Appling County High School

November 2024



Student meals are served at no charge.
Extra items and 2nd meals must be paid
for at the point of service with cash or by
using credit from the student's meal
account. Charges are not allowed.

Adult Meal Price: \$4.75

2nd Entrée Choice Offered Daily with Side Items

Pepperoni & Cheese Pizza - Daily Chicken Tender Salad M/W/F Chef Salad T/R

A variety of fruits and veggies are offered daily.

Students must select a fruit <u>or</u> vegetable at lunch.

Milk Choices Offered Daily

Harvest of the Month:

November is all about Sweet Potatoes!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
riday, November 1				
		Chicken Alfredo with Garlic Breadstick Steamed Broccoli Roasted Carrots Fruit Choices	Hamburger Steak with Gravy, Sautéed Onions ,and Roll Mashed Potatoes Okra Bites Fruit Choices	Crispy Chicken Sandwich Seasoned Fries Green Beans Fruit Choices Cookie
Monday, November 4—Frida	y, November 8			
Chicken Nuggets with Dipping Sauce and Macaroni & Cheese Green Beans Yam Patties Fruit Choices Monday, November 11—Frid	Cheeseburger with Bun Lettuce/Tomato Emoji Potatoes Baked Beans SideKick Sunbelieveable Fruit Choices	Sweet & Sour Chicken with Vegetable Fried Rice Egg Roll Honey Glazed Carrots Steamed Broccoli Fruit Choices / Fortune Cookie	Roasted Chicken with Roll Mashed Potatoes w/ Gravy Black-Eyed Peas Fruit Choices Pudding Cup	Chili with Grilled Cheese Sandwich Potato Triangles Steamed Broccoli Fruit Choices Cookie
School Holiday	Chicken Poppers with Cornbread Muffin Mashed Potatoes with Gravy Field Peas Squash Casserole Fruit Choices	Chicken Fajita Nachos Sautéed Bell Peppers & Onions Sour Cream/Salsa/Queso Black Beans Fruit Choices	Chicken Sliders Emoji Potatoes Steamed Broccoli SideKick Sunbelieveable Fruit Choices Cookie	Spaghetti with Garlic Knot Fresh Garden Salad Whole Kernel Corn Fruit Choices
Monday, November 18—Frid	lay, November 22			
Chicken Chunks w/ Honey Mustard Sauce Fresh Baked Roll Mashed Potatoes Green Beans Fruit Choices	Cheeseburger with Bun Lettuce/Tomato Seasoned Fries Baked Beans Fruit Choices Cookie	Chicken Alfredo with Garlic Breadstick Steamed Broccoli Roasted Carrots Fruit Choices	Turkey with Gravy and Roll Cornbread Dressing Sweet Potato Casserole Green Beans Fruit Choices Pecan Tarts	PB&J Uncrustable with Cheese Stick and Chips Veggie Juice Box & Carrot Snack Pack Fruit Choices Cookie
Monday, November 25—Frid	lay, November 29			
School Holiday	School Holiday	School Holiday	School Holiday	School Holiday

Visit the Appling County School Nutrition website for Nutrition Education and Wellness resources!