

Lunch Menu

Suffern Middle School

November 2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday



4 Mission Burrito 🌮
Fiesta Corn
Black Bean and
Pepper Salad
Dried Cherries

5 NO SCHOOL

SUPERINTENDENT'S
CONFERENCE DAY

6 Homemade Pasta &
Meatballs 🌮
Whole Wheat Dinner
Roll
Steamed Carrots
Cucumber Coins
Fresh Orange

7 BBQ Chicken
Steamed Carrots
Yellow Rice
Dinner Rolls
Fresh Peach

8 Classic Cheese Pizza 🌿 🌮
Pepperoni Pizza P
Steamed Broccoli
Fresh Baby Carrots
Fresh NY Local Apple

Or Pizza Sticks



12 Soft Tacos 🌮
Turkey Taco Filling
Fiesta Corn
Black Beans
Fresh Orange

13 Homemade Baked
Pasta with Cheese 🌿
with Meatballs 🌮
Steamed Carrots
Cauliflower Popcorn
Fresh Banana
Diced Pear Cup

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14 Roasted Turkey with
Gravy
Mashed Potatoes
Dinner Rolls
Glazed Carrots
Dried Cherries

15 NO LUNCH

HALF DAY

PARENT-
TEACHER DAY

CONFERENCE

18 NO LUNCH

HALF DAY

PARENT-
TEACHER DAY

CONFERENCES

19 Baked Scoops
Turkey Taco Filling
Shredded Cheddar
Cheese
Salsa
Black Beans
Sweet Corn

20 Ravioli's

with Meatballs in a
Marinara Sauce * Dinner
Roll *Seasoned Brussel
Sprouts HoneyDew &
Cantaloupe

21 Chicken Fajita
Fajita Style Onions
and Peppers
Dinner Rolls
Diced Pear Cup

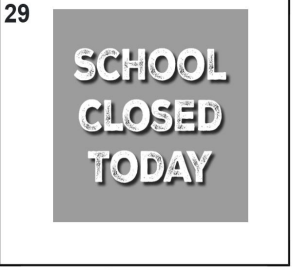
22 Classic Cheese Pizza 🌿 🌮
Pepperoni Pizza P
Mixed Vegetables
Caesar Salad
Fresh Orange

Or Pizza Sticks

25 Mozzarella stick with
french fries 🌿
Whole Wheat Dinner
Roll
Steamed Carrots
Chilled Red Pepper
Strips
Fresh Orange

26 Nachos Grande
Turkey Taco Filling
Refried Beans
Sweet Corn
Pineapple

27 Classic Cheese Pizza 🌿 🌮
Pepperoni Pizza P
Cucumber Coins
Fresh Strawberries
Steamed Broccoli



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Lunch consists of:

- Choice of entree * 100% Juice *
- Choice of Milk: Low Fat White, Fat Free Chocolate or White *
- Fruit * Grain * Vegetable

If you have any questions please Contact your Food Service Director

Vegetarian
 Made With Natural Ingredients
 Pork
 3 Star Choice
 Made With Organic Ingredients

Lunch Daily Offerings: Assorted Sandwiches, Peanut Butter & Jelly, Cheese Sandwiches
 Bagel Lunch w/ Yogurt & Cheese Stick Yogurt Parfait w/ Fruit & Granola
 Assorted Salads Garden Side Salad, Variety of Veggies & Fruits (Sliced Apples, Oranges & Bananas) All grains are whole grains or whole wheat

Janet Ginocchio, Food Service Director @ jginocchio1@sufferncentral.org

or 845-357-783 ext 11247