Lunch Menu

## **Suffern Central** Elementary WHITSONS CULINARY GROUP | FAMILY OF COMPANIES

WWW.WHITSONS.COM				
Mon <b>@</b> y	Tuesday	Wednesday	Thursday	Friday
AVAILABLE DAILY:  Grill Cheese,PB&J, Yogurt Meal, Bagel Bag, Cheese Sandwich	ALTERNATE DAILY CHOICES:  Mon/Wed/Fri: Hot Dog, Hamburger/Cheeseburger  Tues/Thurs: Baked Chicken Nugget, Poppers or Tenders	Choice of Entree, Vegetable Choice, Fruit Choice, Daily Grain, 100% Fruit Juice Choice of Milk: Skim, 1%, Fat Free Chocolate		1 Cheese Pizza
4 Fluffy Whole Grain Pancakes  Crispy Potato Puffs Bacon Fresh NY Local Apple	NO SCHOOL  SUPERINTENDENT'S  CONFERENCE DAY	6 Homemade Pasta & Meatballs   Steamed Broccoli Homemade Garlic Bread Sliced Peaches	7 Cheese Quesadilla  Chicken & Cheese Quesadilla Pepperoni Quesadilla  Baked Beans Fresh Grapes	8 Cheese Pizza  Pepperoni Pizza  Chilled Red Pepper Strips Mixed Fruit
IT'S VETERANS DAY	Iceberg Lettuce Salsa Kidney Beans Shredded Cheddar Cheese Pear and Pineapple Cup	13 Homemade Mac & Cheese Ø Ø French Bread Green Bean Salad Dried Cherries	14 Chicken Fajita Fajita Style Onions and Peppers Seasoned Rice Sliced Oranges	15 Cheese Pizza
18 Grilled Cheese Sandwich Meltdown Café 🚱 Tomato Soup Applesauce	Baked Scoops Turkey Taco Filling Iceberg Lettuce Salsa Shredded Cheddar Cheese Black Beans Fresh Peach	20 Chicken Parmesan Over Pasta 🤌 Side Garden Salad Roasted Garlic Cauliflower Fresh Melon Cup	21 Roasted Turkey with Gravy Mashed Potatoes Whole Wheat Dinner Roll Green Beans Diced Pear Cup	22 Cheese Pizza
25 Cinnamon French Toast  Crispy Turkey Sausage Links Crispy Potato Puffs Dried Cranberries	Cheesy Stuffed Bread Sticks Carrot Dippers Cinnamon Applesauce	HALF DAY  NO LUNCH SERVICE	28 THANKSGIVING	NO SCHOOL  Happy Thanksgiving

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available.

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**Vegetarian** 







From our Kitchen to yours!!