

Harrison Elementary School Lunch Menu 2024

November

Free Day!

*Please note only on "Free Days" the first meal will be free to all students and only apply to a full breakfast and lunch meal. Any a la carte items such as snacks, drinks and seconds must still be paid for.

Daily Options

Bagel Lunch: Whole Grain Bagel String Cheese, Fruit and Veggie Sticks

Yogurt Lunch: Yogurt, 1/2 Cheese Sandwich, Fruit and Veggie Sticks

	Alternate	Gluten Free*
Mon.	Turkey and Cheese Roll Up	Turkey and Cheese Roll Up
Tues.	Bagel Lunch with Veggie Sticks and Yogurt	GF Melted Cheese Sandwich
Wed.	Ham Sandwich	Ham Sandwich
Thur.	Bagel Lunch with Veggie Sticks and Yogurt	GF Melted Cheese Sandwich
Fri.	Chef Salad	Chef Salad

*While training and procedures are in place to ensure that gluten free items are gluten free, food and drinks are prepared in areas where cross contamination may occur.

All Lunches Include:

Entrée, Bread/Grain, Vegetable, Fruit/Juice and Choice of 1% White or Fat-Free White or Chocolate Milk.

\$5.03+ Tax – Adult Breakfast

All daily fruits & vegetables are available to take with all meals

Food Allergies? Please Speak to Your Server, Chef or Manager.

If you have any questions or comments, please call the Food Service Department at 914-630-3114.

**Christine Clementz RD,CDN
Food Service Director**

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Cheese or Pepperoni Pizza Grape Tomatoes Spinach Peach Cup Fresh Orange
4 Chicken Tenders Mashed Potatoes Baby Carrots Cucumber Coins Mixed Fruit Cup Applesauce	5 Superintendent's Conference Day No School	6 Free Day! Oven Warmed Waffle Turkey Sausage Patty Potato Puffs Baby Carrots Fresh Cantaloupe Apple Slices Waffle Wednesday!	7 Crunchy Beef or Bean Tacos Cheddar Cheese Black Beans Salsa Pineapple Fresh Pear 	8 Cheese or Pepperoni Pizza Grape Tomatoes Spinach Salad Peach Cup Fresh Orange
11 Veterans Day No School	12 Macaroni and Cheese French Bread Red Pepper Slices Broccoli Peaches	13 French Toast Sticks Turkey Sausage Patty Sweet Potato Puffs Cucumber Coins Fresh Melon Apple Slices	14 Beef Burger on a Bun Pickle Slice Veggie Baked Beans Baked French Fries  NATIONAL PICKLE DAY	15 Free Day! Cheese or Pepperoni Pizza Grape Tomatoes Spinach Salad Peach Cup Fresh Orange
18 Chicken Bites Roasted Butternut Squash Broccoli Peach Cup Fresh Apple	19 Free Day! Spaghetti with Meatballs Garlic Bread Fresh Green Salad Green Beans Fresh Pear Mixed Fruit Cup	20 Eggo Mini Pancakes Turkey Sausage Patty Potato Puffs Cucumber Coins Fresh Orange Apple Slices	21 Grilled Cheese Chicken Noodle Soup Chick Pea Salad Baby Carrots Fresh Pear Applesauce  Soup Today!	22 Cheese or Pepperoni Pizza Grape Tomatoes Green Salad Pear Cup Fresh Apple
25 Chicken Bites Sweet Potato Fries Sliced Cucumbers Peach Cup Fresh Apple	26 Macaroni and Cheese French Bread Baby Carrots Broccoli Pears Applesauce  NATIONAL CAKE DAY Bite of Cake with Lunch!	27 Early Dismissal K-12 No Lunch	28 Thanksgiving Recess 	29 Thanksgiving Recess No School

Regardless of portion size, the FSMC is responsible for meeting all requirements under the Final Rule Nutrition Standards in the National School Lunch and School Breakfast Programs. This includes min-max calories, saturated fat and sodium along with specific component offerings for all fruits, vegetables, grains, meat/meat alternates and milk. This institution is an equal opportunity provider and employer. Menu subject to change.