

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
11/01/24 - ServingDate: 11/01/2024																			
Corndog, Trk, MIni, 6bg, 119/6ea - LR1504 (6 ea.)	0	267.00	11.00	1.90	0.00	33.99	364.89	32.99	3.00	12.00	(M)	9.00	1.00	65.98	113.97	50.98	(M)	(M)	(M)
Canned Mixed Veggies, 96 serv - LR1469 (1/2 c.)	0	55.83	1.67	0.33	0.00	0.00	142.92	9.00	1.50	3.50	(M)	1.75	0.09(M)	0.00(M)	116.67 (M)	0.60(M)	(M)	25.00 (M)	(M)
Peaches, Diced, Cnd, 6/10#, 144/4oz - LR1032 (1/2 c.)	0	60.00	0.00	0.00	0.00	0.00	10.00	14.00	0.00	13.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Ketchup - LR1104 (1 tbsp.)	0	20.00	0.00	0.00	0.00	0.00	160.00	5.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	0	120.00	0.00	0.00	0.00	5.00	200.00	23.00	0.00	22.00	(M)	7.00	0.36	300.00	500.00	2.40	5.00	(M)	(M)
11/04/24 - ServingDate: 11/04/2024																			
Asian BBQ Pork - LR1700 (2 oz.)	0	118.99	6.39	2.40	0.00	42.33	45.52	0.80	0.00	0.80	0.00(M)	12.78	0.43	0.80	0.00	1.44	0.00(M)	0.00(M)	0.00(M)
Flatbread, 6x6 Square, 8/24ct - LR1699 (1 FLATBREAD)	0	180.00	5.00	1.00	0.00	0.00	330.00	28.00	3.00	2.00	0.00	6.00	1.50	30.00	0.00	0.00	0.50	119.85	(M)
Asian Cucumber Salad, 8 serv - LR1702 (1 c.)	0	29.22	0.01	0.00	0.00	0.00	532.75	6.89	0.22	0.47	0.00(M)	0.16	0.09(M)	9.26(M)	593.00 (M)	0.73(M)	(M)	(M)	(M)
New Salad Bar, 100 servings - LR1779 (3/4 c.)	0	0.00	0.00	0.00	0.00(M)	0.00(M)	0.00(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Applesauce, Cup, 96ct, USDA - LR1119 (1 ea.)	0	60.00	0.00	0.00	0.00	0.00	15.00	14.00	1.00	18.00	(M)	0.00	0.24	4.18	30.32	22.17	(M)	(M)	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	0	120.00	0.00	0.00	0.00	5.00	200.00	23.00	0.00	22.00	(M)	7.00	0.36	300.00	500.00	2.40	5.00	(M)	(M)
11/05/24 - ServingDate: 11/05/2024																			
Turkey Taco Filling - LR1248 (3.45 oz.)	0	148.19	6.93	2.04	0.00	40.65	273.67	5.25	1.70	2.21	(M)	16.29	1.64	37.50	399.99	3.60	(M)	(M)	(M)
Whole Grain Flour Tortilla - LR1281 (1 ea.)	0	87.00	2.00	0.00	0.00	0.00	150.00	14.00	3.00	(M)	(M)	3.00	0.90	80.00	0.00	0.00	(M)	(M)	(M)
Spanish Rice, 96 serv - LR1788 (1/2 c.)	0	47.12 (M)	0.29(M)	0.00(M)	0.00(M)	0.00(M)	5.94(M)	10.00 (M)	0.37(M)	0.08(M)	(M)	0.87(M)	0.03(M)	1.18(M)	8.33(M)	0.40(M)	0.00(M)	0.00(M)	39.39 (M)

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
11/01/24 - ServingDate: 11/01/2024	
Corndog, Trk, MIni, 6bg, 119/6ea - LR1504 (6 ea.)	(M)
Canned Mixed Veggies, 96 serv - LR1469 (1/2 c.)	(M)
Peaches, Diced, Cnd, 6/10#, 144/4oz - LR1032 (1/2 c.)	(M)
Ketchup - LR1104 (1 tbsp.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	(M)
11/04/24 - ServingDate: 11/04/2024	
Asian BBQ Pork - LR1700 (2 oz.)	0.00(M)
Flatbread, 6x6 Square, 8/24ct - LR1699 (1 FLATBREAD)	(M)
Asian Cucumber Salad, 8 serv - LR1702 (1 c.)	(M)
New Salad Bar, 100 servings - LR1779 (3/4 c.)	0.00(M)
Applesauce, Cup, 96ct, USDA - LR1119 (1 ea.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	(M)
11/05/24 - ServingDate: 11/05/2024	
Turkey Taco Filling - LR1248 (3.45 oz.)	(M)
Whole Grain Flour Tortilla - LR1281 (1 ea.)	(M)
Spanish Rice, 96 serv - LR1788 (1/2 c.)	0.04(M)

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
11/05/24 - ServingDate: 11/05/2024																			
Corn, Canned, 6/#10, 119/4oz - LR1115 (1/2 c.)	0	80.00	2.00	0.00	0.00	0.00	15.00	17.00	2.00	7.00	(M)	2.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Apple - LR1123 (1 ea.)	0	77.00	0.25	0.04	0.00	0.00	1.00	20.00	3.00	15.00	(M)	0.39	0.18	8.90	80.00	6.85	(M)	(M)	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	0	120.00	0.00	0.00	0.00	5.00	200.00	23.00	0.00	22.00	(M)	7.00	0.36	300.00	500.00	2.40	5.00	(M)	(M)
11/06/24 - ServingDate: 11/06/2024																			
Meatballs - LR1061 (4 ea.)	0	89.00	4.50	1.80	0.00	27.00	286.00	1.70	0.70	0.70	(M)	10.80	1.40	16.00	0.00	0.00	(M)	(M)	(M)
Roll, French, 9/12ct - LR1549 (1 roll.)	0	140.00	2.00	0.00	0.00	0.00	240.00	27.00	2.00	1.00	0.00	5.00	1.44	40.00	0.00	6.00	0.00	0.00	0.00
Potato, Wedge, Seasoned, 2.89oz/160serv - LR1776 (2.89 oz.)	0	120.00	4.00	0.50	0.00	0.00	140.00	20.00	2.00	0.00	0.00	2.00	0.36	0.00(M)	(M)	(M)	(M)	230.00	(M)
Sauce, Spaghetti - LR1364 (4 ounces)	0	45.00	1.00	0.00	0.00	0.00	140.00	9.00	1.00	7.00	(M)	1.00	0.72	20.00	400.00	2.40	(M)	(M)	(M)
Pears, Diced, Cnd, 6/10#, 138/4oz - LR1035 (1/2 c.)	0	80.00	0.00	0.00	0.00	0.00	5.00	19.00	2.00	(M)	(M)	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	0	120.00	0.00	0.00	0.00	5.00	200.00	23.00	0.00	22.00	(M)	7.00	0.36	300.00	500.00	2.40	5.00	(M)	(M)
11/07/24 - ServingDate: 11/07/2024																			
Pizza, Rippers, Pepperoni 105ct - LR1738 (1 ea.)	0	290.00	13.00	5.00	0.00	25.00	550.00	27.00	3.00	3.00	0.00	16.00	1.80	150.00	(M)	(M)	(M)	(M)	(M)
Peas, Cnd, 6/10#, 144sv - LR1036 (1/2 c.)	0	90.00	1.00	0.00	0.00	0.00	140.00	16.00	3.00	6.00	(M)	4.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Oranges - LR1122 (1 ea.)	0	42.00	0.00	0.00	0.00	0.00	0.00	11.00	2.00	8.00	(M)	1.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	0	120.00	0.00	0.00	0.00	5.00	200.00	23.00	0.00	22.00	(M)	7.00	0.36	300.00	500.00	2.40	5.00	(M)	(M)

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Item Name (Serving Size)	Ash (g)
11/05/24 - ServingDate: 11/05/2024	
Corn, Canned, 6/#10, 119/4oz - LR1115 (1/2 c.)	(M)
Apple - LR1123 (1 ea.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	(M)
11/06/24 - ServingDate: 11/06/2024	
Meatballs - LR1061 (4 ea.)	(M)
Roll, French, 9/12ct - LR1549 (1 roll.)	0.00
Potato, Wedge, Seasoned, 2.89oz/160serv - LR1776 (2.89 oz.)	(M)
Sauce, Spaghetti - LR1364 (4 ounces)	(M)
Pears, Diced, Cnd, 6/10#, 138/4oz - LR1035 (1/2 c.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	(M)
11/07/24 - ServingDate: 11/07/2024	
Pizza, Rippers, Pepperoni 105ct - LR1738 (1 ea.)	(M)
Peas, Cnd, 6/10#, 144sv - LR1036 (1/2 c.)	(M)
Oranges - LR1122 (1 ea.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	(M)

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Site: ALL
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
11/08/24 - ServingDate: 11/08/2024																				
Quesadilla, Pizza with Chicken, 96ct - LR1671 (1 slice)	0	280.00	8.00	2.00	0.00	15.00	660.00	38.00	4.00	3.00	0.00	17.00	2.70	250.00	(M)	(M)	(M)	180.00	(M)	
Canned Mixed Veggies, 96 serv - LR1469 (1/2 c.)	0	55.83	1.67	0.33	0.00	0.00	142.92	9.00	1.50	3.50	(M)	1.75	0.09(M)	0.00(M)	116.67 (M)	0.60(M)	(M)	25.00 (M)	(M)	
Pears, Diced, Cnd, 6/10#, 138/4oz - LR1035 (1/2 c.)	0	80.00	0.00	0.00	0.00	0.00	5.00	19.00	2.00	(M)	(M)	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)	
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	0	120.00	0.00	0.00	0.00	5.00	200.00	23.00	0.00	22.00	(M)	7.00	0.36	300.00	500.00	2.40	5.00	(M)	(M)	
11/12/24 - ServingDate: 11/12/2024																				
Chicken, Fajita Strips, 141/3.4oz or 282/1.7oz - LR1196 (3.4 oz.)	0	121.51	3.98	1.99	0.00	73.70	603.55	1.99	0.00	1.99	(M)	17.93	0.00(M)	0.00(M)	0.00(M)	0.00(M)	(M)	(M)	(M)	
Whole Grain Flour Tortilla - LR1281 (1 ea.)	0	87.00	2.00	0.00	0.00	0.00	150.00	14.00	3.00	(M)	(M)	3.00	0.90	80.00	0.00	0.00	(M)	(M)	(M)	
Cookie, USA, 140/1.3oz, IW - LR1893 (1 ea.)	0	142.00	4.40	1.30	0.00	13.90	92.90	24.20	1.30	11.90	0.00	1.80	0.76	44.98	(M)	(M)	1.22	45.81	(M)	
Corn, Canned, 6/#10, 119/4oz - LR1115 (1/2 c.)	0	80.00	2.00	0.00	0.00	0.00	15.00	17.00	2.00	7.00	(M)	2.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
New Salad Bar, 100 servings - LR1779 (3/4 c.)	0	0.00	0.00	0.00	0.00(M)	0.00(M)	0.00(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	
Oranges - LR1122 (1 ea.)	0	42.00	0.00	0.00	0.00	0.00	0.00	11.00	2.00	8.00	(M)	1.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)	
Salsa - LR1136 (2 tbsp.)	0	10.00	0.00	0.00	0.00	0.00	35.00	2.00	1.00	1.00	(M)	0.00	0.36	0.00	100.00	4.80	(M)	(M)	(M)	
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	0	120.00	0.00	0.00	0.00	5.00	200.00	23.00	0.00	22.00	(M)	7.00	0.36	300.00	500.00	2.40	5.00	(M)	(M)	
11/13/24 - ServingDate: 11/13/2024																				
Beef, Patty, Raw, 5/45ct, USDA - LR1877 (1 patty)	0	100.00	4.00	2.00	0.00	40.00	170.00	2.00	0.00	0.00	0.00	15.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)	

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Item Name (Serving Size)	Ash (g)
11/08/24 - ServingDate: 11/08/2024	
Quesadilla, Pizza with Chicken, 96ct - LR1671 (1 slice)	(M)
Canned Mixed Veggies, 96 serv - LR1469 (1/2 c.)	(M)
Pears, Diced, Cnd, 6/10#, 138/4oz - LR1035 (1/2 c.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	(M)
11/12/24 - ServingDate: 11/12/2024	
Chicken, Fajita Strips, 141/3.4oz or 282/1.7oz - LR1196 (3.4 oz.)	(M)
Whole Grain Flour Tortilla - LR1281 (1 ea.)	(M)
Cookie, USA, 140/1.3oz, IW - LR1893 (1 ea.)	(M)
Corn, Canned, 6/#10, 119/4oz - LR1115 (1/2 c.)	(M)
New Salad Bar, 100 servings - LR1779 (3/4 c.)	0.00(M)
Oranges - LR1122 (1 ea.)	(M)
Salsa - LR1136 (2 tbsp.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	(M)
11/13/24 - ServingDate: 11/13/2024	
Beef, Patty, Raw, 5/45ct, USDA - LR1877 (1 patty)	(M)

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11/13/24 - ServingDate: 11/13/2024																				
Bun, Hamburger, 12dz/144ct - LR1478 (1 bun)	0	150.00	2.00	0.50	0.00	0.00	240.00	29.00	2.00	3.00	0.00	5.00	1.44	40.00	0.00	9.00	0.00	0.00	0.00	
Potato, Krinkle, 6/5#, 10 fries/per serving, 243servings - LR1423 (10 fries)	0	70.00	2.00	0.00	0.00	0.00	15.00	13.00	1.00	0.00	0.00	1.00	0.30	5.00	0.00	1.50	0.00	185.00	(M)	
Mixed Fruit - LR1114 (1/2 c.)	0	120.00	0.50	0.00	0.00	0.00	5.00	30.00	3.00	23.00	(M)	1.00	0.36	20.00	100.00	9.00	(M)	(M)	(M)	
Ketchup - LR1104 (1 tbsp.)	0	20.00	0.00	0.00	0.00	0.00	160.00	5.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Cheese, American, 6/5#, 160/1 slice or 80/2 slice per loaf - LR1355 (1 slice)	0	40.00	2.50	1.50	0.00	7.50	140.00	1.00	0.00	0.50	(M)	3.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	0	120.00	0.00	0.00	0.00	5.00	200.00	23.00	0.00	22.00	(M)	7.00	0.36	300.00	500.00	2.40	5.00	(M)	(M)	
11/14/24 - ServingDate: 11/14/2024																				
Pizza, French Bread, Cheese, 60ct - LR1649 (1 pizza)	0	350.00	15.00	7.00	0.00	35.00	490.00	35.00	3.00	10.00	0.00	19.00	2.00	340.00	80.00	0.00	0.00	500.08	0.00(M)	
Peas, Cnd, 6/10#, 144sv - LR1036 (1/2 c.)	0	90.00	1.00	0.00	0.00	0.00	140.00	16.00	3.00	6.00	(M)	4.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)	
Pear - LR1188 (1 ea.)	0	111.51	0.28	0.00	0.00	0.00	1.77	26.57	5.49	0.00	(M)	0.69	0.34	15.93	49.56	7.79	(M)	(M)	(M)	
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	0	120.00	0.00	0.00	0.00	5.00	200.00	23.00	0.00	22.00	(M)	7.00	0.36	300.00	500.00	2.40	5.00	(M)	(M)	
11/15/24 - ServingDate: 11/15/2024																				
Xtreme Bean & Cheese Burrito - LR1041 (1 ea.)	0	320.00	9.00	3.50	0.00	15.00	480.00	44.00	8.00	2.00	0.00	17.00	4.00	171.00	317.66	1.64	0.58	576.90	(M)	
Canned Mixed Veggies, 96 serv - LR1469 (1/2 c.)	0	55.83	1.67	0.33	0.00	0.00	142.92	9.00	1.50	3.50	(M)	1.75	0.09(M)	0.00(M)	116.67 (M)	0.60(M)	(M)	25.00 (M)	(M)	
Peaches, Diced, Cnd, 6/10#, 144/4oz - LR1032 (1/2 c.)	0	60.00	0.00	0.00	0.00	0.00	10.00	14.00	0.00	13.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)	

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
11/13/24 - ServingDate: 11/13/2024	
Bun, Hamburger, 12dz/144ct - LR1478 (1 bun)	0.00
Potato, Krinkle, 6/5#, 10 fries/per serving, 243servings - LR1423 (10 fries)	(M)
Mixed Fruit - LR1114 (1/2 c.)	(M)
Ketchup - LR1104 (1 tbsp.)	(M)
Cheese, American, 6/5#, 160/1 slice or 80/2 slice per loaf - LR1355 (1 slice)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	(M)
11/14/24 - ServingDate: 11/14/2024	
Pizza, French Bread, Cheese, 60ct - LR1649 (1 pizza)	0.00(M)
Peas, Cnd, 6/10#, 144sv - LR1036 (1/2 c.)	(M)
Pear - LR1188 (1 ea.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	(M)
11/15/24 - ServingDate: 11/15/2024	
Xtreme Bean & Cheese Burrito - LR1041 (1 ea.)	(M)
Canned Mixed Veggies, 96 serv - LR1469 (1/2 c.)	(M)
Peaches, Diced, Cnd, 6/10#, 144/4oz - LR1032 (1/2 c.)	(M)

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
11/15/24 - ServingDate: 11/15/2024																			
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	0	120.00	0.00	0.00	0.00	5.00	200.00	23.00	0.00	22.00	(M)	7.00	0.36	300.00	500.00	2.40	5.00	(M)	(M)
11/18/24 - ServingDate: 11/18/2024																			
Chicken, Nugget, Turkey, 4ea/52 serv - LR1704 (4 Piece)	0	164.00	8.50	1.00	0.00	27.00	399.00	13.50	1.00	1.50	(M)	13.50	1.98	50.00	100.00	0.00	(M)	(M)	(M)
Cookie - LR1074 (1 ea.)	0	129.92	4.50	1.00	0.00	9.99	99.94	21.99	0.00	10.99	(M)	2.00	1.08	0.00	0.00	0.00	(M)	(M)	(M)
Green Beans - LR1110 (1/2 c.)	0	20.00	0.00	0.00	0.00	0.00	380.00	3.00	1.00	1.00	(M)	1.00	0.36	(M)	300.00	2.40	(M)	100.00	(M)
New Salad Bar, 100 servings - LR1779 (3/4 c.)	0	0.00	0.00	0.00	0.00(M)	0.00(M)	0.00(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Craisins - LR1011 (1 pkg.)	0	130.00	0.00	0.00	0.00	0.00	0.00	33.00	3.00	29.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Ketchup - LR1104 (1 tbsp.)	0	20.00	0.00	0.00	0.00	0.00	160.00	5.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	0	120.00	0.00	0.00	0.00	5.00	200.00	23.00	0.00	22.00	(M)	7.00	0.36	300.00	500.00	2.40	5.00	(M)	(M)
11/19/24 - ServingDate: 11/19/2024																			
Chicken Patty - LR1180 (1 ea.)	0	240.00	13.00	2.50	0.00	25.00	460.00	15.00	3.00	1.00	0.00	14.00	2.00	35.00	0.00	0.00	0.00	320.00	(M)
Bun, Hamburger, 12dz/144ct - LR1478 (1 bun)	0	150.00	2.00	0.50	0.00	0.00	240.00	29.00	2.00	3.00	0.00	5.00	1.44	40.00	0.00	9.00	0.00	0.00	0.00
Peas, Cnd, 6/10#, 144sv - LR1036 (1/2 c.)	0	90.00	1.00	0.00	0.00	0.00	140.00	16.00	3.00	6.00	(M)	4.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Green Apple - LR1098 (1 ea.)	0	90.00	0.00	0.00	0.00	0.00	0.00	25.00	4.00	19.00	(M)	0.00	0.36	20.00	100.00	9.00	(M)	(M)	(M)
Mayonnaise, Lite, 4/1gal - LR1521 (1 tbsp.)	0	50.00	5.00	1.00	0.00	0.00	100.00	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	0	120.00	0.00	0.00	0.00	5.00	200.00	23.00	0.00	22.00	(M)	7.00	0.36	300.00	500.00	2.40	5.00	(M)	(M)

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
11/15/24 - ServingDate: 11/15/2024	
1% Milk - LR1289 (1 ea.)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	(M)
11/18/24 - ServingDate: 11/18/2024	
Chicken, Nugget, Turkey, 4ea/52 serv - LR1704 (4 Piece)	(M)
Cookie - LR1074 (1 ea.)	(M)
Green Beans - LR1110 (1/2 c.)	(M)
New Salad Bar, 100 servings - LR1779 (3/4 c.)	0.00(M)
Craisins - LR1011 (1 pkg.)	(M)
Ketchup - LR1104 (1 tbsp.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	(M)
11/19/24 - ServingDate: 11/19/2024	
Chicken Patty - LR1180 (1 ea.)	(M)
Bun, Hamburger, 12dz/144ct - LR1478 (1 bun)	0.00
Peas, Cnd, 6/10#, 144sv - LR1036 (1/2 c.)	(M)
Green Apple - LR1098 (1 ea.)	(M)
Mayonnaise, Lite, 4/1gal - LR1521 (1 tbsp.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
11/20/24 - ServingDate: 11/20/2024																			
Taquitos, Beef, 50/2ea - LR1705 (2 Taquitos)	0	257.00	9.00	2.60	0.00	43.75	85.60	27.80	2.50	0.00	0.00	18.50	9.64	116.00	0.00	0.00	0.00	0.00	(M)
Fiesta Corn - LR1497 (1/2 c.)	0	88.45	3.51	0.62	0.00	0.00	35.81	15.59	1.81	6.35	(M)	1.81	0.01	0.44	107.62	0.69	(M)	1.32(M)	(M)
Pears, Diced, Cnd, 6/10#, 138/4oz - LR1035 (1/2 c.)	0	80.00	0.00	0.00	0.00	0.00	5.00	19.00	2.00	(M)	(M)	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)
Salsa - LR1136 (2 tbsp.)	0	10.00	0.00	0.00	0.00	0.00	35.00	2.00	1.00	1.00	(M)	0.00	0.36	0.00	100.00	4.80	(M)	(M)	(M)
Sour Cream, Rockview 5# - LR1691 (3 1/2 ounces)	0	193.00	18.00	11.00	0.00	68.00	104.00	5.00	0.00	4.00	0.00	3.00	0.00	110.00	700.00	0.60	0.00	0.00	0.00
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	0	120.00	0.00	0.00	0.00	5.00	200.00	23.00	0.00	22.00	(M)	7.00	0.36	300.00	500.00	2.40	5.00	(M)	(M)
11/21/24 - ServingDate: 11/21/2024																			
Gravy, Scratch, 64sv - LR1415 (1/4 c.)	0	26.47 (M)	2.78(M)	1.01(M)	0.00(M)	0.00(M)	28.80 (M)	0.33(M)	0.01(M)	0.19(M)	(M)	0.01(M)	0.00(M)	0.09(M)	126.56 (M)	0.01(M)	(M)	(M)	(M)
Turkey, Roast, Raw, 4/10#, 221srv/3.24oz - LR1894 (3.24 ounces)	0	90.00	2.00	0.50	0.00	50.00	450.00	0.00	0.00	0.00	0.00	18.00	0.70	0.00	(M)	0.00	0.00	280.00	(M)
Roll, Dinner, Artisan, 2oz/144ct - LR1625 (1 roll.)	0	160.00	2.00	0.00	0.00	0.00	270.00	34.00	5.00	3.00	0.00	5.00	1.80	40.00	0.00	4.80	0.00	0.00	0.00
Mashed Potatoes - LR1165 (1/2 c.)	0	79.20	1.36	0.23	0.00	0.09	309.63	15.22	1.35	0.37	(M)	1.66	0.26	8.10	0.00	3.23	(M)	(M)	(M)
Givin' Thanks Apple - LR1232 (1 ea.)	0	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	(M)	0.00	0.00	0.00	0.00	12.00	(M)	(M)	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	0	120.00	0.00	0.00	0.00	5.00	200.00	23.00	0.00	22.00	(M)	7.00	0.36	300.00	500.00	2.40	5.00	(M)	(M)
11/22/24 - ServingDate: 11/22/2024																			
Grilled Cheese - LR1006 (1 ea.)	0	280.00	9.91	5.56	0.00	31.85	580.79	30.96	3.00	5.65	(M)	18.55	1.64	465.89	523.96	0.00	(M)	(M)	(M)
Sandwich, Grilled Cheese, Spicy, 72ct - LR1732 (1 ea.)	0	337.87	16.47	8.83	0.00	51.03	569.03	30.51	3.00	4.15	0.00	19.37	1.61	476.60	638.00	0.00	0.00	0.00	(M)

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL

Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
11/20/24 - ServingDate: 11/20/2024	
Taquitos, Beef, 50/2ea - LR1705 (2 Taquitos)	(M)
Fiesta Corn - LR1497 (1/2 c.)	(M)
Pears, Diced, Cnd, 6/10#, 138/4oz - LR1035 (1/2 c.)	(M)
Salsa - LR1136 (2 tbsp.)	(M)
Sour Cream, Rockview 5# - LR1691 (3 1/2 ounces)	0.00
1% Milk - LR1289 (1 ea.)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	(M)
11/21/24 - ServingDate: 11/21/2024	
Gravy, Scratch, 64sv - LR1415 (1/4 c.)	(M)
Turkey, Roast, Raw, 4/10#, 221srv/3.24oz - LR1894 (3.24 ounces)	(M)
Roll, Dinner, Artisan, 2oz/144ct - LR1625 (1 roll.)	0.00
Mashed Potatoes - LR1165 (1/2 c.)	(M)
Givin' Thanks Apple - LR1232 (1 ea.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	(M)
11/22/24 - ServingDate: 11/22/2024	
Grilled Cheese - LR1006 (1 ea.)	(M)
Sandwich, Grilled Cheese, Spicy, 72ct - LR1732 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL
Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
11/22/24 - ServingDate: 11/22/2024																			
Canned Mixed Veggies, 96 serv - LR1469 (1/2 c.)	0	55.83	1.67	0.33	0.00	0.00	142.92	9.00	1.50	3.50	(M)	1.75	0.09(M)	0.00(M)	116.67 (M)	0.60(M)	(M)	25.00 (M)	(M)
Mixed Fruit - LR1114 (1/2 c.)	0	120.00	0.50	0.00	0.00	0.00	5.00	30.00	3.00	23.00	(M)	1.00	0.36	20.00	100.00	9.00	(M)	(M)	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	0	120.00	0.00	0.00	0.00	5.00	200.00	23.00	0.00	22.00	(M)	7.00	0.36	300.00	500.00	2.40	5.00	(M)	(M)

Legend
(M) - Missing Nutrient Values

Report Selections
Meal Type: Lunch
Site Group: Elementary
Menu Line: Main
Serving Group: K-5
Nutrients Option: All

Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL
 Date: 11/01/2024 - 11/30/2024

Item Name (Serving Size)	Ash (g)
11/22/24 - ServingDate: 11/22/2024	
Canned Mixed Veggies, 96 serv - LR1469 (1/2 c.)	(M)
Mixed Fruit - LR1114 (1/2 c.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	(M)