



November 2024

Saint Joseph High School - Metuchen

Lunch Entrees

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 New Orleans Style Crispy Chicken Po' Boy with Remoulade Sauce, Cajun French Fries and Broccoli Slaw
			• Main Entree: \$8.00	
4 Grilled Chicken & Broccoli Alfredo served with Garlic Bread	5 Create Your Own Nacho Bar with assorted Toppings	6 Thai Sweet Chili Chicken over Steamed Rice with Oriental Style Green Beans	7 Cheeseburger Quesadilla served with Ranch Fries	8 Popcorn Chicken Bowl with Mashed Potatoes, Corn, Shredded Cheddar Cheese and Gravy
11 Loaded French Fries with Crispy Chicken, Chopped Bacon, Shredded Cheddar Cheese, Brown Gravy, Sour Cream and Green Onion	12 Open Faced Turkey Sandwich served with Gravy, Mashed Potatoes, Corn and Cranberry Sauce	13 General Tso's Chicken over Steamed Rice with Broccoli	14 Monte Cristo Sandwich served on French Toast with a Maple Cinnamon Glaze and French Fries	15 Create Your Own Double Hot Dog Bar with Assorted toppings served with Tator Tots
18 Breakfast for Lunch Breakfast Burrito with Scrambled Egg, Chorizo, Shredded Cheddar Cheese, Sautéed Peppers & Onions and Salsa served with Tator Tots	19 Buffalo Wings with Carrots, Celery & French Fries	20 Teriyaki Glazed Grilled Chicken Breast over Steamed Rice with Roasted Broccoli	21 Beef, Bean & Cheese Burrito served with Lime Cilantro Rice and Plantain	22 Creamy Macaroni & Cheese served with Chicken Tenders & Green Beans
25 Thanksgiving Break	26 Thanksgiving Break	27 Thanksgiving Break	28 Thanksgiving Break	29 Thanksgiving Break

*Menu is Subject to Change

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QUESTIONS OR COMMENTS?
Please call us at (973) 598-0005 to speak to one of Maschio's Registered Dietitian Nutritionists.

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healthy kids!