



OAKMONT VIKING FAMILY NEWSLETTER

November 2024

THIS MONTH AT OAKMONT

November

- 1 No School - Professional Development Day
- 4 Lockdown Drill
- 5 Class of 2025 Senior Photo - Stadium @ 12:08PM
- 6 Warrior Wednesday - Military in the Quad @Lunch
- 7 Fall Play 7PM in the Theatre
- 8 ASVAB Test 8AM - Noon in the Library
- 8 Fall Play 7PM in the Theatre
- 9 Fall Play 2PM & 7PM in the Theatre
- 11 No School - Veterans Day
- 14-15 Health Academy 11th Graders College Tour
- 18-22 Spirit Week
- 20 Robotics League Night 4:30PM-8:30PM
- 20 Program and Pathways Night 6PM-8PM
- 21 School Site Council 5PM-6PM
- 22 Winter Sports Rally - 30 min Rally
- 25-29 Thanksgiving Break



VIKING INFORMATION

Follow us on Social Media!

Facebook: [@ohsvikings](#)

Instagram: [@theoakmontway](#)

Bookmark our website!

<https://www.oakmont.org>

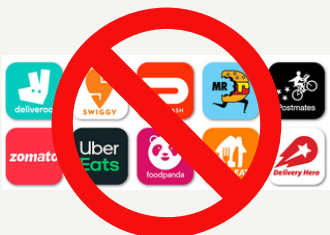
Bookmark our school calendar!

<https://www.rjuhsd.us/Page/2462>

Weekly Bell Schedule

M,T,TH,F: 8:30AM-3:20PM

Wednesday: 9:30AM-3:20PM



3rd Party Food Delivery Services are NOT allowed for Students. Only Guardians on the students emergency contact card can physically bring food for their student to the office drop off table.

Upcoming Events

To view Oakmont's Daily Student Bulletin, visit <https://www.rjuhsd.us/Domain/544>

December

4 ASVAB Interpretation 8:30AM - 9:30AM
4 Warrior Wednesday - Military in the Quad @Lunch
ELAC Meeting 2, 5:30PM - 6:30PM
5 Dance Show 7PM - 9PM
6 Dance Show 7PM - 9PM
7 Dance Show, 2PM - 4PM & 7PM - 9PM
9 Santa's Helpers 12PM - 3PM
11 Robotics League Night 4:30PM-8:30PM
12 Band Concert 7PM-9PM

13 Club Photo Day
18 Regular School Day - Follow Thursdays Bell Schedule
19 Finals Period 3 and 4
20 Finals Period 1 and 2

Dec. 23, 2024 - Jan. 03, 2025
Winter Break

See the [Oakmont Calendar](#) for a list of all Oakmont athletic events and activities.

For a list of College & Career Presentations/Dates, please visit <https://www.rjuhsd.us/Page/11892>. Presentations are open to Grade 9-12 students.

Oakmont HS Bell Schedule 2024-2025

<https://www.rjuhsd.us/Page/2462>

The Roseville Joint Union High School District prohibits discrimination, intimidation, harassment (including sexual harassment) and bullying based on a person's actual or perceived race, color, ancestry, national origin, immigration status, ethnicity, ethnic group identification, age, religion, marital status, parental status, pregnancy, reproductive health decision-making, physical or mental disability, medical condition, sex, sexual orientation, gender, gender identity, gender expression, veteran or military status, medical information, genetic information, or association with a person or group with one or more of these actual or perceived characteristics. The RJUHS D nondiscrimination policy applies to any violations as they relate to school activities or school attendance within a school under the jurisdiction of the superintendent of the RJUHS D. For questions or complaints, contact Equity Compliance Officer & Title IX Coordinator: Rob Hasty, Executive Director, Human Resources, 1750 Cirby Way Roseville, CA 95661, 916-782-8663, rhasty@rjuhsd.us. For questions or inquiries related to 504's, please reach out to our Section 504 Coordinator: Craig Garabedian, Executive Director of Special Services, 1750 Cirby Way, Roseville, CA. 95661, 916-771-6570 cgarabedian@rjuhsd.us

Student Activities

Kindness

Oakmont Kindness Week is November 18th through the 22nd!

Throughout the week we will have multiple activities and events that your student can participate in!

Throughout the week we have an amazing spirit week planned! To kick it off, students can earn Spirit points every day for dressing up. Points can help their Grade Level Team win the Spirit Points competition as well as points can be redeemed for rewards.

11/18 Monday will mark the start of the Viking Heart Hunt:

A heart with your students name on it will be hung somewhere on campus! Throughout the week it is your students job to find it and turn it in on Friday for a prize! *The first 5 people to turn it into student services during the week will receive a golden ticket to turn in on Friday for their special prize.*

Monday- Dream of Kindness- PJ Day

- Chalk it up: Students can draw a Kindness message in the quad with sidewalk chalk during lunch
- Post a photo of you giving someone a compliment
- Cookies for Compliments, show us you gave a compliment to someone in the Minga challenge you will get a cookie!

Tuesday- Double the Kindness- Twin Day

- Kindness Gram for Cans- have your student bring a can for our canned food drive and they will be able to send out a kindness gram to another student! For every can they give they can send a Kindness gram! @ Lunch
- Post a photo with your twin giving someone else a high five.

Wednesday- Red Ribbon Day- Say no to drugs and yes to kindness- Wear Red

- Rock painting: Students can paint a cute Kindness Rock during lunch to bring home or hide around campus. @ Lunch
- Post a photo as the "I" in the Be The I in Kind poster
- Say no to Drugs, Say Yes to Kindness bracelet Give-A-Way

Thursday- Team Kindness- Jersey Day

- Kindness Clip Give-A-Way: Your student can collect and hand out backpack Kindness clips & take a photo at the Kindness Clip Selfie Booth @ Lunch
- Post a photo of your backpack with the kindness pin and/or in the Kindness Clip Selfie Frame
- Cocoa with Kindness: Students participating in Kindness Week can get a free cup of cocoa.

Friday- Class Shirts (Rally Day!!)

- Show you found your heart for a treat.
- There will be unique Minga Challenges each day of KindnessWeek to spread Kindness and earn more Spirit Points! @ Lunch
- Post a photo of you and your heart
- Rewards will be given during Kindness Week lunch!



KINDNESS



Student Activities

Cans

From November 12th through the 21st please encourage your students to bring cans and turn them into your first period class for our annual Salvation Army Canned Food Drive!

On Friday November 22nd the class that had the most cans by the 21st will receive a donut party!

Please encourage your students to participate in the week's events!!

Any questions, please contact bruth@rjuhsd.us



A poster for the Oakmont HS Student Government 2024 Fundraiser. At the top is a blue and white 'O' logo. Below it, the text reads 'OAKMONT HS STUDENT GOVERNMENT 2024 FUNDRAISER'. A paragraph of text explains the importance of fundraising for their leadership conference. Below that, it says 'SCAN HERE TO DONATE' with a blue arrow pointing to a large QR code. The background has light blue circular accents.

Student Government Fundraiser

Student Government is holding a donation drive to help support sending our student leaders to leadership conferences. Leadership training helps students develop essential skills like communication, critical thinking, and decision-making. It can also help students build confidence, connect with like-minded individuals and offer a great team building opportunity for Student Government. There are various conferences throughout the year we would like to attend.

Currently, we are planning on attending the Leadership Conference hosted at Disneyland in February. In an effort to bring as many student leaders as possible to this conference, we are striving to raise \$8000. Please support us by clicking on the link and help us send 53 of our student leaders to this conference.

Your help is appreciated.

<https://verticalraise.com/fundraiser/oakmont-hs-student-government-2024-fundraiser/>

Any questions, please contact bruth@rjuhsd.us

Student Activities

Looking for Math support? The Odin's Eye Tutoring Program offers assistance to students with various math levels and other subjects.

Check out the flyer for more details or contact LSS Mrs. Wyant at rwyant@rjuhsd.us

Click here!



ESports is starting up!

Oakmont Esports - which plays Overwatch 2, League of Legends, Rocket League, and SuperSmash Brothers Ultimate and streams to twitch.tv- is starting practices, attending an in-person tournament at Cal Expo on **Nov. 16-17**, and has preseason matches beginning in late November.

It is not too late to join.

Stop by P-1 to get a registration packet.

Dance Show



Next month, 115 Oakmont dance students will take the stage for their Winter 2024 Dance Show "Retro. Vintage. Dance.!" The show features some of the most iconic music of the last century, and over 90% of the choreography is done by our amazing Student Directors.

Tickets are \$10 and available at Student Services or online starting on November 20.

Email ahuber@rjuhsd.us for more info. www.oakmontdancetickets.ludus.com

Class of 2025 Information

FOR ALL OAKMONT SENIOR AND GRADUATION INFORMATION
Please bookmark and visit frequently <https://www.rjuhsd.us/Domain/539>



OAKMONT HIGH SCHOOL CAP AND GOWN

On sale NOW from *Jostens*

Cap and Gown Unit includes:

- Cap (Navy)
- Standard Tassel (School Colors)
- Gown (Navy)

other packages available

Orders will be shipped directly to OHS
and handed out to Students in Spring

\$32.50
before S&H
& Taxes

Prices increase
12/01/2024

SCAN



YEARBOOK!!

YEARBOOK NEWS

Yearbooks are now 85.00. Get yours before the price goes up!

Also, Senior Dedications due Dec 1st.

Order both at www.yearbookordercenter.com

School #17572

SENIORS: LAST DAY TO GET YOUR SENIOR PORTRAITS TAKEN IS NOVEMBER 9th!!
GET YOURS TAKEN ASAP CONTACT BILL SMITH TODAY!

<https://billsmithphoto.com/>



College & Career Center

Located near the Library * Hours: 8:00 AM - 4:00 PM
Katrina Headrick - kheadrick@rjuhsd.us



COLLEGE & CAREER EVENTS!



24/25 College & Career Events

Click on the 'Sign Up' Link below to access the sign up form for presentations

Day	Date	Time	Event	Info Link / Sign Up	Type	Location
Fri.	10/25	9:00 AM to 4:00 PM	Jessup University Preview Day	Register here	Open House	Jessup University
Mon.	10/28	Intervention - 9:53 AM	UC Merced	Sign Up	Presentation	OHS College & Career Cen...
Tues.	10/29	Intervention - 11:24 AM	Southern Oregon University	Sign Up	Presentation	OHS College & Career Cen...
Wed.	10/30	One Lunch - 12:08 PM	University of San Francisco	Info Link	Information Table	OHS Quad
Thurs.	10/31	Intervention2 - 12:53...	College Application Help	Sign Up	Office Help	OHS College & Career Cen...
Mon.	11/4	Intervention - 9:53 AM	College Application Help	Sign Up	Office Help	OHS College & Career Cen...
Mon.	11/4	Intervention - 9:53 AM	Univ. of West England, Bristol	Sign Up	Presentation	OHS Library
Tues.	11/5	Intervention - 11:24 AM	Montana State University	Sign Up	Presentation	OHS College & Career Cen...
Wed.	11/6	11:00 AM to 12:15 PM	Sierra College Office Hours	Sign Up	Office Help	OHS College & Career Cen...
Wed.	11/6	One Lunch - 12:08 PM	Warrior Wednesday (Military)	Info Link	Information Table	OHS Quad
Fri.	11/8	8:00 AM to 11:30 AM	ASVAB Assessment	Sign Up		OHS Library
Fri.	11/8	7:00 AM to 5:00 PM	University of Nevada, Reno	Register here	Bus Trip	Maidu Skate Park (pickup)
Tues.	11/12	Intervention - 11:24 AM	College Application Help	Sign Up	Office Help	OHS College & Career Cen...
Tues.	11/12	Intervention - 11:24 AM	Dominican Univ. of Calif.	Sign Up	Presentation	OHS Library
Thurs.	11/14	Intervention - 1:23 PM	College Application Help	Sign Up	Office Help	OHS College & Career Cen...
Thurs.	11/14	3:00 PM to 5:00 PM	College & Career Fair	Info Link	Fair	Maidu Community Center
Wed.	11/20	12:45 PM to 2:00 PM	Sierra College Office Hours	Sign Up	Office Help	OHS College & Career Cen...
Wed.	12/4	One Lunch - 12:08 PM	Warrior Wednesday (Military)	Info Link	Information Table	OHS Quad
Wed.	12/4	12:45 PM to 2:00 PM	Sierra College Office Hours	Sign Up	Office Help	OHS College & Career Cen...
Wed.	1/29	6:00 PM to 8:00 PM	Financial Aid Night	Sign Up	Workshop	OHS Library

All CCC Events in One Place!

All students can use this sheet to stay up to date and sign up for all CCC events at OHS and in our community. Check this sheet weekly! Events are added often and can change on a regular basis.

Go to <https://www.rjuhsd.us/Page/11892> and "bookmark" it or scan the QR code for quick access.



College & Career Center



College Application Help

If you need help applying to a college, or have questions, join the Counselors in the CCC during one or more of the dates below.

During Intervention:



Mon. 11/04
Tues. 11/12
Thurs. 11/14
Mon. 11/18
Tues. 11/19
Thurs. 11/21
Fri. 11/22



Before School (8:30 - 9:30 AM):

Wed. 11/13
Wed. 11/20



SIERRA COLLEGE

Sierra College Office Hours

An Admissions Representative from Sierra College will be in the College & Career Center to help with registration and to answer all your questions.

Sign up to attend Sierra College Office Hours by scanning the QR code or go to <https://www.rjuhsd.us/Page/11892>.

Make sure you bring your chrome book!

Wed. 11/06 - 11:00 AM to 12:15 PM

Wed. 11/20 - 12:45 PM to 02:00 PM

Wed. 12/04 - 12:45 PM to 02:00 PM

Sierra College Spring Priority Registration is Friday, Nov. 8th



Viking Safety Information

Hey, Hey Vikings!
Check out these safety tips..

E-Bike & Scooter Safety



Current Youth Vaping Trends: What Adult Allies Need to Know



1203 Preservation Park Way, Suite 302 Oakland, CA 94612 | Tel: 510-268-1260 | schoolhealthcenters.org

School Policy and Health Risks of Vaping



How to Talk with your Kids About Vaping



Click Here

Roseville Joint Union High School District Parent Safety Forums

4 Nights Open to Parents Across the District
Time: 6:00 - 7:30 pm

November 18th: Oakmont HS Library
February 10th: West Park HS Library
April 28th: Roseville HS Library

[Parent Safety Forums Information Flyer 24-25](#)
[Click Here for Flyer](#)

Roseville Joint Union High School District Parent Safety Forums



4 Nights Open to Parents Across the District
Time: 6:00 - 7:30 pm

September 9th: Antelope HS Library
November 18th: Oakmont HS Library
February 10th: West Park HS Library
April 28th: Roseville HS Library

Topics will vary at each meeting, but will always include elements from the follow areas:



- Learning More about our Standard Response Protocol and Catapult EMS - <https://iloveguys.org/> and [Catapult K12 | Integrated Communication Solutions for K12 Schools](#)
- Behavior Threat Assessment and Management - What is it?
- Supports and Social Trends for Teenagers



**These events in whole or in part through a grant from the Bureau of Justice Assistance, Office of Justice Programs, U.S Department of Justice (BJA - STOP Grant funding).