

November 2024

Medford Public Schools 6-12 Lunch Menu

Please note that while the first meal is free, second meals, single milks, and single fruits or vegetables are **not free**.

Add student account funds at:
family.schoolcafe.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Oct 28 Hamburger* or Cheeseburger* w/ Local Lettuce & Tomato & Pickles French Fries Plum	Oct 29 Egg & Cheese Croissant* Tater Tots Mixed Fruit 	Oct 30 Chicken Drumstick Seasoned Brown Rice* Local Cole Slaw Orange	Oct 31 Mummy Dog Veg Baked Beans Pumpkin Pretzel* Fruit Selection	Nov 1 Mozzarella Sticks* w/ Marinara cup Baked Apples 
4 Chicken Patty Sandwich* Local Lettuce Tomato Veg Baked Beans Diced Peaches	5 No School! 	6 Meatball Sub w/ cheese Roasted Broccoli Apple	7 Ramen Noodle* Bowl w/ Egg Corn Edamame Fruit Selection 	8 French Toast Sticks* Tater Tots Strawberry cup 
11 Veterans Day 	12 Popcorn Chicken* & Dutch Waffle* Carrots & Ranch Diced Pears	13 Breaded Mini Ravioli* w/ Marinara cup Fruit Selection 	14 Beef & Bean Chili w/ cheese & sour cream Corn Bread* Garden Salad Mixed Berry cup	15 Chicken Enchilada Empanada* Veg Baked Beans Applesauce
18 Chicken Tenders* Sweet & Sour Sauce French Fries Mixed Fruit	19 Beef & Cheese Nachos* Seasoned Black Beans Sour Cream Fruit Selection	20 Mac and Cheese* Steamed Broccoli Garlic Bread* Fruit Selection 	21 Turkey Dinner Mashed Potatoes Stuffing* Green Beans Dinner Roll* Local Cranberry Sauce Baked Apples	22 BBQ Chicken or Veggie Pizza* Garden Salad Fruit Selection 
25 Mozzarella Sticks* w/ Marinara cup Fruit Selection 	26 Popcorn Chicken* Dinner Roll Veg Baked Beans Applesauce	27 Early Release! Super Snack Box Crackers Sunflower Seeds Beef Jerky Crunchy Chickpeas Apple Juice	28 Thanksgiving! 	29

All meals include choice of milk, daily vegetable, baby carrots, and fruit selection.

 Ovo-lacto vegetarian option

*Whole-grain rich item

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