

November Elementary Breakfast



Cold cereal and fresh apple slices offered daily.

Students must take a minimum of a half cup of fruit.

All meals are served with 1% white milk or non-fat chocolate milk.

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Banana Bread
4 Caramel Mini Cini	5 Yogurt and Muffin	6 Sausage Biscuit (B) Sandwich	7 Pancakes with Syrup	8 Breakfast Pizza (T)
11 NO SCHOOL 	12 Honey Wheat Breakfast Bun	13 Scrambled Egg Frittata	14 Muffin Top	15 French Toast Sticks with Syrup
18 Pancake Sausage (P) on a Stick with Syrup	19 Cinnamon Rolls	20 Waffles with Syrup	21 Egg, Cheese and Sausage (T) Breakfast Burrito	22 Banana Bread
25 	26	27	28	29
Thanksgiving Break: November 25 - 29				

Menu Subject to Change Based on Product Availability

One breakfast is NO COST for all enrolled students

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PLEASE NOTE: FCUSD Food Services requests that eligible families complete a school meals application on-line. Please visit the Food Services Dept website via the FCUSD home page for the online application, federal income eligibility guidelines, application instructions and Frequently Asked Questions: www.fcusd.org (On the FCUSD home page, click on Food & Nutrition.)