



This institution is an equal opportunity providers



January 2024

Rye Neck Middle/High School LUNCH MENU

December 30 - January 3

Powering potential.

ENTREE

PASTA

Offered with Fresh Breads

GRILL

PIZZA

SIDE

MON

TUES

WED

THURS

FRI



2025
HAPPY NEW YEAR



All Lunches Include Choice of:
Whole Grains, Meat/Meat Alternative, Vegetables, Fresh Fruit, 100% Juice and 1% White, Skim White or Skim Chocolate (no high fructose corn syrup)

Available Daily

Made To Order Deli Bar

All Natural Boar's Head Turkey, Ham, Buffalo Chicken, Grilled Chicken, Assorted Cheese & Toppings Served on Choice of Breads, Rolls & Wraps

\$4.00

Made To Order Salad Bar

Fresh Mixed Greens or Romaine, Seasonal Veggies, Choice of Proteins, Toppings and Dressings

\$4.00

Pizza/Burgers/Pasta/Daily Features

\$3.00

Fresh Made Parfaits/Smoothies/Fruit Cups

\$3.00

Self Serve Salads & Grab and Go Sandwiches

Rotating Seasonal Fresh Fruit Selection

Kiwi, Pear, Apple, Banana, Orange, Grapefruit, Strawberries, Grapes, Melon

Additional Daily Vegetable Options May Include

Cucumber Slices, Pepper Strips, Baby Carrots, Bean Salads

For any questions contact the Food Service Department at 914-777-4845

Director- Kaycee Czyzak
kczynzak@ryeneck.org



January 2024

Rye Neck Middle/High School LUNCH MENU

January 6 - 10

Powering
potential.™

ENTREE

	MON	TUES	WED	THURS	FRI
ENTREE	Chicken Burrito with Cheese, Rice & Beans	Boneless Wing Bar Plain, BBQ, or Spicy Southern Biscuit	Chicken Lo Mein with Teriyaki & Scallion	Tostitos Nachos Seasoned Ground Beef, Tortilla Chips, Shredded Cheddar, Lettuce, Pico de Gallo, Mexicali Rice	Chicken Parmesan Warm Baked Biscuit
PASTA <i>Offered with Fresh Breads</i>	Spaghetti & Meatballs	Mac & Cheese	Baked Ziti	Pasta with Choice of Marinara or Bolognese Sauce	Alfredo Pasta with or without Chicken Strips
GRILL	Pepperoni Stromboli	Sausage, Peppers & Onions on Whole Grain Club Roll	Beef Burrito with Rice, Beans & Cheese	Tuscan Grill Flatbread	Toasted Ham & Cheese Bagel Melt
PIZZA	White Pizza	Meat Lovers	Buffalo Chicken	Pepperoni	Pepper & Onion
SIDE	Seasoned Navy Beans Steamed Broccoli French Fries	Carrot & Celery Sticks Roasted Radish French Fries	Sautéed Mushrooms Sautéed Peas French Fries	Seasoned Black Beans Roasted Brussel Sprouts French Fries	Butternut Squash Steamed Broccoli French Fries



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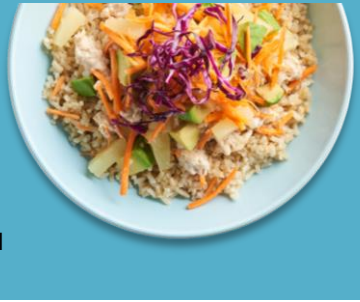
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January 2024

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January 13 - 17

Powering potential.™

ENTREE

PASTA

Offered with Fresh Breads

GRILL

PIZZA

SIDE

	MON	TUES	WED	THURS	FRI
ENTREE	Roasted Bone in Chicken with Dipping Sauces Baked Dinner Roll	Chicken Fajitas Whole Grain Tortilla, Seasoned Chicken, Peppers & Onions, Salsa	Baked Potato Bar with White or Sweet Potato Sour Cream, Cheddar & Chili	Curry Chicken with Rice and Warmed Pita Bread	Fish Tacos Soft Shell Taco with Sriracha Coleslaw
PASTA	Mac & Cheese	Buttered Pasta with or without Grilled Chicken	Pasta Primavera with or without Grilled Chicken	Baked Ziti	Pasta with Choice of Bolognese or Marinara Sauce
GRILL	Cheese or Pepperoni Calzone	Chicken Caesar Salad Wrap (Served Cold)	Buffalo Chicken & Cheese Wrap	Provolone & Mozzarella Cheese Panini	Philly Cheese Steak with Peppers & Onions
PIZZA	Mushroom & Onion	Veggie	Chicken Ranch	Buffalo Chicken	Pepperoni
SIDE	Sautéed Spinach & Local Mushrooms Butternut Squash French Fries	Seasoned Black Beans Steamed Green Beans French Fries	Steamed Broccoli Grilled Zucchini French Fries	Curry Chickpeas Fresh Spinach Salad French Fries	Seasoned Black Beans 3 Blend Veg Mix French Fries Mandarin Orange



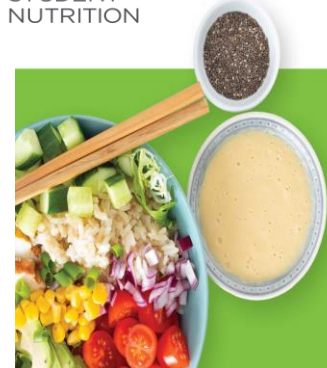
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January 2024

Rye Neck Middle/High School LUNCH MENU

January 20 - 24

Powering potential.

	MON	TUES	WED	THURS	FRI
ENTREE		Teriyaki Chicken w Vegetable Fried Rice & Scallion	Greek Gyro Bar: Chicken or Beef with Pita, Lettuce, Tomato, Onion, Tzatziki, Hummus	Brunch for Lunch Homemade Pancakes, Turkey Sausage, Hash Browns & Warm Berry Compote	Burger Bar Beef, Turkey, or Veggie with Bacon, Cheese, Lettuce, Tomato, Onion, Pickle on a Whole Grain Bun
PASTA <i>Offered with Fresh Breads</i>	Closed	Spaghetti with Marinara and Meatballs	Alfredo Pasta with or without Chicken Strips	Penne A La Vodka with or without Grilled Chicken	Buttered Pasta with or without Grilled Chicken
GRILL		BBQ Pulled Pork Sandwich	Cheese Calzone	Meatball Parmesan Grinder	Chicken Caesar Salad Wrap (Cold)
PIZZA		Three Cheese	Mushroom	Pepperoni	Chicken Bacon Ranch
SIDE		Steamed Edamame Steamed Broccoli French Fries	Sweet Potato Fries Sautéed Green Beans French Fries	Roasted Potatoes Steamed Broccoli French Fries	BBQ Vegetarian Beans Winter Slaw French Fries



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January 2024

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January 27 - 31

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	MON	TUES	WED	THURS	FRI
ENTREE	Chicken and Cheese Quesadilla Salsa, Sour Cream, Guacamole	Chicken Tikka Masala with Rice & Warm Pita		Ramen Noodle Bowl With Scallion & Chicken Broth	Baked Potato Bar (White or Sweet Potato) with Sour Cream, Cheddar, & Chili
PASTA <i>Offered with Fresh Breads</i>	Pasta Bolognese or Marinara	Pasta with Garlic & Oil With or without Grilled Chicken	Asian Lunar New Year	Baked Ziti	Alfredo Pasta with or without Grilled Chicken
GRILL	Vegetarian Burger	Pepperoni & Cheese Stromboli		Buffalo Chicken & Cheese Wrap	Tuscan Grill Flatbread
PIZZA	Pepper & Onion	Buffalo Chicken	School Closed	White Pizza	Pepperoni
SIDES	Steamed Sweet Corn Roasted Brussel Sprouts French Fries	Roasted Garbanzo Beans Steamed Green Beans French Fries		Steamed Baby Corn & Edamame Winter Squash French Fries	Roasted Broccoli Sautéed Carrots French Fries



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