

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

| Item Name (Serving Size)                                       | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Moisture (g) |
|--|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|-----------|-----------|------------|----------------|--------------|
| <b>2024Nov-Fridays - ServingDate: 11/01/2024</b>               |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |              |
| Pan Dulce - LR1015 (1 ea.)                                     | 0           | 200.00          | 6.00          | 1.50        | 0.00          | 5.00      | 90.00       | 34.00    | 2.00            | 8.00             | (M)              | 5.00        | 0.00      | 40.00        | 0.00      | 0.00      | (M)        | (M)            | (M)          |
| Juice, Orange, RockView, 4oz - LR1884 (1 ea.)                  | 0           | 60.00           | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 13.00    | 0.00            | 12.00            | 0.00             | 1.00        | 0.00      | (M)          | (M)       | 27.00     | 0.00       | 188.00         | (M)          |
| Sliced Peaches - LR1034 (1/2 c.)                               | 0           | 60.00           | 0.00          | 0.00        | 0.00          | 0.00      | 10.00       | 14.00    | 0.00            | 12.00            | (M)              | 0.00        | (M)       | (M)          | (M)       | (M)       | (M)        | (M)            | (M)          |
| 1% Milk - LR1289 (1 ea.)                                       | 0           | 120.00          | 2.50          | 1.50        | 0.00          | 15.00     | 140.00      | 16.00    | 0.00            | (M)              | (M)              | 10.00       | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)          |
| Fat-Free Milk - LR1288 (1 ea.)                                 | 0           | 90.00           | 0.00          | 0.00        | 0.00          | 5.00      | 120.00      | 12.00    | 0.00            | (M)              | (M)              | 9.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)          |
| <b>2024Nov-Mondays - ServingDate: 11/04/2024</b>               |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |              |
| Sandwich, Pancake, Chicken Sausage, IW, 168ct - LR1888 (1 ea.) | 0           | 140.00          | 5.00          | 1.00        | 0.00          | 25.00     | 240.00      | 16.00    | 1.00            | 6.00             | 0.00             | 8.00        | 0.70      | 40.00        | (M)       | (M)       | 0.00       | 100.00         | (M)          |
| Mixed Berries, Cup, Frozen, 96ct - LR1313 (1 ea.)              | 0           | 90.00           | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 20.00    | 2.00            | 16.00            | (M)              | 0.00        | (M)       | (M)          | (M)       | (M)       | (M)        | (M)            | (M)          |
| Sliced Peaches - LR1034 (1/2 c.)                               | 0           | 60.00           | 0.00          | 0.00        | 0.00          | 0.00      | 10.00       | 14.00    | 0.00            | 12.00            | (M)              | 0.00        | (M)       | (M)          | (M)       | (M)       | (M)        | (M)            | (M)          |
| 1% Milk - LR1289 (1 ea.)                                       | 0           | 120.00          | 2.50          | 1.50        | 0.00          | 15.00     | 140.00      | 16.00    | 0.00            | (M)              | (M)              | 10.00       | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)          |
| Fat-Free Milk - LR1288 (1 ea.)                                 | 0           | 90.00           | 0.00          | 0.00        | 0.00          | 5.00      | 120.00      | 12.00    | 0.00            | (M)              | (M)              | 9.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)          |
| <b>2024Nov-Tuesdays - ServingDate: 11/05/2024</b>              |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |              |
| Honey Bun - LR1336 (1 ea.)                                     | 0           | 350.00          | 19.00         | 10.00       | 0.00          | 0.00      | 270.00      | 40.00    | 2.00            | 17.00            | 17.00            | 4.00        | 1.40      | 100.00       | (M)       | (M)       | 0.00       | 0.00           | (M)          |
| Juice, Orange, RockView, 4oz - LR1884 (1 ea.)                  | 0           | 60.00           | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 13.00    | 0.00            | 12.00            | 0.00             | 1.00        | 0.00      | (M)          | (M)       | 27.00     | 0.00       | 188.00         | (M)          |
| Sliced Pears - LR1134 (1/2 c.)                                 | 0           | 60.00           | 0.00          | 0.00        | 0.00          | 0.00      | 10.00       | 16.00    | 2.00            | 12.00            | (M)              | 0.00        | 0.00(M)   | 0.00(M)      | 0.00(M)   | 0.00(M)   | (M)        | (M)            | (M)          |
| 1% Milk - LR1289 (1 ea.)                                       | 0           | 120.00          | 2.50          | 1.50        | 0.00          | 15.00     | 140.00      | 16.00    | 0.00            | (M)              | (M)              | 10.00       | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)          |
| Fat-Free Milk - LR1288 (1 ea.)                                 | 0           | 90.00           | 0.00          | 0.00        | 0.00          | 5.00      | 120.00      | 12.00    | 0.00            | (M)              | (M)              | 9.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)          |

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
 Date: 11/01/2024 - 11/30/2024

| Item Name (Serving Size)                                       | Ash (g) |
|--|---------|
| <b>2024Nov-Fridays - ServingDate: 11/01/2024</b>               |         |
| Pan Dulce - LR1015 (1 ea.)                                     | (M)     |
| Juice, Orange, RockView, 4oz - LR1884 (1 ea.)                  | (M)     |
| Sliced Peaches - LR1034 (1/2 c.)                               | (M)     |
| 1% Milk - LR1289 (1 ea.)                                       | (M)     |
| Fat-Free Milk - LR1288 (1 ea.)                                 | (M)     |
| <b>2024Nov-Mondays - ServingDate: 11/04/2024</b>               |         |
| Sandwich, Pancake, Chicken Sausage, IW, 168ct - LR1888 (1 ea.) | (M)     |
| Mixed Berries, Cup, Frozen, 96ct - LR1313 (1 ea.)              | (M)     |
| Sliced Peaches - LR1034 (1/2 c.)                               | (M)     |
| 1% Milk - LR1289 (1 ea.)                                       | (M)     |
| Fat-Free Milk - LR1288 (1 ea.)                                 | (M)     |
| <b>2024Nov-Tuesdays - ServingDate: 11/05/2024</b>              |         |
| Honey Bun - LR1336 (1 ea.)                                     | (M)     |
| Juice, Orange, RockView, 4oz - LR1884 (1 ea.)                  | (M)     |
| Sliced Pears - LR1134 (1/2 c.)                                 | (M)     |
| 1% Milk - LR1289 (1 ea.)                                       | (M)     |
| Fat-Free Milk - LR1288 (1 ea.)                                 | (M)     |

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

| Item Name (Serving Size)   | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g)  | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g) |
|--|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|-----------|-----------------|------------------|------------------|-------------|-----------|--------------|-----------|-----------|------------|----------------|----------|
| <b>2024Nov-Wednesdays - ServingDate: 11/06/2024</b>              |             |                 |               |             |               |           |             |           |                 |                  |                  |             |           |              |           |           |            |                |          |
| Cereal, 2oz, Assorted, 48ct, Malt O Meal - LR1856 (1 cereal bow) | 0           | 230.00          | 6.00          | 1.00        | 0.00          | 0.00      | 480.00      | 43.00     | 3.00            | 20.00            | 19.00            | 3.00        | 8.10      | 150.00       | (M)       | (M)       | 0.00       | 94.00          | (M)      |
| Oatmeal with Cinnamon and Sugar, 75serv - LR1575 (1/2 c.)        | 0           | 101.92 (M)      | 2.01(M)       | 0.34(M)     | 0.00(M)       | 0.00(M)   | 0.08(M)     | 18.61 (M) | 3.07(M)         | 0.68(M)          | 0.00(M)          | 3.36(M)     | 2.46(M)   | 7.58(M)      | 2.23(M)   | 0.03(M)   | 0.00(M)    | 99.95 (M)      | 0.00(M)  |
| Sliced Peaches - LR1034 (1/2 c.)                                 | 0           | 60.00           | 0.00          | 0.00        | 0.00          | 0.00      | 10.00       | 14.00     | 0.00            | 12.00            | (M)              | 0.00        | (M)       | (M)          | (M)       | (M)       | (M)        | (M)            | (M)      |
| Banana - LR1147 (1 ea.)  | 0           | 90.00           | 0.33          | 0.11        | 0.00          | 0.00      | 1.01        | 23.07     | 2.63            | 12.35            | (M)              | 1.10        | 0.26      | 5.05         | 64.64     | 8.79      | (M)        | (M)            | (M)      |
| 1% Milk - LR1289 (1 ea.)   | 0           | 120.00          | 2.50          | 1.50        | 0.00          | 15.00     | 140.00      | 16.00     | 0.00            | (M)              | (M)              | 10.00       | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |
| Fat-Free Milk - LR1288 (1 ea.)                                   | 0           | 90.00           | 0.00          | 0.00        | 0.00          | 5.00      | 120.00      | 12.00     | 0.00            | (M)              | (M)              | 9.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |
| <b>2024Nov-Thursdays - ServingDate: 11/07/2024</b>               |             |                 |               |             |               |           |             |           |                 |                  |                  |             |           |              |           |           |            |                |          |
| Breakfast Pizza - LR1171 (1 ea.)                                 | 0           | 210.00          | 7.00          | 2.00        | 0.00          | 15.00     | 350.00      | 27.00     | 3.00            | 5.00             | (M)              | 9.00        | 1.80      | 100.00       | 0.00      | 0.00      | (M)        | (M)            | (M)      |
| Juice, Orange, RockView, 4oz - LR1884 (1 ea.)                    | 0           | 60.00           | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 13.00     | 0.00            | 12.00            | 0.00             | 1.00        | 0.00      | (M)          | (M)       | 27.00     | 0.00       | 188.00         | (M)      |
| Sliced Pears - LR1134 (1/2 c.)                                   | 0           | 60.00           | 0.00          | 0.00        | 0.00          | 0.00      | 10.00       | 16.00     | 2.00            | 12.00            | (M)              | 0.00        | 0.00(M)   | 0.00(M)      | 0.00(M)   | 0.00(M)   | (M)        | (M)            | (M)      |
| 1% Milk - LR1289 (1 ea.)   | 0           | 120.00          | 2.50          | 1.50        | 0.00          | 15.00     | 140.00      | 16.00     | 0.00            | (M)              | (M)              | 10.00       | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |
| Fat-Free Milk - LR1288 (1 ea.)                                   | 0           | 90.00           | 0.00          | 0.00        | 0.00          | 5.00      | 120.00      | 12.00     | 0.00            | (M)              | (M)              | 9.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |
| <b>2024Nov-Fridays - ServingDate: 11/08/2024</b>                 |             |                 |               |             |               |           |             |           |                 |                  |                  |             |           |              |           |           |            |                |          |
| Pan Dulce - LR1015 (1 ea.)                                       | 0           | 200.00          | 6.00          | 1.50        | 0.00          | 5.00      | 90.00       | 34.00     | 2.00            | 8.00             | (M)              | 5.00        | 0.00      | 40.00        | 0.00      | 0.00      | (M)        | (M)            | (M)      |
| Juice, Orange, RockView, 4oz - LR1884 (1 ea.)                    | 0           | 60.00           | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 13.00     | 0.00            | 12.00            | 0.00             | 1.00        | 0.00      | (M)          | (M)       | 27.00     | 0.00       | 188.00         | (M)      |
| Sliced Peaches - LR1034 (1/2 c.)                                 | 0           | 60.00           | 0.00          | 0.00        | 0.00          | 0.00      | 10.00       | 14.00     | 0.00            | 12.00            | (M)              | 0.00        | (M)       | (M)          | (M)       | (M)       | (M)        | (M)            | (M)      |
| 1% Milk - LR1289 (1 ea.)   | 0           | 120.00          | 2.50          | 1.50        | 0.00          | 15.00     | 140.00      | 16.00     | 0.00            | (M)              | (M)              | 10.00       | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |
| Fat-Free Milk - LR1288 (1 ea.)                                   | 0           | 90.00           | 0.00          | 0.00        | 0.00          | 5.00      | 120.00      | 12.00     | 0.00            | (M)              | (M)              | 9.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

| Item Name<br>(Serving Size)  | Ash (g) |
|--|---------|
| <b>2024Nov-Wednesdays -<br/>ServingDate:<br/>11/06/2024</b>            |         |
| Cereal, 2oz, Assorted,<br>48ct, Malt O Meal -<br>LR1856 (1 cereal bow) | (M)     |
| Oatmeal with Cinnamon<br>and Sugar, 75serv -<br>LR1575 (1/2 c.)        | 0.00(M) |
| Sliced Peaches -<br>LR1034 (1/2 c.)                                    | (M)     |
| Banana - LR1147 (1<br>ea.)   | (M)     |
| 1% Milk - LR1289 (1<br>ea.)  | (M)     |
| Fat-Free Milk - LR1288<br>(1 ea.)                                      | (M)     |
| <b>2024Nov-Thursdays -<br/>ServingDate:<br/>11/07/2024</b>             |         |
| Breakfast Pizza -<br>LR1171 (1 ea.)                                    | (M)     |
| Juice, Orange,<br>RockView, 4oz -<br>LR1884 (1 ea.)                    | (M)     |
| Sliced Pears - LR1134<br>(1/2 c.)                                      | (M)     |
| 1% Milk - LR1289 (1<br>ea.)  | (M)     |
| Fat-Free Milk - LR1288<br>(1 ea.)                                      | (M)     |
| <b>2024Nov-Fridays -<br/>ServingDate:<br/>11/08/2024</b>               |         |
| Pan Dulce - LR1015 (1<br>ea.)  | (M)     |
| Juice, Orange,<br>RockView, 4oz -<br>LR1884 (1 ea.)                    | (M)     |
| Sliced Peaches -<br>LR1034 (1/2 c.)                                    | (M)     |
| 1% Milk - LR1289 (1<br>ea.)  | (M)     |
| Fat-Free Milk - LR1288<br>(1 ea.)                                      | (M)     |

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

| Item Name (Serving Size)   | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g)  | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g) |
|--|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|-----------|-----------------|------------------|------------------|-------------|-----------|--------------|-----------|-----------|------------|----------------|----------|
| <b>2024Nov-Tuesdays - ServingDate: 11/12/2024</b>                |             |                 |               |             |               |           |             |           |                 |                  |                  |             |           |              |           |           |            |                |          |
| Honey Bun - LR1336 (1 ea.)                                       | 0           | 350.00          | 19.00         | 10.00       | 0.00          | 0.00      | 270.00      | 40.00     | 2.00            | 17.00            | 17.00            | 4.00        | 1.40      | 100.00       | (M)       | (M)       | 0.00       | 0.00           | (M)      |
| Juice, Orange, RockView, 4oz - LR1884 (1 ea.)                    | 0           | 60.00           | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 13.00     | 0.00            | 12.00            | 0.00             | 1.00        | 0.00      | (M)          | (M)       | 27.00     | 0.00       | 188.00         | (M)      |
| Sliced Pears - LR1134 (1/2 c.)                                   | 0           | 60.00           | 0.00          | 0.00        | 0.00          | 0.00      | 10.00       | 16.00     | 2.00            | 12.00            | (M)              | 0.00        | 0.00(M)   | 0.00(M)      | 0.00(M)   | 0.00(M)   | (M)        | (M)            | (M)      |
| 1% Milk - LR1289 (1 ea.)   | 0           | 120.00          | 2.50          | 1.50        | 0.00          | 15.00     | 140.00      | 16.00     | 0.00            | (M)              | (M)              | 10.00       | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |
| Fat-Free Milk - LR1288 (1 ea.)                                   | 0           | 90.00           | 0.00          | 0.00        | 0.00          | 5.00      | 120.00      | 12.00     | 0.00            | (M)              | (M)              | 9.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |
| <b>2024Nov-Wednesdays - ServingDate: 11/13/2024</b>              |             |                 |               |             |               |           |             |           |                 |                  |                  |             |           |              |           |           |            |                |          |
| Cereal, 2oz, Assorted, 48ct, Malt O Meal - LR1856 (1 cereal bow) | 0           | 230.00          | 6.00          | 1.00        | 0.00          | 0.00      | 480.00      | 43.00     | 3.00            | 20.00            | 19.00            | 3.00        | 8.10      | 150.00       | (M)       | (M)       | 0.00       | 94.00          | (M)      |
| Oatmeal with Cinnamon and Sugar, 75serv - LR1575 (1/2 c.)        | 0           | 101.92 (M)      | 2.01(M)       | 0.34(M)     | 0.00(M)       | 0.00(M)   | 0.08(M)     | 18.61 (M) | 3.07(M)         | 0.68(M)          | 0.00(M)          | 3.36(M)     | 2.46(M)   | 7.58(M)      | 2.23(M)   | 0.03(M)   | 0.00(M)    | 99.95 (M)      | 0.00(M)  |
| Sliced Peaches - LR1034 (1/2 c.)                                 | 0           | 60.00           | 0.00          | 0.00        | 0.00          | 0.00      | 10.00       | 14.00     | 0.00            | 12.00            | (M)              | 0.00        | (M)       | (M)          | (M)       | (M)       | (M)        | (M)            | (M)      |
| Banana - LR1147 (1 ea.)  | 0           | 90.00           | 0.33          | 0.11        | 0.00          | 0.00      | 1.01        | 23.07     | 2.63            | 12.35            | (M)              | 1.10        | 0.26      | 5.05         | 64.64     | 8.79      | (M)        | (M)            | (M)      |
| 1% Milk - LR1289 (1 ea.)   | 0           | 120.00          | 2.50          | 1.50        | 0.00          | 15.00     | 140.00      | 16.00     | 0.00            | (M)              | (M)              | 10.00       | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |
| Fat-Free Milk - LR1288 (1 ea.)                                   | 0           | 90.00           | 0.00          | 0.00        | 0.00          | 5.00      | 120.00      | 12.00     | 0.00            | (M)              | (M)              | 9.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |
| <b>2024Nov-Thursdays - ServingDate: 11/14/2024</b>               |             |                 |               |             |               |           |             |           |                 |                  |                  |             |           |              |           |           |            |                |          |
| Breakfast Pizza - LR1171 (1 ea.)                                 | 0           | 210.00          | 7.00          | 2.00        | 0.00          | 15.00     | 350.00      | 27.00     | 3.00            | 5.00             | (M)              | 9.00        | 1.80      | 100.00       | 0.00      | 0.00      | (M)        | (M)            | (M)      |
| Juice, Orange, RockView, 4oz - LR1884 (1 ea.)                    | 0           | 60.00           | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 13.00     | 0.00            | 12.00            | 0.00             | 1.00        | 0.00      | (M)          | (M)       | 27.00     | 0.00       | 188.00         | (M)      |
| Sliced Pears - LR1134 (1/2 c.)                                   | 0           | 60.00           | 0.00          | 0.00        | 0.00          | 0.00      | 10.00       | 16.00     | 2.00            | 12.00            | (M)              | 0.00        | 0.00(M)   | 0.00(M)      | 0.00(M)   | 0.00(M)   | (M)        | (M)            | (M)      |
| 1% Milk - LR1289 (1 ea.)   | 0           | 120.00          | 2.50          | 1.50        | 0.00          | 15.00     | 140.00      | 16.00     | 0.00            | (M)              | (M)              | 10.00       | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |
| Fat-Free Milk - LR1288 (1 ea.)                                   | 0           | 90.00           | 0.00          | 0.00        | 0.00          | 5.00      | 120.00      | 12.00     | 0.00            | (M)              | (M)              | 9.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
 Date: 11/01/2024 - 11/30/2024

| Item Name<br>(Serving Size)                                      | Ash (g) |
|--|---------|
| <b>2024Nov-Tuesdays -<br/>ServingDate:<br/>11/12/2024</b>        |         |
| Honey Bun - LR1336 (1 ea.)                                       | (M)     |
| Juice, Orange, RockView, 4oz - LR1884 (1 ea.)                    | (M)     |
| Sliced Pears - LR1134 (1/2 c.)                                   | (M)     |
| 1% Milk - LR1289 (1 ea.)   | (M)     |
| Fat-Free Milk - LR1288 (1 ea.)                                   | (M)     |
| <b>2024Nov-Wednesdays -<br/>ServingDate:<br/>11/13/2024</b>      |         |
| Cereal, 2oz, Assorted, 48ct, Malt O Meal - LR1856 (1 cereal bow) | (M)     |
| Oatmeal with Cinnamon and Sugar, 75serv - LR1575 (1/2 c.)        | 0.00(M) |
| Sliced Peaches - LR1034 (1/2 c.)                                 | (M)     |
| Banana - LR1147 (1 ea.)  | (M)     |
| 1% Milk - LR1289 (1 ea.)   | (M)     |
| Fat-Free Milk - LR1288 (1 ea.)                                   | (M)     |
| <b>2024Nov-Thursdays -<br/>ServingDate:<br/>11/14/2024</b>       |         |
| Breakfast Pizza - LR1171 (1 ea.)                                 | (M)     |
| Juice, Orange, RockView, 4oz - LR1884 (1 ea.)                    | (M)     |
| Sliced Pears - LR1134 (1/2 c.)                                   | (M)     |
| 1% Milk - LR1289 (1 ea.)   | (M)     |
| Fat-Free Milk - LR1288 (1 ea.)                                   | (M)     |

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

| Item Name (Serving Size)                                       | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g) |  |
|--|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|-----------|-----------|------------|----------------|----------|--|
| <b>2024Nov-Fridays - ServingDate: 11/15/2024</b>               |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |          |  |
| Pan Dulce - LR1015 (1 ea.)                                     | 0           | 200.00          | 6.00          | 1.50        | 0.00          | 5.00      | 90.00       | 34.00    | 2.00            | 8.00             | (M)              | 5.00        | 0.00      | 40.00        | 0.00      | 0.00      | (M)        | (M)            | (M)      |  |
| Juice, Orange, RockView, 4oz - LR1884 (1 ea.)                  | 0           | 60.00           | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 13.00    | 0.00            | 12.00            | 0.00             | 1.00        | 0.00      | (M)          | (M)       | 27.00     | 0.00       | 188.00         | (M)      |  |
| Sliced Peaches - LR1034 (1/2 c.)                               | 0           | 60.00           | 0.00          | 0.00        | 0.00          | 0.00      | 10.00       | 14.00    | 0.00            | 12.00            | (M)              | 0.00        | (M)       | (M)          | (M)       | (M)       | (M)        | (M)            | (M)      |  |
| 1% Milk - LR1289 (1 ea.)                                       | 0           | 120.00          | 2.50          | 1.50        | 0.00          | 15.00     | 140.00      | 16.00    | 0.00            | (M)              | (M)              | 10.00       | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |  |
| Fat-Free Milk - LR1288 (1 ea.)                                 | 0           | 90.00           | 0.00          | 0.00        | 0.00          | 5.00      | 120.00      | 12.00    | 0.00            | (M)              | (M)              | 9.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |  |
| <b>2024Nov-Mondays - ServingDate: 11/18/2024</b>               |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |          |  |
| Sandwich, Pancake, Chicken Sausage, IW, 168ct - LR1888 (1 ea.) | 0           | 140.00          | 5.00          | 1.00        | 0.00          | 25.00     | 240.00      | 16.00    | 1.00            | 6.00             | 0.00             | 8.00        | 0.70      | 40.00        | (M)       | (M)       | 0.00       | 100.00         | (M)      |  |
| Mixed Berries, Cup, Frozen, 96ct - LR1313 (1 ea.)              | 0           | 90.00           | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 20.00    | 2.00            | 16.00            | (M)              | 0.00        | (M)       | (M)          | (M)       | (M)       | (M)        | (M)            | (M)      |  |
| Sliced Peaches - LR1034 (1/2 c.)                               | 0           | 60.00           | 0.00          | 0.00        | 0.00          | 0.00      | 10.00       | 14.00    | 0.00            | 12.00            | (M)              | 0.00        | (M)       | (M)          | (M)       | (M)       | (M)        | (M)            | (M)      |  |
| 1% Milk - LR1289 (1 ea.)                                       | 0           | 120.00          | 2.50          | 1.50        | 0.00          | 15.00     | 140.00      | 16.00    | 0.00            | (M)              | (M)              | 10.00       | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |  |
| Fat-Free Milk - LR1288 (1 ea.)                                 | 0           | 90.00           | 0.00          | 0.00        | 0.00          | 5.00      | 120.00      | 12.00    | 0.00            | (M)              | (M)              | 9.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |  |
| <b>2024Nov-Tuesdays - ServingDate: 11/19/2024</b>              |             |                 |               |             |               |           |             |          |                 |                  |                  |             |           |              |           |           |            |                |          |  |
| Honey Bun - LR1336 (1 ea.)                                     | 0           | 350.00          | 19.00         | 10.00       | 0.00          | 0.00      | 270.00      | 40.00    | 2.00            | 17.00            | 17.00            | 4.00        | 1.40      | 100.00       | (M)       | (M)       | 0.00       | 0.00           | (M)      |  |
| Juice, Orange, RockView, 4oz - LR1884 (1 ea.)                  | 0           | 60.00           | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 13.00    | 0.00            | 12.00            | 0.00             | 1.00        | 0.00      | (M)          | (M)       | 27.00     | 0.00       | 188.00         | (M)      |  |
| Sliced Pears - LR1134 (1/2 c.)                                 | 0           | 60.00           | 0.00          | 0.00        | 0.00          | 0.00      | 10.00       | 16.00    | 2.00            | 12.00            | (M)              | 0.00        | 0.00(M)   | 0.00(M)      | 0.00(M)   | 0.00(M)   | (M)        | (M)            | (M)      |  |
| 1% Milk - LR1289 (1 ea.)                                       | 0           | 120.00          | 2.50          | 1.50        | 0.00          | 15.00     | 140.00      | 16.00    | 0.00            | (M)              | (M)              | 10.00       | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |  |
| Fat-Free Milk - LR1288 (1 ea.)                                 | 0           | 90.00           | 0.00          | 0.00        | 0.00          | 5.00      | 120.00      | 12.00    | 0.00            | (M)              | (M)              | 9.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |  |

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
 Date: 11/01/2024 - 11/30/2024

| Item Name<br>(Serving Size)                                    | Ash (g) |
|--|---------|
| <b>2024Nov-Fridays -<br/>ServingDate:<br/>11/15/2024</b>       |         |
| Pan Dulce - LR1015 (1 ea.)                                     | (M)     |
| Juice, Orange, RockView, 4oz - LR1884 (1 ea.)                  | (M)     |
| Sliced Peaches - LR1034 (1/2 c.)                               | (M)     |
| 1% Milk - LR1289 (1 ea.)                                       | (M)     |
| Fat-Free Milk - LR1288 (1 ea.)                                 | (M)     |
| <b>2024Nov-Mondays -<br/>ServingDate:<br/>11/18/2024</b>       |         |
| Sandwich, Pancake, Chicken Sausage, IW, 168ct - LR1888 (1 ea.) | (M)     |
| Mixed Berries, Cup, Frozen, 96ct - LR1313 (1 ea.)              | (M)     |
| Sliced Peaches - LR1034 (1/2 c.)                               | (M)     |
| 1% Milk - LR1289 (1 ea.)                                       | (M)     |
| Fat-Free Milk - LR1288 (1 ea.)                                 | (M)     |
| <b>2024Nov-Tuesdays -<br/>ServingDate:<br/>11/19/2024</b>      |         |
| Honey Bun - LR1336 (1 ea.)                                     | (M)     |
| Juice, Orange, RockView, 4oz - LR1884 (1 ea.)                  | (M)     |
| Sliced Pears - LR1134 (1/2 c.)                                 | (M)     |
| 1% Milk - LR1289 (1 ea.)                                       | (M)     |
| Fat-Free Milk - LR1288 (1 ea.)                                 | (M)     |



# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

| Item Name (Serving Size)   | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g)  | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g) |
|--|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|-----------|-----------------|------------------|------------------|-------------|-----------|--------------|-----------|-----------|------------|----------------|----------|
| <b>2024Nov-Wednesdays - ServingDate: 11/20/2024</b>              |             |                 |               |             |               |           |             |           |                 |                  |                  |             |           |              |           |           |            |                |          |
| Cereal, 2oz, Assorted, 48ct, Malt O Meal - LR1856 (1 cereal bow) | 0           | 230.00          | 6.00          | 1.00        | 0.00          | 0.00      | 480.00      | 43.00     | 3.00            | 20.00            | 19.00            | 3.00        | 8.10      | 150.00       | (M)       | (M)       | 0.00       | 94.00          | (M)      |
| Oatmeal with Cinnamon and Sugar, 75serv - LR1575 (1/2 c.)        | 0           | 101.92 (M)      | 2.01(M)       | 0.34(M)     | 0.00(M)       | 0.00(M)   | 0.08(M)     | 18.61 (M) | 3.07(M)         | 0.68(M)          | 0.00(M)          | 3.36(M)     | 2.46(M)   | 7.58(M)      | 2.23(M)   | 0.03(M)   | 0.00(M)    | 99.95 (M)      | 0.00(M)  |
| Sliced Peaches - LR1034 (1/2 c.)                                 | 0           | 60.00           | 0.00          | 0.00        | 0.00          | 0.00      | 10.00       | 14.00     | 0.00            | 12.00            | (M)              | 0.00        | (M)       | (M)          | (M)       | (M)       | (M)        | (M)            | (M)      |
| Banana - LR1147 (1 ea.)  | 0           | 90.00           | 0.33          | 0.11        | 0.00          | 0.00      | 1.01        | 23.07     | 2.63            | 12.35            | (M)              | 1.10        | 0.26      | 5.05         | 64.64     | 8.79      | (M)        | (M)            | (M)      |
| 1% Milk - LR1289 (1 ea.)   | 0           | 120.00          | 2.50          | 1.50        | 0.00          | 15.00     | 140.00      | 16.00     | 0.00            | (M)              | (M)              | 10.00       | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |
| Fat-Free Milk - LR1288 (1 ea.)                                   | 0           | 90.00           | 0.00          | 0.00        | 0.00          | 5.00      | 120.00      | 12.00     | 0.00            | (M)              | (M)              | 9.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |
| <b>2024Nov-Thursdays - ServingDate: 11/21/2024</b>               |             |                 |               |             |               |           |             |           |                 |                  |                  |             |           |              |           |           |            |                |          |
| Breakfast Pizza - LR1171 (1 ea.)                                 | 0           | 210.00          | 7.00          | 2.00        | 0.00          | 15.00     | 350.00      | 27.00     | 3.00            | 5.00             | (M)              | 9.00        | 1.80      | 100.00       | 0.00      | 0.00      | (M)        | (M)            | (M)      |
| Juice, Orange, RockView, 4oz - LR1884 (1 ea.)                    | 0           | 60.00           | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 13.00     | 0.00            | 12.00            | 0.00             | 1.00        | 0.00      | (M)          | (M)       | 27.00     | 0.00       | 188.00         | (M)      |
| Sliced Pears - LR1134 (1/2 c.)                                   | 0           | 60.00           | 0.00          | 0.00        | 0.00          | 0.00      | 10.00       | 16.00     | 2.00            | 12.00            | (M)              | 0.00        | 0.00(M)   | 0.00(M)      | 0.00(M)   | 0.00(M)   | (M)        | (M)            | (M)      |
| 1% Milk - LR1289 (1 ea.)   | 0           | 120.00          | 2.50          | 1.50        | 0.00          | 15.00     | 140.00      | 16.00     | 0.00            | (M)              | (M)              | 10.00       | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |
| Fat-Free Milk - LR1288 (1 ea.)                                   | 0           | 90.00           | 0.00          | 0.00        | 0.00          | 5.00      | 120.00      | 12.00     | 0.00            | (M)              | (M)              | 9.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |
| <b>2024Nov-Fridays - ServingDate: 11/22/2024</b>                 |             |                 |               |             |               |           |             |           |                 |                  |                  |             |           |              |           |           |            |                |          |
| Pan Dulce - LR1015 (1 ea.)                                       | 0           | 200.00          | 6.00          | 1.50        | 0.00          | 5.00      | 90.00       | 34.00     | 2.00            | 8.00             | (M)              | 5.00        | 0.00      | 40.00        | 0.00      | 0.00      | (M)        | (M)            | (M)      |
| Juice, Orange, RockView, 4oz - LR1884 (1 ea.)                    | 0           | 60.00           | 0.00          | 0.00        | 0.00          | 0.00      | 0.00        | 13.00     | 0.00            | 12.00            | 0.00             | 1.00        | 0.00      | (M)          | (M)       | 27.00     | 0.00       | 188.00         | (M)      |
| Sliced Peaches - LR1034 (1/2 c.)                                 | 0           | 60.00           | 0.00          | 0.00        | 0.00          | 0.00      | 10.00       | 14.00     | 0.00            | 12.00            | (M)              | 0.00        | (M)       | (M)          | (M)       | (M)       | (M)        | (M)            | (M)      |
| 1% Milk - LR1289 (1 ea.)   | 0           | 120.00          | 2.50          | 1.50        | 0.00          | 15.00     | 140.00      | 16.00     | 0.00            | (M)              | (M)              | 10.00       | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |
| Fat-Free Milk - LR1288 (1 ea.)                                   | 0           | 90.00           | 0.00          | 0.00        | 0.00          | 5.00      | 120.00      | 12.00     | 0.00            | (M)              | (M)              | 9.00        | 0.00      | 300.00       | 500.00    | 2.40      | (M)        | (M)            | (M)      |

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
 Date: 11/01/2024 - 11/30/2024

| Item Name<br>(Serving Size)  | Ash (g) |
|--|---------|
| <b>2024Nov-Wednesdays -<br/>ServingDate:<br/>11/20/2024</b>            |         |
| Cereal, 2oz, Assorted,<br>48ct, Malt O Meal -<br>LR1856 (1 cereal bow) | (M)     |
| Oatmeal with Cinnamon<br>and Sugar, 75serv -<br>LR1575 (1/2 c.)        | 0.00(M) |
| Sliced Peaches -<br>LR1034 (1/2 c.)                                    | (M)     |
| Banana - LR1147 (1<br>ea.)   | (M)     |
| 1% Milk - LR1289 (1<br>ea.)  | (M)     |
| Fat-Free Milk - LR1288<br>(1 ea.)                                      | (M)     |
| <b>2024Nov-Thursdays -<br/>ServingDate:<br/>11/21/2024</b>             |         |
| Breakfast Pizza -<br>LR1171 (1 ea.)                                    | (M)     |
| Juice, Orange,<br>RockView, 4oz -<br>LR1884 (1 ea.)                    | (M)     |
| Sliced Pears - LR1134<br>(1/2 c.)                                      | (M)     |
| 1% Milk - LR1289 (1<br>ea.)  | (M)     |
| Fat-Free Milk - LR1288<br>(1 ea.)                                      | (M)     |
| <b>2024Nov-Fridays -<br/>ServingDate:<br/>11/22/2024</b>               |         |
| Pan Dulce - LR1015 (1<br>ea.)  | (M)     |
| Juice, Orange,<br>RockView, 4oz -<br>LR1884 (1 ea.)                    | (M)     |
| Sliced Peaches -<br>LR1034 (1/2 c.)                                    | (M)     |
| 1% Milk - LR1289 (1<br>ea.)  | (M)     |
| Fat-Free Milk - LR1288<br>(1 ea.)                                      | (M)     |

# Menu Calendar Nutrient Analysis Report - November, 2024

Site: ALL  
Date: 11/01/2024 - 11/30/2024

**Legend**

(M) - Missing Nutrient Values

**Report Selections**

Meal Type: Breakfast  
Site Group: Elementary  
Menu Line: Main  
Serving Group: K-5  
Nutrients Option: All