

9-12 Breakfast



*High School
Breakfast Menu*

Fall 2024

Breakfast includes:
Choice of 1 Entree,
1-2 Fruits, and 1 Milk

Menu subject to change
due to item availability

Vegetarian options are
available upon request

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Week 1</i>	Nov 4	Nov 5	Nov 6	Nov 7	Nov 8
Entree Fruit (Choose 1-2) Milk (Choose 1)	<ul style="list-style-type: none"> Wellness Day RPS Closed 	<ul style="list-style-type: none"> Election Day RPS Closed 	<ul style="list-style-type: none"> Manager's Choice 	<ul style="list-style-type: none"> Manager's Choice 	<ul style="list-style-type: none"> Manager's Choice
<i>Week 2</i>	Nov 11	Nov 12	Nov 13	Nov 14	Nov 15
Entree Fruit (Choose 1-2) Milk (Choose 1)	<ul style="list-style-type: none"> Mini Cinnis or Cereal w/ Cheese Stick Fresh Fruit Mandarin Oranges Assorted Milk 	<ul style="list-style-type: none"> Turkey Sausage Breakfast Pizza or Muffin w/Boiled Egg Fresh Fruit 100% Fruit Juice Assorted Milk 	<ul style="list-style-type: none"> Egg & Cheese Biscuit or Cereal & Yogurt Cup Fresh Fruit Applesauce Cup Assorted Milk 	<ul style="list-style-type: none"> Donut or 2-Pack Pop Tart Fresh Fruit 100% Fruit Juice Assorted Milk 	<ul style="list-style-type: none"> Mini Pancakes or Cereal w/ Cheese Stick Fresh Fruit Mixed Fruit Assorted Milk
<i>Week 3</i>	Nov 18	Nov 19	Nov 20	Nov 21	Nov 22
Entree Fruit (Choose 1-2) Milk (Choose 1)	<ul style="list-style-type: none"> Goody Bun or Cereal w/Cheese Stick Fresh Fruit Craisins Assorted Milk 	<ul style="list-style-type: none"> Froot Loops Waffle or Muffin w/Boiled Egg Fresh Fruit 100% Fruit Juice Assorted Milk 	<ul style="list-style-type: none"> Egg-Cheese on Croissant or Cereal & Yogurt Cup Fresh Fruit Chilled Pears Assorted Milk 	<ul style="list-style-type: none"> Chicken Biscuit or 2- Pack Pop Tart Fresh Fruit Chilled Fruit Assorted Milk 	<ul style="list-style-type: none"> Mini French Toast or Cereal w/ Cheese Stick Fresh Fruit Tropical Fruit Assorted Milk

Alternative Daily Entree Option

- *Fruit & Yogurt Smoothie w/ Cereal Bar or Graham Shapes* offered daily at Armstrong, Huguenot, John Marshall, RHSA, and TJ

Nutrition Bites

- Join us for a special Thanksgiving Luncheon on Thursday, November 21! Enjoy a festive meal featuring roasted turkey, cornbread dressing, sweet potatoes, green beans, fresh fruit, and a sweet treat—sweet potato pie. Caregivers are invited to dine with their students and share in the celebration. Lunch times vary by location, so check with your school for details! Adult meals are \$6.00.