

November 2024

This institution is an equal opportunity provider.
MENU IS SUBJECT TO CHANGE.



HIGH SCHOOL MENU

Monday

Tuesday

Wednesday

Thursday

Friday

Did you know?

Throughout much of history, November has often been thought of as a somber month because it signaled the start of winter. People would spend the month storing up their harvest and preparing their food and homes in order to survive the winter.

Pancake on a Stick

4

CHICKEN CORDON BLEU SANDWICH
GENERAL TSO RICE BOWL

Grab & Go - Chef Salad, Veggie Salad
PB & J and Turkey & Cheese Sandwich

Biscuits & Gravy

5

MAC & CHEESE W/ NUGGETS
ORANGE CHICKEN RICE BOWL

Grab & Go - Southwest, Veggie, & Chicken Caesar Salad
PB & J and Ham & Cheese Sandwich

French Toast Sticks

6

CREAMY CHICKEN ENCHILADA
GENERAL TSO RICE BOWL

Grab & Go - Chef & Veggie Salad
PB & J and Turkey & Cheese Sandwich

Breakfast Pizza

7

SLOPPY JOE
TERIYAKI RICE BOWL

Grab & Go - Southwest, Veggie, or Chicken Caesar Salad
PB & J and Ham & Cheese Sandwich

Mini Waffles

1

CORN DOG
ORANGE CHICKEN RICE BOWL

Grab & Go - Chef Salad, Veggie Salad
PB & J and Italian Club Sandwich

Apple Oatmeal Bar

8

TERIYAKI BEEF DIPPERS
ORANGE CHICKEN RICE BOWL

Grab & Go - Chef & Veggie Salad
PB & J and Italian Club Sandwich

Breakfast Burrito

11

CHILI HOT DOG w/ tortilla chips
GENERAL TSO RICE BOWL

Grab & Go - Chef Salad & Veggie Salad
PB & J and Turkey & Cheese Sandwich

Pancakes

12

CHICKEN NUGGETS
ORANGE CHICKEN RICE BOWL

Grab & Go - Southwest, Veggie, & Chicken Caesar Salad
PB & J and Ham & Cheese Sandwich

Breakfast Pizza

13

PULLED PORK SANDWICH
GENERAL TSO RICE BOWL

Grab & Go - Chef Salad & Veggie Salad
PB & J and Turkey & Cheese Sandwich

French Toast Sticks

14

CHICKEN POTATO BOWL
TERIYAKI RICE BOWL

Grab & Go - Southwest Veggie & Chicken Caesar Salad
PB & J & Ham & Cheese Sandwich

Mini Waffles

15

CHICKEN ALFREDO
ORANGE CHICKEN RICE BOWL

Grab & Go - Chef Salad & Veggie Salad
PB & J & Italian Club Sandwich

Pancake on a Stick

18

GRILLED CHEESE SANDWICH w/TOMATO SOUP
GENERAL TSO RICE BOWL

Grab & Go - Chef Salad & Veggie Salad
PB & J Sandwich and Turkey & Cheese

Biscuits & Gravy

19

CHICKEN FAJITA
ORANGE CHICKEN RICE BOWL

Grab & Go - Southwest, Veggie, & Chicken Caesar Salad
PB & J Sandwich & Ham & Cheese

French Toast Sticks

20

MEATBALL STROGANOFF W/ PASTA
GENERAL TSO RICE BOWL

Grab & Go - Chef Salad & Veggie Salad
PB & J Sandwich and Turkey & Cheese

French Toast Sticks

21

TURKEY STEAK DINNER
TERIYAKI RICE BOWL

Grab & Go - Southwest, Veggie & Chicken Caesar Salad
PB & J Sandwich & Ham & Cheese

Apple Oatmeal Bar

22

CORN DOG
ORANGE CHICKEN RICE BOWL

Grab & Go - Chef Salad, Veggie Salad
PB & J Sandwich & Italian Club

Breakfast Burrito

25

CHICKEN CORDON BLEU SANDWICH
GENERAL TSO RICE BOWL

Grab & Go - Chef Salad, Veggie Salad
PB & J and Turkey & Cheese Sandwich

Pancakes

26

MAC & CHEESE W/ NUGGETS
ORANGE CHICKEN RICE BOWL

Grab & Go - Southwest, Veggie, & Chicken Caesar Salad
PB & J and Ham & Cheese Sandwich

27

THANKSGIVING RECESS

28

29

2024-2025 MEAL PRICES

PAID ELEMENTARY MEALS

Breakfast \$1.20
Lunch \$2.50

ADULT MEALS & 2nd STUDENT MEALS

Breakfast \$2.75
Lunch \$3.75

GRILL ITEMS SERVED DAILY -

Hamburger, Cheeseburger, Spicy Chicken Sandwich, Breaded Chicken Sandwich & Grilled Cheese

PIZZA SERVED DAILY -

PEPPERONI SERVED DAILY
CHEESE SERVED DAILY
HAWAIIAN SERVED TUESDAY
BBQ SERVED THURSDAY

EL CHAVO SERVED DAILY -

CHILI, CHIPS & CHEESE SERVED DAILY
CHEESE ENCHILADA SERVED MONDAY

During LUNCH, students must choose at least 3 of the following 5 components: Low-fat milk, whole grains, fruits, vegetables, and protein. When choosing ingredients and entrees to serve for our program we look for foods that are lean, low-fat, low-sodium, low-sugar, and whole grain rich. Students are able to choose whichever healthy foods they like best. All students must take a fruit or vegetable with every meal.

<https://www.slcschools.org/departments/child-nutrition/menus-common-concerns>

1 CUP OF FRUIT OR VEGETABLE MUST BE TAKEN WITH EACH MEAL