

November 2024

This institution is an equal opportunity provider.
MENU IS SUBJECT TO CHANGE.



ELEMENTARY SCHOOL BIC MENU

- Monday
- Tuesday
- Wednesday
- Thursday
- Friday

Did you know?

Throughout much of history, November has often been thought of as a somber month because it signaled the start of winter. People would spend the month storing up their harvest and preparing their food and homes in order to survive the winter.

4

French Toast Sticks
OR Mini Bagel

BEAN & CHEESE BURRITO
OR MUFFIN BASKET
OR PIZZA LUNCHABLE

Corn, Peaches, Salsa, Milk

5

Breakfast Burrito
OR Apple Oatmeal Bar

PIZZA
OR MUFFIN BASKET
OR TURKEY HAM SANDWICH

Lettuce, Tomato, Pickle, Green Beans, Pears & Milk

6

Breakfast Pizza
OR Crumb Cake

BBQ CHICKEN FILET
OR CORN MUFFIN BASKET
OR LUNCHABLE TURKEY & CHEESE

Mashed Potato, Roll, Gravy, Broccoli, Applesauce & Milk

7

Pancake Maple Mini
OR Banana Muffin

GRILLED CHEESE w/ TOMATO SOUP
OR NACHO CHEESE & CHIPS
OR TURKEY SANDWICH

Lettuce, Tomato, Pickle, Mixed Fruit, Fresh Apple, Cookie & Milk

1

Breakfast Pizza
OR Crumb Cake

CORN DOG
OR COCOA CBP SAND.

Chips, Ketchup, Mustard, Mayo, Pears & Milk

8

Muffin Assortment
OR Pop Tart
w/Cheese Stick

CHEESE BURGER OR HAMBURGER
OR EZ JAMMER

Lettuce, Pickle, Tomato, Chips, Ketchup, Mustard, Mayo, Peaches & Milk

11

Mini Waffle
OR Berry Apple Crisp

CHICKEN NUGGETS & CORN MUFFIN
OR MUFFIN BASKET
OR PIZZA LUNCHABLE

Peaches, BBQ Sauce, Chicken Dip Cup & Milk

12

French Toast Sticks
OR Crumb Cake

MAC AND CHEESE
OR MUFFIN BASKET
OR TURKEY HAM SANDWICH

Lettuce, Pickle, Tomato, Broccoli, Pears, Cookie & Milk

13

Breakfast Pizza
OR Mini Bagel

HOT HAM & CHEESE CROISSANT
OR CORN MUFFIN BASKET
OR LUNCHABLE TURKEY & CHEESE

Green Beans/Carrots, Plum, Mixed Fruit & Milk

14

Breakfast Burrito
OR Apple Oatmeal Bar

SLOPPY JOES
OR NACHO CHEESE & CHIPS
OR TURKEY SANDWICH

Lettuce, Tomato, Pickle, Potato Wedge, Applesauce & Milk

15

Muffin
OR Pop Tart
w/Cheese Stick

SPICY/REG CHICKEN SANDWICH
OR COCOA CBP SAND.

Lettuce, Pickle, Tomato, Chips, Pears, Ketchup & Milk

18

Pancake Maple Mini
OR Muffin

DRUMSTICK & CORN MUFFIN
OR MUFFIN BASKET
OR PIZZA LUNCHABLE

Green Beans, Peaches & Milk

19

French Toast Sticks
OR Mini Bagel

CHILI w/ CHIPS & CHEESE
OR MUFFIN BASKET
OR TURKEY HAM SANDWICH

Lettuce, Pickle, Tomato, Sliced Red Peppers, Orange Slices & Milk

20

Breakfast Burrito
OR Banana Muffin

TURKEY STEAK DINNER
OR CORN MUFFIN BASKET
OR TURKEY & CHEESE LUNCHABLE

Roll, Potato, Gravy, Stuffing, Green Beans, Applesauce, Cranberry Sauce, Pudding & Milk

21

Mini Waffles
OR Berry Apple Crisp Bar

TERIYAKI CHICKEN
OR NACHO CHEESE & CHIPS
OR TURKEY SANDWICH

Lettuce, Tomato, Pickle, Edaname, Mixed Fruit & Milk

22

Breakfast Pizza
OR Crumb Cake

CHEESE BURGER OR HAMBURGER
OR EZ JAMMER

Lettuce, Pickle, Tomato, Chips, Pears & Milk

25

French Toast Sticks
OR Mini Bagel

POPCORN CHICKEN & WAFFLES
OR MUFFIN BASKET
OR PIZZA LUNCHABLE

Green Beans/Carrots, Peaches, Syrup, Cookie & Milk

26

Breakfast Burrito
OR Apple Oatmeal Bar

RIB B Q BEEF SANDWICH
OR COCOA CBP SANDWICH

Chips, Ketchup, Mustard, Mayo, Pears & Milk

27 **28** **29**

THANKSGIVING RECESS

2024-2025 MEAL PRICES

PAID ELEMENTARY MEALS

Breakfast	Free
Lunch	\$2.00
ADULT MEALS & 2 nd STUDENT MEALS	
Breakfast	\$2.75
Lunch	\$3.75

This school participates in the **BREAKFAST IN THE CLASSROOM PROGRAM**. All students are eligible for **FREE** breakfast daily and will eat in their classrooms with their classmates at the beginning of the school day.

During **LUNCH**, students must choose at least 3 of the following 5 components: **Low-fat milk, whole grains, fruits, vegetables, and protein**. When choosing ingredients and entrees to serve for our program we look for foods that are **lean, low-fat, low-sodium, low-sugar, and whole grain rich**. Students are able to choose whichever healthy foods they like best. All students must take a fruit or vegetable with every meal.

Salad bar is offered daily. Items may vary from site to site. See interactive menus on district website for additional nutritional information. <https://www.slcschools.org/departments/child-nutrition/menus-common-concerns>

1/2 CUP OF FRUIT OR VEGETABLE MUST BE TAKEN WITH EACH MEAL.