

MIDDLE & HIGH SCHOOL BREAKFAST NOVEMBER 2024

Good Food, Good Mood – You gotta nourish the body”- Gabby M, 7th grade @ Drexel Neumann Academy

Menu is subject to change and a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>4</p> <p>Maple Mini Pancakes OR Vanilla Yogurt & Raspberry Churro</p> <p>Strawberry Gel Cup Fresh Fruit</p>	<p>5</p> <p>Cinnamon Chex Cup OR Chicken Sausage/ Cheese Waffle Sandwich (Heat)</p> <p>Mott’s Fruit Punch Juice Fresh Fruit</p> 	<p>6</p> <p>Pillsbury Mini French Toast Berry Blast OR Banana Muffin</p> <p>Raspberry Lemonade Craisins Fresh Fruit</p> 	<p>7</p> <p>Corn Muffin OR Apple Baked Frudel (Heat)</p> <p>Mott’s Apple Juice Fresh Fruit</p>	<p>8</p> <p>Cocoa Puff Bar OR Blueberry Bagel</p> <p>Raisins Fresh Fruit</p>
<p>11</p>  	<p>12</p> <p><u>Staff Professional Development</u></p> <p><u>No School for Students</u></p>	<p>13</p> <p>Honey Cheerios Cup OR Cherry Frudel (Heat)</p>  <p>Mott’s Apple Juice Fresh Fruit</p>	<p>14</p> <p>Pillsbury Confetti Mini Pancakes OR Blueberry Yogurt & Granola w. Cinnamon</p> <p>Orange Juice Watermelon Craisins</p> 	<p>15</p> <p>Corn Muffins OR Mini Cinni Pull-A-Part</p> <p>Orange Mango Applesauce Fresh Fruit</p>
<p>18</p> <p>Honey Cheerios Cup OR Peach Yogurt & Granola w. Cinnamon</p> <p>Mott’s Apple Juice Fresh Fruit</p>	<p>19</p> <p>Pillsbury Maple Mini Pancakes OR French Toast Sticks (Heat)</p> <p>Strawberry Craisins Fresh Fruit</p>	<p>20</p> <p>Apple Cinnamon Muffin OR Wheat Bagel</p> <p>Dole Tropical Fruit Cup Fresh Fruit</p>	<p>21</p> <p>Cherry Vanilla Yogurt & Apple Jacks Pouch OR Mini Cinni Caramel Pull-A-Part</p> <p>Mott’s Fruit Punch Juice Fresh Fruit</p>	<p>22</p> <p>Strawberry Mini Bagel OR Pillsbury Confetti Mini Pancakes</p> <p>Strawberry Applesauce Fresh Fruit</p>
<p>25</p> <p>Cocoa Puffs Cup OR Blueberry Bagel</p> <p>Cherry Craisins Fresh Fruit</p>	<p>26</p> <p>Pillsbury Maple Mini Pancakes OR Cherry Frudel (Heat)</p> <p>Peach Cup Mott’s Fruit Punch</p>	<p>27</p> 	<p>28</p>  	<p>29</p>

PLEASE READ CAREFULLY - Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children’s school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

Nutritional Development Services
Archdiocese of Philadelphia
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