

Organizational Process

The Barbers Hill SHAC was organized in 2010. An application to join SHAC for 2023-2024 was posted on the district website along with handing out applications during the Spring Outdoor and Open House events. Applications were received from previous members and two new members were selected. Representatives from the community include a pediatric physician and a registered nurse. These names were presented to Dr. Poole and the School Board and members were appointed to serve SHAC in one, two or three year terms. Makayla Emmons-Smith, served as the Chair of SHAC, with Colleen Goundrey assisting as Co-chair and Sarah Strickland as secretary. Scheduled meetings were held on November 6, 2023, January 29, 2024, March 18, 2024 and May 6, 2024 from 6-7:30 PM.

November 6, 2023

The first meeting was organizational. Introductions were made and an overview of the SHAC policy, guidelines and terms for SHAC were discussed. By-laws were read and approved for SY 2023-2024. Annual family and community events were discussed, such as the Mental Health Walk and Turkey Trot. An overview of health services, counseling and guidance, nutrition services and Physical Education were discussed. Current employee health and wellness programs such as flu shots, mammograms, wellness screenings and Fitness Fusion were discussed as well.

Due to time constraints, Healthy school environment and health education will be discussed at later meetings.

January 29, 2024

An overview of HB 3908 'fentanyl prevention and drug awareness education for public school students in grades 6-12' was discussed.

BHISD SHAC had Connor Gilbertson, the public relations Coordinator for The Council on Recovery, at the meeting and the main topics of discussion were: Narcan, Narcan training, anything not a prescription drug could be laced and deadly and "One pill can kill".

The BHISD SHAC will continue to hold the Annual Health Fair at the Spring Outdoor Event on April 27, 2024. Several SHAC members signed-up to be sub-committee members, the first planning meeting will be on February 26, 2024.

Wellness programs provided for BHISD employees this school year have included Fitness Fusion, "Maintain, No Gain" program and MDAnderson Mobile mammography van.

March 18, 2024

The main discussion was HB 3908, Natasha Holden, BHISD Director of Program and Curriculum, discussed SHAC's responsibility for recommending all health-related curricula, including drug prevention and awareness to the school board for approval. The current curriculum used in the district is BASE education, specifically "7 mindsets" which is aimed to support social, emotional and mental health learning and awareness. SHAC needs to continually discuss what curriculum should be shown to students, what grades these materials should be shown, how often they should be shown, where they should be shown/discussed, etc. A current preventative measure put on by the school district included an anti-vaping presentation by DR. Collier, this was presented at the Intermediate and Middle schools to students in grades 6-8. SHAC discussed the idea of creating a student-led club or activity for anti-drug-related discussions. 'BASE Education' was unanimously approved by the SHAC committee to be recommended for next school years drug prevention and awareness curriculum.

The Annual Health Fair will be held in conjunction with the Spring Outdoor Event in the City of Mont Belvieu Park on April 27, 2024. A second sub-committee meeting was scheduled for April 22, 2024

May 6, 2024

HB 3908 review reiterated SHAC's approval of the 'BASE Education' curriculum recommendation for next year's drug prevention and awareness curriculum for grades 7-12. SHAC's recommendation will be presented to the School Board in September.

The Annual Health Fair was held on April 27, 2024. The SHAC committee coordinated three vendors: Chambers Health, HEB and a Mont Belvieu Fire Department EMT. Sun safety and bike safety were a few of the topics that were presented.

Wellness activities for the Spring semester included wellness shots provided to the employees every Tuesday by Concierge Services.

Respectfully submitted,

Colleen Goundrey

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Co-chair of BHISD SHAC

