



**Jericho
Public
Schools**



November 2024

Jericho HS and MS Lunch Menu

Daily Lunch Offerings:

- Nacho Bar(HS)
- Burritos-(HS)
- Hummus w/pita & fresh veggies
- Yogurt Parfait w/ granola & fruit
- Cheese, Ham(P) , Turkey or Tuna Sandwich/Wrap
- Bagel Boss Bagel w/2
- LF String Cheese
- Entrée salads served with a WG roll
- Cheese(V), Pepperoni(P) or Specialty Pizza
- Grilled Cheese
- Hamburger/Cheeseburger
- Spicy Chicken Patty

**Student Lunch
\$3.15**

Adult Lunch \$5.50

**Powering
potential.**

MON	TUES	WED	THURS	FRI
*LTO Fall Brunch Plate Whole grain pancakes, Turkey Sausage, Cranberries, Pears, Pumpkin Pie Spice, Maple Syrup Offered 11/13-11/15				
Pizza Crunchers ⁴ Spinach Salad Celery Sticks Granny Smith Apple	⁵ Schools Closed	⁶ WG French Toast Sticks Chicken Sausage Patties Baked Tater Tots Cantaloupe	Chicken Katsu Rice Bowl ⁷ (chicken topped w/ cucumber carrot ginger salad served over WG rice) Steamed Edamame Red Grapes	⁸ Pulled Pork Sandwich(P) Sweet Potato Fries Creamy Cole Slaw Orange Wedges
¹¹ Schools Closed	¹² Mac & Cheese Day! Mac & Cheese Bar Pick Your Toppings Garbanzo Bean Salad Banana	LTO Fall Brunch Plate WG Pancakes Turkey Sausage Links Seasoned Potato Wedges Applesauce Cup	¹⁴ *LTO* General Tso's Chicken served w/ Lo Mein Roasted Broccoli Red Delicious Apple	¹⁵ *LTO* Meatball (B) Hero with melted mozzarella cheese Caesar Salad Cherry Tomatoes Clementines
¹⁸ Grilled 3 Cheese Sandwich (Cheddar, American & Swiss) Baked Curly Fries Banana	¹⁹ Burrito Bowl (Choice of chicken, beans, rice, cheddar, salsa & sour cream) Seasoned Pinto Beans Cantaloupe	²⁰ WG Dutch Waffles Turkey Sausage Patties Baked Tater Tots Orange Wedges	²¹ Penne Pasta with Homemade Meat(B) Sauce or Marinara(V) Roasted Carrots Green Grapes	²² Homemade Pizza Bagels(V) Spinach Salad Celery Sticks Granny Smith Apple
²⁵ *New Item* Chicken & Waffle Sandwich topped w/ maple bacon gravy(P) Baked Curly Fries Banana	²⁶ Homemade Mac & Cheese(V) Steamed Zucchini Cherry Tomatoes Granny Smith Apple	²⁷ Schools Closed	²⁸ Schools Closed	²⁹ Schools Closed

Menus are subject to change.

Available Daily:

Fresh Fruits & Vegetables - Apples, Oranges, Carrots, & Celery
 Beverages - 100% Apple Juice, 100% Tropical Punch,,
 1% White Milk, Fat-Free White Milk & Fat Free Choc Milk
Items with a (P) contain pork. Items with a (B) contain beef. Items with a (V) are vegetarian
WG denotes Whole Grain rich products

All Lunches Must
 Include Choice of:
 Fruits and/or
 Vegetable
 And May Include:
 1% Low-Fat Milk

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 STUDENT
 NUTRITION

This institution is an equal opportunity provider.