

Pre-K Breakfast



*Pre-K School
Breakfast Menu*

Fall 2024

Breakfast includes:
Choice of 1 Entree,
1-2 Fruits, and 1 Milk

Menu subject to change
due to item availability

Vegetarian options are
available upon request

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Week 1</i>	Nov 4	Nov 5	Nov 6	Nov 7	Nov 8
Entree Fruit (Choose 1-2) Milk (Choose 1)	<ul style="list-style-type: none"> Wellness Day RPS Closed 	<ul style="list-style-type: none"> Election Day RPS Closed 	<ul style="list-style-type: none"> Manager's Choice 	<ul style="list-style-type: none"> Manager's Choice 	<ul style="list-style-type: none"> Manager's Choice
<i>Week 2</i>	Nov 11	Nov 12	Nov 13	Nov 14	Nov 15
Entree Fruit (Choose 1-2) Milk (Choose 1)	<ul style="list-style-type: none"> Cinnamon Toast Crunch Cereal Bowl Mandarin Oranges Unflavored Low-fat Milk 	<ul style="list-style-type: none"> Muffin Banana Unflavored Low-fat Milk 	<ul style="list-style-type: none"> Egg & Cheese Biscuit Applesauce Cup Unflavored Low-fat Milk 	<ul style="list-style-type: none"> Banana Bread Slice Fresh Fruit Unflavored Low-fat Milk 	<ul style="list-style-type: none"> Mini Pancakes Mixed Fruit Unflavored Low-fat Milk
<i>Week 3</i>	Nov 18	Nov 19	Nov 20	Nov 21	Nov 22
Entree Fruit (Choose 1-2) Milk (Choose 1)	<ul style="list-style-type: none"> French Toast Sticks Chilled Peaches Unflavored Low-fat Milk 	<ul style="list-style-type: none"> Muffin Banana Unflavored Low-fat Milk 	<ul style="list-style-type: none"> Egg-Cheese on Croissant Chilled Pears Unflavored Low-fat Milk 	<ul style="list-style-type: none"> Chicken Biscuit Fresh Fruit Unflavored Low-fat Milk 	<ul style="list-style-type: none"> Mini Creamy Cheese Bagels Chilled Pineapple Unflavored Low-fat Milk

Alternative Entree Options

Nutrition Bites

- Join us for a special Thanksgiving Luncheon on Thursday, November 21! Enjoy a festive meal featuring roasted turkey, cornbread dressing, sweet potatoes, green beans, fresh fruit, and a sweet treat—sweet potato pie. Caregivers are invited to dine with their students and share in the celebration. Lunch times vary by location, so check with your school for details! Adult meals are \$6.00.