

Willmar Middle School (6th-8th), Lake Park (6th-12th), and ALC (9th-12th)

November 2024 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	<p align="center">This Institution is an Equal Opportunity Provider</p> <p align="center">Menu Subject to Product Availability</p>		<p align="center">Deli Meat is sliced lowfat turkey breast or turkey ham</p>	<p align="right">Nov 1</p> <p align="center">No School</p> <p align="center">Skim or Chocolate Lowfat Milk Offered Daily</p>
<p align="right">Nov 4</p> <p>Chicken Alfredo with Whole Grain Rotini Pasta and Garlic Toast or Chicken Quesadilla Pizza with Salsa Crinkle Cut Carrots Fresh Cucumber Slices with Ranch Dip Chilled Strawberry Slices Chilled Applesauce (9-12)</p>	<p align="right">Nov 5</p> <p>Tortilla Chips with Beef Taco Meat or Chicken Fajita Meat and Cheese Sauce or Stuffed Crust Cheese Pizza Refried Beans Romaine Lettuce Fresh Whole Apple Chilled Diced Pears (9-12)</p>	<p align="right">Nov 6</p> <p>Sloppy Joe on Wheat Bun or Hot Turkey and Cheese on Wheat Bun Crispy Baked French Fries Baby Whole Carrots Fresh Whole Pear Chilled Peaches (9-12)</p>	<p align="right">Nov 7</p> <p>Kick'n Chicken: Popcorn Chicken with Chicken Gravy and Buttermilk Biscuit or Apple Pie Yogurt Parfait with Sunflower Seeds and Sliced Whole Wheat Bread Mashed Potatoes Golden Whole Kernel Corn Fresh Melon Blend Chilled Applesauce (9-12)</p>	<p align="right">Nov 8</p> <p>Domino's Pepperoni or Cheese Pizza or Individual Deep Dish Cheese Pizza (Lake Park) or Buffalo Chicken Wrap Spinach Salad Fresh California Blend Vegetables with Ranch Dip Fresh Fruit Selection Chilled Mixed Fruit (9-12)</p>
<p align="right">Nov 11</p> <p>Creamy Chicken and Noodles with Wheat Dinner Roll or BBQ Pork on Whole Wheat Bun Seasoned Green Beans Baby Whole Carrots Chilled Strawberry Slices Chilled Pear Slices (9-12)</p>	<p align="right">Nov 12</p> <p>All Beef Hot Dog on Whole Grain Bun or Big Daddy's Cheese Pizza Baked Beans Creamy Coleslaw Fresh Whole Apple Chilled Peaches (9-12)</p> 	<p align="right">Nov 13</p> <p>General Tso's Chicken with Seasoned Brown Rice or Yogurt Parfait with Sunflower Seeds and Sliced Whole Wheat Bread or Domino's Pizza (ALC Only) Steamed Broccoli Baby Whole Carrots Chilled Pineapple Tidbits Chilled Mandarin Orange (9-12)</p>	<p align="right">Nov 14</p> <p>Taste of Italy: Italian Meat Sauce with Whole Grain Rotini Pasta and Garlic Toast or Stuffed Crust Cheese Pizza Crisp Caesar Salad with Dressing Fresh Cucumber Slices with Ranch Dip Petite Banana Chilled Mixed Fruit (9-12)</p>	<p align="right">Nov 15</p> <p>Brunch for Lunch: Whole Grain Pancakes with Maple Syrup and Turkey Sausage Patty or Chicken Ranch Wrap Batter Bites Fresh California Blend Vegetables with Ranch Dip Fresh Fruit Selection Chilled Applesauce (9-12)</p>
<p align="right">Nov 18</p> <p>Hamburger Gravy with Whole Grain Biscuit or Hot Turkey and Cheese on Whole Grain Croissant Mashed Potatoes Baby Whole Carrots Chilled Berry Blend Chilled Diced Pears (9-12)</p>	<p align="right">Nov 19</p> <p>Taco In A Bag: Reduced Fat Doritos Chips with Beef Taco Meat, Shredded Cheese, and Spanish Rice or Chicken Quesadilla Pizza with Salsa Steamed Black Beans Shredded Romaine Lettuce Salsa and Light Sour Cream Petite Banana Chilled Mixed Fruit (9-12)</p>	<p align="right">Nov 20</p> <p>Orange You Glad Day: Chicken Nuggets with Sauce Selections, Macaroni and Cheese, and Whole Wheat Bread Stick or Yogurt Parfait with Sunflower Seeds and Sliced Whole Wheat Bread Crinkle Cut Carrots Fresh Yam Sticks with Ranch Dip Chilled Mandarin Orange Sections Fresh Whole Apple (9-12)</p>	<p align="right">Nov 21</p> <p>Homemade Tator Tot Casserole with Wheat Dinner Roll or BBQ Pork on Whole Wheat Bun with Tator Tots Golden Whole Kernel Corn Chilled Strawberry Slices Chilled Peaches (9-12)</p> 	<p align="right">Nov 22</p> <p>French Bread Garlic Cheese Pizza with Italian Dipping Sauce or Turkey Ranch Wrap Seasoned Green Beans Fresh California Blend Vegetables with Ranch Dip Fresh Fruit Selection Chilled Strawberry Applesauce Cup (9-12)</p>
<p align="right">Nov 25</p> <p>Popcorn Chicken with Sweet and Sour Sauce and Seasoned Brown Rice or Stuffed Crust Cheese Pizza Steamed Mixed Vegetables Baby Whole Carrots Warm Cinnamon Apple Slices Chilled Mixed Fruit (9-12)</p>	<p align="right">Nov 26</p> <p>Cheeseburger on Wheat Bun or Meatball Sub Sandwich on Homemade Sub Roll Crispy Baked French Fries Baked Beans Petite Banana Chilled Peaches (9-12)</p>	<p align="right">Nov 27</p> <p>Beef Sambusa with Seasoned Brown Rice or Cheese Quesadilla Pizza with Salsa Steamed Broccoli Baby Whole Carrots Frozen Froot Juice Cup Chilled Strawberry Slices (9-12)</p>	<p align="center">Nov 28 and Nov 29</p> <p align="center">No School: Thanksgiving Break</p>  <p align="center"><u>Please note: First Entree Listed = Main Choice;</u> <u>Second Entree Listed = Alternate Choice</u></p> <p align="center">Allergy Information: The menus may contain one or more of the following ingredients: milk, eggs, soy, wheat, peanuts, or tree nuts</p>	

