NOVEMBER 2024 CENTRAL YORK HS/MS

LUNCH MENU

LUNCH PRICES Students - \$3.00 Reduced - NO CHARGE Adults -\$4.75 Milk - \$0.85

Milk is included with each meal: 1% Low Fat Chocolate, 1% Low Fat White or Fat Free White Milk. Alternative Milk Choice: Soy and Lactaid.

- Choice of Assorted Fruit Offered Daily Includes: Canned Fruit, Fresh Fruit, Fruit Cup, Fruit Juices
- Menu Subject To Change
- NO PEANUT BUTTER OR PEANUT PRODUCTS WILL BE SERVED IN THE CAFETERIA
- Fresh Vegetables offered Daily.
- *Contains Pork/Ham

	• Contains Pork/Hain			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				Wild Mike's Cheese Bites w/ Marinara Sauce Lima Beans
				1
Breaded Mozzarella Sticks w/Marinara Sauce Oven Potatoes California Blend Vegetables	Chicken & Mashed Potato Bowl w/Roll w/Gravy Corn	Cheese Steak Sandwich Pierogies Peas	Pasta w/Meat Sauce Cheesy Bread Stick Garden Salad	Hot Dog or Fiesta Dog Sweet Potato Fries Glazed Carrots
4	5	6	7	8
NO SCHOOL	French Toast Sticks Chicken Sausage Links Hash Browns Juice Cup	Chiptole Bowl w/Fajita Chicken & Cilantro Lime Rice Toppings Churro	Chicken Nuggets w/Roll Buttered Noodles Steamed Carrots	*Stromboli w/Marinara Sauce Pretzel Steamed Broccoli
Panther Cheesy Bread w/Tomato Soup Crackers	Nacho Dippers w/Meat, Cheddar or Queso Cheese Spanish Rice Fiesta Beans	HOLIDAY MEAL Turkey & Gravy Stuffing balls, Mashed Potatoes, Sweet Potatoes, Corn, Cranberry Relish, Ice Cream	Sweet & Sour Chicken Fried Rice Stir Fry Vegetables	Grilled BBQ Chicken Sandwich w/Cole Slaw Onion Rings Seasoned Green Beans 22
Cheese Pizza Sticks w/Marinara Sauce Steamed Broccoli	EARLY DISMISSAL Bagged Lunch Deli Sandwich Chips, Juice Box	NO SCHOOL	NO SCHOOL	NO SCHOOL
25	Carrots 26	27	28	29