

NOVEMBER 2024

BREAKFAST



Pharr-San Juan-Alamo ISD Pre-K Breakfast Menu



Choices of Low Fat or Skim Milk (unflavored) offered daily. Assorted 100% Juice OR Fruit offered daily for Breakfast.



MONDAY

“This institution is an equal opportunity provider”

TUESDAY



WEDNESDAY

THURSDAY

*Menu is subject to change without notice due to deliveries and nation-wide shortages.

FRIDAY

4
BREAKFAST POCKET(S)
100% FRUIT JUICE(S)

5
CONFETTI PANCAKES),
SYRUP(S)
APPLE SLICES(G)

6
BEAN & CHEESE
BREAKFAST TACO(S)
FRESH BANANA(G)

7
BREAKFAST MUFFIN(S)
FRESH ORANGE
WEDGES(G)

8
WARM TAMALES(S)
APPLESAUCE CUP(G)

11
CHEERIOS(S)
APPLESAUCE CUP(G)

12
LOW-FAT YOGURT(S)
GRAHAM CRACKERS(S)
100% FRUIT JUICE(S)

13
BARBACOA TACO(S)
FRESH BANANA(G)

14
EGGO MINI WAFFLES(S),
SYRUP(S)
FRESH ORANGE
WEDGES(G)

15
WARM TAMALES(S),
APPLESAUCE CUP(G)

18
CHEERIOS(G)
APPLESAUCE CUP(G)

19
CONFETTI PANCAKES),
SYRUP(S)
100% FRUIT JUICE(S)

20
LOW-FAT YOGURT(S),
GRAHAM CRACKERS(S)
FRESH BANANA(G)

21
BREAKFAST MUFFIN(S)
FRESH ORANGE
WEDGES(G)

22
WARM TAMALES(S)
APPLESAUCE CUP(G)



NOVEMBER 2024

LUNCH



Pharr-San Juan-Alamo ISD Pre-K Lunch Menu



Choices of Low Fat or Skim Milk (unflavored) offered daily. Assorted 100% Juice OR Fruit offered daily for Breakfast.



MONDAY

"This institution is an equal opportunity provider"

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



***Menu is subject to change without notice due to deliveries and nation-wide shortages.**

PEPPERONI PIZZA(S) ¹
CUCUMBER SLICES(G)
MIXED FRUIT CUP(S)
LF DRESSING

ARTISAN CHICKEN TENDERS(S) W/ DINNER ROLL(S)
MASHED POTATOES(G)
DICED PEARS(S)
KETCHUP ⁴

BEAN & CHEESE PUPUSA(S) ⁵
LETTUCE & TOMATO BITS(G)
100% FRUIT JUICE SLUSH(S)
LF DRESSING

TURKEY ALFREDO PASTA OR ⁶
ROTINI & MEAT SAUCE PASTA W/ GARLIC BREAD STICK(S)
Organic STEAMED ZUCCHINI(G)
CANTALOUPE CHUNKS(G)
LF DRESSING

HAMBURGER/CHEESEBURGER(S) ⁷
TATOR TOTS(S)
PINEAPPLE TIDBITS(S)
KETCHUP/
MUSTARD/MAYO

CHEESY FRENCH BREAD(S) ⁸
MARINARA SAUCE(G)
CUCUMBER SLICES(S)
CHERRY MIXED FRUIT(S)
LF DRESSING

CHICKEN POPPERS(S) W/ ¹¹
DINNER ROLL(S)
FIRE ROASTED CORN(G)
DICED PEARS(S)
KETCHUP

STEAK FINGERS(S) ¹²
DINNER ROLL(G)
CHEESY BROCCOLI(G)
PEACH POP(G)
KETCHUP

DILLY CHICKEN SANDWICH(S) ³
EMOJI FRIES(G)
HONEY DEW MELON(G)
KETCHUP/MUSTARD/MAYO

TURKEY & GRAVY(S) ¹⁴
DINNER ROLL(G)(1 EA)
MASHED POTATOES(S)
DICED PEACHES(S)

PEPPERONI PIZZA(S) ¹⁵
CUCUMBER SLICES(G)
CHERRY MIXED FRUIT(S)
LF DRESSING

CHICKEN SMACKERS(S) W/ ¹⁸
DINNER ROLL(S)
MASHED POTATOES(G)
FRESH ORANGE WEDGES(G)
KETCHUP

CRISPY BEEF TACOS(S) ¹⁹
SHREDDED CHEESE(G)
SOPA DE FIDEO(G)
LETTUCE & TOMATO BITS(G)
100% FRUIT JUICE SLUSH(S)
LF DRESSING

ORANGE CHICKEN(S) W/ ²⁰
STEAMED WHITE RICE(G)
STEAMED BROCCOLI(G)
PEACH POP(G)
FORTUNE COOKIE

BEAN & CHEESE BURRITO(S) ²¹
GOLDEN CORN(G)
PINEAPPLE TIDBITS(S)
KETCHUP

PEPPERONI SANDWICH(S) ²²
CRINKLE CUT FRIES(S)
CHERRY MIXED FRUIT(S)
KETCHUP



REV. 3
10/31/24