

**6-8 MS Lunch**

*Middle School  
Lunch Menu  
Fall 2024*

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Week 1</i>	Nov 4	Nov 5	Nov 6	Nov 7	Nov 8
<b>Entree</b> (Choose 1) <b>Vegetables</b> (Choose 1-2) <b>Fruit</b> (Choose 1) <b>Milk</b> (Choose 1)	<ul style="list-style-type: none"> <li>Wellness Day</li> <li>RPS Closed</li> </ul>	<ul style="list-style-type: none"> <li>Election Day</li> <li>RPS Closed</li> </ul>	<ul style="list-style-type: none"> <li>Manager's Choice</li> </ul>	<ul style="list-style-type: none"> <li>Manager's Choice</li> </ul>	<ul style="list-style-type: none"> <li>Manager's Choice</li> </ul>
<i>Week 2</i>	Nov 11	Nov 12	Nov 13	Nov 14	Nov 15
<b>Entree</b> (Choose 1) <b>Vegetables</b> (Choose 1-2) <b>Fruit</b> (Choose 1) <b>Milk</b> (Choose 1)	<ul style="list-style-type: none"> <li>Chicken Sandwich Variety</li> <li>Pickle, Onion &amp; Lettuce Cup</li> <li>Steamed Broccoli</li> <li>Fresh Fruit</li> <li>Frosty Peaches</li> <li>Assorted Milk</li> </ul>	<ul style="list-style-type: none"> <li>Beef Nachos</li> <li>Taco Fiesta Black Beans</li> <li>Salsa Cup</li> <li>Fresh Fruit</li> <li>100% Fruit Juice</li> <li>Assorted Milk</li> </ul>	<ul style="list-style-type: none"> <li>Spaghetti, Meatballs + Breadstick</li> <li>Green Beans</li> <li>Baby Carrots</li> <li>Fresh Fruit</li> <li>Chilled Pears</li> <li>Assorted Milk</li> </ul>	<ul style="list-style-type: none"> <li>Sea Shapes Fish Nuggets w/ Mac &amp; Cheese</li> <li>Mixed Vegetables</li> <li>Fresh Fruit</li> <li>100% Fruit Juice</li> <li>Assorted Milk</li> </ul>	<ul style="list-style-type: none"> <li>Big Daddy's Pizza</li> <li>Garden Salad</li> <li>Seasoned Corn</li> <li>Fresh Fruit</li> <li>Chilled Pineapple</li> <li>Assorted Milk</li> </ul>
<i>Week 3</i>	Nov 18	Nov 19	Nov 20	Nov 21	Nov 22
<b>Entree</b> (Choose 1) <b>Vegetables</b> (Choose 1-2) <b>Fruit</b> (Choose 1) <b>Milk</b> (Choose 1)	<ul style="list-style-type: none"> <li>Thai Chili Chicken &amp; Rice Bowl</li> <li>Stir-fry Vegetables</li> <li>Baby Carrots</li> <li>Fresh Fruit</li> <li>Mandarin Oranges</li> <li>Assorted Milk</li> </ul>	<ul style="list-style-type: none"> <li>Spicy Mozz Bites</li> <li>Marinara Cup</li> <li>Green Beans</li> <li>Fresh Fruit</li> <li>100% Fruit Juice</li> <li>Assorted Milk</li> </ul>	<ul style="list-style-type: none"> <li>Chicken Tenders &amp; Waffles</li> <li>Mixed Veggies</li> <li>Potato Wedges</li> <li>Fresh Fruit</li> <li>Applesauce Cup</li> <li>Assorted Milk</li> </ul>	<ul style="list-style-type: none"> <li>Turkey + Gravy w/ Roll</li> <li>Cornbread Dressing</li> <li>Green Beans</li> <li>Sweet Potatoes</li> <li>Cranberry Sauce</li> <li>Fresh Fruit</li> <li>Assorted Milk</li> <li>Sweet Potato Pie</li> </ul>	<ul style="list-style-type: none"> <li>Big Daddy's Pizza</li> <li>Garden Salad</li> <li>Seasoned Corn</li> <li>Fresh Fruit</li> <li>Frosty Mixed Berries</li> <li>Assorted Milk</li> </ul>

*Alternative Entree Options*

- Yogurt + Granola Parfait - Mon, Wed
- Hamburger/Cheeseburger - Tue
- Entree Salad w/ Roll - Mon - Fri
- Hummus Cup, Cheese Stick, Tortilla Chips & Manager's Choice Fresh Vegetable - Mon - Fri

*Nutrition Bites*

- Join us for a special Thanksgiving Luncheon on Thursday, November 21! Enjoy a festive meal featuring roasted turkey, cornbread dressing, sweet potatoes, green beans, fresh fruit, and a sweet treat—sweet potato pie. Caregivers are invited to dine with their students and share in the celebration. Lunch times vary by location, so check with your school for details! Adult meals are \$6.00.

Lunch includes:  
Choice of 1 Entree,  
1-2 Vegetables, 1 Fruit,  
and 1 Milk

Menu subject to change due  
to item availability

Vegetarian Options  
Available Upon Request