00 AM - 1:00 PM | ★ November 16:
Saturday Detention &
Seat Time
8:00 AM-12 Noon |
| ★ November 9:
-Girls Basketball
Evening Madness
Scrimmage
6:00 PM | ★ November 18:
Girls and Boys
Basketball vs Picayune
5:00/6:00/7:00 PM |
| | ★ November 21:
Boys Basketball vs
Hannan
6:00/7:00 PM |
| | ★ November 22:
-Volleyball Tournament
-Pep Rally
-Deadline to buy
Winter Formal ticket |

breaching the theoretical limit of the power of hurricanes, even sparking discussion of creating a Category 6 classification for Hurricane Milton. Tampa's Mayor Jane Castor even made a live TV announcement, bluntly stating "anyone in an evacuation zone that does not evacuate WILL die".

Altogether, November will be a particularly uninteresting month that should be a nice introduction into some nice weather before we really get into the cold months. Now, with all of that out of the way, let's get into some fun facts! Did you know that full moons in November are traditionally called Beaver Moons? This is because in colonial times, trappers would traditionally set up beaver traps in this month. If dirt and wind mix together they can create what is called a Black Blizzard. And for our last fact, (although some might think it's a given) fog is actually just really low clouds. With everything said and done, it's time for me to sign off again, my friends. I hope you all get your fill and have a great Thanksgiving and don't forget to be safe!



Teacher Spotlight - Mrs. Scoby
BY WALESKA ADRIANO

What if I told you that Salmen High School has many amazing teachers? Among them is a great person named Mrs. Scoby. It is desirable to honor an excellent person in the month of November. Besides being an excellent person, she is dedicated to influencing many students every day, to learn and strengthen our Spartan family. Many will say that is the purpose of every teacher on this campus. But, unlike any other teacher, she helps native Spanish-speaking students fit in with the crowd, as not being able to speak English greatly influences communication. From my firsthand experience, I guarantee you that Mrs. Scoby is a very determined, impressive, and honorable teacher.



Undoubtedly, she is incredible for changing the lives of many students by simply teaching them English. Mrs. Scoby, a teacher at Salmen High School, has stated that "to always be present" is essential in the education of her students. Her teaching style is based on the "I do, we do, and you

do" model, and just as she gives the best from her, her expectations are the same from her students. She manages her class by keeping her students busy at all times. Apart from this, there are many strategies that she uses to maintain her class.

Furthermore, Mrs. Scoby likes to use many programs, so her students can practice, such as the program Rosetta Stone. Although she is a very awesome teacher, she is also quite strict, meaning that when there is misbehavior in her class she gives detentions, redirects, moves seats, and calls parents. Giving consequences for misbehavior doesn't make her unpleasant, she simply wants her students to progress. Mrs. Scoby is a cosmetologist also! This is just one of her most hidden talents. She, as a human being, has been through many challenges and one of them is that she participated in surrogacy, which is very surprising about her. As an ESL teacher, she tends to constantly speak Spanish at home, so that her children get used to it just like she does. Therefore, this demonstrates the effort she has on teaching English and even learning it. Mrs. Scoby and her students are constantly learning from this experience.



Mrs. Scoby wants to travel the world and see many places like Chile and Thailand. She believes that the biggest help needed to speak a different language very fluently would be to move to a native country where you are surrounded by the language you want to speak. From which she also dreams of visiting the beautiful beaches of Thailand. Although she faces several behavioral challenges in her daily class, sharing three hours a day with her students every week builds many bonds of love, creating passion and patience that always have the power to succeed. She usually tells her students to be good and learn English.

In conclusion, the important role she plays at Salmen High defines the great and amazing human being she is. Helping native students and watching their progress makes her happy enough to continue working and pushing herself to make a difference in their lives. Spending hours with her students every day and interacting with them shows love, passion, and attention, which is why it makes her profession unique and undoubtedly effective. Her goal is to make a change in the lives of her students. Without further ado, Mrs. Scoby deserves to be highly honored for her work.

Program Spotlight - JROTC
BY LONDON COBBINS

Many would agree that the United States Army has always done their best to protect us. Here at Salmen High School, there is a class to prepare students for a career in the armed forces. It is called The Junior Reserve Officer Training Corps, also known as the JROTC. Forming this class wasn't done alone, but was done by many people who came together and made this happen. The JROTC class is one of the most important classes that makes Salmen great today. The knowledge from the classes' leaders and other students working together to form this strong class.

Sergeant Haywood Harrision is one of the teachers of the JROTC class. Mr. Harrison is a teacher at Salmen High School in his second year, he also did 5 years in the army, then retired. While in the military,



he considered the bigger picture of what should happen after retirement. He wants to take his life experience and express it to next generations and make students better citizens and better leaders. Harrison feels that the JROTC class is not a boot camp, instead, it gives you the tools you may need in life. To Harrison, this career feels like sand if you do what you actually love you would do it everyday in your life. Harrison stated that if you do what you actually love, you will do it every day in your life. Indeed, Harrison is doing what he loves.

The main things that the JROTC class covers are simple. According to Harrison, there are seven blocks. These blocks teach about citizenship and history, leadership, investing, drill and ceremony, which helps build discipline, and life skills. First-year students get taught critical thinking and management, they get skilled in anger management and study skills. One word Harrison can use to describe JROTC is life-changing for kids who are very quiet and introverts. Now they are extroverts and learn how to command large groups.

Colonel Bruce Wilson is also a teacher of the JROTC class. Colonel Wilson has taught for 15 years at Salmen and 17 years altogether as an educator. His goal for JROTC is to teach young men and women to be successful adults. According to Colonel Wilson, JROTC has won 26 trophies, three different drill competitions, and several drill meets. Much like Harrison, Wilson stated that the JROTC class teaches structure and discipline. Colonel Wilson feels that JROTC class is a career for him, not a job. In the JROTC class, they also have different teams. These teams are called drill teams. These drill teams are called color guard and raider team. These teams compete against other schools in obstacle courses, running, and arm drill teams. They also have events where they clean up every year such as the military ball

that teaches social etiquette. One thing Colonel and Mr. Harrison wanted everyone to know they were not here to make people join the military. Instead, they are here to guide the students in their class in more ways than one. Upcoming events that will be facilitated by the JROTC include a Veterans Day ceremony on November 11th, and also a golf tournament on November 16th at the Royal Country Club.



JROTC is one of the most important classes that makes Salmen great today. JROTC class is a beneficial class where students can make friends and also learn new things and achieve accomplishments. If you are interested in JROTC class, you can talk to your counselor or talk to Colonel Bruce L. Wilson or Sergeant Haywood Harrsion.

Club Spotlight - National Honor Society
BY KAYLA WATSON

As the year goes on, many clubs and organizations come into the light to bring about a new exciting and improved school year. The National Honor Society is not just a school organization, however; it is a national organization that every school around the country should have for students that have a GPA of 3.5 or higher. NHS for short is a well rounded club that gives back to the community in many ways. The National Honor Society is not only an organization for students who are in honors classes. This organization is also a community service club, meaning that to be a part of NHS, you are required to partake in some form of community service that may go toward your graduation requirements.

This month Salmen had its induction ceremony for Juniors and Seniors that had a 3.5 GPA or higher from last semester. In order to be a part of the wonderful club, a student must meet certain criteria. The student first has to be either a Junior or a Senior to even be acknowledged in this club. After one is acknowledged, the next thing that is looked at is their last semester's grades, which must be high enough to be given a recognition letter. In this letter, it will tell you that you are being invited to join the club because it has been seen that the student has maintained a high GPA for last semester. The qualified students' attendance as well as behavior at school when looking at both in school and out of school



suspension, detention, being late to school and being tardy to class, are also looked at when or before they receive their letter. Because NHS is a formal club, there is a formal induction ceremony where the new and old members are expected to go to not only be recognized in front of peers but also support those who are being recognized. On October 3 after school hours at 6pm in the cafeteria is where this ceremony took place. Going forward, I hope to see each and everyone of you sophomores going into junior year, and juniors going into seniors year, and please remember to always work hard and to never give up, you can accomplish what you dream!

All Sorts of Sports
BY ALLI DOMINIQUE

Hey Spartan Fam! Let me start y'all with this quote "Sports do not build character. They reveal it." These words by Heywood Broun. He's worked for several New York papers including the New York Tribune, he was a journalist. That quote means that sports alone don't build you, but it's the way you interact with the team and your sportsmanship that is shown on the field that builds you. These words show importance to some of our players, because they aren't just in it to win it. They enjoy the friendships that they are able to make through sports and how they communicate with each other as a team. This month we have our

soccer teams that are kicking into action, along with the boy's basketball team. The Football team is soon to be closing out their season. With all that being said, let's get into it! Nevertheless, we are gonna start with our awesome football team. They have had some amazing wins against Bogalusa and Liberty! Let's take some time to recognize one of our players! Desmond Beasley, wearing number 7 on the field, is a team captain, and an All-District performer, Desmond Beasley. He received the FNF Southern Quality Ford Dealers Scholar-Athlete of the Week award, as well as homecoming king. He told me that the team has good sportsmanship, and they tune in and work with one another because they all want to achieve that end goal of winning. One goal that he wants to achieve by the end of the season and his last year here at Salmen is making it past



the second round of the playoffs. Congrats to our seniors, keep up the good work Spartans! As the season comes to an end, the football team needs support from the Spartan family. Don't forget to come out and support your Spartans. The last 2 games of the regular season are November 1st, VS Hammond and November 8th VS Chalmette, both starting at 7pm. Come out and cheer them on!

Secondly, let's talk about our volleyball team. They have had an awesome winning streak during the month of October! Hooray for them! Their season is coming to an end depending on play-offs and state championship games. Don't forget to congratulate all the seniors on the team as they have just wrapped up their senior game. Shouting out of our players, Kalia Williams, she plans on signing to a College very soon. So if you see her, tell her congratulations! Great things the volleyball team has done this season. They need the Spartan Fam cheering them on to keep up their streak!

Lastly, to kick things off with our soccer team and basketball teams. It's that time of season when soccer starts! Along with basketball! Don't forget to come out and support them this season. Let's have the stands packed! Boys basketball has their first home game VS Hannan on November 21st, JV at 6:00 and Varsity at 7:00. Girls soccer has their first home game VS Academy of Our Lady on November 14th at 5:30. Come out and support them as they start their awesome season off.



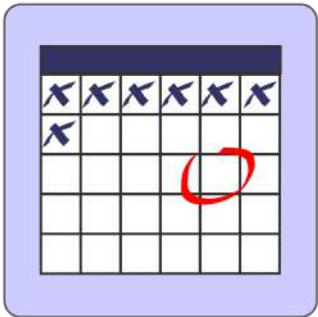
To sum it all up, sportsmanship is one of the biggest factors that you should have when playing on a team. The football team used sportsmanship throughout the season, which made them able to win games, along with volleyball. I'm looking forward to the basketball games and the soccer games coming up this season! Do great things this season to all my sports team members! Never give up! If you plan on attending any sports event, make sure you buy tickets ahead of time on the GoFans website and have your student ID present. Come out and support your Spartan Family by cheering them on! Until next time, check back next month for more sports talk!

Thoughts on the First Quarter
BY STEPHEN BARTHELEMY

Can you believe we are now in NOVEMBER? Wow! I'm just happy to say I made it, living life in my small town in Louisiana called Slidell, attending Salmen High School. Now that November is over, I'm just wondering how teachers and students felt about the first quarter. I once heard from a good teacher that the first quarter is always the hardest for teachers and students. So, I took it upon myself to find some teachers and students that I could get some information from regarding this matter to help me form this article. I interviewed my teachers and some of my peers around the school, asking about the

beginning months of this school year. I wanted to know what they enjoyed, and what needs to be done to make it more enjoyable. So, why does the first quarter of school always seem the hardest for teachers and students? I don't know, but we will find out together.

I spoke with students and teachers around campus, hoping to get a lot of great information about the news that August, September, and October had to bring to them. Mr. Russo, a teacher at Salmen High School explains his first nine weeks. The first thing I asked regarding the first quarter was, about his role here at Salmen. He explained, “I teach Algebra 1 to incoming ninth graders, mostly. Sometimes we have repeaters who did not pass the first or second semester, so I teach them in an attempt to get them closer to graduation.” When asked how his first quarter went, Mr. Russo replied, “The first nine weeks for me are always rough. Trying to gauge where the students are mathematically, setting up my expectations and rules, beginning of the year diagnostics, etc. It can be a challenge to have it all done effectively. It takes a while for me to come back to work from summer break but having the tools and support from everyone makes things smooth”. In



regards to making positive changes around her, Mr. Russo said, “I don’t know if there is anything that should be done differently. We have a ton of new things around campus to help students feel welcomed and show we are all only here to help the graduate.” Behaviorally, Mr. Russo’s students have been doing well. He explained, “I have had the bare minimum of offenses so far. When I ask my students to do things, it gets

done. Very rarely do I need to repeat myself. I do have to get a little loud and demanding but nothing outrageous.” Thank you to Mr. Russo for answering questions, and I hope the rest of your school year goes smoothly.

Now, as November pushes on, another current teacher at Salmen High School, Mr. Kyle, who teaches CIW (Certified Internet Web Professional) and Customer Service to students in all grades. When asked what he enjoys most, Mr. Kyle said, “What I enjoy most about teaching here is seeing the growth and progress of my students. Whether they’re learning technical skills in CIW or life skills in Customer Service, I love being a part of their journey as they prepare for their futures.” Mr. Kyle has had a pleasant first quarter. He went on to say, “The first nine weeks of school went well! I’ve enjoyed getting to know a new group of students, as well as seeing the progress and growth of students I’ve taught in the past. One of the most challenging parts has been establishing and sticking to a new routine for this school year.” Wow, it is safe to say that these teachers have had an interesting first nine weeks.

In addition, a student at Salmen High school, Anaya Ladner was asked how she felt about the first quarter. Anaya stated, “I feel like it was easy, but I could have done better with turning my work in on time, and staying on track.” This is definitely a situation that many Salmen students can relate to. But, don’t worry! We have plenty of time to turn things around.

In conclusion, by interviewing some Spartan students and staff we can all have a clear understanding of how the first nine weeks went. After reflecting on teachers and students' first nine weeks overview at Salmen High School, it seems that most students and teachers had a positive experience. Overall, it is important to remember that teachers around campus have a huge task, and so do students. That's why if we work together the nine weeks should go smoothly. Here's to finishing the semester strong!



What Do You Drive?

BY MADISON KNIGHT

Some of our peers have the pleasure of having their own car, while most of us catch the big yellow school bus. I'm sure most of us would take the opportunity to have a car if we could. However, is it worth the hype? Recently, I interviewed Stephen Barthelemy about having his own car, and he gave me an insight into what his personal experience with what having a vehicle might look like. What is his opinion? Read below to find out! Here at Salmen High School, is it worth it to have a car or save gas money by riding the school bus?

Stephen Barthelemy is now in his second car at the age of 16! He is now driving a 2024 Tesla Cybertruck. Having a car is a pretty big responsibility, especially because of all the oohhs and aahhs he gets due to having a unique car at such a young age. He received this car on July 16, 2024. Stephen stated, “I was surprised when I received my first car, but had an idea about the second car but just didn’t know for sure, so I was a little surprised.” He never mentioned this specific car to his parents, which made the experience even better. Now, for the



details that some of us may have been waiting for, what is his personal experience like? Stephen thinks that having a car is way better than taking the school bus. Why? He stated, “It’s way better having your own car because you get home earlier than most people.” This is a valid point, most students wish they could just hop into their own car and arrive home earlier than usual instead of waiting until the bus driver reaches their stop to get off. Stephen thinks it is worth

having a vehicle of his own because he can get around whenever he needs to. He doesn’t have to depend on anyone to give him a ride, he can just hop into his car and go. Furthermore, Stephen does enjoy the freedom of having his car. He doesn’t do much, so his mom is more on the lenient side. He doesn’t have many rules to follow except him being home before midnight.

Most teenagers look forward to getting their license because this is just a taste of becoming a young adult. Stephen getting his license didn’t excite him as much because he was already driving before he even had it, therefore it was easy for



him. He was ready more than anything. In conclusion, Stephen Barthelemy enjoys the freedom that comes with having his vehicle.

All in all, is it worth having a car or riding the bus and saving gas? According to Stephen, he feels having his vehicle is worth the hype. After reading this article you should convince your guardians to get you your very own vehicle! You might be able to get a taste of what freedom truly is according to Stephen!

In a World Where You Can Be Anything, Be Kind!

BY KELSEY LEE

What does kindness mean to you? Well, kindness is a very important factor that everyone should prioritize in our everyday lives. What can you do in your everyday life to be kind to others? Well, good luck! I am here to tell you all about kindness!!

Being kind can come in various ways. Such as holding the door open for people, or even going as far as complimenting someone. You can do a lot of things to show kindness to others. Even so, kindness starts with being kind to yourself. But, in all kindness is the quality of being caring, gentle, or helpful to others.

To find out what kindness means for Spartans around campus, I interviewed a senior, Zarriana Landor, to ask her what she thinks of being kind and why it is so important. Zarianna tells me that kindness is important to everyday life because it can make people view you as a more positive person who is good to be around. Being kind also can

affect your health and mental health. Zarianna states, “I also feel like if you are a believer in God he shows you ways of kindness and inspires you to spread it to others and can also relieve your stress.” Likewise, Camron Robinson explained his thoughts on being kind and the ways everyone can be kind to others. Camron explains being kind to others is so important. It’s as simple as smiling, saying thank you, or holding the door that can make someone's day better. Also listening without judgment, offering help, or just being a good friend are great ways to spread kindness. Camron also says, “I think kindness is very important. It creates a positive vibe and makes the world a better place.



Kindness can really change someone's mood or even their whole day.” Now that we have heard from our fellow spartans on being kind, take this as an inspiration to always stay happy, positive, and kind. Some ways of being kind that we can do in our everyday life would include smiling at others, saying please and thank you, helping others, and even offering someone a hug!! Kindness is a big factor in our everyday life

routines. Being kind is such an easy thing to acquire. But, overall no matter the situation or the person always stay kind because you never know what people are going through behind closed doors. Put a smile on people's faces and you never know how much you can help someone.

Well, my lovely people, that concludes my article on being kind!! Always remember to smile and make other people smile!! It doesn’t take a lot to be kind and nice to others! Being kind takes nothing but means everything. Until next time, stay kind and remain positive in life.

It’s That Time to Give Back

BY KAYLA WATSON

Do you know why it's so important to give back to the community? It is important to give back to the community because the community is what helps one in times of need. There is this saying, "It takes a village to raise a child." In terms of giving back that quote means that you rely on people to give to a certain point. With Salmen's High's Junior Reserves Officer Training Corps, otherwise known as the JROTC Battalion, that is one thing that they want to accomplish with their Service Learning Project. The service learning project will be a Thanksgiving Food Drive to support and take care of the less fortunate citizens of our area. JROTC Service Learning Projects are about giving back to the community, and by doing so students are becoming a better citizen.

Although, some people would think that JROTC is all about being in the military; That is not the case, the class teaches about many different aspects. This project also teaches leadership skills and the causes and effects that making wrong decisions can have on the person and in their community. The JROTC is mostly focused on doing some type of service and that's what the cadets and the whole school are doing for the service learning project, a food drive. The Thanksgiving Food Drive starts from October 8 and ends on November 15, the only foods that are allowed are canned goods and other non-perishable food items. In other words, these should be food items that do not spoil quickly. After JROTC collects all the cans and non-perishable food items, they will take these



goods to a home or a church, where these ministres will distribute them to the needy for them to enjoy. This way, they can celebrate Thanksgiving with a meal, a privilege that many may not be able to afford otherwise.

When doing something that is beneficial in your community, it can make a person feel like they made the world a better place. With this Thanksgiving Food Drive that the Salmen High JROTC is hosting, this project helps to contribute to their motto and mission that this class was founded behind. The motto is "Pride is Power" and the mission statement is "To motivate young people to be better citizens". These two phrases combined bring about change that empowers the youth. This also follows closely with the whole service learning project. Since students are donating items, this project teaches things like not being selfish, or always remembering that there are people who are



less fortunate, and one should always be grateful for what one has. As a whole, the JROTC Service Learning Project, the Thanksgiving Food Drive, is an important event that helps give back to the community that has always fostered us in times of need.

In short, the JROTC Service Project helps out in many ways. This project not only gives back to the community,

but by giving back the project teaches students how they are becoming a better citizen. This shows in JROTC’s mission statement, "To motivate young people to be better citizens." By partaking in this project leads to better character in one's development. This project also gives a positive outcome in your community, when students give back what they have fostered in you. All the student body should know about JROTC Service Learning Projects. Take part in giving back and donate to the needy!

The Coming Season of Autumn

BY SAVANNAH SMITH

Autumn, the season of knitted sweaters and pumpkin spice. Autumn is the season that ties people together, everyone going to pumpkin patches, taking pictures of starbucks new fall drinks, and wearing huge knit sweaters. This article will reveal the upcoming weather during November, the autumn activities, trending clothes, and fun facts.

Autumn! The most coziest time of the year. Autumn typically lasts between the months of September, October, and November. As these months approach us you will notice the weather dropping and significantly becoming cooler but not only the weather, as you're walking you will see leaves falling everywhere. You won't only see the leaves falling but the changing colors too. These months in autumn are the only months to enjoy the cool weather. Not too warm and not too chilly. On second thought, it really is chilly as you will feel more wind during these restful months.

In other words, the weather is finally cooling down enough to enjoy outside activities. You can also have fun inside. There's plenty of places to go and do things with your friends and family outside such as going to a corn maze, visiting a pumpkin patch, go out and shop for boo baskets, going on rides at fall festivals, building scarecrows, and one of many people’s favorites, painting and carving pumpkins are fun and enjoyable activities to try! Don't panic, there's still many activities to do inside such as have a scary movie marathon, bake fall desserts and try new recipes, learn how to knit, and online shopping for halloween costumes. Staying cuddled up in your own home and even going outside to enjoy the weather are both filled with fun activities for everyone to enjoy as the autumn season is here.



Now, the weather is dropping, getting more cold and windier, you will see a change in clothing and fashion all around. As all the other seasons drastically change in style as summer has bathing suits, off the shoulder tops, and claw clips, autumn is completely different as we enter the time for uggs, sweaters, and big jean pants. There are many

trends for autumn such as styling a pair of cute leg warmers, the “Rory Gilmore” white knitted sweater, a classic pair of boots, leather jackets, and let's not forget everyone wearing dark red. Autumn is the time to



express your style the way you want. Clothing for the cold weather is arranged and fit for everyone even with different tastes in clothes. In addition, let's talk about fun facts about harvest. Wait, harvest? Yes! Harvest was the original name for autumn, in the 16th century it was very common to refer to autumn as harvest. There's also a study showing people born in autumn actually can live longer and live up close to 100 years old. Have you ever gone bobbing for apples? Well bobbing apples originated from Britain. The celts memorialized the ending of autumn with a festival which included bobbing for apples and ever since then it has become a tradition.

Therefore, you should always look out for the season of autumn. The leaves are constantly falling and changing into pretty hues, there are way more places to go and things to do outside or in the comfort of your own home and you can express your style. To sum all of this up, autumn is one of the best seasons in the year.

American Indian Heritage Month

BY BRENDON JOSEPH

American Indian Heritage Month was officially established in the United States in the 1990s. Its origins can be traced back to earlier attempts to celebrate Native American culture and history. Let’s explore the origins of American Indian Heritage Month.

American Indian Heritage Month originated in 1990 after the U.S. Congress had approved it. The President at the time, George H.W. Bush had made it official by signing a joint decision officially declaring November as National American Indian Heritage Month. Unfortunately, it took many years until they got to the point where the celebration of Native American Heritage received no recognition.

Originally, a holiday that honored American Indians first started as merely a day in 1915. Also, since the year 1916 when New York was the foundational state to officially recognize American Indian Day, therefore they have been an ongoing effort



to honor the significant contributions and accomplishments of Native Americans. When it came to 1976, in the celebration of the country's 200th anniversary, S.J. Res. 209 had given the president, Gerald Ford, the authority to declare October 10th-16th, 1976 as "Native American Awareness Week". Then when the following 10 years came, in 1986 Congress passed S.J. Res. 390, which requested the president to designate November 23rd-30th, 1987, as "American Indian Week." Later, these traditions were carried on by Congress in following years, designating one week during the autumn season as "Native American Indian Heritage Week." American Indian Heritage holidays have always been important in order to officially seal a day to honor the important roles of the American Indians. After all, they had helped with the foundation and expansion of the US. Undoubtedly, it is right that they received an entire month being set aside for their help and recognition.

Overall, this month is committed to increasing awareness about the barriers indigenous individuals had to experience throughout history and today, and the attempts they had made to overcome these obstacles. As of 2021, the United States has over 574 Tribes that have been officially recognized by the federal government. However, there are still many more that are fighting for acknowledgment. While a notable number of Native Americans still live on reservations, around

71 percent of them reside in cities and urban areas. To date, Native Americans make up about 2.5 percent of the total U.S. population.



Even though American Indians and Alaska Natives are part of the broader society, much of the history has been either forgotten or ignored. This is why American Indian Heritage Month is significant. This month could be a time to remember the indigenous people of America or to learn more about them. It's

important during November to honor not only the rich heritage left behind by indigenous history creators, but also to acknowledge those who still affect our society, guiding their communities, and affecting our culture in the present day.

In conclusion, we should all delve deeper into the beginnings of American Indian Heritage Month. In November, take a moment to honor the traditions, language, and narratives of indigenous peoples from Alaska, Hawaii, and their associated island groups, making certain their deep-rooted histories and contributions flourish with every new generation.

Zodiac Recap

BY ELIZABETH KALUEV

Are you a Scorpio or a Sagittarius? If you answered yes, then this article is for you. These two zodiac signs fall into the month of November. One fun fact about the Scorpio is its birthstone is the Topaz gemstone. The Sagittarians’ gemstone is the Tanzanite. This article will tell you about the history of zodiac signs and it will also be predicting your future for November. A very long time ago, there was a place called Babylonia, also known as present-day Iraq. Zodiac signs were created in the first half of the 1st millennium B.C. The civilization of Babylonia separated the sky into twelve areas. These twelve areas were assigned a name, a figure, and a specific meaning. The zodiac signs were based on these areas. For this reason, zodiac signs were invented and many people know about them now.

First of all, the Scorpions have birthdays in the date range between October 23rd to November 21st. Scorpions are known to always be analyzing information and paying attention to the little things in life. They have gut instincts that help them believe the truth. They are independent and strong-willed. It is difficult to ignore this zodiac because they have a lot of charisma. They are passionate about what they set their mind to. If a Scorpio is passionate about something they will be eager to put in as much effort needed to succeed. Good things will be coming your way. You will get good grades and if you put in the work and the effort you will have a great November. You might meet someone and have an attraction to them. Your lucky signs that you might run into or already know include Taurans, Virgos, and Capricorns.



Now, the second November zodiac sign is the Sagittarius which spans from November 22nd to December 21st. Sagittarians are similar to Scorpions when it comes to their intensity and passionate desires. They are very curious beings who will seek for answers if someone doesn’t let them venture to the place they want to perceive. Sagittarians are really bubbly and they give a similar energy to the sun. Which honestly makes sense since they are one of the fire signs following the Aries and Leo. They are also people pleasers and they will drop everything in order to help you achieve your goals. This type of being is also known to be compassionate to others. You are ruled by Jupiter if you are a Sagittarius. They have a lot of faith and they are forceful if they need to be. Although this is an article about November, your lucky month that follows this month is December. Some of your peers that share your zodiac sign are born in December. In December

you will get plenty of opportunities. People say that your lucky number for a lottery ticket is 3, 9, 6, 5, and 8. So if you are ever getting



a lottery ticket make sure to look out for those numbers. This month you might connect with someone who will help you move far off from your limits. Given these points, I hope the Sagittarius and the Scorpio Spartans have a great birthday month. Did you know that the most common zodiac sign is the Scorpio? Times of India stated, “Sagittarius is the ultimate optimist and, not surprisingly, one of the luckiest signs.” This illustrates that the Sagittarians will be lucky in November and so will the Scorpions. To sum it up, good luck to all the zodiac signs, and furthermore said, Happy Birthday to all the Sagittarians and the Scorpions out there!

The Darkest Day - Dia De Los Muertos

BY ADRI'ANNA RAY-FRANKLIN

Do you know anyone who celebrates the Day of the Dead? The Day of the Dead is a day that takes time to honor loved ones that have passed, and is traditionally celebrated on November 1st and 2nd. Usually when the day of the dead is mentioned, the first thing that comes to mind are the movies *Coco* and *The Book of Life*. Although these amazing movies express the liveliness of the holiday, they don't dig deep into the history and the meaning behind the celebration itself.

The Day of the Dead, also known as Dia De Los Muertos, starts back in its early roots from the Aztec people who now thrive in Central Mexico. According to History.com, the Aztecs used skulls as a way to honor the dead before the celebrations started. The skulls that they used to this day are used as a key symbol in a tradition that has been going on for centuries to honor those who have passed. Dia De Los Muertos involves family and friends getting together to pay respects and to remember friends and family members who have died; making this holiday very emotional at times. The Day of the Dead mainly happens in



Mexico but is also celebrated in different places like Michoacán and Oaxaca. The holiday also occurs during the Christian period of Allhallowtide. Some argue that Indigenous Mexican or ancient Aztec influences account for the custom, which has become a way to remember those forebears of Mexican culture. The Day of the Dead is widely seen as having a festive characteristic.

In the past, and still today, people celebrate by building altars in their homes with Ofrendas that have their loved ones picture in a frame with a candle and some items they might have left behind. They'd light the candles and gather items the passed relatives enjoyed and fill the Ofrendas with them, decorated with Marigolds. The families tell old jokes about the dead and offer tamales, water, chiles, Pan De Muerto which is a “specific type of bread for the occasion” and various other treats to enjoy the celebration. In Mexico, families clean



the graves at cemeteries, preparing for the spirit to come. The Mexican holiday takes place on November 1st and 2nd. The holiday is also known for having pre-Hispanic roots and for being a blend of Indigenous traditions

celebration. Bands perform and people dance to please the visiting souls. Back then, Copal incense was used to lure in old spirits. They would also paint skulls that they'd mold with sugar and clay and write the names of their ancestors on the forehead. The altars include the “elements of life” food to be used as earth, water, “Papel Picado” for wind and a candle for fire. They also used colorful tissue paper that had cut out designs to decorate the town and the Ofrendas.

Overall, the Day of the Dead is a deeply cherished tradition that embodies the values of remembrance, togetherness, and cultural pride within the Hispanic communities. Its' significance symbolizes that it is a crucial part of the Hispanic heritage and a time-honored tradition that continues to be celebrated with passion and admiration.

Daylight Savings Day - Time to Fall Backward

BY ALEXIS RUIZ

Did you realize that you gained an extra hour of sleep? On November 3rd, which was the first Sunday of this month, you gained an extra hour! Sometimes everyone just needs some extra sleep even if it's just an hour longer. Hopefully everyone feels all rested up. Now we all know that we love getting our sleep but hate to lose it, so let's talk about daylight savings time and find out why this happens.

What is daylight savings time? Daylight saving's time is the practice of advancing clocks to make better use of the longer daylight available. This was first introduced in 1916 in Germany during World War I. The original idea of daylight saving time was to preserve energy during the war. They apparently made it permanent during world war II to conserve fuel and keep things standard. Although, it is also said that Benjamin Franklin had invented the idea of the concept in 1748. This was because he believed “rising earlier would economize candle usage and save people's money.” Every year, daylight savings time starts on the second Sunday of March and ends on the first Sunday of November. This year it started on March 10th and ended November 3rd. What happens

if we don't have daylight savings time, is it even necessary? If we did not have daylight savings time it would affect our summer, we would have less daylight



and instead of the sun going down at 8:00 pm, it would go down at 7:00 pm. According to the Sleep Foundation, “without daylight savings time we'd continue to benefit from this natural progress of gradually brighter mornings without the abrupt interruption of a clock change in March.” However, the Sleep Foundation also says, “the additional daylight in the evening hours during Spring and Summer are beneficial to the mental health of those who work during the day.” Although at the end of the day, everyone has their own opinions on whether daylight savings time is necessary or not.

There are a lot of cool facts about daylight savings time. For example, daylight savings time gives us longer daylight hours which encourages more outdoor activities, reduces energy consumption, and enhances your overall well-being. However Arizona, Hawaii, the territories of American Samoa, Guam, the Northern Mariana Islands, Puerto Rico and the U.S. Virgin Islands do not participate in this. I'm sure there are many reasons for this, although Arizona just simply does not see a good reason for longer daylight during the hottest months of the year. Hawaii does not participate either because of how close it is to the equator. Daylight savings time can be beneficial though some people might not see it that way.

Overall this should give a better understanding of daylight savings time. If you've had any questions about daylight savings time regarding what it is, when it starts, when it started etc, I hope this information has helped. After learning about daylight savings time, how do you feel about it? Do you feel it's necessary? or do you think it would be better if we just stopped doing it? Either way I hope you guys enjoy your extra hour of sleep on November 3rd!

Veterans Day
BY RONDEL FINLEY

Veterans Day falls on the 11th and is celebrated around the country. It is a day to honor the veterans who served in the United States Armed Forces. They endured tough conditions and environments to protect our country and its people. It is only right that we show our appreciation. Many American citizens commemorate and honor Veterans Day through various means and customs.

The first Veterans Day dates back to 1919. According to the Department of Veterans Affairs, on November 11, 1919, President Woodrow Wilson proclaimed this day as Armistice Day. He stated, “To us in America, the reflections of Armistice Day will be filled with solemn pride in the heroism of those who died in the country’s service and with gratitude for the victory, both because of the thing from which it has freed us and because of the opportunity it has given America to show her sympathy with peace and justice in the councils of the nations...” Before proclaiming this day, World War I known as "The Great War" officially ended months before in June. We honor our veterans on the 11th day of the eleventh month because an armistice went into effect between France and Germany on the eleventh day of the eleventh month in 1918. This is why it was first called "Armistice



Day", it was eventually changed after the Korean War so we can honor all veterans of every war. Many people honor Veterans Day in different ways and have different traditions. For

example, the largest Veterans Day event is the Veterans Day Parade in New York. Over 20,000 people participate and over 400,000 people watch. The Veterans Day commemoration begins with a wreath-laying ceremony one hour before the start of the parade at the Eternal Light Flagstaff in Madison Square Park. According to John Gately, Hampton Military Affairs Committee Chairman, “laying a wreath is our way of saying 'Thank you' to fallen Service members." He also stated, "The placing of wreaths beside gravestones signifies our continuous commitment as American citizens to honor and remember the sacrifices made by generations of fallen heroes in defense of our American way of life." Local veteran service organizations often participate in such programs with their impressive array of military banners and American flags. In other states, schools and communities have Veterans Day programs to show their gratitude.

There are many ways to honor veterans. For example, a thank you letter to those who have served. Or you may create a Veterans Day poster to honor them. Some send a care package to their veterans. People also treat a veteran to a meal. Though there are many ways to show your respect and gratitude towards a veteran, sometimes a simple "thank you" goes a long way.



To wrap everything up, Veterans Day is a day to commemorate and honor veterans for their service. People around the world celebrate Veterans Day and honor veterans in many ways, whether that be a ceremony or a performance. Veterans worked hard to serve and protect our country, so the least we can do is show that we appreciate them. So whenever you see a veteran, thank them for their service.

The Holy Week
BY JAMIYAH TURNER

In our world, there are many diverse religions and they have so many different meanings. Believing in God and the Bible is not something that is celebrated or believed in every religion. National Bible Week is celebrated for those who read the Bible and benefit from



it. However, this week is mainly to respect and honor the celebration of this week and people who are dedicated to The Bible. National Bible Week is shared with the world and also provides the opportunity to honor the Bible.

In fact, the National Bible Week is celebrated from November 17th - November 23rd, which is the week of thanksgiving. National Bible Week was first celebrated in 1941 and since then, every president has continued this tradition of celebrating the Holy Bible during the week of Thanksgiving. This week is dedicated to the Christians who honor The Bible and who enjoy the prayers, proverbs, reciting hymns, and prophecies of the great religious text. Most people believe that this week encourages the Christians to keep going with their Bibles and daily studies. This gives them the opportunity to celebrate their religions and helps them to understand the importance and faith of their religions. The week of Thanksgiving is a great holiday to express that the National Bible Week is made to honor the holy text along with its encouraging words, the spiritual love, and detailed guidance that it brings to those who may need it. Many people enjoy this week and love to celebrate it with their families.

During National Bible Week, many people are proud to have an amazing Thanksgiving where they are able to eat, celebrate, and honor their traditions. This is a special week to many individuals who come together with their communities and dedicate their wishes and hopes to their Holy Bibles. Also, this week spreads awareness of the bible and how it is very powerful. The importance for its celebration is because the Bible spreads love, hope, salvation, and guidance to those who need it. In addition, this week is celebrated in the same week of Thanksgiving because it allows the Christians to have a remembrance of the death of Jesus Christ. Many people will continue to show their love and support to the Bible and why they find it important and beneficial for them.

Altogether, National Bible Week is shared with the world and provides the opportunity to honor the Holy Bible on the week of Thanksgiving. As talked about, this week is celebrated to honor the Christians who are true to their religions. This week is not celebrated for all, due to most people and their religious beliefs.



People who celebrate this week are well appreciated and will continue to show love to their religion and what they believe in. National Bible Week is celebrated to create positive and Holy impacts on one's life. I highly hope that this article gives you an idea on what you can use if you need strength, hope, love, guidance, honesty, and words of affirmation. After all, always stay true to your religion. National Bible Week is celebrated to support people's religions and give them a week to honor their beliefs of God and the Holy Bible, but no matter what faith you follow, you can still give thanks during this special time.

Giving Thanks
BY KAELYN LEVY

Y'all know what season it is? It's Fall Season Spartans! It's cooling off, and we have one of our favorite holidays coming up, Thanksgiving! Thanksgiving is all about who you are thankful for, what you are blessed with, spending time with your family, and moving onto the next year with blessings.

Thanksgiving originated with the Wampanoag people and the English colonists, also known as the Pilgrims. According to history.com, for more than two centuries days of Thanksgiving were celebrated by individual colonies and states. It wasn't until 1863, in the midst of the Civil War, that President Abraham Lincoln proclaimed a national Thanksgiving Day to be held each November. Today, Thanksgiving is a holiday where you eat, gather with your family and friends, and have a break from school and work!



Along with that information, I sat down and had a chat with Emani Levy. I asked her some questions about her Thanksgiving break plans. Mostly everyone is ready for the good warm food they are about to be eating! Emani stated, “I am ready to eat my mom and my stepmom’s food and be with my sisters and my family ”. Emani also said she loves Thanksgiving because she has a break from school and she gets to spend more time with her family on both sides of her parents, and she is ready to eat some Thanksgiving food! She says she is ready for her stepmom to bake the special pink cake she makes every Thanksgiving. Emani might go to New Orleans to see her grandpa and cousins after she and her family are done eating at home. Her cousins are having a Thanksgiving family get-together and she told me, “I hope my dad doesn't try to bring plates of food home because we already have enough at home”. Looks like Emani doesn’t want any more food than what they already have at their house.



Unlike Emani, another Spartan I had a conversation with is Nia Smith, we discussed the Thanksgiving break coming up she stated, “The only thing I'm ready for is the food ” I asked if she was ready to see her family and she said that she sees them every day but she is ready to eat the most, she is also prepared for her mom to throw it down in the kitchen! Nia is ready for her family and her to laugh, talk, eat, and

more! Nia also declared “ I am going to every last one of my friends' houses to get a Thanksgiving plate.” Nia must have one big appetite! She is also going to spend time with her friends and her girlfriend this break, since she is out of school, she might also go see her grandma in Covington or she might stay in Slidell. One of Nia’s favorite foods is mac and cheese, with ham and turkey, accompanied by some Hawaiian bread. She said that is one of her favorite foods that she eats on Thanksgiving. I agree with her, she said that it is something that can't go wrong.



Well, make sure you guys eat some good food, enjoy your time with family, have a good time and enjoy Thanksgiving, Since it's coming up !! That's all I have for you guys today. Hope you guys enjoyed the history and the students' suggestions on Thanksgiving! Hope you guys have a nice break. Happy Thanksgiving to all!

The Scoop on Black Friday
BY AMIYAH SHANNON

What’s more fun than the rush of getting sales in your favorite stores? Meet Black Friday! A holiday that focuses on just getting deals and steals. Black Friday falls on the day after Thanksgiving and it’s a headstart for people to get their Christmas shopping done. In this article, you’re going to learn all about Black Friday history to Black Friday 2024 deals. It’s super fun and convenient getting sales in your favorite stores right around the corner from Christmas time, but what

started Black Friday? Everyone loves Black Friday because of what it has to offer, but the origin is not as well known. According to Walden University, Black Friday has been around for over 100 years. After the Thanksgiving parades in the 1800s, people were ready to start holiday shopping and that's when Black Friday came along and the tradition began. Ultimately, “Americans settled in to celebrate Thanksgiving on the fourth Thursday in November, ensuring retailers can always start their holiday sales before December." Stores started opening and giving deals out because of all the people who came ready for holiday shopping. As far as the name, Black Friday started in Philadelphia because of the football game on the Saturday following Thanksgiving. It was so chaotic and it became such a major headache for the police, that they called it Black Friday. Retailers heard of this and thought it was very fitting for Black Friday because it was also chaotic in the stores.



Black Friday hasn’t changed much though. Currently, Black Friday is still chaotic depending on the stores you go to, the only thing that has changed from then and now is online shopping. With online shopping, you don't get the rush of waiting outside for stores to open or even trying to hurry up to get something before someone else does. I personally think online shopping is better because who wants to go through all that chaos for something you can just get on the internet. If you've never seen the chaos of Black Friday, a lot of shows today do episodes that represent it.



Additionally, the sales involved in Black Friday definitely make up for all the chaos. Stores that are having Black Friday sales this year in our area include Bath and Body Works, Best Buy, Victoria’s Secret, Walmart, Kohl’s, Marshall’s, Winn-

Dixie, and if you prefer online shopping there’s Shein and Amazon. Overall, Black Friday gives us an opportunity to get our holiday shopping done early with reasonable prices. Its history goes all the way back and over time it just gets more exciting and advanced with all the new stores and online shopping, which means don’t walk, run to your favorite stores on Black Friday!

Must-See Films
BY PAIGE BAILEY

This is the season of forgiveness and thankfulness so here are three movies you should be eager and grateful are coming out. These are three of the top motion pictures that are a must-see this November in order of release date. If you enjoy wholesome and inspirational films these in my opinion are the best choices for you and your family. With this being said I hope everyone enjoys these films and this beautiful season.

Alternatively, if you are looking for a more serious film to start in November, the movie *Small Things Like These* comes out on the 8th of November. This motion picture is based on the best-selling novel, *Small Things Like These* which was published on November 30, 2021. The film will have great and well-known actors playing the main cast. Cillian Murphy will be playing the main character Bill, a devoted father, and Emily Watson will be playing Sister Mary. Bill is a simple man who works as a coal merchant to support his family. Bill stumbles upon a lot of secrets that are being held by the local Convent. Bill stumbling upon these secrets forces to face his past and face the catholic church of his small Irish town.



However, if you are more of a musical lover like me but also need something a little more light-headed, this next film is 100% for you.

The *Wicked* musical is coming out on the 22nd of November. *Wicked the Musical* is a modern take on the original play that first came out on Broadway, and the original play is based on a 1995 Novel. The main cast consists of great musical artists and actresses who either have Academy Awards to Grammys or hit TV shows out right now. You have Ariana Grande playing Glinda, then Cynthia Erivo playing Elphaba and Jonathan Bailey playing Fiyero Tigelaar. The *Wicked* film is going to be about a young Elphaba who is misunderstood by the people around her, the main reason being that she has green skin, but then she meets Glenda, and they form an unlikely friendship. Glenda is the type of character who is preppy and all about being popular. Them



becoming friends leads to a series of unfathomable events happening in their life, events that should be switched for them. Last of all, if you are a big Disney fan and love princess movies, then this last film is most definitely for you. *Moana* is a great pick to watch, this film has great action in it and teaches valuable lessons. This film is so good that the fans have been asking for a part 2. This is where the excitement comes in for the *Moana* lovers.

In fact, it's been a long 8 years tiredly waiting for a sequel to the first *Moana* movie. Well, Disney

fans, you are in luck with *Moana 2* releasing on the 27th of this November. *Moana 2* is going to be a sequel to the first *Moana* movie. In this piece of cinema, we have the original cast returning to voice their characters. We have Dwayne Johnson returning to voice Maui next we have Auli'i Cravalho coming back to voice our main character Moana, and the actors who voice her parents are returning as well. While we have our main og cast returning we are also getting new characters introduced to the story, like Simea who is the new younger sister of Moana. Simea is a 3-year-old who is also said to be ambitious and wants to be just like her older sister, Simea is the most anticipated character in the movie. *Moana 2* is going to be about the reunion of Maui and Moana after 3 years of not seeing one another.



They come together again to go on a new voyage, where they find themselves going on this adventure with some unfamiliar people. The whole reason they are going on this voyage is because Moana's past ancestors came to her and told her of a danger soon to come.

All things considered, these three films are a must-see. If you're into one of these three topics, serious, animated, or a musical you would enjoy either one of these visual pieces of art. So readers if you are available and have any free time, try to catch at least one of these movies.

Poetry Corner
FEATURING GABRIEL LYNN

*A gracious mind, and a thankful heart
proud of how far we are
fleeting moments with our peers
memories to treasure for endless years*



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SPARTAN SNAPSHOTS
BY ALLI DOMINIQUE



SPIRIT WEEK 2024

