

# November 2024 Lunch Menus for Bowdoin Central School, Bowdoinham Community School, and Harpswell Community School

All menus are subject to change without notice. Meals are free to all students for the 2024-2025 school year. Maine harvest of the month is brassicas. Alternate daily choice of a sun butter and jelly sandwich or a meat and cheese sandwich is always available. Please contact Food Services with any dietary accommodations or concerns.

## Friday November 1, 2024

- Maine Harvest of the Month!
- Maine Kale Green Monster Pops
- Pizza
- Salad Bar
- Milk

## Monday November 4, 2024

- Meatless Monday!
- Mac and Cheese
- Dinner Roll
- Green beans
- Mixed Fruit
- Salad Bar
- Milk

## Tuesday November 5, 2024

Staff Development Day. No School.

## Wednesday November 6, 2024

- Homemade Turkey Noodle Soup
- Cornbread Muffins
- Cranberry Sauce
- Salad Bar
- Milk

## Thursday November 7, 2024

- Baked Ziti and Popcorn Chicken
- Parmigiana
- Breadsticks
- Corn
- Fruit
- Salad Bar
- Milk

## Friday November 8, 2024

- Hot Ham and Cheese on Croissants
- Ranch Pasta Salad
- Ranch Chickpeas
- Peaches
- Salad Bar
- Milk

## Monday November 11, 2024

Veteran's Day Holiday. No School.

## Tuesday November 12, 2024

- Maine Harvest of the Month!
- Chicken Tenders
- Rice Pilaf
- Steamed Maine Broccoli and Cauliflower
- Salad Bar
- Fruit

## Wednesday November 13, 2024

- Hotdogs with a Bun
- Baked Beans
- Emoji Fries
- Fruit
- Salad Bar
- Milk

## Thursday November 14, 2024

- National Pickle Day!
- Chicken Patty Sandwich with Pickles
- Tater Tots
- Fruit
- Salad Bar
- Milk

## Friday November 15, 2024

- Teriyaki Tossed Nuggets
- Rice
- Steamed Carrots
- Kiwi
- Fortune Cookie
- Salad Bar
- Milk

## Monday November 18, 2024

- Meatless Monday!
- Cheese Lasagna
- Garlic Bread
- Caesar Salad
- Fruit
- Milk

## Tuesday November 19, 2024

- Cheese Pizza or Pepperoni Pizza
- Fun Chips
- Three Bean Salad
- Fruit
- Salad Bar
- Milk

## Wednesday November 20, 2024

- National Burger Day!
- Cheeseburger or Hamburger
- Potato Wedges
- Caesar Salad
- Fruit
- Milk

## Thursday November 21, 2024

- Holiday Meal Inspired by Vincent (Bowdoinham Community)!
- Chicken Drumsticks
- Potatoes with Gravy
- Cranberry Sauce
- Salad Bar
- Milk

## Friday November 22, 2024

- Homemade Blueberry Pancakes
- Sausage Links
- Hashbrowns
- Applesauce
- Salad Bar
- Milk

## Monday November 25, 2024

- National Parfait Day!
- Yogurt and Fruit Layered Parfait
- Bagel with Cream Cheese
- Oranges or Apples
- Cucumbers Slices or Broccoli Bags
- Milk
- \*No Salad Bar

## Tuesday November 26, 2024

- Early Release Day Bagged Lunch!
- Sunbutter & Jelly Uncrustable Sandwich
- Goldfish Crackers
- Juice & Applesauce
- Baby Carrots
- Milk
- Oreo Cookie

## Wednesday November 27, 2024

Staff Development Day. No School.

## Thursday November 28, 2024

Thanksgiving Break. No School.

Friday November 29, 2024

Thanksgiving Break. No School.