

# NOVEMBER 2024

## BLUE MOUNTAIN UNION SCHOOL

All Student Meals are Free  
 Adult Breakfast: \$ 4.00  
 Adult Lunch: \$5.50

Monday

Tuesday

Wednesday

Thursday

Friday

**Mac and Cheese** 4  
 Sweet Peas  
 Bread Roll  
 Fresh Fruit & Salad Bar

**Beef or Bean Tacos** 5  
 Corn, Rice  
 Guacamole  
 Salsa, Sour Cream  
 Fresh Fruit & Salad Bar

**Fresh Pizza** 6  
**Pepperoni or Cheese**  
 Sweet Potato Fries  
 Caesar Salad  
 Fresh Fruit & Salad Bar

**Steak & Cheese Subs** 7  
 Onion Rings  
 Delicata Squash Smiles  
 Fresh Fruit & Salad Bar

**Popcorn Chicken** 1  
 Biscuits  
 Coleslaw  
 Roasted Potato Wedges  
 Fresh Fruit & Salad Bar

**Crispy Chicken Sandwich** 8  
**On a Bun**  
 Roasted Zucchini  
 Fresh Fruit & Salad Bar

**Chicken Broccoli Alfredo** 11  
**Or Broccoli Alfredo**  
 Garlic Toast  
 Fresh Fruit & Salad Bar

**Ultimate Nachos** 12  
 Beef or Bean  
 Corn  
 Guacamole  
 Salsa, Sour Cream  
 Fresh Fruit & Salad Bar

**Fresh Pizza** 13  
**Pepperoni or Cheese**  
 Sweet Potato Fries  
 Caesar Salad  
 Fresh Fruit & Salad Bar

**Generals Chicken** 14  
 w/ Broccoli  
 Fried Rice  
 Spring Rolls  
 Fresh Fruit & Salad Bar

**Early Release Day** 15  
**100% Beef Burger or Impossible Burger**  
 Tater Tots  
 Fresh Fruit & Salad Bar

**Brunch for Lunch** 18  
 French Toast Sticks  
 Scrambled Eggs  
 Sausage  
 Roasted Home fries  
 Fresh Fruit & Salad Bar

**Spaghetti with** 19  
**Meat Sauce or Marinara**  
 Peas  
 Garlic Toast  
 Fresh Fruit & Salad Bar

**Fresh Pizza** 20  
**Pepperoni or Cheese**  
 Sweet Potato Fries  
 Caesar Salad  
 Fresh Fruit & Salad Bar

**Holiday Meal** 21  
 Roasted Turkey  
 Mashed Potato, Green Beans  
 Roasted Maple Acorn Squash  
 Dinner Roll  
 Fresh Fruit & Salad Bar

**BBQ Pulled Pork Sandwich** 22  
 Roasted Potato Wedges  
 Baked Beans  
 Coleslaw  
 Fresh Fruit & Salad Bar

**BMU Bowls** 25  
 Crispy Chicken or  
 Mashed Potato, Corn, Gravy  
 Fresh Fruit & Salad Bar

**Early Release Day** 26  
**Fresh Pizza**  
**Pepperoni or Cheese**  
 Sweet Potato Fries  
 Caesar Salad  
 Fresh Fruit & Salad Bar

27  
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28  


29  
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