

 **BREAKFAST**

 **LUNCH**

NOVEMBER 2024

Cedar Crest Intermediate

Monday

Tuesday

Wednesday

Thursday

Friday

1

No School
Teacher PD Day

B: Cereal & Cheese Stick **4**
L: Hot Dog or Meatball Sub
Potato Smiles
Carrot Sticks
Fruit

B: Cereal Bar & Yogurt **5**
L: Pancakes w/syrup
Sausage Patty
Hash Brown
Orange Slushy
Fruit

B: Mini Donuts **6**
L: Mini Corn Dogs
Pizza Stuffer
Potato Wedges
Baked Beans
Fruit

B: Cinnamon Pastry **7**
L: Taco Snack Burrito or
Corn Dog
Salsa w/tortilla chips
Romaine Salad
Fruit, Cookies

B: Cheeseburger Mac **8**
w/soft pretzel stick
Mixed Vegetables
Carrots w/dip
Fruit

B: Cereal & Cheese Stick **11**
L: Regular or Nashville Hot
Chicken Tenders
Potato Smiles
Seasoned Beans
Fruit

B: Cinnamon Bun **12**
L: Meat Lovers Stromboli or
PB&J Uncrustable
Sweet Corn
Roasted Cauliflower
Fruit, Rice Krispy Treat

B: Sausage Pancake Stick **13**
L: Taco Soup
w/sour cream, cheese &
tortilla chips
Celery Sticks
Fruit, Pudding Cup

B: Muffin w/g **14**
L: Pepperoni or Cheese
Pizza Stick w/marinara sauce
Green Beans
Fruit
Cookie

B: Mini Bagel **15**
L: Chicken Rings
Broccoli w/cheese
Potato Wedges
Carrots w/dip
Fruit

B: Cereal & Cheese Stick **18**
L: Tenderloin Sandwich or
Hamburger, pickle slices
French Fries
Baked Beans
Fruit

B: Pop-tart & Yogurt **19**
L: Lasagna Roll-up w/marinara
& bread stick or PB&J
Green Beans
Celery Sticks
Fruit Cup

B: Breakfast Burrito **20**
Pizza Calzone or Cheese Bosco
Golden Corn
Carrots w/dip
Fruit
Cinnamon Graham Crackers

B: Donut Holes **21**
L: Beef & Bean Burrito or
Fiestada Stuffer
Romaine Lettuce
Salsa w/tortilla chips
Fruit

B: PB&J Uncrustable **22**
L: Grilled Chicken Sandwich or
Cheeseburger
Tater Tots
Roasted Parmesan Broccoli
Fruit & Cookie w/g

B: Cereal & Cheese Stick **25**
L: Salisbury Steak or PB&J
Mashed Potatoes
Corn
Dinner Roll
Fruit

B: Dunkin Stick **26**
L: Chicken Sandwich
Carrots & Celery Sticks w/dip
Doritos
Dragon Fruit Punch
Fruit

27
No School

28
Happy
Thanksgiving

29
No School

A variety of milk is offered each day.
Menu is subject to change.