

Breakfast Menu

Suffern Central Elementary

November 2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday



4 WG Donut ✓
Apple Cinnamon Cheerios Cereal ✓
Graham Crackers
Fresh NY Local Apple
100% Orange Tangerine
Red. Sugar Cocoa Puffs Cereal ✓

5 **NO SCHOOL**

SUPERINTENDENT'S CONFERENCE DAY

6 Whole Grain French Toast Slices ✓
Cinnamon Toast Crunch Cereal ✓
Graham Crackers
Fresh NY Local Apple
100% Apple Juice
Red. Sugar Cocoa Puffs Cereal ✓

7 Egg and Cheese Sandwich ✓
Cinnamon Toast Crunch Cereal ✓
Graham Crackers
Fresh Orange
Apple Juice
Red. Sugar Cocoa Puffs Cereal ✓

8 WG Donut ✓
Apple Cinnamon Cheerios Cereal ✓
Graham Crackers
Fresh NY Local Apple
100% Orange Tangerine
Red. Sugar Cocoa Puffs Cereal ✓

11 

12 Bacon, Egg and Cheese Breakfast Sandwich P
Red. Sugar Froot Loops Cereal ✓
Graham Crackers
Fresh NY Local Apple
100% Orange Tangerine

13 Egg and Cheese Sandwich ✓
Cinnamon Toast Crunch Cereal ✓
Graham Crackers
Fresh Orange
Apple Juice
Red. Sugar Cocoa Puffs Cereal ✓

14 Egg and Cheese Sandwich ✓
Cinnamon Toast Crunch Cereal ✓
Graham Crackers
Fresh Orange
Apple Juice
Red. Sugar Cocoa Puffs Cereal ✓

15 Mini Cinnamon Pull Apart Roll ✓
Corn Flakes Cereal ✓
Graham Crackers
Fresh Orange
Apple Juice
Red. Sugar Cocoa Puffs Cereal ✓

18 Blueberry Muffin ✓
Cinnamon Toast Crunch Cereal ✓
Graham Crackers
Fresh NY Local Apple
100% Orange Tangerine
Red. Sugar Cocoa Puffs Cereal ✓

19 Bacon, Egg and Cheese Breakfast Sandwich P
Red. Sugar Froot Loops Cereal ✓
Graham Crackers
Fresh NY Local Apple
100% Orange Tangerine

20 Bacon, Egg and Cheese Breakfast Sandwich P
Red. Sugar Froot Loops Cereal ✓
Graham Crackers
Fresh NY Local Apple
100% Orange Tangerine

21 Egg and Cheese Sandwich ✓
Cinnamon Toast Crunch Cereal ✓
Graham Crackers
Fresh Orange
Apple Juice
Red. Sugar Cocoa Puffs Cereal ✓

22 WW Honey Bun ✓
Red. Sugar Cocoa Puffs Cereal ✓
Graham Crackers
Fresh NY Local Apple
100% Orange Tangerine

25 Strawberry Pop Tart
Red. Sugar Froot Loops Cereal ✓
Graham Crackers
Fresh NY Local Apple
Orange Juice
Red. Sugar Cocoa Puffs Cereal ✓

26 Bacon, Egg and Cheese Breakfast Sandwich P
Red. Sugar Froot Loops Cereal ✓
Graham Crackers
Fresh NY Local Apple
100% Orange Tangerine

27 Sausage and Egg Sandwich
Red. Sugar Cinnamon Toast Crunch Cereal ✓
WG Honey Graham Crackers
Fresh Banana
100% Orange

28 

29 

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

All grains listed are whole wheat or whole grain
Choice of Milk: 1% or Fat Free White Milk

Available Daily

Assorted Red. Sugar Cereals, Muffins, Bagels w/ cream cheese or butter
Fresh Fruit (Sliced Apples, Bananas and/or Orange Wedges)

If you have any questions regarding this menu please contact your Food Service Director

Janet Ginocchio @ iginocchio1@sufferncentral.org

